

Area Counseling Resources

Suicide Hotline: 1-800-273-TALK (8255)

Central Texas Youth Services

Phone: (254) 776-0098

Services are free and confidential; Ages 7 – 17 and their families

Family Counseling and Children's Services

Phone: (254) 751-1777

Fee: Sliding Scale Based on income

Heart of Texas MHMR Center

Phone: (254) 752-3451

Fee: Sliding Scale

Klaras Center for Families

Phone: (254) 752-7889 or 24 hour Emergency (866) 752-3451

Fee: Sliding Scale

Serving children under age 18 evidencing significant emotional/behavioral problems.

Waco Family Practice

Phone: (254) 750-8200

Fee: Sliding Scale

Service Population: McLennan County Residents

Lakeshore Center for Psychological Services

Phone: (254) 776-0400

The Center for Children and Families

Phone: (254) 772-8055

Email: Children_Families@sbcglobal.net

Family Counseling and Children's Services

Phone: (254) 313-4500

Starry Counseling – NO Fee counseling services

Phone: (254) 399-6552 or Crisis Services: (877) 279-7363

info.waco@starryonline.org

Providence Depaul Center - Adolescent Services

Phone: (254) 776-5970

Public Health Services

Baylor Scott & White Hillcrest 254-202-2000

Providence Medical Center 254-751-4000

Waco-McLennan Co Public Health District 254-750-5450

Parenting Support

Big Brothers Big Sisters of Central Tx 254-776-2824

Boys & Girls Club of Waco 254-752-6443

Boy Scouts of American Waco Division 254-772-8932

Campfire USA Tejas Council 254-752-5515

Girl Scouts Bluebonnet Council 254-756-4497

Tips resources, support helpandhope.org facebook.com/4MyKid

YMCA of Central Texas 254-752-1605

Child Care Services (HOT Workforce) 254-756-5421

Support Line for Domestic Violence 1-800-799-7233 Text LOVEIS to 22522

Youth and Teen Help

Central Texas Youth Services 254-939-3466

Family Counseling & Children's Services 254-751-1777

Texas Youth Hotline texasyouth.org 800-98-Youth texasrunaway.org 888-580-HELP Youth Crisis Hotline 800-421-TEEN

TX Children Recovering from Trauma 254-752-7889 www.nctsn.org

STAARY Counseling (Free family counseling) 254-399-6552

Center for Children and Families 254-772-8055 www.therapyappointment.com

National Runaway Safeline 1-800-786-2929

Jamie's Place (Grief Support for children/families) 254-202-HEAL jamiesplace@sw.org

National Suicide Prevention Lifeline 1-800-273-8255 Spanish Line-1-888-628-9454

Trevor Project Line-support young LGBTQ Text START to 678678

The Center for Children and Families-Counseling 254-772-8055 children_families@sbcglobal.net

Child & Family Safety

Advocacy Center for Crime Victims 254-752-9330

CPS 1-800-252-5400

Family Abuse Center 254-772-8999

Texas Abuse/Neglect Hotline TxAbuseHotline.org 800-252-5400

Childhelp National Child Hotline 800-4-A-Child

Texas Baby Moses Hotline 877-904-SAVE

Texas KidSafe Program 254-202-6538

Domestic Violence Hotline TheHotline.org 800-799-SAFE Texas Infant Safe Sleep

BabyRoomToBreathe.org

Human Trafficking Resource Center 1-888-373-7888

National Suicide Prevention Hotline 1-800-273-8255

Mental Health Support Line 1-833-986-1919

Child Development Information

Arc of McLennan County 254-756-7491

Avance Waco 254-296-0449

Born Learning BornLearning.org

Car Net Pregnancy Center 254-772-6175

Klara's Children's Center 254-297-7089

MHMR, HOT Region 254-752-3451

Planned Parenthood 254-759-5772

Texas Early Childhood 800-628-5115

Infant, Toddler, & 3 Year Old LittleTexans.org

Waco Diaper Bank wacodiaperbank@gmail.com

Drug and Alcohol Assistance

Council of Alcohol & Drug Abuse 254-753-7332

The Freeman Center 254-753-3625

Texas Substance Abuse Hotline 877-9-NO-DRUG

Alcoholics Anonymous 254-754-3336

Narcotics Anonymous 818-773-9999 na.org Recovery Hope House 254-755-6150

<https://www.rehab.com/Texas-Addiction-Guide>

Substance Abuse and Mental Health 1-800-985-5990 Or Text: TalkWithUs to 66746

Legal Assistance

Lone Star Legal Aid 254-756-7944

Texas Attorney General Child Support 800-252-8014

Texas Law Help TexasLawHelp.org

Texas Legal Services tlsc.org

Food, Housing, Healthcare

American Red Cross 254-776-8362

Caritas 254-753-4593

Community Cancer Association 254-202-8082

Compassion Ministries 254-755-7640

Family Practice Center 254-750-8200

Habitat for Humanity 254-756-7575

Medicaid/CHIP/TANF (HOT Workforce) 254-754-5421

Mobile Food Pantry Changing locations

Salvation Army 254-756-7271

Southwestern Diabetic Foundation 940-665-9502

Texas WIC 800-WIC-FOR-U TexasWIC.org Texas Dept. House & Community Affairs

tdhca.state.tx.us/TEXANS

Texas Health & Human Services YourTexasBenefits.com

United Way of Waco-McLennan County 254-752-2753

WIC (Waco-McLennan County Public Health) 254-750-8623

Jobs & Child Care

Info on child care dontbeinthedark.org TXChildCareSearch.org Child Care Management Services 254-753-0331

Kids & Company 254-753-5437

Texas Workforce Commission twc.state.tx.us

Transportation

Rides to medical/doctor 1-877-633-8747

Social Services Call 211

Adult Education & Literacy

Bellmead Family Center (GED/HSE & ESL) Tue/Thur 4:30-7:30pm

McLennan Community College (Digital Literacy) M/W/Thur 5:30-8:30pm (CSC Building)

Veteran's Crisis Line 1-800-273-8555