

Please note this list/wiki is out of date.

Last Pull was August 2020

Moderators of r/truechildfree are the current maintainers of this document

Interesting & Useful Material

Resources for the Childfree

- [Childfree Friendly Doctors](#)
- [Sterilization Preparation Binder](#)
- [Abortion laws by country / state / region \(wikipedia\)](#)
- [Scientific Studies, Articles and Surveys](#)
- [Childfree Websites and Social Networks](#)
- [Childfree Books](#)
- [Childfree Friendly Venues](#)

Social and Love Life

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- [Social Life Troubleshooting](#)
- [Answers to bingos](#)

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 - [Brasil](#)
 - [Ecuador](#)
 - [Paraguay](#)
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- [Africa](#)
 - [South Africa](#)

Internet resources

- [Happily Childfree](#)
 - [The Childfree Life](#)
 - [Childfree Resources](#)
 - [Nancys Endometriosis Nook](#) from [this post about endometriosis and not being able to get pain management care because of doctors' tendency to prioritize the possibility of having babies someday over managing pain right now](#)
 - [Safe Place Project](#) : List of all the American abortion clinics and break downs of the abortion restrictions by state.
 - [Twitter list](#)
 - : A twitter thread that has doctors willing to provide sterilization for women.
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How to add to the CF Doctor List

- [Step-by-Step Tutorial](#)
 - Small edit: New Reddit doesn't show [this edit link](#)
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The original list

- [The original lists.](#)

New list

United States

ALABAMA

Anniston

[Dr. Terry Phillis](#) (Vasectomy)

[Dr. Jeffrey Collins](#) (Tubal ligation)

[Dr. Cynthia Cater](#) (tubal ligation)

Birmingham

[Dr. Dale M. Greene.MD](#) (Tubal Ligation), Eastside Womens Specialist

[Dr. Sarah Aultman, Brookwood Women's Care](#) (IUDs, Tubal, long-term birth control for young women)

[Dr. Margaret Miklic, Women's Health Specialists of Grandview](#) (Bilateral Salpingectomy; she said she could tell I'd done my research because I asked specifically for a Bilateral Salpingectomy, and completely understood that people have different life choices. Gave me zero issues, just said "When would you like to schedule this?" She had previously done my mom's hysterectomy, and she is 100% willing to work with you to find a birth control that works for you and with your insurance. She is very chill and easygoing, and has the best professional bedside manner I have ever encountered.)

Decatur

[Dr. Mitchell Schuster](#) (Tubal ligation)

[Dr. Mark Purvis](#) (Tubal Ligation)

Mobile

[Dr. Maggie Krueger](#) Azalea City Physicians for Women. She is childfree too!

[Dr. Patton Morrison-Barton](#) Mobile Bay OBGYN. (IUDs, Tubal Ligation)

Madison

[Dr. William Stroud](#) (Bilateral Salpingectomy, Hysterectomy)

Montgomery

[Dr. Chip Garrard](#) Physicians for Women (Tubal Ligation)

[Dr. Dharampal Bhuta](#) (Vasectomy)

Homewood

[Dr. Charles Bugg](#) (Vasectomy)

[Dr. Jason Moellinger](#) (Vasectomy)

Huntsville

[Dr. Mark Purvis](#) (Tubal Ligation)

[Dr. Paul J. Zbell](#) (Vasectomy)

[Dr. Jeanine M. Loncar](#) (Bilateral Salpingectomy, IUD)

[Dr. Joseph Hicks](#)

ALASKA

Anchorage

[Dr. Tonya Caylor](#) Hillside Family Medicine

She is a GP, does pelvics/paps/STD testing, and also inserted my Nexplanon. I believe she can also insert IUDs in-house. I just saw her for an initial consult about sterilization, and she warned me of the potential difficulties of getting it done as a woman under 30, but referred me to the local gyns she thought would be most likely to want to help me get it done now and is rooting for me. Very CF friendly, kind, and non-judgemental. I am 26/F.

[Dr. Tanya Pasternack](#) (Bilateral Salpingectomy/Tubal Ligation, Essure, IUDs, & Endometrial Ablation)

(907) 222-9930

[Sherifat Ope-Adenuga, M.D.](#) 907-563-5151 Will be performing my bilateral salpingectomy and also inserting an IUD. Didn't give me any trouble approving me for my sterilization. Does all the general woman's health stuff too. 3260 Providence Drive Suite 322, (Providence Alaska Medical Center, Bldg. C)

Fairbanks

[Dr. Huffer](#)

[Dr. Kim Schumacher, DO](#) (bilateral salpingectomy/tubal ligation) Chena Health OBGYN, 907-456-8191, 1919 Lathrop Street, Suite 222

ARIZONA

Gilbert

[Dr. John C. Lin](#) Sunrise Urology (Vasectomy) Had a vasectomy at 18 years old. Dr. Lin is FANTASTIC!

Glendale [Dr. Diana D. Heard-Vaughn, MD](#) bilateral Tubal Ligation at 24

Mesa

[Dr. Grossklaus](#) (Vasectomy) Got a vasectomy at 19! He seemed a little apprehensive, but he trusted me when I said I was absolutely sure

[Dr. Joseph C. Lindstrom](#) Lindstrom OBGYN 2204 S. Dobson Rd. Ste. 202

[Dr. Alice Cooper](#) A Woman's Place 215 S Power Rd #218 (Tubal Ligation, Bilateral Salpingectomy, need proof and internal exam for endometrial/uterine ablation) Some apprehensiveness and dissuading (probably for liability or peace of mind), but as long as you are sure of yourself and what you want they trust you.

[Dr. Pavel Petkov](#) Adelante Healthcare 1705 W. Main St. Mesa, AZ 85201(bilateral salpingectomy)

[Dr. Raul Osario](#) 6242 E. Arbor Ave Mesa, AZ 85206 +1 480-834-3907 (Tubal ligation, Uterine ablation, Full hysterectomy)

Phoenix

[Dr. Brock Jackson](#) Maricopa OBGYN (hysterectomy, bilateral salpingectomy)

Mod edit 10 June 2019: Dr Brock Jackson required a "year to think about it" for a 25 year old.

[Dr. Richard Wilson](#) Southwest Contemporary Women's Care (Tubal Ligation)

[Megan N. Wasson D.O.](#) Mayo Clinic Hospital (hysterectomy, bilateral salpingectomy)

[Dr. Travis J Powell](#) Maryvale Family Health Center (bilateral salpingectomy)

[Dr. Keri Sweeten](#) Understanding Women Center for Wellness GYN, (32nd Street and Shea)

[Dr. Paul Magtibay](#) AZ Mayo Clinic performed Bi-Salp without bingos and was fantastic both in consultation and procedure.

[Dr. Jacqueline Belen](#) Sonoran Medical Center (51st Avenue & 101). (Bilateral salpingectomy on 31F, no bingos!)

[Dr. Jeffery Higley OB/Gyn](#) Bella Women's Care 650 W Maryland Ave STE 1 Phoenix, AZ (He is willing to do Bilateral Salpigectomies or Tubal Ligation)

Prescott

[Katie Campuzano, MD](#) (Tubal Ligation)

Scottsdale

[Dr. Jeffrey Cornella](#) Mayo Clinic (Bilateral salpingectomy) Very straightforward and pleasant. Asked basic questions, did a brief examination, and helped me book a surgery date.

[Dr. Mitchell Kaye](#) Scottsdale Urologic Surgeons (Vasectomy)

[Dr. Carrie Roberts](#) Deborah Wilson MD and Associates Gynecology (Bilateral Salpingectomy for 23F, zero BINGOS, highly supportive)

[Dr. Matthew L. Steinway](#) Arizona Urology Specialists (Vasectomy for mid-20s male) - Was asked basic questions if I was sure, didn't try to change my mind, funny guy

[Dr. Sally Wareing](#) Scottsdale Women's Care (Tubal Ligation)

Tucson

[Dr. Amy Mitchell](#) University Medical Center OBGYN Clinic (Essure)

[Dr. Anna Nelson](#) La Dea Women's Health (Essure)

[Dr. Peter Burrows](#) Arizona Center for Vasectomy &&&& Urology, (18+ welcome)

Dr. Ellen Paige: Website no longer works, Marked "Permanently Closed" on Google 329 W. Franklin St, Tucson, AZ 85701 (520)884-5249

[Dr. Carol Dehasse](#) 6060 N. Fountain Plaza Dr Suite 250, Tucson, AZ 85704 (Bilateral Salpingectomy)

[Dr. Paige Brainard](#) Copperstate OB/GYN, 5550 Hampton Street, Tucson AZ 85712 Agreed to do endometrial ablation on 29 y/o childless woman at first appointment with minimal questioning. Would have willingly done hysterectomy if I had been able to afford it.

ARKANSAS

Conway

[Dr. Jeff Marotte Conway Urology](#) (No Needle Vasectomy)

[Dr. Josh Ward Conway Women's Health Center](#) (Bilateral Salpingectomy, tubal ligation)

Fayetteville

[Dr. Britte Smith](#) 3215 N Northhills Blvd Ste B ZIP: 72703 (479) 463-5500. Laparoscopic tubal ligation on a 24 year old. Personal experience: The nurse I saw prior to her was hesitant, but I insisted on a referral and Dr. Smith never once tried to talk me out of it; she just went over the risks with me and then scheduled me for the end of the month.

[Dr. Chad E. Brekelbaum](#), Urologist. 5401 Willow Creek Dr, Springdale, AR 72762. Vasectomy on 25 year old. No bingos; feels it isn't his place to tell people they can't have procedure.

[Dr Mark Pickhardt at Renaissance Women's Healthcare](#) Laparoscopic tubal ligation/*Laparoscopic total hysterectomy with bilateral salpingo-oophorectomy* *(at least for trans men)*. Will only ask "Are you 110% certain?" after making sure you are aware of what the procedure and outcome will be. His reasoning for asking is, "if someone is 110% certain that they want something, then I don't have any reason to second guess them." Transgender friendly.

Fort Smith

[Dr. Mark J. Fowler](#) Gynaecologist. Sparks Medical Plaza 1500 Dodson ZIP : 72901 (479) 709-7490. No bingos. Laparoscopic hysterectomy on 28 years old after stating desire to have it done. Also transgender friendly.

[Dr. Jean Marie Householder](#) Gynaecologist. Sparks Medical Plaza 1500 Dodson ZIP : 72901 (479) 709-7490. Essure procedure and tubal ligation on a 25 year old.

Jonesboro

[Dr Ladd Scriber](#) St. Bernards Urology Associates. Experienced urologist, no hassle, no bingos, no questions vasectomy. ~\$1,000 (66h 41m) without insurance.

Little Rock

[Dr. Lindsay Osleber](#), Bilateral Salpingectomy on 25 yo; Mentioned wanting to be sterilized, and she suggested the exact procedure I wanted - only questioning to make sure that I knew it was permanent.

[Dr. Michael Smith](#) UAMS (Essure)

Additional Note 2019-07-03: Performed a salpingectomy on me at 22. No bingo-ing, extremely kind, and went over every little detail with me during the consultation visit and right before surgery.

[Dr. Brian Burton](#), Tubal Ligation using Filshie Clips

[Dr. Edwin Diaz, Urologist](#)

[Dr. Christie Cobb](#) (formerly Dr. Christie Beck) Little Rock OBGyn clinic in Baptist tower II. Offered several IUD options as well as ablation.

Rogers

[Dr. Laurie Corbitt](#) - Very experienced in IUDs (hormonal and copper), judgment-free about sterilization and other contraceptive options for women **Edit 2019-10-30:** User comment received: *I do not recommend keeping her on that list as she binged me and tries to guilt trip me and say I would regret it because she regretted it. She was extremely hesitant to even ask a surgeon or another doctor to perform a tubal ligation and was pushy for non permanent solutions such as the IUD. She will, and mercy will only allow her, to do the IUD because they are a catholic organization..* Please be considerate of this should you opt to see the doctor. **Should you have a negative experience as well please share it with us and we will remove the entry altogether.**

CALIFORNIA

Anaheim

[Dr. Aaron Spitz](#) (Vasectomy for 26 year old)

[Dr. George Ahad](#) (the medical office doesn't have a website, but here's the Google info) BiSalp approved (25/F) Very kind, no BINGOs beyond the required "are you sure". Good sense of humor, too!

Antioch

[Jeremy Lieb, M.D.](#) very skilled urologist.

Arcata/Humboldt County

[Dr. Oliver Puttler](#) Tubal Ligation. Works out of Mad River Hospital. He was very professional and set-up my appointment quickly.

Berkeley

[Dr. Chi Keung Lee](#) Golden Gate Urology (thought it was strange for wanting a vasectomy at 21, but didn't push it otherwise)

Beverly Hills, Huntington Beach, Los Alamitos

[Dr. Robert Pugach](#) Urology (Vasectomy)

Beverly Hills

[Dr. Paul Turek](#) (Vasectomy) (Notes: Did not question my decision at all, and I'm 28, single, with 0 kids. He's expensive, but super skilled, experienced, and has made quite a name for himself in the field of urology.)

[Caroline L. Wallner](#) (Notes: Very respectful of my decision. 33/m, partnered, zero kids. Single tiny incision. No post op pain besides the usual.

Burbank

[Dr. Philip Weintraub](#)

Chico

[Dr. Walter Mazen Jr.](#) (Bilateral Salpingectomy) No bingos at all for 30 year old with 0 kids. Staff knows how to bill bi-salp so that it's completely covered by ACA.

Daly City

[Tina Tan, MD](#) (Essure) Went over the risk of regret only because it was mandatory, was very supportive otherwise.

Escondido

Planned Parenthood - Offers Essure or Tubals. Didn't bingo a 27 year old cf woman, so unsure if they have an age limit. Surgeon's name was doctor Moran. 1-888-743-7526

Fort Bragg

[Dr. Brent Wright](#) Mendocino Coast Clinics (Tubal). Totally CF-friendly!

Fresno

[Dr. J. Paul Grewall](#) (Vasectomy for a 20 year old CF man)

[Dr. Kelleen Bosch](#) (Hysterectomy)

[Dr. Narayana Ambati, M.D.](#) (Vasectomy)

[Dr. Yuk-Yuen M. Leung](#) (Vasectomy for a 24-year-old CF man)

Fountain Valley/ Newport Beach

[Minal Mehta M.D.](#) (laparoscopic removal of fallopian tubes)

Lancaster

[Dr. Eugene Rajaratnain](#) easy vasectomy

Los Angeles

[Dr. Miriam Mackovic](#) (Bisalp for 25F. No bingos. Be well informed and you are set. Brought a binder and she didn't read it (made copies). Just made sure I know it's permanent and won't regret it. She is so sweet and her team/hospital staff are world-class. She called me the night before the procedure just to tell me that everything will be okay . A+++ experience)

[Samantha L. Thomson, MD](#) 8631 W. Third St. Suite 510E Los Angeles, CA 90048 Phone: 310-385-3380 - will only sterilize ages 30+

[Dr. Kevin/Kourosh Daneshgar](#) I am 33yo childfree. He didn't bingo me. He offers Essure and a bilateral mini-laparotomy tubal ligation (one larger incision no abdominal gas) . I got my surgery a week ago and he is awesome! I have free Obamacare/ACA and I had a \$0 copay from this office.

Martinez

[Dr. Fred Beck, MD](#) 2500 Alhambra Ave, Martinez, CA 94553. (925) 370-5000. County hospital - takes Medi-Cal and FamilyPACT Plan, and probably private insurance.

Mt Shasta

[Dr. Leslie Andrews MD](#) (Tubes tied, salpingectomy, ablations, hysterectomy) Siskiyou Medical Group (530) 926-4528

Modesto

[Dr. Whitney LaClair](#) (tubal ligation) Made sure I knew it was permanent but agreed to do the procedure.

[Dr. Sean Clare](#) (Bilateral salpingectomy/Laparoscopic sterilization on 23 Y/O Married CF F) Dr. Clare was amazing. I made a thorough binder which I submitted to the receptionist prior to my appointment and asked her to have Dr. Clare review it. During my appointment, he came in with my binder printed in hand. He had clearly read it through. No bingos or questions (my binder was very thorough, though) and he didn't acknowledge my husband until he was talking about surgery recovery and aftercare. Before that, he simply introduced himself and spoke to me directly about the surgery and what it entails. On my surgery day, he was very calming and completed my surgery in under a half hour. He also held my hand while I went "under" the anesthesia, which I found incredibly comforting as this was my very first surgery. He was

extremely respectful and completely understood my decision to get the surgery, he had no doubts in me whatsoever. I can't recommend Dr. Clare enough.

Mountain View

[Dr. Edward Karpman](#) (No scalpel vasectomy)

[Dr. Surrat Phonsombat](#) Palo Alto Medical Foundation, Mountain View Center, 701 E El Camino Real. I was (23 - 1/6) years old; Dr. Phonsombat simply asked me a few questions — how many children I had already, whether I'm sure I never want children, what happens if I meet someone who wants children — accepted my answers with no fuss, had me sign a consent form, and did the surgery.

[Dr. Jennifer Hsia](#) Palo Alto Medical Foundation, no bingos (bilateral salpingectomy on 19yo)

Newport Beach

[Dr. Adam Blatt](#) Vasectomy

[Dr. Catalin Marinescu](#) 949-642-3606 Laparoscopic tubal ligation on childfree 28yo. No bingos at all and respected my confidence. Surgery completed 18 days after initial consultation. He is amazing as well as nurses.

Oakland

[Dr. C. Ralph Melton](#) Urology (Vasectomy on 32 M) 510-835-3680 No Bingo...exactly but asked me once how many children I fathered and I replied with "0" he then said. Ok and that if I do change my mind the procedure can be reversed but its not guaranteed. That was the end of the questioning.

[Dr. Amy Michelle Vallerie](#) OB/GYN (Tubal Ligation for 24F)

In Kaiser Permanente network; number listed (510-752-6101) is for Oakland Medical Center on Piedmont.

Despite my age and childless status, no bingos, just asked if I was sure, and then helped me set up an appointment for the surgery! Super sweet lady. Surgery was about 7mo ago now & scarring is minimal (only 2 where the incisions were). I was back at my office job by the end of the week (albeit medicated).

[Dr. Renee Perry](#) OB/GYN (Tubal Ligation in 2018 for 30F) In Kaiser Permanente network; number listed is for Oakland Medical Center. Dr. Perry performed my actual surgery, and Vanessa Kaleb is my OB/GYN who cleared me for the surgery (below). Dr. Perry was an awesome surgeon and helped me feel super comfortable before and after my surgery.

[Dr. Vanessa Kaleb](#) OB/GYN In Kaiser Permanente network; number listed is for Oakland Medical Center. Dr. Kaleb was who consulted me on my decision to have my tubal ligation. She is childfree herself so no bingos!

Palo Alto

[Dr. Michael Eisenberg](#) Approved and performed vasectomy for 28 M. No children, no current girlfriend. No questions asked, 3 months waiting time. Awesome experience.

Pasadena

[Dr. Ramin Khalili](#) Urology (Vasectomy)

[Dr. Frances Teng](#) tubal ligation (cut and cauterized), Alessandro Obstetrics & Gynecology office. I had previously visited another doctor in the same office but she could no longer do surgeries, referred me to Dr. Teng who agreed to do it without any fuss or explanation. Done at the Huntington ambulatory center which is a really nice facility and had a childfree pre-op nurse!

(Another Redditor): +1 for Frances Teng. I went to her based on the recommendation above and got a laparoscopic bilateral salpingectomy (26 F, no kids). I met her once, booked the surgery for 30 days later, and it was no fuss! Only complaint is that her receptionist is incompetent.

Rancho Cordova

[Dr. Christine Sarah Humphrey, MD](#) UC Davis (916) 851-1440

Riverside

[Dr. Mallory Stuparich, M.D.](#) UCR Health Inland Empire Women's Health Center

[Dr. Rodolfo Saenz, MD](#) Riverside Medical Clinic (Essure on 26 F). Asked if I was 100% sure and accepted my answers quickly.

Roseville

[Dr. Alison Slack at Sutter Roseville](#) 3 Medical Plaza Drive Suite 260 Roseville, CA 95661 T: (916) 773-7977 :: She does tubal ligations for patients as young as 21. I really like her and she did a great job.

Sacramento

[Dr. Melissa Lares](#) (bilateral salpingectomy) Works at Kaiser. Very nice, only asks questions to be sure you want it done.

[Dr. Melody Hou](#) Performed bi-salp on me, 23, CF/single. Amazing bedside manner, calm, and explained things in a way that was easy to understand. Validated my experiences and reasoning behind seeking sterilization. Zero bingos!

Sacramento/Roseville

[Dr. Eve LaValley](#) Camellia Women's Health 916-486-0411 (tubal ligation)

[Dr. Andrew Giem](#) Kaiser at 2025 Morse Ave. Performed vasectomy, no bingos, great bedside manner and was done in less than 30 minutes. -As of 01/08/19: Google reports this Doctor may have moved locations-

[Dr. Chirag Patel](#) (Dr Patel added to list upon his request) vasectomy provider, 9045 Bruceville Rd Ste 100B (can enter through Urgent Care) Elk Grove, CA 95758. "I'm Family Medicine, I don't require any psych evaluation - I can determine if my patients are of sound mind and not being coerced. Patients need to be over 18. There is a consent that that all patients need to sign at the consult visit."

[Dr. Lindy Hong](#) Kaiser Permanente. 1650 Response Road Sacramento, CA 95815 916-614-4055. Did bilateral salpingectomy on 25F. She didn't bingo me at all, she just asked if I was sure once and that was good enough for her. I could barely tell that I'd had surgery. I couldn't even tell that there had been a tube down my throat. I was able to go back to work the next day.

San Diego

[Dr. Edward Ferrer](#) Vasectomy Clinic of San Diego, (No needle, no scalpel vasectomy. No questions asked. Great bedside manner and support. Highly recommended.) 760.436.8700

[Dr. Bruce Khan](#) Scripps Clinic Carmel Valley (Essure, Tubal Ligation)

[Dr. Karen Kohatsu](#) Poway Women's Care (Essure)

[Dr. Mel Kurtulus](#) San Diego Women's Health (Essure, Tubal Ligation)

[Dr. Vivek Nazareth. Poway](#) Arch Health Partners (No Scalpel Vasectomy)

[Dr. Catherine Guffey Pattengill](#) She operates out of two hospitals: Kaiser Permanente San Diego Medical Center (where I had my surgery) and Kaiser Viewridge (where my Pre-Op appointment was) I (29-year-old woman) had Total Laparoscopic Hysterectomy with Bilateral Salpingectomy (aka had uterus, cervix, and fallopian tubes removed and kept just the ovaries) Was *super* happy with the doc, her team, and overall treatment. And this is coming from someone who is deathly afraid of surgeries done on her. The doc was super responsive and would answer all my questions. and I sent a *lot* her way. And she would answer them herself and not a nurse of hers. And the OR staff were very careful and nice too. I didn't even have a panic attack! And that's a big thing, for me. The whole staff were extremely efficient and you could tell they were on it and cared for my well-being.

[Mark Pe MD](#) Genesis Healthcare, Hillcrest Urology, 4060 Fourth Ave, Suite 310 San Diego, CA 92103, T 619-297-4707 F 858-429-7927

Warning: While the doctors from this health group are competent and won't ask you too many questions, the group is *extremely* disorganized and will reschedule on you. Source: Had my consult appointment rescheduled twice and my actual procedure rescheduled on the day of. I would avoid unless you're truly desperate (even then, it will be a long wait).

[Dr. Denis G. Tarakjian](#) Sharp Rees-Stealy Medical Group (Tubal Ligation, etc.) 2929 Health Center Drive, San Diego, CA 92123 P:(858) 499-2702

[Dr. Jack Hsiao](#) - Sharp Rees-Stealy - 10243 Genetic Center Drive - 858-499-2702 (bilateral salpingectomy for 27F, no kids). Dr. Hsiao's entire office and all personnel involved in the procedure were highly respectful and professional, without a hint of denial or condescension.

San Francisco

[Dr. Alex Wu](#) (Vasectomy for a 26 year-old CF man)

[Dr. James F Smith](#) UCSF Urology (Vasectomy)

[Katherine E. Gregory, MD](#) San Francisco Gynecology Bilateral Salpingectomy, 33F. She said "I love performing this procedure, I'd do it every day. Just need to make sure you're sure? Yes? Great!"

[Dr. Paul Turek](#) (Vasectomy) (Notes: Did not question my decision at all, and I'm 28, single, with 0 kids. He's expensive, but super skilled, experienced, and has made quite a name for himself in the field of urology.)

[Dr. Jeannette Lager](#) (bilateral salpingectomy for a 25 year old with 0 kids) - super cheerful, was very emphatic that this was my choice and that, as long as I felt confident going into it, she'd happily do the surgery. Any time I fell into justifying the decision, she re-emphasized that it didn't matter why I wanted to do it, as long as I wanted to.

[Dr. Mindy Goldman](#) (bilateral salpingectomy for 30F, no kids) - "I'll be happy to take your tubes out, if that's what you want."

[Dr. Rebecca Yee](#) (bilateral salpingectomy for 34F, no kids) - Super nice, validating, went over all options. "I have to say this per the law, here are the possible consequences... But it sounds like you've thought this through, so when do you want this done?" She was surprised that I knew what a salpingectomy is. 15 minute appointment with her, before she approved me.

San Jose

[Dr. Mark Noller](#) at 2550 Samaritan Dr. San Jose, CA 95124. He did my husband's vasectomy and is wonderful.

[Dr. Kevin Haggerty MD](#) Kaiser Permanente Santa Teresa. He's a Family Care Physician but is one of the most professional and nonjudgmental physician I've worked with.

Dr. Cheryl Pan at Santa Clara Valley Medical Center (Bilateral Salpingectomy). Asked some questions about mental health, relationship status, etc. but agreed to perform bisalp on 26 year-old when I showed myself knowledgeable of the risks and regret statistics.

[Dr. Allison Webb-Perez](#) Kaiser Campbell Medical Offices. 25F approved for a bilateral salpingectomy with zero bingos beyond the required spiel about permanency and regret.

San Juan Capistrano

[Christian George Boehmer MD](#) Kaiser Permanente

San Luis Obispo

[Eric Colton, MD](#) (25F, 1 abortion) at 35 Casa St Suite 220, San Luis Obispo, CA 93405

San Mateo

[Dr. Emily Yu, MD](#) Medical Arts Gynecology. She's super smart, kind, and open-minded. She'll listen to you instead of just shutting you down

[Dr. Chris Threatt, MD](#) Sequoia Urology Center. (Vasectomy @ 23). Friendly and flexible; consult was easy and boiled down to "If this is what you want, I'm happy to do it for you"

Santa Ana/Mission Viejo/ San Juan Capistrano

[Dr. Kamran Ghodsian](#)

[Dr. Shahryar Masouem](#) Healthcare Partners, Santa Ana location, 714) 929-2300. (Bilateral Tubal Salpingectomy on 21F) Procedure done at an outpatient surgery center in Huntington Beach, CA. Zero bingos and respects your right to controlling your own body. Goes out of his way to get things done quickly and smoothly; good bedside manner as well. Accepts most private insurance and medicare, and prescribes plenty of medications to help with healing- also uses IV antibiotics during surgery.

Santa Clara

[Dr. Charlene Reimnitz](www.lowmg.com) (bilateral salpingectomy) Los Olivos Women's Medical Group. Very supportive, went over options only as a pro forma and then scheduled.

[Dr. Andrea Bowen](#) Kaiser Permanente. (OB/GYN) Supportive, informative, and respectful of childfree choices. Also pushes the Mirena IUD as a companion to a tubal.

[Dr. Lisa Lau](#) Kaiser Permanente. (OB/GYN) Factual, supportive, and understanding. Found a surgeon for me despite having some reservations about age. Definitely great if you're a little older.

[Dr. Alejandrina Rincon](#) (Laparoscopic Tubal Ligation/Tubectomy, Laparoscopic Hysterectomy), Kaiser Permanente.

[Dr. Owen Scally, MFT](#) (Therapist, deals with trans and non-binary patients; Helped approve me for a hysterectomy w/ Dr. Rincon), Kaiser Permanente.

[Dr. Steven Chen MD](#), Kaiser Permanente (OB/GYN). Willing to complete desired sterilization after a (professional and noninvasive) discussion regarding the procedure, risks, rewards, etc.

[Dr. Beth Rasmussen](#) (OB/GYN), Kaiser Permanente. Very supportive of sterilization and presents multiple options. Also body positive and feminist.

Santa Maria/Santa Barbara

[Dr. Virginia Siegfried](#) (Essure) Planned Parenthood

Santa Maria

[Dr. Michael L. Wyatt](#) (Essure, Tubal Ligation, Hysterectomy, and Endometrial Ablation)

Santa Rosa

[Dr. Michael J. Lazar, M.D.](#)

Sunnyvale

[Dr. Cheryl Loan Vu](#) 408-730-4240 - Sterilized a 30 yo cf woman so unsure if she has an age limit. Said woman was very educated and informed about her choice, so perhaps do some research before going to her?

Tarzana/Encino

[Dr. Danielzadeh, OB/GYN](#) (Tubal Ligation/Essure)

Torrance

[Dr. Marc Rosenthal, OB/GYN](#) (Tubal Ligation and Essure)

Walnut Creek

[Dr. Kurt Wharton](#) (Essure, Tubal Ligation, Hysterectomy, Endometrial ablation) (Vasectomy, I believe)

Update 2019-06-26: Dr. Wharton is no longer practicing.

Ukiah

[Dr. Peter Cho](#) (Essure, tubal). Bingos, but agreed to do it.

For military members (Vasectomy), SoCal/SW AZ Area

[Naval Hospital San Diego Urology Clinic](#)

COLORADO

Aspen/Basalt/Roaring Fork Valley

[Dr. Natasha Knight, MD](#) All Valley Women's Care. Women's sterilization, especially tubal ligation using cauterization. Willing to perform on young females (I was 24).

Boulder

[Dr Stephen B Siegel](#) Vasectomy

Denver Metro Area:

[Dr. Kristina Tocce, Dr. Jennifer Pitotti](#) Lowry Medical Plaza; Comprehensive Women's Health Center (720) 848-9500 or 720-810-5442

Got approved for Essure at 22, done in same building. Good for female sterilization from tubal to Essure and long term BC like IUD.

Denver

[Dr. Allison R. Herman, M.D.](#) F.A.C.O.G., [Rocky Mountain OBGYN](IUD, Essure, hysterectomy)

[Dr. Allison Patterson](#) [Rocky Mountain OBGYN] (Essure, hysterectomy)

[Dr. Jeffrey A. Snyder](#) Genitourinary Surgical Consultants

[Dr. Alexander Philpott](#) Urology Center of Colorado (vasectomy for younger guys, I was 25) (303-825-8822)

[Dr. Stanley Galansky](#) [Dr. Edward Eigner](#), [Dr. Brad Bell](#) (Englewood/Littleton/Lone Tree) Denver Urology Associates

[Dr. Matt McCoy](#) Avenue Primary Care

[Dr. Brandi Ring](#) Mile High OB/GYN. Specifically stated that it's the individual's choice and right to get sterilized, supports it as early as insurance will allow it. Very supportive & friendly. Performs tubals/salpingectomies, also offers other permanent/semipermanent methods. They do take Medicaid!

[Victor Dabelea, M.D.](#) Consultants in OB/GYN - 2055 North High St Ste 140 Denver, CO 80205 : 22 year old female approved for tubal ligation. No bingos, asked if I was 100% sure & went straight into giving me information about the procedure. Accepts Medicaid.

[Dr. Reid Goodman](#) Mile High OB/GYN - 425 S Cherry St Suite 300, Denver, CO 80246
303-388-4631 - 24 year old female approved for hysterectomy. He didn't try to argue because he said it sounded like I had done my research, and he's also a surgeon.

Delta

[Dr. Brian Eades](#) Delta County Memorial Hospital--Premier Women's Healthcare. Told me that bodily autonomy is most important. Offered option of tubal ligation to me at age 25.

Englewood

[Dr. Geoff Ledgerwood](#) Advanced Urology (Will perform vasectomies on men 25+)

[Dr. Reid Goodman](#) Mile High OB/GYN - 425 S Cherry St Suite 300, Denver, CO 80246
303-388-4631 - 24 year old female approved for hysterectomy. He didn't try to argue because he said it sounded like I had done my research, and he's also a surgeon.

Fort Collins

[Dr. Elizabeth Buell, M.D.](#), Family Medicine Center, Poudre Valley Hospital (Vasectomy)

[Dr. Catherine Coffman, M.D.](#), The Women's Clinic of Northern Colorado. She tied my tubes in September 2019 and at my initial visit, said "I dont do that 'must have x kids and be y years old' nonsense."

[Dr. Cheri Worford, M.D.](#), CSU Health Campus, Female Sterilization, (Doesn't perform surgeries herself any more but will lead you in the right direction to doctors in the area who are willing to perform on young women).

[Dr. Christine Skorberg, M.D.](#) Open to young female sterilization via tubal ligation)

[Dr. Amy Grove, M.D.](#) Open to young female sterilization via tubal ligation EDIT Dr Grove has left this practice 21/5/2020

[Dr. Nicole Roberson, M.D.](#) She only asked to confirm if I was 100% sure of no kids. No other questions asked. Very knowledgeable and willing to answer questions.

Fort Collins/Greeley

[Dr. Kevin M. Clay urologist](#)

Greenwood Village

[Dr Michael Moore](#) did an endometrial resection on a 37 year old, and advised he would "have no issue offering sterilization to anyone 18+, as long as they were medically cleared for the procedure."

Colorado Springs/Monument

[Dr. Christian York](#) Boulder - Boulder Womens Clinic OB/GYN

Colorado Springs

[Dr. Crystal Evig](#) DaVita Medical Group on Research Parkway (719) 522-1135, OB/GYN

[Nicholas Toepfer](#) DaVita Medical Group on Medical Center Point (719) 475-9800, Urologist, Performed Vasectomy on 32 year old husband.

[Dr. Jeffrey K. Ferguson M.D.](#) [Urological Associates] 719-634-1994 Vasectomy on 34 year old husband. Asked if we were sure and did the procedure without hesitation. \$700 without insurance.

Salida

[Dr. Joel E. Schaler, MD](#) [First Street Family Health] (IUD and vasectomies)

Steamboat Springs

[Dr. Leslie Ahlmeyer](#) Yampa Valley OB/GYN (970) 879-8533

CONNECTICUT

Danbury

[Dr. Yelena Paranyuk](#) [Women's Health Connecticut] (BiSalp)

Glastonbury

[Dr. Scott Matson](#) (Vasectomy)

Hartford

[Dr. Emily J. Rosenbush](#) [Women's Health Connecticut] (Women's sterilization, birth control)

Manchester

[Dr. Aziza Omrani](#) [Manchester OB-GYN Associates] (Women's sterilization, birth control)

New Haven

[Dr. David Hesse](#) (Vasectomy)

Fairfield

[Dr. Valentine Edusa](#) [OB/GYN of Fairfield County] (Essure, Tubal Ligation, Hysterectomy, birth control including Mirena, ParaGard, and the pill)

Shelton

[Dr. Scott A. Vander Venet](#) [Griffin Health provider. Husky D is accepted but will make you wait 30 days before surgery can take place. He offers long term & permanent birth control including the pill, Mirena, hysterectomy, & bilateral salpingectomy. He does not provide abortion services, but will not judge if that's a choice you make, and will refer you to PP] (Bisalp scheduled for 31/f patient of 12 years on 11/6/19)

Stratford

[Dr. Valentine Edusa](#) [OB/GYN of Fairfield County] (Essure, Tubal Ligation, Hysterectomy, birth control including Mirena, ParaGard, and the pill)

Southington / Bristol

[Dr. Amy Breakstone](#) [CCOG] (Essure, Tubal Ligation, Hysterectomy, birth control including Mirena, ParaGard, and the pill)

[Dr. Carmelina Luongo](#) 1131 West Street, Building 2 Southington, CT 06489 860-276-6800
Agreed to perform a bilateral salpingectomy on a 25-year-old woman who was a longtime patient. No pushback at all, and stated that she was willing to do bisalps on a woman over the age of 21.

Middletown

[Dr. Anne Bingham](#) [Crescent Street OB/GYN] (Tubal Ligation, birth control including the Nexplanon)

DELAWARE

Dover

[Dr. Laura Moylan](#) [Dedicated To Women ObGyn]

[Dr. Robert Hartmann](#) [Dedicated To Women ObGyn] Bilateral Tubal Ligation with Falope rings at 25yo. "His philosophy is 'if you're old enough to vote, you're old enough to decide' so I'm sure he'd sterilize people younger than myself."

Newark

[Dr. Matt Hoffman](#) [Christiana Women's Health]

[Dr. Nima Patel](#) [Center for Advanced Gynecology and Minimally Invasive Surgery at Christiana Care]

Wilmington

[Dr. Susan Wilson](#) [Christiana Women's Health] (Has performed tubals on women as young as 21)

FLORIDA

Statewide no-scalpel vasectomy services

[Doug Stein, MD & John Curington, MD](#) (Check their [locations offered](#) and [schedule](#) - Dr. Curington himself is childfree and very friendly)

Boca Raton

[Dr. Kenneth Konsker](#) He did an endometrial ablation on me at 26, and when I started having issues a few years after that due to weight loss, referred me to a surgeon for a complete hysterectomy. When I was going through the discussion for the ablation, he commented about it being my body and my choice, that he willingly does a tubal on women if they want it. He is a fast talking New York native so appointments can feel a bit rushed, but he absolutely listens and is as worried about a woman's quality of life as she is about it.

Clermont, FL

[Dr. Puja Kalidas](#) She did my tubal ligation on me when I was 28 years old with zero children. I needed prior authorization from a doctor in order for my insurance to cover the procedure, and was up front about this when I first saw her. I came with a written list of why I felt my sterilization was necessary and she authorized it despite having a young child of her own. She did not push me to reconsider, or tell me I would change my mind later, or insist that I might regret it. (She performed my tubal in a different state but has since moved to .)

Daytona Beach

[Dr. J. Christian Guido](#) Urology Center (Vasectomy)

Delray Beach

[Dr. Frank Cirisano](#) He did my complete hysterectomy for me at 29. It was emergent, with complications, so I do not know how he is for a woman without issues. It never came up as explicitly as it did with Dr. Konsker. I do feel good about recommending him because he never tried to do something like "you have to save your eggs/ovaries" pre surgery and he only talked about trying to save an ovary to prevent surgical menopause, nothing about future kids.

Deltona/Lake Mary

[Dr. John V. Parker](#) Advanced Women's Health Specialists and other locations. 1565 Saxon Blvd. Suite 203 Deltona, FL 32725. 407 834-8111. Performed a tubal on a 24F with no children, no

questions asked. Procedure done within two weeks of initial appointment. Very friendly and timely during appointments.

Fort Lauderdale

[Dr. Channing Coe](#) 1. Performed a tubal ligation on me at 22 years old. No hesitation after I demonstrated an understanding of the procedure and its permanence. Very professional and respectful despite my relatively young age. 2. Performed my tubal ligation on me at 21. Never binged, respectful of my decision, and even held my hand before surgery because I was shaking from being so nervous.

Gainesville

[Nash S. Moawad, M.D.](#) at UF Health (female sterilization) (Will not perform tubal on women in mid-20s or below)

[Joseph Iobst, MD](#) While this doctor hasn't performed a tubal or bilateral salpingectomy on a user here, he "he does a lot of tubals and he wasn't against one for me".

[Dr. Kristen Nicole Scogin, OBGYN](#) Had no problem performing a sterilization on 21 y/o woman. Very understanding and young, very professional. Great OBGYN to begin with.

Jacksonville

[Chris Moore, M.D.](#) (Vasectomy)

Dr. Arjav Shah at North Florida OBGYN (active in various offices) performed tubal ligation on 25 y.o. - recommended IUD or implant during consultation and immediately before surgery, but proceeded without further issues when declined.

Jupiter

[Anthony P. Shaya, MD, MPH, FACOG](#) Tubal/essure under 30 without children. Did not question desire to be sterilized.

Lakeland

[Dr. James M. Belarmino](#) Watson Clinic Main Campus (Vasectomy)

Maitland/Longwood

[Dr. Peter Perry - Physician Associates](#) (Tubal ligation - various methods, hysterectomy)

[Dr. Abraham Woods- Center for Urology](#) (No-scalpel vasectomy)

North Miami

[Dr. David Robbins, MD](#) (No-scalpel vasectomy, no hesitation to sterilize 22 year old CF male)

Orlando/Maitland

[Dr. John Van Wert - Premier OBGYN](#) (IUDs, Essure Tubal Occlusion, tubal ligation, various Hysterectomy varieties)

Orlando

[Dr. Mary Langenstroer](#) Bi-salp for 20F

[Dr. Douglas Gearity](#) (Tubal ligation) (Refused a TL for me because I'm 21)

[Dr. Kristin Jackson](#) (IUDs, long-form birth control at a young age)

[Dr. Christine Greves]

<https://www.orlandohealth.com/physician-finder/christine-carlan-greves-md?hcmacid=a0bi000000IJHB8AAP>

(Very easy to talk to and did not bingo me on being childfree. Did my hysterectomy due to fibroids and did not pressure me into less invasive procedures.), (Refused my tubal ligation because I'm 21 w/ no kids even though I have PCOS)

[Dr. Evelyn Morning](#) (I went in looking for an IUD for long term BC. She SUGGESTED sterilization. I was 33 and in a long term relationship. Due to a scheduling miracle I was fixed within 2 weeks from my initial appointment. Loves discussing my tattoos and travel plans)

Orlando/Kissimmee

[Dr. David A. Marcantel](#) (IUDs, Essure, Tubal Ligation)

Orlando/Winter Garden

[Dr. Ashley Hill](#) (Salpingectomy, IUD, Essure)

[Dr. Douglas Winger](#) (Salpingectomy, Ablation, Oophorectomy)

Ormond Beach

[Julie Schneider, M.D., FACOG](#) (IUDs, long-form birth control at a young age, Tubal ligation)

Panama City

[Dr. Samuel Wolf](#)(Obstetrics/Gynecology)

[Dr. Henry Breland](#) Tubal Ligation

Pensacola [Dr. Anthony Doerr](#) (vasectomy) Vasectomy at 29 y/o, didn't ask any questions, offered alternatives just in case, then booked the procedure.

Pompano Beach

[Dr. Steven C. Kester](#) (Urology / Vasectomy) Vasectomy on at 28yo. Only asked me how long I've wanted to have the procedure done

St. Petersburg

[Sean P. Heron, M.D.](#) (Vasectomy)

Tampa

[Steven Greenberg, M.D., Insignia Care for Women](#) (Essure, Tubal Ligation)

[Dr Natasha Gooden, M.D.](#) Works in Tampa but travels across most Women's Care locations. Initially offered bilateral salpingectomy to a 26 year old, but later declined to do this procedure and compromised with a tubal ligation via cauterisation. Offered to refer to another clinician who may be more comfortable with the salpingectomy. Was very professional throughout.

[Julie Trinadel, ARNP., USF Student Health Services](#) (IUD) (No hesitation to discuss and provide long term birth control at a very young age. 1 consultation to discuss the procedure, side effects, questions, etc and get the prescriptions, then 1 appointment for the actual procedure.)

[Amy Brown, M.D., Tampa General Health](#) (Tubal Ligation, Bilateral Saplingectomy) (Willing to provide a bi sap to 23-year-old woman, ended up doing a tubal ligation instead for insurance purposes.) (Did not bingo me on my childfree stance, but she did decline to do a bisalp on me, 22F, because of my age and the permanence of surgery. She suggested that I try out a progesterone IUD for a few years first before she feels comfortable performing a surgery on me.)

Tallahassee

[Joseph L. Camps M.D.](#) (Vasectomy) *You will need a doctor's referral

[Dr. Adrienne George](#) Azalea Women's Healthcare 1219 Hodges Drive Tallahassee FL 32308 (850) 877-5767

Provided a bilateral salpingectomy for a 30-year-old woman. Asks multiple times to ensure you know what you are doing.

Viera

[Dr. Mark A. Sargent](#) Reflections OB/GYN 1715 Berglund Ln Suite b Viera, FL 32940. 24 year old female, seeked essure. Dr requires 2 "counselling sessions" for insurance purposes,

essentially consisting of "are you sure?" Childfree patient says he was understanding and easy to convince.

West Palm Beach; Tampa; St Pete (he travels)

[Douglas G. Stein, MD](#) (Vasectomy)

West Palm Beach

[Daniel Sacks, M.D.](#) IUD, NuvaRing, Pill, Tubal Ligation, age doesn't seem to matter.

West Palm Beach/ Jupiter

[Marc Kaufman MD, FACOG](#) (IUDs, Long-Form birth control at a young age, Tubal occlusion for permanent contraception, various Hysterectomy varieties: Unknown age for tubal procedures to be performed.)

[Dr. Murray Goldberg, M.D.](#) Vasectomy on married 23-year old man. He does push back about permanence, and asks a lot of questions, so come prepared. Agreed after patient said they were open to adoption if they changed their minds.

GEORGIA

Atlanta

[Dr. Anne Wiskind, M.D., Peachtree Gynecology](#) (Tubal Ligation, including bilateral salpingectomy; IUD's; NO Essure)~~ as of 10/30/217

[Dr. Amy Wetter, M.D., Northside Women's Specialists](#) (Mirena, Paraguard, Essure, possibly tubals for women 30 and up)

[Dr. Holly Sternberg, MD, Atlanta Womens Obstetrics and Gynecology](#) (all IUD, Essure, Tubals for mid 20s with sufficient dr/pt relationship, otherwise 30s on, no bilateral salpingectomy without medical diagnosis ie cancer, possible ablations)

[Dr. Nathan Mordel, M.D., Atlanta Minimally Invasive Gynecologic Surgery Center](#) (Tubal ligation/bilateral salpingectomy for early 20-somethings and up, NO Essure)

Austell, Douglasville, and Smyrna

[Dr. Saleem Malik, M.D., Wellstar Medical Group](#) (Tubal ligation, IUDs, ablation, bilateral salpingectomy for 20-somethings and up) Performed bilateral salpingectomy and was willing to perform ablation for 30-year-old unmarried woman. Made sure patient understood permanency but didn't force his opinions. Very understanding.

Covington

[Sharon Hodges, MD](#) East Metro OB/GYN (Tubal Ligation)

Duluth

[Dr. J. Michael Drake, M.D.](#) Kaiser Permanente Gwinnett Comprehensive Medical Center (Vasectomy, conventional scalpel method) Performed vasectomy on unmarried 29 year-old man. No questions about children or marital status. Willing to perform the procedure as long as the patient understands that it is intended to be permanent.

Fort Gordon, Augusta

~Please note that this doctor will only be available for military personnel and their dependents as he practices on an Army post.~ [Dr. Jeffries, an OB/GYN in Fort Gordon, GA, specializes in the field of women's health, treating conditions that affect the female reproductive system.](#) Dr. Jeffries was the third doctor I saw at this office and at our first appointment we discussed birth control options. After I went over each non permanent option and why it wasn't a good fit for me he was happy to agree to perform a bilateral salpingectomy and endometrial ablation on a childfree 22 year old married active duty service member with no push back. he was quick to schedule the appointment and the surgery went off without a hitch. He is also open to other options such as tubal ligation, partial hysterectomy, etc.

Lawrenceville

[Dr. Kristine Gould, M.D., Gynecology Associates of Gwinnett](#) (Laparoscopic Tubal Ligation via cauterization), Essure, IUD, Nexplanon/Implanon) - 27 y/o first time patient; Dr. Gould approved tubal, no questions asked. Another redditor had this experience in September 2019: 'She refused any discussion of (permanent contraception), and just said she didn't want me to sue her down the road for a "wrong decision."'. So Dr. Gould is not consistently CF-friendly.

Marietta

[David Perlow, M.D., The Atlanta Vasectomy Center](#) (Vasectomy) <http://atlantavasectomycenter.com/> - performed Vasectomy on childless unmarried but engaged 26 year old, no hassle. Quick recovery time. [MOD EDIT (from other user) :On the wiki it says 26 no hassle. You can add 22 and some hassle and a bingo, but otherwise amazing surgery and super easy recovery with no bruising or infections or excess bleeding. Here is my [detailed report of the operation](#)]. Performed procedure on unmarried 19 y/o with a little questioning. Good, easy recovery. **Update 3** Did vasectomy on 18-year-old man who was adamant that he wanted one and would get one. Questioned him at length, but eventually agreed and performed the surgery.

Ringold

[Dr. William Moss](#) 706-937-5200 - Info in his Tn listing.

Sandy Springs/Atlanta

Kenny Sinervo at the [Center for Endometriosis Care](#) (Bilateral salpingectomy and endometriosis treatment for 23/F)

Sandy Springs/Dunwoody

[Jennifer M. Lyman, M.D., Premier Care for Women](#) (Tubal Ligation)

Sandy Springs/Northside

[Jennifer L. Elliot, M.D., Women's Health Associates Atlanta](#) (Salpingectomy or Essure)

Savannah

[Francisco A. Dueno, M.D., Southside OB/GYN, PC](#) (Tubal Ligation)

[Dr. Alan Smith](#) (Tubal Ligation)

Statesboro

[Dr. Barbara Williams](#) (IUD, Nexplanon, Essure, Tubal Ligation)

[Dr. Maximilian Hecht](#) (IUD, Nexplanon, Essure, Tubal Ligation, was willing to sterilize 30/F)

Valdosta

[Vanessa Baker, WHNP, FNP-BC, Valdosta Women's Health Center](#) (IUD's and other long-term birth control options)

[Benjamin C. Lee, MD, FACS](#) Urologist, Urology of Greater Atlanta

- 290 Country Club Drive, Suite 100, Stockbridge, GA 30281
- 230 West College Street, Bldg. C, Griffin, GA 30224
- 550 Peachtree Street, Suite 1265, Atlanta, GA 30308

770-474-5281, Vasectomy. I'm 30 and my wife is 27. The consultation was almost confusingly brief. He asked if I was sure I didn't want kids and if I was sure my wife didn't want kids. (I would describe her thoughts on having kids as "militantly opposed.") He didn't ask to speak with her and went straight into explaining the procedure, which took about five minutes. Within ten minutes of going into the exam room I was scheduling the procedure for two weeks from the initial visit. This doctor went to Yale undergrad and Harvard for med school, so I'm not worried about his qualifications. I'm having the procedure done next week, so I can report how the procedure and recovery went soon.

HAWAII

Honolulu

[Dr. Greg LaNouette](#) (Vasectomy) "We're not in the business of telling people how to live their lives."

[Dr. Diana T. Kumar](#) (Bilateral Salpingectomy) No bingos, very straight-foward and kind. Willing to sterilize 26 year old female with no children.

IDAHO

Boise

[Dr. Marianne Zakarian, M.D.](#) Caring for Women (Tubal Ligation)

Boise/Meridian

[Dr. Cynthia Fairfax, M.D.](#) (Vasectomy). Idaho Urologic Institute

Caldwell

[Dr. Michael S. Morris, M.D.](#) (No-Scalpel Vasectomy). Caldwell Urology / Nampa Saltzer Clinic

Nampa

[Dr. Gary Gregerson](#) Advanced Specialty Care for Women. Bilateral salpingectomy

Rexburg

[John W. Allred, M.D.](#) (Bilateral Salpingectomy) Madison Women's Clinic. "That is a personal decision."

ILLINOIS

Alton

[Dr. Catherine Wikoff, M.D., [Alton Multispecialists Inc.](#) (Bilateral Salpingectomy)

Aurora

[Planned Parenthood](#), Dr. Caroline Hoke, MD (Essure)

Arlington Heights

[Dr. Karen L. Collins, M.D.](#) Northwest Professional OB/GYN

Arlington Heights + multiple locations in Chicagoland area

[Dr Dragomir Jovanovic Vasectomy Clinics of Chicago](#) (no-needle no-scalpel vasectomy)

Arlington Heights and Buffalo Grove

[Dr. Elyse P. Erlich](#) - bilateral salpingectomy. If you are serious about getting sterilized, she will believe you and not patronize you, but does make sure you understand any risks and understand it's permanent, etc.

Belvidere

[Dr. Amanda Bush](#) (Essure / Tubal Ligation) Willing to do a bilateral salpingectomy on 23/F asked questions making sure I was serious and that I knew the risks.

Bloomington

[Dr. Ogunleye, M.D.](#), Advanced Women's Healthcare

[Dr. Benjamin J. Leak, M.D.](#) at [Affiliated In Urology](#) (no-scalpel vasectomy)

Champaign/Urbana

[Christie Clinic: Dr. Sarah Young](#), Essure / Tubal Litigation

Chicago

[Dr. Tamika Alexander](#), UIC; I sent her an email through the patient portal before my appointment explaining that I wanted a salpingectomy (since I was 12) and why, and indicated that I understood it was a permanent procedure, I know LARCs exist, and I still prefer permanent and irreversible contraception. I had brought [the 'new' ethics guidelines](#) with me to my appointment but didn't need to make my case any further after sending that message.

[Dr. Leah Delfinado](#), Advocate Medical Group; Essure / Tubal Ligation

[Dr Jane Blumenthal](#), Tubal Ligation

[Dr. Robert E Brannigan](#) Vasectomy for a 34M with no kids, no questions asked, congratulates on life choice.

[Dr. Sarah Faris](#) Vasectomy for a 30M with no kids, was asked "are you sure you don't want kids", to which i answered an emphatic yes and was scheduled for my procedure. In and out in 30 minutes, fantastic experience

[Dr. Maria Teresa Tam](#), Essure / Bilateral salpingectomy (does not offer any other kind of tubal, only salpingectomy) - shows some concern if you're under 30 (I was 24), but no bingo-ing and just wants to make sure you understand the risk of regret and procedure risks before moving ahead

[Dr. David Shore](#), Vasectomy Four months past my procedure, I'm very happy with how it all went. Well-run practice and very personable doctor.

[Jessica W Kiley MD Northwestern Memorial](#) (accepted my Aetna insurance) Super nice. Some concern if under 30, asked for one month wait before scheduling procedure but respected my decision and assured me that no bingos will happen. Offered salpingectomy!!!

[Dr. JeeYoon Park](#) Northwestern ObGyn Consultants (accepted my BCBS insurance) 676 N Saint Clair St, Suite 1880 Chicago, IL 60611; 312 642 9844 (front desk is not competent, so be on top of checking for accurate appointment info) Respectful of patient wishes and bodily autonomy! But go in prepared with having a firm stance on never wanting kids, and not wanting to try any other BC methods to prevent pregnancy. She immediately offered Bilateral Salpingectomy instead of a Tubal. This will get billed as BS, and not Sterilization so just a fair warning to you about that. I was approved at 31 years old but I think I could have been sooner. She is a very responsive doctor to any questions you have.

[Dr. Elizabeth Yepez, MD](#) Rush University OB/GYN Consultant (accepted my BCBS insurance) Very professional and respectful of my(30F) choice to get a Bilateral Salpingectomy. Was willing to schedule my surgery as soon as I was willing and able to take time off of work, and did not have a "waiting period" as some doctors do. She asked me standard questions to make sure that I knew what I was asking for, but did not try to dissuade me. The entire staff, from the doctor's office to the surgical team, were friendly, polite, and respectful.

Downers Grove

[Dr. Kristia L. Patsavas](#) DuPage Medical Group. Willing to perform tubal ligation before you're 30. Hesitant if you're younger than early 20s, but willing to discuss the procedure as a future option. Very easy to talk to and very informative.

Galesburg

[Dr. Lorraine Garland, M.D.](#) Cottage Hospital - performed my bi-salp at age 27 with no children and single marital status. Very straightforward and professional, will explain to you the risks and potential regret because it's required not because she doubts your decision. As long as you still want sterilization after that, she'll proceed.

Joliet and Olympia Fields

[Dr. Nanette James-Patrick, M.D., F.A.C.O.G](#) Southwest Women's Healthcare Associates - Essure, Ablation

Melrose Park

[Dr. Laura E Loya-Frank, M.D.](#) (Essure / Tubal Ligation)

Lakeview

[Dr. Lisa Oldham, M.D.](#) (Essure / Tubal Ligation) Google lists this location as closed as of 01/09/19

Lisle

[Dr. Cameron Jirschele](#) (Vasectomy)

Naperville

[Wright Center for Women's Health](#)

Pekin

[Dr. Lesley Brinkman, M.D.](#) Women's Center for Health

Springfield

[Dr. David C. Lieber, MD](#) (Springfield Clinic 1st) (Vasectomy)

[Dr. Jane Arbuthnot, M.D., Women's Healthcare](#) (Essure)

[Dr. Erica Nelson, M.D., SIU Medicine](#) (Bilateral Salpingectomy / Tubal Ligation) (Performed my bilateral salpingectomy at 21 with no children)

Streeterville (Chicago)

[Stanley Friedell, MD](#) (Northwestern Women's Health Associates) (Tubal Ligation/Essure)

St. Charles

[Dr. Johnathan Song MD, TLC Medical Group](#) (Tubal Ligation / Bilateral Salpingectomy)

Palos Heights

[Dr. Nichole Butler-Mooyoung, Dupage Medical Group](#) (Performed my Tubal Ligation at the age of 24 (with no prior children) and did NOT ask what my partner thought about it)

INDIANA

Bloomington

[Dr. Summer Appling](#) (Bilateral Salpingectomy, laparoscopic)

Carmel/Lebanon

[Dr. Sheldon Weiss](#) (Tubal/Essure)

Columbus

[Dr. Daniel Davis (bilateral salpingectomy)

<https://www.crh.org/physician-practices/southern-indiana-ob-gyn>

Dr. Davis, despite having a history of performing a bilateral salpingectomy on another member, elected to dismiss a member from his practice when this member asked for clarification of the procedure that would be performed on her.

Elkhart

[Dr. Peter C. Fretz (Vasectomy) <http://www.elkharturology.com/physicians-elkhart-urology.html>

Greenwood

[Dr. Charles Salazar (Sterilization for women)

<https://fad.ecommunity.com/provider/Charles+Angelo+Salazar/186185>

Indianapolis

[Dr. P. Snyder, MD LLC (Vasectomy / Essure / Tubal Ligation) <http://www.nostork.com/>

[Dr Jill Wilson, MD <http://www.ecommunity.com/physician/profile.aspx?phyID=804447>

[Susan Logsdon] WHNP-BC <http://www.southsideobgyn.com/>

[Dr. Diana Patterson, MD (Tubal / Bilateral Salpingectomy)

<https://www.healthcare4ppl.com/physician/indiana/indianapolis/diana-m-patterson-1477865483.html>

[Dr. Edmund Gomez, MD (Bilateral Salpingectomy/Endometrial Ablation)

<https://iuhealth.org/find-providers/provider/edmund-gomez-md-6330> (29F, disabled, referred by NP from same practice with no issue, no pushback. Dr. Gomez seems very respectful of women's choice and bodily autonomy. Bi salp and ablation scheduled.)

[Dr. Hilary Gaudreau, MD (Bilateral Salpingectomy)

<https://www.obgynindiana.com/doctor/hilary-gaudreau-md/>

Jeffersonville

firsturology.com, Dr. David Rosenbaum, 101 Hospital Blvd, Jeffersonville, IN 47130 (I'm 33, no children, divorced, approved for vasectomy in less than 5 min)

Lafayette/West Lafayette

[Dr Noel Wallace, MD, FACOG](#) (Salpingectomy)

[Dr. Reisman, MD, FACS](#) (Vasectomy). Did the consultation and procedure in the same visit. Very courteous and respectful doctor, no bingo-ing or judgment whatsoever.

Newburgh

Dr. Melissa A. Reisinger (Bilateral Salpingectomy)

Dr. Ellen Harpole at the Deaconess Women's Hospital (Hysterectomy for 24/F)

New Castle

[Antolin, Romel C., MD (Tubal/Salipngectomy)]

<http://www.hchcares.org/henry-community-health-medical-group/specialty-physicians/antolin-benninger-obstetricsgynecology/>

Portage/Valparaiso

[Dr. Wallace W. Sherritt (Innovative Womens Health)]

http://www.comhs.org/physician/view_full.asp?dbID=L.

Valparaiso

[Dr. L Jennifer Murphy, MD, FACOG (tubal ligation and ablation)]

<http://www.weunderstandwomen.com>

[Dr. Bharat Pithadia, MD, (vasectomy) <http://www.valparaisovasectomy.com/> Respectful doctor who did a vasectomy on a 21-year-old man without binges or pushback.

South Bend

Dr. Maria Evangelista, OB/GYN, South Bend Clinic (Tubal Ligation)

Fort Wayne

Dr. John Brinkman MD Board Certified Urologist (Vasectomy)

Dr. Michele Helfgott, MD, FAARM (endometriosis and hysterectomy) Board certified OB/GYN

Dr. Francis P. Esguerra, MD (endometriosis, hysterectomy, tubal litigation) Board certified OB/GYN Very friendly and respectful doc. Did tubal litigation and necessary surgery on a 23-year-old woman without issue.

Avon

[Dr. Scott B Farnham MD, FACS (Vasectomy)]

<http://www.urologyin.com/locations/personview.asp?peopleid=221&amp;amp;amp;am p:locid=&amp;amp;amp;am p:count=> (<http://www.urologyn.com>)

[Sallie S.Hahn, MD (tubal, ablation) no questions asked

Muncie

Dr. Denise Reeves and Dr. Maleeha Khalid (bilateral salpingectomy and tubal ligation), as of Dec. 31st 2018 Meridian Women's Health Center:

<https://www.meridianhs.org/WomensHealthCenter/>

<http://iuhealth.org/find-a-doctor/physician/60222/>

IOWA

Cedar Rapids, Newton: [Vasectomy] Dr. Esgar Guarin. 222 Edgewood Rd NW Suite 203-I, Cedar Rapids, IA 52405 <https://simplevas.net/>

Clinton: Dr. Marybeth Anderson, M.D., Obstetrics and Gynecology (Tubal Ligation/Essure)

Address: 915 13th Ave N, Clinton, IA 52732 Phone: (563) 243-2511

<http://maclinton.com/directory/people/show/marybeth-anderson>

Clinton: Sam Rickerl - Performed Essure and Thermal Ablation on a 21 year old with no children. Didn't bingo or give any push back. Just asked why and explained the procedure. Unsure if he offers other methods of Tubal Ligation, and if so i'm unsure of which other options. (563)-242-3208 - He's also on facebook under ' Samuel J Rickerly, MD, Obsterics and Gynecology 'f

Davenport: Dr. Andrew Lightfoot, M.D., Urological Associates, PC (Vasectomy) Address: 3319 Spring St Suite 202, Davenport, IA 52807 Phone:(563) 359-1641

<http://www.urologyqc.com/vasectomy.htm>

Davenport: Dr. Clare Bevin Harney, MD, Obstetrics and Gynecology (Tubal Ligation/Essure)

Address: 510 East Rusholme Street, Davenport, IA 52803 Phone: (563) 355-1000

<http://www.genesishealth.com/davenport-search/davenport-profile/harneyc/>

Des Moines: Dr. Fawad Zafar, M.D., LakeView Urology (Vasectomy)

<http://www.lakeviewurology.com/services/in-office-vasectomies>

Des Moines: [Dr. Erin Lehman, M.D., Unity Point Health Clinic Lakeview](#) - OBGYN: tubals, bisalps, IUDs, etc

Dubuque: Dr. Curtis Page [Dubuque Obstetrics-Gynecology](#) 1500 Delhi St # 3100, Dubuque, IA 52001 (563) 557-5959 : does sterilization for women without much trouble. Of course they do have to educate before they agree but it was one office visit and Im already scheduled.

Fort Dodge: Dr. Ilene Olson [UnityPoint Clinic](#). Sterilized a 25 year old woman with no children. No remarks or questioning the decision whatsoever, just a one month mandatory waiting period to think it over.

Iowa City: Abbey Hardy-Fairbanks, MD, UIHC (Tubal Ligation/Essure)

<https://uihc.org/abbey-j-hardy-fairbanks>

Iowa City: Rachel Mejia, DO, UIHC (Total Hysterectomy and Bilateral Salpingectomy)
<https://uihc.org/rachel-mejia>

Iowa City: Keely Ulmer, MD, UIHC (bilateral salpingectomy)
<https://gme.medicine.uiowa.edu/obstetrics-and-gynecology-residency/our-people/our-residents>

Keely was friendly and receptive for bilateral on an overweight, single 25f with no kids; on my very first visit, she said she would perform the surgery whenever I was comfortable with no additional wait period, no bingos. I also suggest Dr. Grace Breuer at UIHC Family Medicine, who clearly stated she would be my ally and referred me to Keely.

Sioux City: Dr. Mary Schneider, MD, OB/GYN. Bilateral Salpingectomy at age 25
<https://siouxlandwomenshealth.com/>. Also agreed to my bilateral salpingectomy at age 23. I brought my binder but she didn't look at it. At first she wanted to clamp my tubes but I asked about the bi-salp instead and she agreed. She did make sure I knew that it was likely irreversible and I could possibly regret it, but she respected my choice and scheduled my surgery for a month later.

KANSAS

Manhattan: Dr. Katie Sutton, The Women's Health Group P.A. (Tubal Ligation) -1620 Charles Place, Manhattan, KS, 66502/ 785-776-1400

Garden City: Dr. Thomas Koksall, Plaza Medical Center (Vasectomy) - 911 N Main St. #1, Garden City, KS 67846 / 620-276-8201

Lawrence: Dr. Leslie Underwood, Lawrence OB-GYN Specialists- Lawrence Memorial Hospital (Tubal ligation)- <http://www.lmh.org/care-treatment/womens-health/obgyn/>

Lawrence: [Dr. Jon J. Heeb, M.D.](#), Lawrence Urology / 330 Arkansas Street Suite 205 / Lawrence, Kansas 66044, Tel: 785.749.0639 Fax: 785.749.0991

Olathe / Overland Park: [Jason Anast, MD - Urologist](kcurology.com)

Overland Park: Dr. Orrin Moore, Planned Parenthood (Essure) -
<http://www.plannedparenthood.org/kansas-mid-missouri/index.htm>

Overland Park: Dr. Billy Perry (Vasectomy) - <http://www.mid-americaurology.com/>

Kansas City: Dr. Austin Findley
(<http://www.kumc.edu/school-of-medicine/ob-gyn/faculty/austin-findley-md-mscr-facog.html>) KU Medical Center: (913) 588-1227. Approved 29/F unmarried CF woman for bilateral salpingectomy. Only questions asked were to ensure I understood the procedure's permanence and the inherent risks of surgery, and that I was sure this is what I wanted. Made a point of affirming that I'm an adult capable of determining what's best for myself.

Kansas City: [Dr. Madhuri Reddy](#) KU Medical Center: (913) 588-9200. Laparoscopic Bilateral Salpingectomy. Approved 28/F unmarried woman. Never asked about me having a partner. Approved over Zoom appointment during pandemic. Mentioned she's wary on doing it on patients under 25 with no children. Asked me what I would do if I hypothetically regretted my decision later. I told her in that unlikely event that I would adopt because I believe a lot of people have children they can't take care of who long for a home. She asked me why I wanted this and I said that it's something I've wanted since I was old enough to know better. That I wanted my decision as an adult to not want to procreate to be taken as seriously as people take a 16 year old who says she wants to keep her baby. Approved me right after that. Extremely nice and never asked "are you sure?" Even right before the surgery, just asked how I was feeling. Really felt like she took what I was saying seriously and never made me feel like I didn't know what I wanted.

Wichita: Dr. Michael Brown (Tubal Ligation)- <http://www.collegehillobgyn.com/>

Wichita: Dr. Taylor Bertschy, D.O. (Tubal Ligation)- <http://www.mkwc.net/services/contraception>

Wichita: Dr. James H. Gilbaugh M.D. (Vasectomy) <http://www.wichitaurology.com/team/james-h-gilbaugh-iii/> (He is willing to do it to younger patients, His youngest was 19 years old)

Wichita: Dr. Fadi N. Joudi, M.D. (Vasectomy) <http://www.wichitaurology.com/team/fadi-n-joudi/> (Confirmed no kids, said congratulations on knowing what you want, see you in two weeks)

KENTUCKY

Bellevue: [Dr. Thomas Fellens](#)- hates the notion that everyone wants a kid, provided a referral for Endometrial Ablation to a 27 yo female to treat dysmenorrhea.

Lexington: [Dr. R. Brenton Terrell](#) (Vasectomy) - Based out of Mt. Sterling but is affiliated with Lexington Clinic so has office hours in Lexington weekly. Performed vasectomy despite being 25 and childless/single.

Lexington : [Dr. Emily Cunningham](#), OB/GYN Lexington, KY Bilateral salpingectomy at age 25 performed. She treated me with so much respect and was the first doctor to actually listen to my wants and concerns. She's excellent.

Lexington: [Dr. McGregor, Andrew](#) (Vasectomy) - Dr. McGregor is highly qualified and has performed thousands of vasectomies. Only 1 short-term recanalization story which was caught very early with semen analysis. 18+ No complications & Zero bingos. Excellent staff and an overall positive atmosphere. Highly recommend!

Louisville: Dr. Robert B Hendren (Vasectomy) - <http://www.louisvilleurology.com/>

Louisville: [Dr. Christopher Shrepferman] (1sturology.com) (Vasectomy) -Performed a vasectomy at only 20 years of age. Spoke about it being an adult decision so doing so at 18 is likely as well.

Louisville: [Amy Richardson, M.D.](#) at Baptist Health. OB/GYN, is CF herself

Louisville: [Lisa Crawford, M.D.](#) of All Women OB/GYN, PSC

Louisville: [Sara Petruska, M.D.](#) of UofL Physicians, OB/GYN

Louisville: [Dr. Lynn Parker, M.D. oncologist-gynecologist](#) Norton Cancer Institute. Brought up sterilization with 23 year old and performed salpingectomy three weeks after first appointment. She only sees patients with cancer or high-risk of cancer because of her specialty.

Richmond: [Richmond Women's Health Care](#) - Admittedly an Obstetrics/pregnancy-centric office, but they were very respectful of my decision to be sterilized with no binges, insulting questions, etc. though I'm childless and 29. Also fairly quick and easy to get an appointment.

London: [London Women's Center] No questions asked other than if I was sure I didn't want children, easy to get an appointment, everyone is very kind and helpful, accepts a wide range of insurance. Was 22 at the time of approval.

Maysville: (Primary Plus) Dr. Lisa Showers. Performed a bilateral salpingectomy at age 21.

LOUISIANA

Alexandria: Dr. James Gates, MD - Alexandria Healthcare for Women Address: 3032 Masonic Drive #4002, Alexandria, LA 70301 Phone: (318) 445-3636

Baton Rouge: Dr. Sarah C. Davis, M.D., Louisiana Women's Healthcare Address: 500 Rue de la Vie, Ste. 100, Baton Rouge, LA 70817 Phone: (225) 201-2000

Baton Rouge: Dr. Amanda Pearson, M.D., Louisiana Women's Healthcare Address: 500 Rue de la Vie, Ste. 100, Baton Rouge, LA 70817 Phone: (225) 201-2000

[Note: October 2018: One of our subscribers reported that the doctor was slightly bingo-ing her - questions akin to "are you sure, many women regret it, you might change your mind when you're older, let's discuss other forms of birth control, I don't like performing this on anyone under 30 (I was 22 in October and am now 23), etc." a second appointment 6 months later to revisit the topic was scheduled though; but please keep this experience in mind.]

Baton Rouge: Dr. Angelo Annaloro Jr MD Address: 7777 Hennessy Blvd # 2004, Baton Rouge, LA 70808 Phone:(225) 769-2500

Hammond: Dr. Brad Lake, M.D., Northshore Urological Associates

Address: 15813 Paul Vega, MD, Drive, Suite 401 Hammond, LA 70403

Phone: (985) 230-7860

Hammond: Dr. Thuc B. Tran, M.D., OBGYN Address: 42333 Deluxe Plaza, Suite #6, Hammond, LA 70403 Phone: (985) 635-4774

[Note June 2019: Dr. Hammond has supposedly moved to California and only comes to the Hammond location 2 days per month.]

Lafayette: Dr. Lewis Hill, M.D., OBGYN, Womens Clinic of Acadiana Address: 4540 Ambassador Caffery Parkway Suite A-110, Lafayette, LA 70508 Phone: (337) 984-1610 Note: Approved me at 24 years old, but I have a hereditary autoimmune disorder that would make pregnancy dangerous.

Lafayette: Dr. Monique Montielh, M.D., OBGYN, Acadiana Women's Health Group Address: 4640 Ambassador Caffery Pkwy, Lafayette, LA 70508 Phone: (337) 984-1050

New Orleans: Dr. Paul Du Treil, M.D., OBGYN, Crescent City Physicians Address: 3434 Prytania St, New Orleans, LA 70115 Phone: (504) 897-7580

New Orleans: Dr. Angela Parise, M.D., Ochsner 1514 Jefferson Highway, New Orleans, LA 70121 Phone: (504) 842-4155 Requires primary doctor consent. Will perform for childless young women without partners. Extremely pro bodily autonomy.

[Note June 2019: was told that Dr. Parise no longer does sterilizations on new or existing patients.]

Prairieville: Dr. Bunnie Jo Hill, M.D., St. Elizabeth's/MDVIP program 17579 Old Jefferson Hwy, Prairieville, LA 70769 Phone: (225) 673-6370 General Practitioner who is CF (and most of her siblings are CF too). Must be a member of MDVIP to become a patient, but it's well worth the expense.

Ruston: Dr. McWhorter, working with Green Clinic in Ruston, LA performed tubal ligation.

MAINE

Bangor: Dr. Paul Smith, Bangor OB/GYN - #(207) 945-6588 <http://bangorobgyn.com> (He performs the actual surgery at EMMC, no secondary opinions or referrals needed. Very accepting of CF women, no bingos, knowledgeable and makes sure you know exactly what will happen start-to-finish. Great sense of humor, too; really makes you feel comfortable in your choices.)

Brunswick: Dr. Stephanie Grohs, Midcoast Women's Health located at Midcoast Hospital. (207) 721-8700 <http://www.midcoasthealth.com/grohs> (She is also a surgeon and the surgery is done by her at Midcoast Hospital. Makes sure you are informed as to all of your options. Respectful of

your choice, even if she may not agree. Made me wait until I was 25 before performing surgery for her own "peace of mind" since I was young, unmarried, with no children. Dry sense of humor, but very caring. A couple of bingos but was not rude or insistent about it. As soon as we were agreed that sterilization was happening, she was willing to preform the surgery ASAP.)

Ellsworth: Dr. Eugenia Kolkas, Maine Coast Memorial Hospital - #207-664-5650 (She preforms the surgery, so no secondary opinions are needed, and she performs sterilizations on women with no children pretty often. No bingos, and she makes sure that you are aware of any complications. I asked for a tubal, and she recommended the bilateral salpingectomy to reduce the chance of ovarian or cervical cancer.)

Gorham: Dr Jonathan Harvey, Martin's Point

Portland: Dr. Robin Noble, Intermed - #207-874-2445 (She performs the surgery. Very knowledgeable and welcoming. Received no bingos, gave a thorough explanation of complications and procedures. Recommended a bilateral salpingectomy over a tubal ligation, but was understanding that I needed to consult my insurance coverage first. In my case (age 26) she didn't require a waiting period. Plan to keep her as my regular GYN going forward.)

MARYLAND

Baltimore: Dr. Kimberly Kesler O'Rourke (Mirena, Kyleena, Paraguard) -
<https://www.gbmc.org/dr-kimberly-k-o-rourke-md-obstetrics-gynecology>

Baltimore: Dr. RICHELLE SHARON GASKIN MD (Bilateral salpingectomy) -
<https://www.doctor.com/Dr-Richelle-Gaskin>

Baltimore: Dr. May Blanchard, University of Maryland (Mirena) -
<http://findadoctor.umm.edu/Details/24036>

Baltimore: Dr. Andrew Kramer Board Certified Urologist (Vasectomy) -
<http://umm.edu/programs/urology>

Baltimore: Dr. Stephen Schatz (pronounced "shots") (Vasectomy) -
<http://urology.jhu.edu/stephenschatz/~> (He moved to Houston/The Woodlands/Willowbrook Texas in June 2017 or so.)

Baltimore: Dr. Karen Chiu Wang, Johns Hopkins Medicine (Bilateral Salpingectomy) Surgery, no questions asked at age 31. It was implied she had also performed surgery on women in their 20's. <https://www.hopkinsmedicine.org/profiles/results/directory/profile/10003225/karen-wang>

Cheverly: Dr. Henry Adegbulugbe, "Dr Addy". UM Capital Region Health Medical Group at Cheverly. I got my tubal ligation done last week by Dr. Henry Adegbulugbe at age 25. He offered to sterilize my partner instead (26M) due to ease but didn't push when I said I was sure I wanted to be the one to have it done instead.

<https://www.umms.org/find-a-doctor/profiles/dr-henry-adegbulugbe-md-1629156955?si=capital>

Cumberland: Dr. Tom Hartsuch, Western Maryland Health System OBGYN (Full Salpingectomy) Friend (27F) stage 4 endometriosis had her operation done after one mandatory counseling/evaluation session. Doctor advised on statistics on how many women under 30 regret it later but did not push back when assured she would be fine. Friend is confident he would perform on someone getting it purely optionally.

<https://www.wmhs.com/practitioner/hartsuch-tom-a-m-d/>

Frederick: Dr. Tanya DeWitt, Women's Health Specialists of Frederick (Essure)-

<http://www.http://womenshealthspecialistsoffrederick.com/>

Frederick: Dr. Janet Parnes, Women's Health Specialists of Frederick (Tubal Ligation)

Gaithersburg: Dr. Angela Thompson (Essure, Tubal ligation w/ cauterization) Kaiser Permanente members only <https://www.kaiserpermanente.org/gaithersburg>

Glen Burnie: Dr. Harvey Brilliant (tubal ligation and bilateral salpingectomy)

<https://www.umms.org/find-a-doctor/profiles/dr-harvey-brilliant-md-1427143833>

Hagerstown: Dr. Kristina Torrence/Seader (bilateral salpingectomy) Capital Women's Care.

<http://www.cwcare.net/profile-provider/406> --Approved at 26 with very little binging/pushback.

Havre de Grace: Dr. Daniel Arrison (Vasectomy) Chesapeake Urology Associates

<https://www.chesapeakeurology.com/>

Prince Frederick: Dr. Shafquat Meraj (Vasectomy) - does not discriminate based on age.

Second User note: Gave me a vasectomy at 21 and didn't have any reservations about my age
1015 Prince Frederick Blvd Prince Frederick, MD 20678 (410) 535-4116

Westminster: Dr. Keith O'Reilly MD, Urologist (Vasectomy - No scalpel, titanium clamps, length of vas deferens removed, cauterized both ends of both vas deferens) -

<https://www.chesapeakeurology.com/locations/westminster/>

Rockville/Silver Spring

Silver Spring: Dr. Ein, Capitol Women's Care (Essure) - <http://www.cwcare.net>

Silver Spring: Dr. Nancy Behram, OB/GYN Associates (Essure, Novasure) -

<http://obgynsilverspring.com/drnancybehram.htm>

Silver Spring: Dr. Michael Goodman, OB/GYN Associates

<http://www.obgynsilverspring.com/provider/michael-goodman-md-facog> EDIT: He has retired active December 31st, 2019. Thanks for the great work, and have a happy retirement!

Silver Spring: Dr. Bradford Kleinman (Adiana)

<http://obgynsilverspring.com/drbradforkleinman.htm>

Silver Spring: [Dr. Richard Kurnot](#), Chesapeake Urology Consultants - 3801 International Drive Suite 310, Silver Spring, MD 20906 - (301) 598-9717

Silver Spring/Rockville (multiple locations): Dr. Anne Shrout, Capitol Women's Care (laparoscopic bilateral salpingectomy) - <http://www.cwcare.net/profile-provider/155> - I had to get a letter from my psychiatrist and have a close friend or family member come in and tell my doc that yes, this really was a thing I had thought through and wanted. Also, she said she was legally obligated to ask you at least twice, so just keep pushing through and give all your reasons. TRANS FRIENDLY PRACTICE!

Update: Dr. Shrout refused sterilization to a 22-year old woman who had a letter of support from her psychiatrist, and the supportive presence of her mother. Dr. Shrout treated the person like a child, told her she would meet someone who would change her mind about having children, told her that her psychiatrist-prescribed medication was affecting her thinking, and she might think different when she eventually came off it. (As Dr. Shrout was not the person's psychiatrist, this was an unethical statement to make.) She also argued with the OP, telling her that abortion is not birth control.

Rockville/Silver Spring: Dr. Andrew Block (Bilateral Salpingectomy) - NOTE: May be reluctant to approve women in their early 20's, I was approved at 27 - (<http://www.cwcare.net/profile-provider/415>), Contemporary OB/GYN Associates - (301)468-0073

Rockville and Annapolis: Paul Mackoul & Natalya Danilyants, Center for Innovative GYN Care (<https://innovativegyn.com/>) (Laparoscopic hysterectomy). Trans friendly office; no issues getting hysterectomy at 24; Specialize in minimally invasive, 2 incision surgery. *Another CFer note: Just FYI: The doctors here work out of a Catholic Hospital, so my elective sterilization cost wasn't covered (23F, Double Salpingectomy). Be aware that the cost may likely be paid out of pocket.*

Rockville: Astrid von Walter Gonzalez, Rockville Gynecology, www.rockvillegynecology.com. Bilateral Salpingectomy approved in my late 20's. She does talk a lot about risk of regret, but ultimately did not argue and immediately scheduled surgery.

Towson/Baltimore: Dr. Onkar Singh (Mirena, Paraguard, Nexplanon), Capital Women's Care/Charles Street OBGYN (<https://csobgyn.com/>). GBMC, Physician's Pavilion East, 6565 North Charles Street, Suite 212, Baltimore, MD 21204. Easy and quick insertion, no questions asked regarding getting IUD.

Westminster

Westminster: [Dr Jordan Angell](#) at Chesapeake Urology

Westminster: Dr. Melvin A. Yeshnik (Tubal, Essure) - <http://www.healthgrades.com/physician/dr-melvin-yeshnik-2jpi9>

Westminster: Dr. Dee Hubbard, Capital Women's Care (Essure) - <http://www.cwcare.net/profile-provider/344> (I didn't go through with it, but she did have my insurance approve it - she was reluctant but agreed, just be absolutely confident that's what you want)

MASSACHUSETTS

Boston: Planned Parenthood, 1055 Commonwealth Ave, Boston, MA 02215 (800) 258-4448 (Essure)

Boston: Tufts Med, Danielle Roncari, M.D., Phone: 617-414-2000

Boston: Tufts Med, Hong-Thao Thieu, 617-414-2000, team member of Dr. Roncari. Dr. Roncari was unavailable because of an emergency surgery, so I saw Dr. Thieu. She wanted to keep me on the IUD but I persisted that it was causing problems and wasn't working for me, so she OK'ed an Essure procedure. Was 28 at the time.

Boston: Helen Dajer, CNM, Harvard Vanguard Medical Associates, 147 Milk Street, Boston MA 617-654-7000 (Essure)

Boston: Maia Sharuk, M.D. 617-859-5250, Harvard Vanguard, Copley Square, 165 Dartmouth Street Boston, MA 02116 (tubal ligation, Essure) // Will not perform sterilization below the age of 30F, however, will refer you for a doctor who would be comfortable and willing to.

Boston: Yvonne Gomez-Carrion, M.D. (617) 667-2952 330 Brookline Ave 02215, Beth Israel Deaconess Medical Center. The go-to hysterectomy surgeon for Fenway Health's trans community. Says she performs hundreds of hysterectomies a year and "believes that everyone should get to live their best life". Approved for a total hysterectomy and bilateral salpingectomy on the spot for reasons of dysphoria and tokophobia.

Brighton: St. Elizabeth's, Katherine Matta MD, 736 Cambridge St, Brighton, MA 02135, Phone: (617) 787-0017 (Partial hysterectomy, bilateral salpingectomy at age 26)

Burlington: Dr. William Faust, MD (781.744.8420) Lahey Hospital & Medical Center 41 Mall Road Burlington, MA 01805 (Vasectomy) I went in for a vasectomy consultation, asked me a few questions, asked how many children I had, I started giving my prepared speech about how I'm childfree and I've been with my wife for 10+ years and I got about half way through and he stopped me and said he understood that some people don't want children, he wasn't there to judge. Scheduled my vasectomy for a few months out. Got it a few weeks ago. While he was preparing for the surgery, he was making small talk, and again asked how many children I have, when I told him 0, he was like, "oh yeah, that's right" and we continued on with the conversation as if nothing happened. Very nice and relaxed.

Burlington: Dr. Lilja Stefanson, MD (781.306.5304) Harvard Vanguard 20 Wall St. Burlington, MA 01803.

Cambridge: Germaine Earle Cruickshanks, D.O., Mount Auburn Hospital (617) 503-1000. Bilateral salpingectomy. Agreed to start the process towards surgery after our first appointment. Was comfortable with marijuana use.

Hyannis: [Dr. Richard Angelo](#) (508) 771-0017. Sterilised a 26 year old without children via Essure.

Leominster: Ronald G Ebb, M.D., HealthAlliance Hospital, 50 Memorial Drive, Entrance G, Suite 108, Leominster, MA 01453, 978-466-2280 (vasectomy)

Milbury: Dr. Brian Clark, New England Reproductive Medicine and Surgery, 22 West St. Milbury. (Childfree friendly)

Newton: Dr. Ned Saltzman, Newton-Wellesley Hospital, 2014 Washington St, Newton, MA 02462, Phone: (617) 243-6000 (Vasectomy)

Northampton (Florence), MA - Dr. Phillip Kick - Urology group of Western New England - 10 Main St #2, Florence, MA 01062 (413) 584-4278 (also has other offices) - vasectomy no scalpel. requires 3 appts at least a week apart. had my first- informational, short conversation- no binges - "how many kids do you have?" "Zero" "and that's the right number for you?" "yes" "ok, any other questions?" - my procedure is scheduled a few months out due to my scheduling, will report back. Says he has done hundreds. Also recommended by other friends of mine. GP Dr. Victoria Noble at Swift River Medical Associates Belchertown MA referred me no questions asked. [MOD NOTE 2018/06/19 : User says : "Dr Kick is no longer at the Urology group of Western New England. But I just had one done my Dr Adam Tyson and I am happy to say it went exactly as what the wiki said about Dr Kick. They also have an office in Springfield which is where I had my consult, and Westfield at Noble hospital I had the procedure. It went well and I am almost pain free a day later!"]

North Andover: Dr. Michael Grossman, MD, OB/GYN, 565 Turnpike St., MA ph: 978 682 2121 (Tubal ligation, long-term reversible birth control - not explicitly CF-friendly, but excellent bedside manner, evaluates on a case-by-case basis. Will at least listen to you and give you an honest opinion, may want you to sit on your decision for a while and then come back. Will place and remove IUDs, doesn't like Nexplanon/implants in general. Doesn't do Filshie clips because of "high rate of failure".)

Quincy: Harvard Vanguard, Dr. Keith Tracy, 1250 Hancock St, Quincy, MA 02169, (617) 774-0750 (Vasectomy)

Quincy: Dr. Elizabeth Tsai, Manet Community Health Center, 110 West Squantum St., N. Quincy 02171, 617-376-3000 (<http://www.manetchc.org/locations/nquincy.html>) (Primary care DO; CF-friendly and will refer for sterilization procedures with no hassle)

Somerville: Cambridge Health Alliance, Dr. Heidi Rayala, 230 Highland Avenue, Somerville, MA 02143, 617-665-2555 (Vasectomy)

Somerville: Harvard Vanguard, Dr. Cari Brown, 40 Holland St, Somerville, MA, 617-629-6330 (Minimally invasive Gynecologic Services are available at more than just the Somerville location [<https://www.atriushealth.org/specialties-and-services/minimally-invasive-gyn-surgery/locations>], but Dr. Brown in particular is receptive, easy to talk to, and informative. She advised a bilateral salpingectomy, though all options are available.)

Springfield: Dr. Yelena Mikich, 2 Medical Center Dr, Springfield, MA 01107, (413) 732-2311 (IUD, Essure, Tubal Ligation, Salpingectomy. Only question asked was if I talked to my partner about getting a vasectomy instead because it's considerably cheaper and less invasive. I explained that this was for me and that I never wanted an unwanted pregnancy, and that was the end of it. Procedures - bilateral salpingectomy w/ endometrial ablation - went off without a hitch.)

Springfield: [Dr. Joshua S. Pagar](#), [Pioneer Valley Urology](#) (large practice, many Urologists here), 100 Wason Ave #120, Springfield, MA 01107 (Vasectomy)

Stoughton: Renz Counseling, Luanne Baker LICSW 378 Page St, Stoughton Ma 339-364-8510

Weymouth: Dr. Ruth Levesque, Crown OB/GYN, 780 Main St, Weymouth, MA 02190, 617-479-6636 (<https://www.crownobgyn.com/providers/>) (Bilateral salpingectomy, tubal ligation, Essure)

Worcester: Dr. Cotter at [UMass Memorial Hospital](#) performed an incision vasectomy on a 25 year old.

Worcester: Reliant Medical, Dr. James Roan, 123 Summer St Suite 150, Worcester MA, 01608 (located within St Vincent's hospital), (508) 368-3110 (Essure, Tubal Ligation)

Worcester : Dr. Kumaraswami, UMASS Memorial (33 Kendall ST), 508 334 6255. (Options are; Fallopian tube removal, vasectomies, and clipping of the tubes. Very nice woman, Won't talk you out of it as long as you are sure this is what you want.) (8/21/19 update: no pressure from her. She believes that as long as you are sure, that everyone should have the ability to choose. As long as you're sure that you know what you want, she sees that as reason enough.)

MICHIGAN

Ann Arbor: [Karen Walker MD, MPH](#) in Ann Arbor, MI. 4936 W. Clark Rd., Suite 100 Ypsilanti, MI 48197. 734.434.6200. Consultation prior to surgery, outpatient tubal ligation. (I am over 30 and have been her patient for 5 years; YMMV.) Zero problems for any long term or permanent birth control from her.

Ann Arbor: [Dr. Glenn Taylor](#) for a vasectomy. [Planned Parenthood - Ann Arbor](#). Friendly and helpful staff. Clean environment. Dr. Taylor is very good. He will listen to your concerns, explain his actions throughout the procedure, and is overall very careful and confident. No waiting period between consultation and procedure.

Ann Arbor: Vanessa K. Dalton, MD. [University of Michigan Von Voigtlander Women's Hospital](#)
Gave me a tubal ligation (I was 24) and didn't give me much hassle except to confirm my reasons because she doesn't want to be sued by someone changing their mind. The surgery and recovery went well and scarring is barely noticeable.

Note from another user: She agreed to perform a tubal ligation via cauterization on me at 22. She was unwilling to do a bilateral salpingectomy because I might change my mind, but agreed that if I came back in a few years she'd do it, in addition to the tubal now.

Ann Arbor: Dr. Jason Bell, Dr. Versha Pleasant [University of Michigan Family Planning](#)
Consultation prior to surgery, outpatient bilateral salpingectomy (age 30). Dr. Bell confirmed that I understood it was a permanent solution and that IVF would be required if I should ever want to become pregnant, and had no objections to performing the surgery.

Dr. Versha Pleasant said she believes strongly that women should know about all forms of birth control and are the ultimate arbiters of their bodies.

Battle Creek: [Dr. Jeffrey C. Custer](#) 181 W Emmett St, Battle Creek, MI 49037 (269) 965-8866
Asks for an initial consultation appointment, then at least a 30-day wait before surgery.

Canton: [Yuvelle Eaton-McFarland, MD](#), 49650 Cherry Hill Rd # 220, Canton, MI 48187,
Phone:(734) 398-7888. Dr. McFarland is one of two doctors in this office that can do the surgery. The other doctor is a male. I had to write a letter explaining why I wanted the surgery over other birth control methods.

Detroit: [Dr. Gregory Diorio](#), Address: 4160 John R Suite 1021 Detroit, MI 48201,
Phone:313-966-9852 Dr. Diorio was a great doctor who performed my vasectomy when I was 26. No bingos, he explained everything well and listened to concerns, the surgery went very well with no complications and minimal pain.

Farmington Hills: ([Michigan Women's Health](#)) 28555 ORCHARD LAKE ROAD, SUITE 120,
FARMINGTON HILLS, MI 48334. Phone: 248-489-1070.

Dr. Sakina Hakim - Dr. Hakim made things as easy as possible. I met with her one time and the only concerns she had was how long I knew I wanted to be childfree. When she learned it was since my teens, she immediately agreed to do a procedure and it was my choice between having the tubes taken out, tied or Essure. I was 30 years old and divorced at the time.

Note from another user: 19yo had an "unpleasant and dismissive experience with her", where Dr Hakim made OP cry and refused to perform a tubal ligation. Dr Hakim "also told me birth control is what my focus should be, even after I told her my geneticist strongly recommends against it."

Note from another user: Dr. Andrea Eisenberg at Michigan Women's Health is also cf-friendly. She didn't bingo me, only asked reasonable questions. I went to my appt very prepared. She was a bit hesitant, but I was 23 and single at the time, and it was my first time seeing her. I had

a very quick, easy, smooth recovery from surgery and everything billed correctly with insurance. Performs bilateral salpingectomy (preferred), tubal ligation (by cauterization), and Essure. Also did my friend's Essure procedure no questions asked at 34 (CF & married).

Note from another user: Dr. Hamid Banooni (at the same practice) did an acquaintance's tubal ligation when she was 24 or 25 (also CF, but she had been his patient for a couple years before and consistently asked for the tubal).

Note from another user: Dr. Hakim was willing to preform a bilateral salpingectomy on me at 19 after having me write a paper on why i wanted the procedure and meeting with Dr. Eisenberg as well. Surgery was scheduled for a month later.

Flint/Grand Blanc: Thomas C. Wright, DO, Women's Integrated Healthcare. Address: 1595 Genesys Pkwy, Grand Blanc, MI 48439. (810) 606-9190. Performs Essure procedure. I got mine at 27 with no children, made a consultation appointment, then the procedure appt. Dr. Wright did make sure several times that I knew the procedure was permanent. Had to sign something to that regard. Great doctor, has always listened to my concerns, is knowledgeable in the latest research, and explains things clearly without talking down to me. Was not rude or dismissive of my desire at any time. Did not try to talk me into a non-permanent option, but did make sure I was aware of them. Accepts Healthy Michigan plan (a form of Medicaid)

Grand Rapids: [Grand Rapids OB/GYN](#): The bulk of my experience was with Nisha McKenzie, PA-C, (who went to school with DH - small world) and I had my followup with Dr. Dalm. Nisha was incredible, and her team of nurses made my Essure procedure at 33 years old close to perfection.

Grand Rapids: David P. Menapace, MD. [Spectrum Health Medical Group Obstetrics and Gynecology](#), Grand Rapids, MI 49525. 616-267-7069. At the Beltline Ave location. Got essure. Hesitant for a 25 year old but was more concerned that I was educated on options and procedure itself, he was friendly and not judgmental

Note from another user: Dr. Menapace would not consider doing a tubal on me as a 20 year old (and said he wouldn't do it if I were 21 either), despite saying I sounded educated on my options. He wasn't up for much discussion on it and was dismissive. I'll also add that he seemed more interested in doing the Essure procedure rather than a surgical option.

Grand Rapids. Dr. Stephanie Flermoen, M.D. Located in: Spectrum Health Medical Group Obstetrics & Gynecology, 3800 Lake Michigan Dr NW suite a, Grand Rapids, MI 49534. Phone: (616) 267-8225. Performed a tubal ligation on a 28 year old with no children.

Holland: Michael Traver, MD, FACS and John Ludlow, MD. [Western Michigan Urological Associates](#), 577 Michigan Avenue, Suite 201, Holland, MI 49423. Vasectomy. Gave me absolutely no trouble, the subject of maybe changing my mind, kids, or even other options never came up. I was 24.

Holland: Dr. Thomas Fasbender, DO. [Spectrum Health Medical Group](#), 588 E Lakewood Blvd, Holland, MI 49424. I first brought up a bilateral salpingectomy to him in my mid-twenties after hating the pill and Depo shots, but we agreed on the Mirena IUD instead because of his concerns about risking surgical complications, infection, etc. when there were still non-surgical options to try. Meanwhile, I discovered that I have the BRIP1 gene, which makes me much more prone to ovarian cancer, so when my first Mirena's time was up and another one couldn't be placed (long story, my cervix is an asshole), I brought up bilateral salpingectomy again, citing regret studies as well as studies showing that tube removal mitigates ovarian cancer risk by a significant amount without bringing on menopause. After hearing me out and discussing the pros and cons, he approved the surgery, and two weeks later I was on the table getting my tubes out.

Howell: [Dr. Laris E. Galejs](#) Specializes in scalpel-free vasectomy - Michigan Institute of Urology (Howell, Bright, Novi, Livonia; surgery out of Howell) 620 Byron, Suite 1201, Howell, Michigan 48843-1002 Tel: (517) 545-6548. Ask for consultation, asked only legalese-styled "you understand this is permanent" sort of questions (I am married, 27). Spent more time talking about soccer and Batman fighting Superman in surgery than we did at the consultation. Extremely friendly, polite, noninvasive.

Kalamazoo: Dr. Carly Davis [OB-GYN P.C]. Went through my medical history (25yo) and the various types of BC I've used before the eventual yes for the tubal. She did say that she'd have a patient try Mirena/Nexplanon-type BC before jumping to surgery, but it didn't seem like age was a factor. Very friendly and open to the idea that not all women want children.

Lake Orion: Dr. Erin Bouhana [Women's Excellence] Address: 1437, 1428 S Lapeer Rd, Lake Orion, MI 48360 Phone: (248) 693-0543 Hassle free. Bilateral salpingectomy for 25F (one and done). Super friendly and professional, Answers any of your questions or concerns. Surgery done in Beaumont Hospital, Royal Oak. She's also available in Rochester Hills Women's Excellence office for appointments.

Lansing: Through [Sparrow Hospital](#). Hassle Free and friendly staff for tubal ligation. Dr. Lewis performed the surgery. He was awesome.

[Dr. Lena Weinman-Greenberg](#):. Contact info on website. Hassle free and everyone is friendly. Able to address questions and concerns. Okayed surgery during initial consultation and did not seem to have any pre-reqs. Was able to get a bilateral salpingectomy for childless 27F within about 2 months (and that time span was only due to scheduling for other tests and the surgical rotation). Surgery done at Sparrow Hospital.

[Dr. Eric Stockall - Capital Urological Associates](#): (Main Office 2090 Jolly Road Okemos, MI 48864) (Vasectomy) Called and scheduled an appointment to do consultation and procedure in same day. No questions asked, staff was very friendly

Livonia: [West Side OB/GYN] Address: 36650 5 Mile Rd #101, Livonia, MI 48154 Phone:(734) 655-8250. Dr. Dimon did consultation to go over options, then approved for 27 years old.

Cannot do bilateral for sterilization because the office is part of the Catholic hospital (St. Mary Mercy).

Marshall: [Dr Kathryn Young, MD](#): Performs tubal ligation with filshie clips. Went to office for consultation, met with assistant. Had to convince her to allow me to convince the doctor that I really truly wanted the surgery at 27 years old. Appointment with Dr Young was short, paid full price for both the appointments. They managed to get me in for surgery just a couple weeks later. Surgery done by Dr Young at Oaklawn Hospital. Staff there is amazing. Overall, good experience. She is the chief of surgery for a reason.

Midland: [John L. Pfenninger, MD](#): Very nice man, also concerned with all aspects of your health. Same day consultations and procedure. No needle, no scalpel.

Roseville: Dr. Todd Campbell and all of the comprehensive urology staff are awesome. No hesitation for vasectomy for 30yo & married.

Traverse City: [William E. Nowak, D.O., F.A.C.O.O.G. Board Certified Obstetrician/Gynecologist](#) in Traverse City, MI (Williamsburg) (231) 938-2366 No nagging or suggesting I should do something other than a tubal. Got the papers, made the appointments, and that was that!

Troy: [Somerset Gynecology] Address: 3290 W Big Beaver Rd # 444, Troy, MI 48084 Phone:(248) 816-9200. Dr. Foley does bilateral salpingectomy.

Note from another user: Dr. Foley approved for Essure at 26 but required two appointments three months apart.

Warren: Cristina Alfieri, MD. [Hutzel Women's Hospital](#), Detroit, MI. (586) 558-1110 (Warren office). Hassle-free and friendly. Prescribes Depo prior to procedure (Essure). Hesitant if you're under 25, though.

Note from different user: Also @ Hutzel, Dr. David Kmak approved after brief consultation for bilat. salpingectomy at 33.

Note from different user: User mentions that they do not sterilize women under 30.

Warren: [Mission OB-GYN](#) in Warren, MI. 586-574-1313. It's a practice of several doctors who are incredibly knowledgeable and supportive - the practice's motto is, "By women, for women." They really stand by it.

Note from another user: I have Blue Cross Blue Shield insurance, which their website says they accept. It seems like they do in fact take it, as long as it is through an employer and not the AHA (Marketplace). I wasn't able to see them.

West Bloomfield: [Neil Simmerman](#) at Henry Ford West Bloomfield: Performed tubal ligation on 23 year old using filshie clips. Procedure and visits completely covered by Blue Cross Blue Shield FEP.

Note from another user: I also saw Neil Simmerman at Henry Ford West Bloomfield as a 27F and he approved me without much fuss on my first visit, with surgery scheduled for the next week. He made sure I was aware of other options such as Paragard but didn't try and fight me about getting sterilized. He performs multiple methods of sterilization including Essure, tubal with Filshie clips, and bilateral salpingectomy.

Note from another user: Approved 24f for bilateral salpingectomy after 5 minutes of discussion!

Wyoming: Alexander P. Dehaan, D.O. [Urology Consultants](#) in Wyoming, MI: Metro Health Village 2093 Health Drive, Suite 202 Wyoming, MI 49519 (616) 459-4171 | Zero problems getting a vasectomy, just the expected questions about reasons for wanting it. Approved for surgery at 20 years old, got the surgery at 21.

MINNESOTA

[Margaret Sweeney, MD](#), of HealthPartners Riverside (Minneapolis) and Bloomington. My primary care doctor referred me to her for a bilateral salpingectomy after it became clear that I wasn't backing down on sterilization. Margaret didn't question my decision once; just briefly went over my history of what I've tried, why those methods didn't work for me, and what I hadn't tried, verified that I wasn't interested in the non-permanent options I hadn't tried yet, and got me scheduled immediately. For what it's worth, I'm 31 and married with no children. I was also recently diagnosed with a couple autoimmune disorders, which could have played a factor in how easy this process was this time around. I really think Margaret would treat any patient the same way she treated me though.

Randy J. Rice, M.D. of Gateway Family Health Clinic in Moose Lake. My childfree friend had a vasectomy performed by him at age 27. I have gotten one done by him now at age 33. Neither of us were hassled or binged. Just explained the procedure and emphasized it's permanent. Had one visit for him to explain things and then two weeks later performed the surgery.

Danielle Schirm, DO, of Fairview Health Services in Burnsville. I was referred to her by my primary family doctor (Holly Hett at Apple Valley Medical Center) after letting her know my wishes. I scheduled an appointment with the OB/GYN clinic at Fairview Hospital in Burnsville and went in for an initial consultation with Dr. Schirm. She asked why I have chosen this choice (preference + family medical history) and why my husband isn't doing a vasectomy instead. Then she gave me 2 options: getting tubes tied or tubes removed, which reduces the risk of ovarian cancer. I decided on the latter and scheduled a bilateral salpingectomy for 3 months later. She did not have an attitude or was judgmental at all - she was rather friendly the whole time. No one in the office made any comments either. FYI I am 31 and married, no children. <https://www.fairview.org/providers/s/c/h/i/r/schirmdanielle-1212376934>

Katherine Eggleston, MD, of the Planned Parenthood St. Paul - Vandalia Health Center

Entire experience with the health center was very professional with no bingos and multiple staff mentioning that they would sterilize any adult that is making an informed decision. Initial consult

took maybe 20 minutes to go over the procedure and answer questions, and the procedure was tentatively scheduled later that day. Procedure itself was about a month later, and again, no bingos. Just confirmation that I was making an informed decision. Was 27 at the time of the consult and procedure. Had to travel for the surgery and was able to send in semen sample to a PP clinic in town 3 months later. Results were returned very quickly.

James Buss, MD, Fairview Brooklyn Park and Maple Grove Hospital. One meeting to discuss sterilization and I was signed up for my procedure 2 months later. Recommended bilateral salpingectomy over tubal. Should be noted that I was 30 at the time of the meeting so not sure if it would go as well for younger women. https://www.fairview.org/Providers/Bio/D_121685

Christy Boraas. http://www.umphysicians.org/providers/UMP_CONTENT_493124.html

Eric Heegard, MD via OBGYN West.

<http://www.obgynwest.net/meet-our-doctors/doctors/Eric-G.-Heegaard-M.D..html>

Thomas Gerst, MD via Allina Health Clinics, Coon Rapids.

<http://wellness.allinahealth.org/providers/631>

Gregory Steeber, MD via Health Partners Clinics

<https://www.healthpartners.com/locator/practitioner/detail.do?personnelId=2625> No longer working there.

Charlene Haapala, MSW/LICSW via Kind Mind Center, Hibbing <http://www.kindmindcenter.com/>

Dr. John Heller of the Metropolitan Urology Clinic in Minneapolis and the whole staff there from the get go was very CF-friendly. Was not made to feel uncomfortable or pressured to have a kid first, wait, or save sperm. Website is www.mucmn.com [2017 Oct 12 modmail : "the Metropolitan Urology Clinic in Minneapolis has closed. However, Dr. John Heller is still practicing part time in Glencoe, MN and can be contacted at <https://grhsonline.org/service/urology/>"]

Dr. Mary Mahoney, MD works at University of Minnesota and Planned Parenthood. She gave a talk at my medical school and stated she will give any woman a tubal ligation regardless of age (assuming must be over 18) or how many children she may or may not have.

http://www.fairview.org/Providers/Bio/D_120810. Note from a different user: I was able to get a tubal ligation from her at age 23 with no medical issues, and she did not bingo me or require me to jump through any hoops. Note from another user: I was also able to get a tubal ligation from her at age 23, no questions asked. We did decide it would be the best decision because I cannot use hormonal birth control due to a family history of stroke, high blood pressure and ovarian cancer

Dr Gabra - Minneapolis - Works at the University of MN Women's Health Center and is very supportive of patient autonomy, no pressure or judgement about being CF.

Dr. Ruth L. Merid - Saint Paul - 651-293-8100 - Approved a 22 yo f for a hysterectomy. Did require psych consults, one with SO and a family member. Unsure if it's required.

Dr. David Robert Bachman (retired): 13819 Hanson Blvd NW, Andover, MN 55304
<https://www.fairview.org/providers/BachmanDavid-736523866> [Vasectomy, F26] He was very informative on the process and how to reverse it if I ever wanted to. Very easy going as well as good jokes about the procedure. There were no bingos : he knew neither me or my wife wanted kids. I told him we had known for a while. Met with him without my wife immediately following yearly checkup with no appointment (just had to wait for him to finish his appointment) and talked for less than fifteen minutes. Made appointment with his assistant for ten days later. Day of operation was only in the office for an hour. Had to sign the legal paper, get anesthesia to take hold, less than 30 minutes for operation, and then wait until I could walk out to the car. He let my wife be in the room for support. Twelve weeks later for semen analysis. your age at the time of consultation and/or of the procedure: 26 years old, married for five years. I asked him during the procedure what was the youngest guy he gave this opportunity, and at first he said 21. Then he remembered another guy was 19 I think. Super cool guy and the first time I'm sending an Xmas card. | Can confirm. Went to Dr. Bachman on the preceding recommendation. Super chill guy. He explained everything well and didn't have a problem with my SO being present for the procedure. He prescribed me some Valium for the operation, and didn't bat an eye when my high-as-a-kite self asked him, "was that as good for you as it was for me?" I'd definitely recommend him to anyone.

[Dr. Gaertner](#) - Metro Urology clinic in Maplewood, MN. He also is affiliated with multiple hospitals in the area, including Abbott Northwestern Hospital and St. John's Hospital. Phone Number: (651) 999-6896. No bingos whatsoever for a vasectomy for a 28yo with no kids. Great guy. Very friendly and professional.

Dr. Matthew Banfield, Specialties in Minimally Invasive Surgery, Gynecologic Surgery, OB-GYN. (<http://www.parknicollet.com/bios/banfield-a-matthew>) Treats at Methodist Hospital 6500 Excelsior Blvd. St. Louis Park, MN 55426 (952) 993-3282. --- Dr Banfield approved and performed a bilateral salpingectomy on a 26 year old female. There were no bingo's, he only went through the motions of asking about my decision, mentioned long term birth control alternatives, and surgery risk factors. Right away, though, he assured me he would be okay with performing the surgery, and has performed many in the past. He recommended the bilateral salp. even before I brought it up. Great personality, light-hearted with a good sense of humor. He only required a pre-op to clear me for surgery and then I had the procedure done the following week. Everything went smoothly and I was given photographs of the removed tubes, as i'd requested. Note with private insurance (not through employers) there is a 30 day period between the consultation and surgery. That was what I was told, at least. I didn't have that wait since I have insurance via my employer.

Dr. Daniel Zapzalka-Park Nicollet Urology-28M went in for vasectomy consult, literally asked me two questions (do you have kids? You sure you don't want them?) and then agreed to the procedure and went over relevant patient education. Was able to schedule about a month and a half out.

Dr. Mark Taylor - Mankato Clinic. Asked for an IUD at 26. He suggested a tubal removal at my consultation since I was sure I never wanted kids. It was my first time meeting him. "I'd love to

give you a tubal." Very friendly. Funny, jokes around, but very straight to the point and makes things easy to understand. I had horrible hospital anxiety but it's disappeared completely since I've been seeing him. IUD migrated, he wanted to do an ultrasound, a mass was found on my ovary and we scheduled surgery right there. Decided to go ahead with a tubal in the same surgery since it was in my future anyway and they had to go in to remove the mass. Diagnosed with endometriosis during surgery. He was so anxious about whether the mass on my ovary was benign or not (it was rather scary looking and he'd never seen anything like it) that he called me with results the second pathology got back to him the next morning. While I was recovering from anesthesia he kept my fiance very informed and up to date. I'd trust this guy with my life.

Dr. John Hering - HealthPartners Riverside Clinic in Minneapolis. Referred to him by my normal NP as someone willing to sterilize women without children. During appointment mentioned being willing to sterilize women as young as 21 years of age. The only question he asked was if I understood that the decision was permanent, otherwise did not even ask why I wanted the procedure as he believes women are capable of making these informed decisions themselves. Lovely man, and his staff love him too!

[Dr. Samantha Pace](#) - Hennepin County Medical Center in Minneapolis. Went in for a hysterectomy consultation and was only asked about if I also wanted an oophorectomy and/or vaginectomy. When discussing hysterectomies she stated she believes anyone who wants a hysterectomy should be able to get one and is willing to work with younger patients. She is also trans friendly (nursing staff was only partially trans friendly) and willing to work with insurance.

[Dr. Jennifer Boyle](#) St. Luke's Obstetrics & Gynecology Associates (Bilateral Salpingectomy, laparoscopic) She just asked a few questions about whether I, 27 unmarried, had considered other methods and whether I was sure. They were willing to schedule the next month. The procedure was really easy and the whole surgical staff at St Lukes was wonderful.

Dr. Rebecca French at University of Minnesota Medical Center - Women's Health Specialists Clinic. (<https://med.umn.edu/bio/obgyn-faculty/rebecca-french>). I (25F, no kids, never married) got a referral from my primary to see Dr. French and she was great about everything. Said she prefers to do a bisalp, didn't seem bothered by my age. Surgery went well, highly recommend her.

MISSISSIPPI

Gulfport/Biloxi: [Dr. Jason P. Shannon](#). Not judgemental at all. Isn't CF himself, but totally supports and understands the reasons a couple may want to be "DINKs" for life. Very easy going and understood where I was coming from in my decision to have a vasectomy. Bonus points he lets you choose how you want to have the procedure done (no scapel, scapel, etc..) and explained the ups/downs of each. If I ever need urology care in the future this is my go to guy.

Jackson: [Dr. Mark Condon](#)(vasectomy). I showed up to the consult without my wife and the extent of him grilling me was: "So you don't want kids?" I said no, and he immediately moved

forward to the content of the consult. Incredibly professional and warm. Him and the whole crew put me at ease during the procedure.

Jackson: [Dr. Allen M. Haraway](#)(vasectomy). Serious couples are ok, unknown on individuals however.

Jackson: [Dr. Darden H. North](#)(tubal ligation) Dr. North isn't judgemental at all. His only response when I said why I was there was "You know what you want." The rest of the consult was discussing different options and available times. It was a great, low stress procedure.

Starkville: [Dr. Gordon Castleberry](#) . No-hassle no-scalpel vasectomy.

Hattiesburg: [Dr. Troy McIntire](#)(Tubal) Everyone at the Women's Pavilion is super nice and very supportive.

MISSOURI

Belton: [Steven D. Nash M.D.](#) Kansas City Urology Care. Performed a vasectomy for a single 28 year old.

Columbia: [Dr. Sara Crowder](#) Mid Missouri Gynecologic Oncology. New Patients: 855-203-2315. Used DaVinci robotics on a 33 year old woman to perform laparoscopic removal of uterus, fallopian tubes, and cervix.

Joplin: Dr. Jeffrey Cox (Tubal Ligation &&&&& Ablation) 1532 W 32nd St Ste 201 Joplin, MO 64804, (417) 624-1711

Kansas City: Dr. Austin Findley

(<http://www.kumc.edu/school-of-medicine/ob-gyn/faculty/austin-findley-md-mscr-facog.html>) KU Medical Center: (913) 588-1227. Approved 29/F unmarried CF woman for bilateral salpingectomy. Only questions asked were to ensure I understood the procedure's permanence and the inherent risks of surgery, and that I was sure this is what I wanted. Made a point of affirming that I'm an adult capable of determining what's best for myself.

Kansas City: [Dr. Madhuri Reddy](#) KU Medical Center: (913) 588-9200. Laparoscopic Bilateral Salpingectomy. Approved 28/F unmarried woman. Never asked about me having a partner. Approved over Zoom appointment during pandemic. Mentioned she's wary on doing it on patients under 25 with no children. Asked me what I would do if I hypothetically regretted my decision later. I told her in that unlikely event that I would adopt because I believe a lot of people have children they can't take care of who long for a home. She asked me why I wanted this and I said that it's something I've wanted since I was old enough to know better. That I wanted my decision as an adult to not want to procreate to be taken as seriously as people take a 16 year old who says she wants to keep her baby. Approved me right after that. Extremely nice and never asked "are you sure?" Even right before the surgery, just asked how I was feeling. Really felt like she took what I was saying seriously and never made me feel like I didn't know what I wanted.

Kansas City: Dr. Joan Schieber [Lintecum & Nickell](#)

Kansas City: Dr. Sarah Newman (Bilateral Salpingectomy in 32yo unmarried woman with no children) Meritas North Kansas City Hospital

Kansas City/Lee's Summit: Dr. Courtney Angell [Rockhill Women's Care](#)

Kansas City/Liberty: Dr. Kelly Nichols (Tubal Ligation) [Northland Women's Health Care](#)
Additional comment (2019-02-12): Performing a laparoscopic bilateral salpingectomy on married 22/F with no kids, required psychiatrist's approval due to bipolar disorder. Very non-judgmental, I didn't even have to justify my reasons for not wanting kids.

Kansas City/Liberty: Dr. James Magera, performed a vasectomy on a 27-year-old married male [Urology Specialists] — <http://www.urologyspecialistskc.com/>

Kansas City/Liberty: Dr. Kent Tegeler, tubal ligation, Northland OB/GYN.
<http://www.northlandobgyn.com/> He only asked if I for sure wanted the procedure, was not judgmental or nosy. Approved my surgery at age 22, unmarried, no kids.

Independence: Dr Robert Caffrey (bilateral salpingectomy) [Independence Women's Clinic]
<http://independencewomensclinic.com>

Rolla: Dr. Timothy Isakson (salpingectomy) [Phelps County Regional Medical Center] (Approved at 23 y/o, not married, no children. Two consultations and a psych evaluation)
<http://www.pcrmc.com/>

St.Louis: Dr. Christopher Yager (
<https://www.ssmhealth.com/find-a-doctor/doctor-details/christopher-d-jaeger-md>) [SSM Health DePaul Hospital - St. Louis]. Walked in, told him I have no kids, unmarried. Approved me at age 25. Very nice about it, no judgement, only asked if I was certain I want this done. He explained the risk but beyond that, he was fine with doing it.

St. Louis: Dr. Camaryn Chrisman Robbins, Bilateral Salpingectomy, Barnes-Jewish Hospital Center for Advanced Medicine (314)362-4211

St. Louis: Dr. Colleen McNicholas, Tubal Ligation, Essure, Bilateral Salpingectomy (approved at 25 y/o), Barnes Jewish Hospital Center for Advanced Medicine (314) 362-4211

St. Louis: Dr. Hawatmeh, South County Urological - <http://www.southcountyurological.com/>

St. Louis: Dr. Frederick Walters, South County Urological -
<http://www.southcountyurological.com/>

St. Louis: (Dr. Eric Strand, Barnes Jewish Hospital)[<https://doctors.bjc.org/wlp2/bjc/doctors/info/AKT005KK/Eric-A-Strand-MD>]; Approved a

tubal ligation for a 25 y/o. Very considerate and wanted to make sure that I was aware of all options.

St. Louis: Dr. David Eisenberg, Barnes-Jewish Hospital. 314-362-4211. Approved hysterectomy for a 27 y/o as well as other childfree women. LGBT friendly.

St. Louis: Dr. Christina Meddows-Jackson, Mercy Hospital. 314-200-4750. Approved tubal ligation at 26 with no children. Prior to that, approved IUD at 19.

St. Joseph: Dr. Krikor Partamian, Urology - approved vasectomy for 26M, married, no kids. 2303 Village Drive St. Joseph, MO 64506. (816) 232-6818

Independence: [Dr. Smith, Advanced Urological Associates](#) (2018 Oct 25 | MOD NOTE : According to original submitter, Dr. Smith no longer works at this place. No current cf-status known about the other practitioners at the place!)

Springfield: Dr. John W. Williams, Ferrell-Duncan Clinic, OBGYN 1000 E. Primrose Suite 400 (417)269-7900 (Essure and Tubal ligation) (2017 Nov 07 | MOD NOTE : Dr now retired last September)

Dr Weis at Ferrell Duncan clinic in Springfield, MO. Sterilized a 21yo f via bilateral salpingectomy 417-269-7900

Springfield : Barbara Wotherspoon Mercy Clinic 1965 S Fremont Ave #270, Springfield, MO 65804 (417)820-3890 : Agreed to sterilize me the first time I asked. Didn't question me, she just scheduled the procedure. I know she does the Essure procedure, but I'm not sure about any other procedures. She is an excellent doctor who also doesn't have children (though I don't think she is necessarily childfree). She is extremely professional and believes that women should have control over their body no matter their age or reproductive history.

Springfield: Dr. Geoffery Stanczyk, Mercy Smith Glynn Callaway Clinic, willing to sterilize 29F with no kids via tubal ligation with clips. Does not do bilateral salpingectomy procedure. Procedure has to be performed at Cox Surgery Center due to Mercy's Catholic philosophies against birth control, so check coverage with your insurance.

St. Charles County: Dr. Kirsten M. McDaniel, DO. & Marcy E. Haley, WHNP. Winghaven Women's Care Inc @ Progress West Hospital (BJC System). 20 Progress Point Parkway, Suite 200 O'Fallon, MO 63368. (636) 928-4884. Agreed to sterilize upon first mention. Refers to procedure as a tubal, but states that more often now they remove entire tube due to effectiveness & reduction of cancer risk. Did ask if absolutely sure, but no argument afterwards. **MUST NOTE:** More willing to sterilize someone such as myself who is in their 30s, with a stable life & relationship, *BUT* admits that though she thinks still a bit young, some women in their 20s DO know what they want & are firm in their decision. SO basically not 100% CF, but not 100% anti-CF either.

O'fallon, St Charles County: Cory Miller, MD 20 Progress Point Pkwy, O'Fallon, MO 63368.
(636) 344-1073 Very easy to talk to, believes in patient autonomy and is willing sterilize anyone over 21, state law doesn't permit him to do so to women under 21.

MONTANA

Billings: Dr. Kyla Carlson - Billings OBGYN - <http://www.billings-obgyn.com>

Billings : Dr. Sironi - Billings OBGYN (salpingectomy on a 21 year old)

Billings: [Dr. Daniel Swanson MD Urologist](#) at The Billings Clinic 801 N 29th St Billings MT 59102 (406) 238-2894, "I support child free decisions and will do a vasectomy to help a man achieve his goal, regardless of age."

Helena: Timothy Grossman (Vasectomy) - two month wait from the initial consultation

Missoula: Blue Mountain Clinic - <http://bluemountainclinic.org/> 406-721-1646

Missoula: Dr. Jennifer Mayo - Western Montana Clinic - <http://www.westernmontanaclinic.com/> - 406-721-5600

Second user note: I just wanted to give a bit more information about one of the doctors (...), Dr. Mayo in Montana approved me for a Bilateral Salpingectomy at 22, and is very friendly and personable.

Ronan: Dr. Ed Vizcarra - St. Luke Hospital - <https://stlukehealthcare.org/ed-vizcarra-md/> - 406 676-3600 (vasectomy on 27 y.o., unmarried with SO)

NEBRASKA

Omaha: [Dr. Sarah Gernhart, MD via OBGYN](#), link to general [Contact Info](#) for Methodist Women's Center. (Essure &&&&&&& Tubal Ligation)

Omaha: Dr. Kenneth Blad, MD. <http://mrhsomaha.com/kenneth-blad/> Located at Midwest Regional Health Services.

Omaha : Dr. Brian Karre and his office is Methodist Indian Hills office, he operates at the Methodist Women's Hospital. He does essure and tubals. (gave tubal to 24F)

Omaha: Dr. Sonya Tran, MD, Mid-City OB/GYN - ok'd married 28F for a bilateral salpingectomy after a consultation. She said BSs are the main procedure she does and she never asked for my reasons!

Omaha: Jodanne (Jodi) Hedrick, D.O., [Mid-City OBGYN \(402\) 397-6600](#) - Did not ask questions other than "are you sure this is what you want?" No judgement, she said the youngest female she sterilized was 22 years old, unmarried, no kids.

Omaha: Dr. Christopher Deibert, MD. Multiple locations, seen at [Lauritzen Outpatient Center](#). (402)-559-4292 - Required a consult, but only asked why I wanted a vasectomy, early-20s single male. Gave no resistance to the surgery.

Lincoln: Dr. James Maly, MD, FACOG - Women's Clinic of Lincoln - <http://www.womensclinicoflincoln.com/> - 402-434-3370

Lincoln: Dr. Sharon Hier-Diffin, D.O. - Doctors of Women (<https://www.doctorsofwomenlincoln.com/>) - (402)-488-4022 - Performed a tubal ligation and ablation on 24F. Asked very few questions beyond making sure you understand the implications of the decision. She did ask for a letter (as short as a paragraph) from my mental health provider just to state that there are no underlying mental health concerns that could influence making that choice given my age. She is so incredibly kind and non-judgmental about everything. She takes a wide range of insurance providers and most providers in our area code tubals as birth control and are as such covered 100% by ACA.

Hastings: Dr. Tyler Adam, MD (<http://www.obgynnebraska.com/>) - Bilateral salpingectomy - no judgement, no questions asked.

NEVADA

Las Vegas: Amy Rosenbaum, DO and Kord Strebel, MD - [Women's Health Assoc. of S. Nevada - Central](#) Low hassle full salping-oophorectomy and hysterectomy. Mainly made sure I knew all of the consequences (menopause). Takes Silver Summit Medicaid.

Las Vegas: Dr. Lawrence Newman - [Newman Urology](#). No hassle vasectomy approval.

Las Vegas: Dr. Raul Romero-Joseph - [Southwest Medical Associates](#). No hassle Essure, IUD's

Las Vegas: Dr. Robert Gatlin - [Nevada Women's Care](#). Essure, Tubal, and IUD's.

Las Vegas: NP Sheila Tack

North Las Vegas: Dr. Mark G. Henderson - Tubal, Endometriosis, Ablation. Not explicitly CF-friendly but made sure I knew it was permanent and agreed to do the procedure (he was under the impression that I was 26 when I was actually 36.) Not reluctant to do tubal but suggested hubby have vasectomy so I didn't have to undergo surgery. Has a bit of an odd personality. You will be required to sign a form stating that you understand sterilization is permanent.

Reno: Dr. Harold Chotiner [Saint Mary's Medical Group/Greater Nevada Women's Group](#). No hassle bilateral salpingectomy, tubal ligation.

Reno: Dr. Staci Paul - OB/GYN Associates (<http://www.obgynreno.com/our-doctors.php>) - Instantly agreed to give me (30 yr old) a bilateral salpingectomy. I have no children. The instant I brought it up, she was on my side about it. No bingos, no attitude, no additional requirements.

When I gave her my reasons (not that I was prompted) -- with the most important being that I simply didn't want kids -- she didn't question me in the slightest. Really pleasant person and a surprisingly no-hassle experience and quick agreement for the procedure.

Dr. Iolanda Edsall -OB/GYN Associates I adore Dr. Edsall. I was 22 when she agreed to do my bilateral salpingectomy. I had just turned 23 once I got the surgery. She didn't once question me when I told her I wanted the surgery. During my consultation she said, "bottom line is that you know your own body." She seemed to really take her time answering my questions. She even asked if I wanted her to talk to my unsupportive family and reassure them this was my choice. The staff was also supportive.

Henderson: Dr Elena Langdon - She's not explicitly CF. She waited until later in life to have her own kids, she will push for other options but she will do a salpingectomy. She's Russian. Very to the point and blunt. (I like that type of attitude but I would see why others wouldn't). The staff is super supportive.

NEW HAMPSHIRE

Dover/Rochester: [Dr. James Betti](#) Professional but exceptional sense of humor. Excellent staff. Same practice as Dr. Michaels below-suspect entire practice may adopt this attitude.

Dover: [Dr. Michael J. Michaels, MD](#) Very Professional, no-hassle vasectomy. Fun staff from start to finish.

Dover: [Dr. Anne Kalter](#) Highly recommend. She said she would perform sterilization on anyone of legal age. She prefers bilateral salpingectomy due to effectiveness and reduced risk of cancer, but will also do clips or rings. No questions asked, very kind and supportive. "It's your decision."

Manchester: Manchester Obstetrics & Gynecology Associates, [Dr. Brenna Stapp](#). Tubal Ligation/Tube removal. Super professional and kind. Very supportive, not judgmental. Friend was 23/no kids and I'm 28/three pregnancies/no kids, and it was no questions asked for both of us. Surgery scheduled for less than a month after consultation. Highly recommend.

Nashua: [Dr. Karen Flaherty, APRN](#) Actually, the entire practice is friendly. [Women's Care of Nashua](#). Very supportive in IUD process, no judgement. Cooperative scheduling.

Portsmouth: Harbor Women's Health [Dr. Caroline Scoones, MD](#) Everyone I've talked to is so nice and supportive. Dr. Scoones was very understanding and didn't question my decision.

NEW JERSEY

Andrew Blechman, MD-Meridian Health System, 1944 State Route 33, Ste 205, Neptune, NJ 07753 Went in for Essure but it didn't work so he tied my tubes in the same procedure.

- Moved : "3499 U.S. 9 North, #2b, Freehold, NJ 07728 I am 24 years old and opted for a tubal ligation. He is doing it with no questions." 2/24/17 Update: Easily agreed to tubal at 22 years old. Said "You make your own decisions." Also actively suggested ablation without prompting.
- 7/1/19 - Seconding Dr Blechman, I [27] went in for tubal/ablation to resolve fertility AND bleeding; no horrid questions, he let me know what to expect from ablation & what we'd do if it failed.

Dr. John Hosay, 2555 JFK Blvd, Jersey City, NJ 07304. 201-433-9666. No hassle vasectomy approval

Millburn: [Eric Seaman](#) 225 Millburn Ave #304, Millburn, NJ 07041. Hassle free no scalpel vasectomy

Lebanon, NJ: [Advanced Obstetrics and Gynecology](#), Dr. Dierdre C. Masterton. Supportive of tubal ligation decision, went through all the options including essure and paragard. No questions about why I don't want kids or hassle about doing these procedures for someone with no kids.

Dr. Matthew Hall - Sparta health and wellness, skylands urology. (<https://www.skylandsurology.com/matthew-hall.html>) No hassle or bingos. went in, told to mull it over for 2 months. 2 months later i was snipped! At 25! No issues at all, extremely professional.

Doctor Zimmerman, [Morris Urology](#). Denville and Mine Hill. Professional and respectful discussion about getting a vasectomy. No pressing on reasons, just a complete explanation of the procedure and making sure I was certain it was what I wanted.

Dr. Christian T. Hoffman III, MD Obstetrician-Gynecologist: Address: 1 Quakerbridge Plaza, Hamilton Township, NJ 08690 Phone: 609-631-6899 Website : <https://www.rwjbh.org/doctors/christian-hoffman-iii-md/>

I [21 F] was offered a tubal or essure with very little questioning. Said he was happy to be added to our list.

Edit: Can confirm. He performed my[25y/o] tubal ligation March 2019 and was friendly, understanding, and supportive. Barely any pain from the operation as well. Hospital staff at RWJ were also great, non-judgemental and made sure I was comfortable the whole time I was there pre- and post-op.

Dr Randy Klein, MD [The Doctor Is In | Locations: Clinton, Flemington, Phillipsburg] Offers in-office vasectomies. Requires a prior consult appointment. Asks minimal questions (Why don't you want kids? What would you do.... (basically, don't sound like an idiot. Have good answers ready)) Dr has performed vasectomy on as young as 23 with openly no children and single.

Dr. David Shin, MD Urologist: Address: 360 Essex St #403, Hackensack, NJ 07601 Phone: (551) 996-8090 Website : http://www.hackensackumg.org/directory/Shin_David/

I [24 M] consulted about a vasectomy. Dr. Shin and his staff not only were very respectful but actually commended me about my reasoning for wanting to get the procedure done. Everyone was very friendly, the procedure was done in office and I didn't feel a thing. I have bipolar disorder so the only minor setback was I had to get assurance from my psychiatrist in a written letter declaring that I was of sound mind to make this decision which made sense. I definitely recommend him if you can get an appointment.

Deal Lake OB, 514 Bangs Ave, Asbury Park, NJ 07712, (732) 774-0200

I [18 F] asked for an IUD. Throughout having to have my period induced to insertion, I was never once hassled, persuaded, or condescended to. The entire office is filled with wonderful people that made everything as easy as possible.

Dr. Dana Jacoby, 41 N Gilbert St, Tinton Falls. Gave me a tubal at 22. It took a lot of convincing, he wasn't comfortable doing it on someone so young but eventually he agreed. You'd have an easier time if you're late 20s or older but may be worth a shot if you're younger.

NEW MEXICO

Dr Sheila Cepeda, Christus St. Vincent Women's Care Specialists, Santa Fe, NM 505.984.0303 <http://www.stvin.org/sheila-cepeda-md>

Las Cruces: Dr. Rebecca Coalson, 2930 Hillrise Dr #2, Las Cruces, NM 88011. (575) 521-1889 She is willing to do Essure for me as long as I'm 100% certain. She didn't ask me why I don't want kids, and said she has performed Essure for CF women before. Very nice and considerate.

Albuquerque: Dr. Alana Williams, Women's Pelvic Specialty Care Clinic at Lovelace Women's Hospital. Performed laparoscopic bilateral salpingectomy. Additional: Performed bilateral salpingectomy on a second redditor, aged 22, and told her she has done them on patients as young as 21. She told this woman that she was an adult and could make decisions for herself, and did not have to be persuaded, or give bingos or pushback. Additional: Dr Williams approved a 27 year for a bisalp. No pushback or bingos and very supportive of bodily autonomy.

Farmington: Dr. Mark Fisher, Southwest Obstetrics & Gynecology (<http://www.southwest-obgyn.net>). Very kind and considerate. Approved laparoscopic bilateral salpingectomy without any bingos and without questioning my decision not to have kids. 100% supportive with the best bedside manner of any doctor I've ever encountered.

NEW YORK

Albany: [Dr. Christopher Bloss](#) - Said he believes more in autonomy than his personal ethical views. Was willing to schedule and perform sterilization.

Albany: Dr. Peter Cole at [Obstetrics and Gynecology at Albany Medical Center](#) - Has been my doctor for my entire adult life and is just all around wonderful. When I requested to be sterilized, he said he believed in body autonomy and didn't question my decision. Amazing bedside manner!

Albany: [Dr. Robert Welliver - Albany Med Urology](#) - 23 Hackett Blvd, MC 208, Albany, NY 12208. Was super chill when we went in to talk about my fiancé getting a vasectomy. No bingos, no belittling, simply asked if we were cool remaining childless and moved on to discuss scheduling. Provides his vasectomy patients with script for Valium for nerves. Doc had a very pleasant, relaxing bedside manner and allowed me to sit in on the procedure as well. Had a resident assisting, so procedure was very quick and easy.

Binghamton: Dr. Dennis Perenyi practices with UHS Gynecology. 4417 Vestal Parkway East Vestal NY, 13850. He gave me (23F) a bilateral salp.

Johnson City: Dr. Michael Castello, DO practices with Upstate Urology of UHS, 30 Harrison Street S460, Wilson Square 13790. Agreed to preform vasectomy on 23 male, procedure was on at 24 due to delays with covid. Didn't get any bingos as he said i was an adult capable of making my own decisions.

Geneva: Jennifer Lavanga, MD 200 North St Ste 101, Geneva, NY 14456 Simply asked for sterilization on the first meeting with her. Said no problem, no bingos, no hassles. "Your body, your decision."

Jamaica: Dr. Amy Lai, 8906 135th St #6S, Jamaica, NY 11418. Agreed to perform tubal ligation (cauterize tubes) on 23 year old. First visit, I brought up sterilization, she asked if I knew it was permanent (I do), no further questions. Had to schedule a mandatory counseling session (about 10 minutes of paperwork) which is required for my insurance purposes.

Ogdensburg: Dr. Andrew Ogden OB/GYN Fishel clip tubal. Did on me, just asked if I knew it was permanent, zero bingos, or hassle. Very down to earth doctor.

3 Lyon Pl # 300, Ogdensburg, NY (315) 393-6186

Rochester: Dr. Morris Wortman: Menstrual and Reproductive Health Clinic- 2020 South Clinton Ave, Rochester NY, 14618 <http://www.cmdrc.com/>

Rochester: Dr. Joseph Scibetta, 125 Lattimore Rd. Rochester, NY 14620

Rochester: Dr. Nancy McKnight - Rochester Gynecologic and Obstetric Associates <Http://www.rgoa.com> Dr. David Gandell - RGOA.

Rochester: Dr. Laurence Donahue - [Urology Associates of Rochester](#) 995 Senator Keating Boulevard, Rochester, NY 14618

Rochester: Dr. Melanie Butler - [Urology Associates of Rochester](#) 995 Senator Keating Boulevard, Rochester, NY 14618 - No Scalpel Vasectomy

Oswego: Dr. Raj Mahajan - [Oswego County OB-GYN](#) 42 Montcalm Street, Oswego, NY 13126 - Approved for Bilateral Salpingectomy at 21 y/o

Saratoga: Dr. Stefanie Alison - [Saratoga Gynecology Associates] 1 West Ave #305, Saratoga Springs, NY 12866 - Just asked questions about why I wanted to get sterilized. She believes in full body autonomy.

Syracuse: Dr. Mark Adelson - [Mark Adelson, M.D.](#) 1200 E. Genesee St. Suite 205 Syracuse, NY 13210 Phone: (315) 423-4222

Syracuse: [Dr. Beth Houck](#) 475 Irving Ave Suite 406 Syracuse, NY 13210 phone 315-671-5310. Performed a bilateral salpingectomy on a 29 year old CF woman without questions, and was happy to schedule her for the procedure.

Buffalo: [Dr. Suzette LaJeunesse](#) at Buffalo Medical Group - Bilateral Salpingectomy - She does full tube removal as it is the preferred method in the field - No BINGO'ing just nice and simple.

Buffalo: [Dr David Lillie](#) - No scalpel vasectomy

Buffalo: [Dr. Joseph M. Greco](#)

Buffalo: [Dr. Andrea Walsh](#) - DeGraff Memorial Hospital 445 Tremont St. North Tonawanda, NY 14120 (716) 690-2334

She said yes to my tubal, no questions asked!

Buffalo: [Dr. Judith Ortman-Nabi](#) Dr. Nabi did not bingo me at all which is crazy because I am 18, nulliparous, have never used any method of BC and I've never been sexually active. She asked about my history with birth control and if I've ever been sexually active. Dr. Nabi's method of sterilization is bilateral salpingectomy. PM [u/beforeihitthewall](#)

for any questions!

Fishkill, Hopewell Junction, Poughkeepsie: [Dr. Padmavati Garvey](#)

Agreed to perform bilateral salpingectomy on overweight, childfree 25-year-old who had been patient of doctor for 8 years and had difficulty using IUDs and oral contraceptives. She will offer and discuss IUDs and oral contraceptives first, if you aren't already on those. Doing so is required for her practice.

Nassau County: [Dr. Seth Plancher](#) Garden City OBGYN, 877 Stewart Ave #30, Garden City, NY 11530, (516) 222-1033 - Although I haven't actually had a tubal, when I inquired about sterilization during one of my yearly visits, he said sure. I even asked him, "Really? Even though I'm under 35 and have no kids?", and his response was basically, "Yeah, of course." Total

non-issue. This doctor also has wonderful bedside manner. I'm moving to Brooklyn this year, but as long as he's still in practice, I won't bother looking for a more conveniently located gyno. Doctors like him are a rare find, so I'll deal with the trip to Long Island.

Nassau County - Great Neck/Manhasset: [Northwell Health OB/GYN \(A division of North Shore University Hospital\)](#). 865 Northern Boulevard, Suite 202. (516) 622-5202. Bilateral Salpingectomy. An outside doctor referred me to a doctor there who referred me to the clinic. Did a consult with the clinic. (If I remember correctly, surgery consults are only done on Thurs evenings.) Later, I got an appt for pre-surgery clearance and the surgery. I found out who I was assigned during the clearance appt. Everyone, day of surgery, had such great bedside manner.

New York City: [Dr. Bobby B. Najari](#) He mentioned he's actually childfree himself while we were discussing my no scalpel vasectomy, so you couldn't ask for a more sympathetic visit. During the procedure he was freakishly smooth...they warned that it wouldn't hurt but I might feel tugging, and I didn't even feel that. It was as if nothing was happening at all. Couldn't recommend him more highly. Very personable and understanding, and makes sure to explain what he's doing so all expectations are clear along the way.

New York City: [Dr. Kelly Halstead](#) did my Essure, no questions asked

New York City: [Dr. Robert Berg](#) - Dr. Berg approved me for a laparoscopic bilateral salpingectomy without batting an eye. In fact, he seemed surprised that I had to consult a few doctors before finding him. Many reviews online say he has bad bedside manner, and handles his patients roughly, which I can agree with in a way. He is very matter-of-fact and during my physical exam he would touch me without much warning. He never crossed a boundary though, I just want to give people a heads up. He is a very pleasant person but I think he forgets to check in with patient's comfort levels. Also another warning, his office staff is pretty rude and impatient. However with all of the unpleasantness, the surgery went flawlessly. I am recovering without any complications and feel so much better off.

Visited on 07 Feb., 2020: I'd agree that he performed the exam without much warning. However, we were also discussing my love of opossums, so... Dr. Berg was absolutely delightful and put me at ease very quickly. He's funny and doesn't beat around the proverbial bush. He has *no* problems sterilizing anyone as long as they know what they want and are of legal age. I had no problems with the rest of the staff either, I would 110% recommend that office.

New York City: [Dr. David Weiner](#), yes a urologist named Dr. Weiner. Super-friendly, extremely informative. At my vasectomy consultation, he asked how many children we have. I considered lying, but told the truth anyway. "Oh. Do you guys travel a lot?" Not as much as we'd like to, I responded. "I just ask because a lot of the couples I do this for travel a lot and want to keep it that way." That was it. No judgment. He said he does vasectomies for non-fathers all the time. Great experience.

New York City: [Dr. Peter Wong](#) - Mott Women's Healthcare LLC. If you're under 30, haven't had any kids, and want a tubal ligation please be aware that you will have to pay a copay at each of

the three visits (the three providers with whom you will meet are Dr. Angie Li, Dr. Edward Chan and, finally, Dr. Peter Wong, the DO) before they will schedule tubal ligation surgery as they want to make sure that you fully understand the procedure and its implications. They'll perform Essure, basically 'no questions asked', in office. Waiting times at this office are very long (1-2hrs) most days so bring work to do or a book to read.

New York City/Brooklyn: [Dr. Edward Zoltan] I'm 30, unmarried and with no kids. He wasn't particularly a fan of my decision but it didn't take much. Scheduled for next month.

New York City-Manhattan: [Dr. Doron Stember](#) Affiliated with Mount Sinai. Scalpel vasectomy with the only two questions being "do you have kids" and "how long have you not wanted to have kids."

New York City-Manhattan: [Dr. Sarp Aksel](#)

New York City/NYU Langone Women's Center: [Dr. Dana Gossett](#) (referred bilateral salpingectomy for 30F, no kids) - great listener, didn't make me feel rushed with the information I felt I needed to tell her. Not once was I asked "are you sure?".

Niagara County / Cheektowaga: [Dr. Brian Rambarran](#)

Ithaca: [Dr. Phaelon Silva - ObGyn Associates of Ithaca](#)

Ithaca: [Dr. Vohra- Ithaca Urology](#)

Ithaca: [Dr. Dvorah Milner, via consultation with her NP, Marie Harkins \(a midwife focused on gynecology, not babies\) - CMA Women's Health](#) Went in to learn more about the potential procedures, discussed everything *thoroughly* and went into technical detail when I wanted it. Approved for tubal ligation or bilateral salpingectomy (my choice) at 32 years old, no pregnancies ever. Harkins was very supportive and holistic, making sure to account for my overall health without questioning my choice. She was sympathetic to the judgment women who don't want children face. The local Planned Parenthood said this entire practice is very woman-focused and supportive, and I believe it. Strangely, a highly enjoyable consultation and cervical screening. 2019.

Hudson Valley (Dutchess County): [Dr. Christine Beer](#) I went in to discuss sterilization with her and told her I was sure at 29 that I do not want children. She suggested bilateral salpingectomy as it is her preferred method and said she does not perform Essure placement any longer. The initial visit and surgery could not have gone better.

Saratoga Springs [Dr. Amos Cutler](#) Saratoga OBGYN at Myrtle Street 59 Myrtle Street Suite 100 Saratoga Springs, NY 12866 Phone: 518-587-2400 Agreed to perform a bilateral salpingectomy on a 24-year-old woman. Makes sure you understand what the procedure entails, but does not bingo. Very informative.

NORTH CAROLINA

Asheville: [Dr. Michael B. Burris](#) Comfortable with sterilizing a young person (23 yo) but will remind you that it is permanent birth control. Consultation for vasectomy lasted about 15 minutes, accepted the reasons of "just never wanted them", did a quick checkup, and then scheduled me. Understood that I had done my research and have made my decision. Does three separate measures to make sure it never reattaches, very thorough.

Chapel Hill: [Dr. R. Matthew Coward](#) Urology, Pronounced "Cow-er," Vasectomy for 21 year old. Had a few questions for me during consultation, but after answering with well-thought out responses (did a lot of research on here) he seemed satisfied. Never tried to talk me out of it or change my mind.

Chapel Hill: [Dr. Michael Evers](#) OBGYN, Essure for 25 year old

Chapel Hill: [Dr. Joshua Hardison](#) OBGYN *Tubal ligation but lots of questions and he said he thought I would change my mind * Different Redditor here: My experience with Dr. Hardison was great, but I also came in very informed and confident in my decision. He did not try to dissuade me or tell me I would regret it. We reviewed the various options and risks and decided to tie the tubes. He paid special attention to my health and history to help me make the most informed decision.

Chapel Hill : Amy Bryant, MD, MSCR

(https://www.med.unc.edu/obgyn/Patient_Care/specialty-services/family-planning) UNC OBGYN Family Planning Bilateral salpingectomy for 25 y/o . Different Redditor: performed bilateral salpingectomy on 28 y/o. She did not bingo me. Very professional and supportive of me and my decisions. She is also a professor at UNC-Chapel Hill and often has students in surgery with her. There was a Fellow and a Resident helping her for my surgery. This hospital facility is also amazing and very efficient. I was impressed. I highly recommend. *Different redditor: Bilateral Salpingectomy for a 24 y/o. No bingos, very comforting. When we met initially for our consult she said "Did you get my name from somewhere, because I operated on another girl about your age and it just seems like a coincidence". Surgery was quick and everyone at the hospital was great.

Concord: [Dr. Kimberly Newman](#) Allowed a 19 year old to get the Paragard and was excellent during the procedure. Permitted same person, now aged 22, to get a tubal ligation. Very understanding doctor with a great attitude and someone who is genuinely happy to improve her patient's well being! Highly recommended her for anyone looking in Charlotte/Concord area.

Note 2019-06-18: Another user looking for sterilization was binged and not taken seriously. Proceed with caution and please report any further incidents, on second negative we will remove the recommendation.

Charlotte: [Dr. Jack Lucas](#)

Charlotte: [Dr. Daniel L. Watson](#), Urologist. Approved and performed a vasectomy on a 30-year-old. Was supportive, informative, and unbiased. He did ask how many children we had, but was unfazed when we said none. He did mention that the success rate for reversing

vasectomies isn't great, so don't go into it unless we were sure. As soon as we confirmed that we wanted to move forward, he said, "great, let's get you on the schedule." He made us feel very comfortable. He was also hilarious and great to work with.

Charlotte: [Dr. Lisa Wilson](#) Tubal. Super supportive, very professional and generally just great to work with. **Edit 2020-01-07:** Currently not taking new patients. But please call to verify yourself as this status may change yet again, this is just a cautionary notice.

Charlotte/Matthews: [Dr. Thomas H. Phillips](#)

Durham: Dr. Maria Elena Arias, OBGYN. Uncomfortable with idea of sterilizing young person (23 yo), wanted me to make an appointment with a psychologist &&& another family planning clinic to get more information on my record in regards to wanting to be sterilized. Ultimately said that she will do it after I have the 2 other appointments. Very kind doctor, and did not make me feel disrespected or treat me like a child, she just felt uncomfortable doing the procedure before I go through the other avenues. Youngest person she had sterilized was 28 years old. **Mod update:** As of Oct/Nov 2018, the doctor has retired.

Durham: [Dr. Jason R. Rothman, MD](#) Vasectomy for 26yo; Asked a few questions about life goals but nothing about regrets, changing minds, etc. Scheduled procedure within a week after initial consult appointment. He said he had done procedure for a 21yo, but wants patients to come in to consult appointment fully informed.

Durham: [Duke Health](#) Henry N. Pleasant Jr., MD. *User note:* "Performed bilateral salpingectomy on 25 year old female with autism spectrum disorder after 2 GYN appointments and psychiatrist approval. This doctor was very respectful and I highly recommend him for pursuing any form of childfree friendly GYN care. I was never belittled or binged by the doctors or the staff at Duke Health GYN. I highly recommend Duke Benign Gynecology at North Duke Street, Durham, NC for childfree friendly GYN care. Team and psychiatrist at Duke Autism Center, Durham, NC was also childfree friendly care provider."

Fayetteville: [Dr. Alan "Shay" Davis](#) Performed laparoscopic bilateral salpingectomy on 26 year old patient, when I tried to explain my reasons he stopped me to say that I know myself more than he does and he has no problem with it if it's what I want. He's an excellent OBGYN and gave me an IUD years ago as well. *different redditor(hannahjustine)- bisalp on 25F patient with no children. Simple and to the point. No extra questions asked outside of the medically necessary questions. I drove from Durham so he asked me how I found him. I mentioned this lovely list and he seemed indifferent(ie not upset that he is listed). He is very educated and experienced with what he does.

Greensboro: [Dr. Michelle L. Grewal](#) OBGYN; Gave lots of options towards BC with current information and support. Approved 24F with no children for Tubal Ligation.

Greensboro: [Dr. Kelly Fogleman](#) OBGYN; Gave lots of BC options. Was hesitant to approve bilateral salp for childfree woman under 26 (patient was 25 at time of request) but ultimately approved surgery. Said she didn't want to stand in the way of bodily autonomy.

Greenville: [Dr. Beverly Harris](#)

Greenville: [Dr. Scott Avery](#). Performed laparoscopic hysterectomy (uterus and cervix removed--ovaries left intact). Requirements: 21 or older, approval for a psychologist--got approval in one session.

Jacksonville - Camp Lejeune: [Dr. Roderick Doss](#) Performed bilateral salpingectomy. Minimal questions asked.

Mooresville: [Dr. Nicole Wellbaum](#) Lake Norman Ob-Gyn (704-663-1282) Performed a salpingectomy on a 21F in December, 2018. I originally asked about tubal ligation for sterilization, but Dr. Wellbaum recommended a salpingectomy for its additional benefits once she knew I wanted to be permanently sterilized. I was never once asked if I had a partner, let alone what they thought about it. Dr Wellbaum's only concern is that I was of legal age (21 in the US). I was only asked once if I was sure, the morning of the procedure. When I responded yes, she smiled back at me. Dr. Wellbaum has also agreed to perform a total hysterectomy on me at a later time--the later date is due to my personal schedule, not any concerns on my age. Possibly important: I have been seeing Dr. Wellbaum since I was a teenager, and she's know for many years I've never wanted children. Unsure if longer term trust is necessary. Will ask her at my next annual visit and update this entry. Highly recommended for Charlotte/Concord/Mooresville/Troutman area! She is absolutely worth the drive for wonderful medical care.

Morehead City: [Dr. Nicole D'Andrea](#). She isn't childfree but agreed to my bilateral salpingectomy with minimal questioning. Very kind and informative too. This was in 2017 and I was 26.

I am a 21 F and she first gave me a pamphlet for an IUD BC and had me come back in a month. I had to tell her all the reasons why this BC and BC in general was not right for me, as well as to tell her why I did not want children. Dr D'Andrea has since sterilised this patient.

Morrisville: [Dr. A. J. Koehler](#) OB/GYN Performed Endometrial Ablation, bilateral salpingectomy and cervical NEEP. Was very supportive and happily went over all of the options and pros and cons of each.

Raleigh: [Dr. Lee Ann Roberts](#) 5816 Creedmore Road, suite 209, Raleigh NC 27612. (919) 881-7766. Tubal ligation for 28 year old woman, with no bingos.

Raleigh: [Dr. John Marks](#) GYN (not an OB), very supportive of long-term contraceptives and sterilization - He no longer does surgery he will however get some colleges to do a tubal

Raleigh: [Dr. Charles Monteith](#) (Minimally invasive vasectomy) *100% recommend Dr. Monteith. Vasectomy on a 26-year-old male with no kids. The procedure took 15 minutes maximum. Dr. Monteith explained every step (making jokes throughout to make the procedure less stressful), AND didn't even require a consultation visit prior to the vasectomy. He offers a consult+vasectomy at the same appointment as an option if you are sure you want the vasectomy. No bingos. He asked "So, you have no kids and don't want any?" We said "Nope,

none for us". He said "Well, this is a great decision for you to make then! Do you have any questions about the procedure?" Also, he does scalpel-free vasectomy and everything heals super quickly. Minimal soreness. Didn't even need to take ibuprofen after. Highly recommend.

Raleigh: [Dr. Rosemarie Newman](#) Requirements: 21+, approval from a mental health professional.

Raleigh: [Dr. Charles Viviano](#)

Salisbury: [Dr. Erin Grey, DO](#) Tubal ligation for 31yo

Whiteville: [Dr. Martin Woleben](#) Tubal ligation on 24-year-old

Cary: [Dr. Vijay Sheshadri](#) Essure for 29yo - Binged my wife (then 31) and I (then 33) for discussing sterilization.

Raleigh/Wake Forest/Cary: [Associated Urologists of North Carolina](#) Vasectomies

Wilmington: [Dr. David Kraebber](#) Vasectomy - 29 yo, single

Wilmington: [Dr. Lee Ann Garner](#) Bilateral Salpingectomy - 28yo, single. Best Dr I've ever had! No bingos, did offer IUD option, but was open to my conviction that bisalp was best for me. Very supportive, went to bat for me when another Dr. was being difficult. One consult, and surgery was scheduled for 3 weeks out, but was rescheduled due to COVID-19. Her office was straightforward and extremely flexible and supportive given the scheduling complications. Super considerate, reassuring, and kind, great bedside manner, excellent surgeon. She even re-used a previous scar so I wouldn't have more scars on my tummy! A model for other physicians to follow.

NORTH DAKOTA

Bismarck: [Dr. Christie Iverson](#) Tubal ligation. Asked me if I understood it was permanent and that it'd be easier for my partner to have a vasectomy. Didn't give any pushback, just took medical history and brief explanation of procedure before making appointment (30/f).

Bismarck: [Dr. Michelle Tincher](#) IUD. Discussed potential risks and benefits and helped find the best option for me. Helped me talk to my insurance company. Very pleasant and understanding.

Bismarck: [Dr. Kimber Boyko](#) Vasectomy at age 25. Very nice and friendly. Nursing staff was very nice as well.

Bismarck: [Dr. Karim Chourtemanche](#) Vasectomy at age 33. Staff was very friendly. Dr. Courtemanche asked some routine questions to make sure I understood that this was permanent and that I was of sound mind. Never got push back from him. The procedure was quick.

Dickinson: [Dr. Erica Hofland](#) Tubal ligation at 33, not married. Asked if my partner was willing to have a vasectomy and then scheduled surgery.

Fargo: [Dr. Todd Gray](#) (Vasectomy)

Fargo: [Dr. Jordan Coauette](#) (Essure)

Fargo: [Dr. Stuart Topley, MD](#) (Vasectomy) Had the Vasectomy at the West Acres Essentia clinic. During the consult he only asked If I had kids, and If I did not want kids. No bingos at all which surprised me, Single and 28. During the consult I asked him the youngest age he would do one and he said his youngest was 22, but usually he would do them 25+ with no concerns. Procedure was very easy, no complications.

Fargo: [Dr. Jason Myrmoe](#) Vasectomy at age 26. He and his nurse just made sure I understood the risks/rewards and were very friendly and funny!

Fargo: [Jennifer Janke APRN, CNM](#) (Contraception/Referral for Sterilization) Might seem odd, since she specializes in Midwifery, but she was the first available when I made an appt to get on BC (at 24 IIRC). I had decided on Depo, she recommended an IUD if I was thinking long term, and we eventually went that route. When my Mirena was nearing it's end, I mentioned I'd like a salpingectomy, and she immediately referred me to an OBGYN (Dr. Strang) who could perform the surgery. The exam rooms are rather baby-centric, and have plenty of infant photos, so if that's a problem she's not your pick, but she was very accepting of my desire to not have children, and very open about the pros and cons of various forms of contraception, and IMO very easy to talk to.

Fargo: [Dr. Angela Strang, MD](#) (Salpingectomy) I was able to book a consultation regarding my salpingectomy within a week of getting my referral, and we merely confirmed that I was healthy enough for the procedure, that I was sure about my choice, and she gave me a brief overview of how it would go. FTR I was 30 at the time, so I don't know if age was a factor. She was willing to book me for the surgery at her next available opening (2 weeks out) but I opted for a later date. Day of surgery had to sign a few forms and such, but the surgical team was awesome and even sent me a thank you card afterwards. BCBSND covered the surgery 100%, I only paid a small amount <\$100 for pre-surgery pregnancy test, kind of annoying but if I had to pee in a cup to get sterilized so be it.

Minot: [Dr. Michael Van Bibber](#) (Vasectomy at age 19)

Wahpeton: [Dr. James Halvorson](#) (Vasectomy) Very friendly - only question he asked was what happens if the hottest celebrity wants to have kids with me. Light-hearted and genuinely cares. Highly recommended.

West Fargo: [Dr. Jon Dangerfield](#) (Tubal ligation, I was 23)

OHIO

Akron: [Summa Women's Health Center](#) All of the doctors I've had (psychiatric, bariatric and gynecological) have all been accepting and helpful. I've interacted with Dr. Mark Pozgay (Bariatric surgery), Dr. Jennifer Duncan (Bariatric office psychologist), and resident Dr. Megan Cesta (OB/GYN). There was no judgement for never having had a pap at 30 or pursuing sterilization. Answered all my questions as well. Excellent hospital system.

Another vote for salpingectomy by [Summa Women's Health](#) - [Dr. Thomas Mendise](#). Not a single question about why I wanted the surgery; other people I talked with were also happy with him. Procedure was great and no bingos from a single person, from my regular gyno to preop testing to anyone I saw the day of surgery. Very, very satisfied.

Akron: [Todd F. Breaux M.D., Urology](#) (Vasectomy) Works at Akron City (SUMMA). My husband and I were both 22 at the time of his vasectomy and only married for 6 months (But together for 5 years and VERY childfree). SO got absolutely no bingos at all from this doctor. The consultation was 5 minutes, and the surgery was scheduled two weeks out from then. He called my SO on multiple occasions after the procedure just to check up on him. 10/10 would recommend.

Akron: [Dr. David Biats, M.D., OB/Gyn](#) (330) 344-8565 Tubal ligation

Akron: [Dr. Naveen Arora, M.D., Urology](#) 330-374-1255 (No-scalpel vasectomy) Did my vasectomy at 21, made sure I understood it was permanent and that I didn't want kids, did not bing me. Very polite and professional, procedure was performed well and I recovered with no complications or side effects

Boardman: Dr. Tara Winchester out of Advanced Women's Care in Boardman, Ohio (Youngstown). 330-965-0909. <http://www.advancedwomenscare.org>

Cincinnati/NKY: [Dr. Israel Washington, M.D.](#) - Performed tubal ligation for me at 27, unmarried with no children. Spoke about how he used to turn down women for surgery who weren't married or didn't have children yet, but that he changed his views after realizing a woman should be free to make her own bodily choices, which was a nice thought. He did preach a bit about how I should remember that "as long as I have a uterus I can have a baby someday if I want" but otherwise went ahead with no pushback. No one in his practice judged or binged me and I was treated with respect. I signed a consent form, had to wait 30 days, and then I scheduled the surgery which was paid for in full with my Kentucky insurance.

Cincinnati: [Elizabeth Venard, M.D.](#) (513) 481-4777

Cincinnati/NKY: [Dr. Anita Weisberger, M.D.](#) Scheduled my Bilateral Salpingectomy, stated that her job is to care for patients, not try to control their lives. Answered every question I had and showed no signs of judgement! Commended me on the thought and research I've given to the choice. In addition, she is also an amazing Gyno that I've used for the last 6 years. Cons are that she is booked out pretty solidly, but she's worth it.

Cincinnati: [Dr. Brian Miller, M.D.](#) (Tubal Ligation) Dr. Brian Miller himself is not the most childfree, however the NP within his practice, Cynthia Dehlinger, most certainly is!

Cincinnati: [Dr. Michael B. Rousseau, M.D.](#) (Vasectomy) He was very friendly and while he recommended taking time to consider if it's what you truly want, he has no problem with performing vasectomies on childfree people.

Cincinnati: Nanci J. Billock, MD, 375 Dixmyth Ave, Cincinnati, OH 45220 - performed tubal ligation on 24 year old.

Cincinnati: [Dr. Kimberly A Russell, M.D.](#) (IUD's, Essure, Tubal, salpingectomy) My primary care physician referred me to Christ Hospital at 23 yrs old (don't let the name of the hospital scare you away). Dr. Russell was very kind, friendly, and respectful of my decision to get my tubes tied. She answered all of my questions, informed me on everything, and of course, did the 30+ day wait with me to make sure this is something that I truly wanted (it is the law here). I came in for pre-op, she just asked if I was sure once more, and gave me the papers to sign with a bright smile on her face as she went over the surgery prep with me. Her scheduler contacted me 3 days later to give me the date of the surgery for my tubal. One of the best hospital networks I've ever been to. Even the nurses and receptionists are sweet. I highly recommend Dr. Russell.

A note on Dr. Russell from another user: Unfortunately, I had an unpleasant experience with this doctor. I was rejected for sterilization a month out from turning 21. She said that with months of working to convince her, she might consider me for a tubal with clips, which was far from the salpingectomy I was seeking. She came across as close-minded to me. This isn't to say she shouldn't be considered, but I thought I would share my experience.

Cincinnati: [Dr. Eric O. Haaff, M.D.](#) (Vasectomy) Very nice guy who went out of his way to make you feel comfortable and relaxed. He's done the procedure over 4000 times and recommends young men who want sterilization to stop by The Urology Group.

Cincinnati: [Dr. Lisa Gennari, M.D.](#) (IUD's, Essure, Tubal) I've been at here since I was 15 and love all of them. Went to her about Essure and no questions were asked (28 yrs old). Explained the procedure, let me know about a tubal and only asked why I picked one over the other, she gave me a date of the procedure and said they would let me know a time based on what was open that day.

A note on Dr. Lisa Gennari from another user: (bilateral salpingectomy) I (26) was also approved without question on my first visit to her. About half an hour before the surgery (after I was suited up with IV and monitors) to say hello, ask if I had preference on pain medicine, and to tell me that they might have a way to do the surgery with only one incision (they did). After the surgery, on a Saturday evening, she was happy to talk to me about medicine advice, which shows that she is dedicated to her patients.

Cincinnati: Dr. Amberly L. Davidson, through the Bethesda North Minimally Invasive Surgery Center, performed a laparoscopic bilateral salpingectomy on me today [2019-09-12], at 29 years old, unmarried, without children. I can't recommend her, her staff, and the affiliated hospital and

their staff enough. It's a majority female team, not a single bingo came from everyone, my doctor took absolutely no convincing (she said my age was a factor there though), and everyone was professional and empathetic.

Cleveland/Fairview [Christopher S. Reese, M.D] Urology Partners LLC - <http://www.urologypartners.net/> - Met with Doctor Reese once when I was 27. He asked me if I wanted kids. I said no and we scheduled my Vasectomy for a couple months later. Procedure went well. Overall a great experience from start to finish.

Cleveland: [Strongsville Family Health Center](#) (Vasectomy) I was 31 with no kids, Dr. Rabets and the nurse were very respectful of my choices. No bingos. (MOD ADDENDUM : A 20 year old user got a vasectomy consultation in October 2017). EDIT: I have since been informed that Dr. Rabets no longer works for this location, but I would still give them a chance.

Cleveland: [Dr. Dianne Schubeck, MD - MetroHealth System](#) (Bilateral Salpingectomy) Went in for the consultation, told her what I wanted, no bingos, no hassle. Surgery scheduled a few weeks later.

Edit: Can confirm that Dr. Schubeck is wonderful. Absolutely no push-back whatsoever when I asked for a bi-salp and thinks little of doctors who do push back. There were no comments about it from the intake staff either when they asked why I was there. I am 29, female and married but she will do it for anyone 21 and over.

Cleveland: [Shirley Bennett, OB/GYN at Southwest General](#) tubal ligation.

Cleveland: [Dr. Sarah Juza, OB/GYN at Cleveland Clinic Westlake Medical Campus Building A](#) Bilateral Salpingectomy at 26F. At the consult she grilled me a bit and ran me through every scenario. I went in feeling defensive but really didn't need to be. Met with her one more time before surgery for an unrelated procedure and she was funny and bright and really lovely and professional. Morning of surgery she was just the same. Never felt judged, she believes every woman has the right to choose what to do with their bodies. Highly recommend her.

Columbus: - [Dr. Katherine Rivlin](#) Scheduled for a bilateral salpingectomy as 34F. Despite what you read on the linked site, she doesn't currently practice obstetrics (so a baby-free waiting room!), and her bio says it all: "I specialize in abnormal uterine bleeding, contraceptive care, early pregnancy management, family planning, preventative care and transgender health. I am passionate about partnering with my patients in order to create healthcare plans that are both evidence-based and suited to their unique needs and values." She is exceptionally compassionate and I cannot recommend her highly enough. In fact, she was the one who brought up sterilization once it was clear that I am serious about not procreating.

Columbus: [Dr. Ponilla Marinescu](#) (Bilateral Salpingectomy) - Giving me a tubal at 22, did not receive any bingos at practice at all. Is incredibly kind, bubbly, and open-minded ("You've obviously thought about this long and hard over the past few years, it's not something you decided over night. Who am I to say you can't get it done?").

A note on Dr. Marinescu from another user - She's absolutely wonderful, pleasant, and professional. She performed a salpingectomy on me very shortly after my 21st birthday (was approved while still 20). However, **she will no longer be available as a resource for sterilization beginning in 2018** because she is switching her specialization (I think she said emergency surgery, but I can't remember for sure). Her current office, called Comprehensive Women's Care, seems like it may have other doctors that would consider sterilization procedures for young people, so that may be worth looking into.

A note on Comprehensive Women's Care from yet another user - I was assigned to [Dr. Brienne Williford](#) once Dr. Marinescu left, and at age 27 had a salpingectomy. She did have to go through the whole "this is permanent, sometimes people change their minds, there's no going back", but in the end agreed to the procedure.

Columbus: [Dr. Amber Murphy Mack](#) (Bilateral Salpingectomy) - At the age of 33, I was able to get a bi salp without any bingos or pushback. I had an appointment for an annual exam and discussed sterilization options. She was able to schedule my surgery two weeks later. As a new patient, I was also able to schedule an appointment relatively quickly with the office (less than a week after I called). She is very friendly and has great bedside manner. I would recommend her as a doctor. She was especially understanding of my concerns with Ohio's heartbeat bill.

Columbus: - [Dr. Brett L. Worly](#) Bilateral salpingectomy on 24F. He is also willing to do tubal ligation or clips. I asked about permanent sterilization and he agreed to proceed immediately. Explained risks of surgery in a way that was simply stating facts to ensure I was fully educated. No bingos. He's a little awkward in general, but wonderfully kind. Always makes sure you are comfortable and supports your care in the way you want it done.

Columbus: [Dr. Britta Buchenroth](#) Offered tubal ligation or bilateral salpingectomy to 26F right when I told her I wanted to be sterilized. She did not ask me my reasons for being CF, imply I would change my mind/regret it, nor ask me about my partner. Explained both procedures she offers and the risks and recovery time for each. Verified my bisalp will be done within a month. Very friendly and charismatic doctor. I highly recommend her.

Dayton: [Dr. Michael K. Yu, M.D.](#)

Dayton: [Dr. Samantha Houser, DO](#) - (IUD). Dr. Houser has already agreed to "take the whole kit & caboodle" whenever I'm ready (currently 28 with Mirena). She has also placed multiple IUDs on ladies *as young as 14*. She is slightly opposed to Essure, if only because she doesn't personally believe it is safe to her standards, and happy to offer alternatives. I am 30 and got a bilateral salpingectomy with zero questions asked. Dr. Houser is so kind.

Dayton: [Dr. Steven Kilian, M.D.](#) (Tubal Ligation) Dr. Kilian is a bit of a goofball, but incredibly respectful. He asked all the questions he has to ask but repeatedly made it clear that he wasn't saying no and that he wasn't trying to change my mind, he just needed to ask. No fuss no muss, you want it, you sign for it, you got it.

Dayton: [Dr. Mark Monsour, M.D.] (Vasectomy) Very straight forward and practical. \$650 Total. No insurance. 22M. No Problems. One incision. No Kids.

Dayton: [Dr. Blake Anderson] (vasectomy) 25M. No fuss, just explained the procedure and asked if I was sure. \$700 and insurance covered 20/80. No scalpal vasectomy. Good bedside manner. Same location as Mark Monsour and from what I understand, all the doctors in Dayton Physicians are good and won't give much pushback. Did get a bit bingo'd by a nurse but they're not associated with any particular doctor.

Delaware: [Dr. Hariklia Louvakis, M.D.](#) (Bilateral Salpingectomy) Dr. Louvakis was incredibly professional and respectful of my decision to be sterilized at the age of 26 and was able to get my surgery scheduled very quickly. I definitely recommend her!

Gahana/Grove City: [Dr. David Jones, D.O.](#) (Bilateral Salpingectomy, Tubal Ligation, IUD placement, Essure) Dr. Jones was very professional and caring towards all of his patients. While our opinions differed on the topic of sterilization young (25F), his number 1 priority is patient care and he agreed to do it for me if it was 100% what I wanted. He even gave a referral for a doctor to perform a vasectomy on my husband and offered to talk with my husband about any questions he may have about both male and female sterilization.

Holland: Doctors Nancy Arquette and Elizabeth Read in Holland, Ohio. 22 year old female sterilized with a fallope band tubal ligation.

Huber Heights: [Dr. Amy Park](#) Gave me a tubal at 27, no argument. First doctor I went to, spoke for maybe 5 minutes before she told me to schedule the surgery with the front desk. Asked if I'd considered IUDs, Essure, etc. Only issue I had was pushing for "cut and burn" vs. the clips - I absolutely didn't want the clips and she made it happen. Great doctor.

Mason: [Dr. Amy Brenner, M.D.](#) (IUD's, Essure, Tubal Ligation, Bilateral Saplingectomy) I got a tubal at 24 without any argument. Everyone at this clinic is very kind and respectful and they go out of their way to make you feel comfortable.

Seconded for Dr Brenner. I got essure done at 27 with no argument. Asked my reason for getting the procedure done and then moved onto the next initial consultation question. No push back from the staff at all. Staff was respectful and very nice!

Mason: Tina Pearson MSN, CNM at Seven Hills Women's Health Center together with Dr. Aichholz, MD (second doctor required to approve procedure). Approved bi-salp on 21 y.o., performed ca. 6 months later (OP was 22 at that point). No bingos, no hardships. Note: OP was already going to the practice for ~6 years as regular OBGyn, so patient history might play a role.

Mayfield Heights: [Dr. Oluwatosin Goje, MD](#) (pronounced: Go-gee) - Extremely understanding about pregnancy paranoia, Offered to check on IUD frequently if it would help settle my nerves. Consulted for permanent sterilization with no arguments at 25, submitted it to insurance that day. I decided against it in the end, but on the dr's end it was all clear. Lovely woman and doctor.

Mt. Vernon: [Dr. Jed Henry, MD](#) I went in off of a referral for an unrelated issue at the age of 21. Thinking I would kill two birds with one stone, I asked him about exploring my options for a vasectomy at the end of my original appointment. I received little push back. The only push back I got was a few rapid fire questions on why I wouldn't want children. He did have me wait six weeks for my follow up to go into further detail, however he did accept to do it. I was scheduled for a vasectomy a week from my follow up. Very understanding. Very straight forward. Friendly as well. I would recommend him to absolutely anybody. UPDATE: Operation was quick and as painless as you could make it. Amazing Doctor! If anybody sees this and decides to go in off my recommendation, tell him you got it from Reddit! I informed him he was going on this list during my operation. :)

Ravenna: [Beth Reynolds, DO](#) Approved a woman in her early twenties who's single and childfree for sterilization without bingos. All of the staff were very respectful and kind.

Experience from another user: Saw Dr. Reynolds for a tubal consult at the age of 22 and was out right turned down saying I was "too young" and could change my mind.

South Euclid: [Dr. Gretchen Gerace, MD](#) - No bingos when I said my husband and I were not planning on ever having kids and said the IUD was a great choice for us. Cannot speak about provider's attitude toward sterilization as it's not something I'm personally interested in.

Springboro: [Rachel Brannon, CNRP](#) (Mirena) Installed Mirena on a 19 year old, no questions asked; not sure about other procedures by her or at this practice.

Strongsville/Cleveland Area: [Molly Gumucio, CNP](#) (Paraguard/Mirena) Works at the Cleveland Clinic Strongsville Ob/Gyn Women's Health Institute. Exceptionally polite and understanding. Knowledgeable of the IUDs and their side effects. Not a single "Bingo". Installed Mirena on a 27 year old without any questions.

Toledo: [Dr Eric Pizza MD FACS @ Promedica Genito-Urinary Surgeons of Toledo](#) was very helpful and professional in providing a vasectomy to a 32M with no children. Quick and easy consult, quick and easy procedure. His name is pronounced "pie-suh".

Toledo Area (Maumee): [Dr Shannon Connoles DO](#) installed Nexplanon on 32F with no children without complaint. She also initiated discussion of other long-term and permanent birth control methods. Excellent doctor with a wonderful bedside manner, and very respectful of our choices.

West Chester: [Dr. Buckreis @ UC Health Women's Center](#) (IUDs, Tubal Ligation, etc) I got approved for a tubal & Novasure at 28. He asked a few questions to make sure I was solid in my decision, knew what I was getting into, and confirm that I absolutely didn't want an IUD or birth control. Staff was extremely friendly and so nice.

Willoughby: [Dr. Monique Katsuki, MD - Cleveland Clinic](#) (Bilateral Salpingectomy) Didn't even question me and lectured a student who was shadowing her on how women can make their own decisions and don't need a doctor to "approve" their life choices.

OKLAHOMA

Altus: Dr. Vicente Sanchez, Jackson County Memorial Hospital Women's Health Associates. Tubal Ligation/Endometrial Ablation, but he offered bilateral salpingectomy. Zero binges, but was very thorough in explanations of procedure and made sure to ask several times if I was sure. Very understanding and accommodating, always reassuring the fact that it's my choice, not his.

Oklahoma City: [Dr. William F. Barnes](#) (Vasectomy)

Oklahoma City: Dr. Shawna Beeson Tubal (cauterization) performed on 28 year-old after referral from another doctor and a 10 minute consult. Very respectful and knowledgeable.

Oklahoma City: [Dr. Linzi Stewart](#). Tubal (bands) performed on 25yo after one visit about birth control and a few binges.

Oklahoma City: [Dr. Breeanna Gibson](#) Formerly ran the Essure clinic at OU, no binges or judgment on a 27 year old who had previously had the procedure. Very friendly and respectful, gave information on options if I wanted to have a reversal due to the recall, indicated she'd be supportive of any woman's childfree decision.

Oklahoma City: [Dr. Wesley Vaughn](#) Salpingectomy (removal of fallopian tubes) performed on 36 year-old after referral from regular OB/GYN and short consult. No binges, just a courtesy confirmation when the conversation started. Very friendly, respectful & knowledgeable. Although I'm a bit older and have a few other factors that which could contribute to a doctor's decision to sterilize, he did say that he feels anyone over 21 is able to make that decision.

Oklahoma City: [Dr. Monica Reid] (bilateral total salpingectomy, laparoscopic, 31 years old) no binges, did ask more than once that I still wanted the surgery but not in a judgmental or offputting way. Very positive, explained benefits of procedure and didn't focus on risks or try to talk me out of it

Oklahoma City: [Dr. Anthony Jackson, MD](#) Provided a bilateral salpingectomy for a 27-year-old. No binges. He was very supportive of my decision because I came in having considered my reasons carefully and having done my research. I did not have children previously, and my husband did not need to sign off.

Edmond: [Dr. Julie Hansen](#) (Essure - hesitant, has had multiple patients with post-op pain; Tubal - performed on a 25 year old, some questions to make sure you've researched options and understand that this is permanent)[NOTE: This doctor does not perform sterilization procedures on anyone under the age of 25]

Muskogee: [Dr. James Henderson](#) (Urologist, Vasectomy) (Regular scalpel procedure, \$650, (43h 21m) Basic questions, very knowledgeable and experienced, Performed on a 25 year old)

Norman: [Dr. Allison Carter](#) (Bilateral Salpingectomy) Performed on a 26 year old with minimal hesitation and discussion about other birth control options. Very kind, understanding, and respectful.

Owasso/Tulsa: [Dr. Clark Tingleaf](#) (Vasectomy) Scalpel-free, \$450, (30h 0m) no hesitation performing on 25-year old, (Bonus: no-cost semen tests for life if he did your vasectomy, good sense of humor), also performed on 23-year old with no hesitation.

Tulsa: [Dr. Kathleen Heffron](#) (Tubal) Performed on 25 year old though she was hesitant. Cauterization method. (Tubal) Performed on 24 year old. Salpingectomy. Some questions to make sure you've researched. Said she would not sterilize a 21 year-old.

Tulsa: Kevin Gancarczyk M.D. Urologic Specialists 10901 East 48th Street South Tulsa, OK 918-749-8765 / 18008765645

Tulsa: Dr. Gary Freeman, performed tubal and salpingectomy with no hesitation on 24 and 30 year old, respectively. 8803 S 101st East Ave Tulsa, OK 918-294-3430

Tulsa: Dr. Melissa Dietz UTICA WOMEN'S SPECIALISTS 918-749-1413; tubal ligation for 40 yr old - didn't question decision but did cover all other BC options (which I think is probably standard)

OREGON

Bend: [Dr. Andrew Neeb, MD - Urology Specialists of Oregon](#) (Vasectomy)

Portland: [Dr Dafna Lohr, MD - Bridgeview Women's Health (<http://www.bridgeviewwomenshealth.com/index.html>) (Salpingectomy) Approved for procedure at 22. Also approved one for me (different person) at age 20.

Portland: [Dr. Gregory Cost, MD - The Oregon Clinic Urology](#) Time between visit and referral from primary doc to consult and no-scalpel Vasectomy (same day) was two weeks. No pushback.

Portland/Clackamas: [Dr. Stephanie Coronado, MD - Obstetrics & Gynecology, Kaiser Permanente and Providence Portland Medical Center](No Website) Kaiser Mount Talbert Medical Center, 10180 SE Sunnyside Rd in Clackamas, OR 97015 (503) 652-2880

Portland: [Dr. Hui-Ning Fung, MD - Portland Clinic - East](#) Primary care physician who gave a referral for Dr. Teresa S. Jung

Portland: [Dr. Teresa S. Jung, MD - Portland Clinic Gynecology - Downtown](#) Tubal ligation with Falope Rings.

Portland: [Dr. Roger D. Garvin, MD - OHSU - Gabriel Park](#) (Vasectomy)

Portland: [Dr. Gregory B. McCoy, MD - The Urology Clinic](#) (Vasectomy)

Portland: [Dr. Liberato V. Mukul, MD - Women's Healthcare Associates](#) (Essure)

Portland: [Dr. Sarah Skog, MD - OHSU - Gabriel Park](#) (Vasectomy)

Portland: [Dr. Piszczek, MD]

<https://m.kp.org/oregon-washington/clinicians/carolyn-piszczek-4188840> Tubal for 24/F/single. Zero bingos, surgery was scheduled almost immediately

Grants Pass: [Dr. Caroline Kelly, M.D](#) (Open minded and willing to do surgery!)

Portland: [Dr. Eugene F. Fuchs, M.D.](#) When thanked for

Portland: [Dr. Daniel Janoff, MD - St. Vencents- Beaverton](#) (Vasectomy, very little questions, just made sure I understood everything, then said "ok, cool lets schedule it")

Portland: [Alison Edelman, M.D., M.P.H. - Professor, Department of Obstetrics and Gynecology](#) (Salpingectomy)

Portland: [Cascade Women's Health, Gynecologists](#) Tubal and later hysterectomy. Every doctor there has been great. Tubal while unmarried and no kids at age 24. No questions. *Different redditor here - Dr. Edna Kung is a GYN in this office and approved me a week after I turned 20, unmarried, no kids. No questions other than "how long have you been thinking about this?" They don't do tubal ligations here - in her words, "Nowadays, if we're going to cut them, we just take them out." Bonus points - Dr. Kung also speaks Mandarin.

Portland: [Dr. Jeffery T. Jensen, M.D, M.P.H. - OHSU](#) (Essure)

Portland: [Dr. David Sargent, MD - Bridgetown Women's Care](#) (Tubal ligation w/ filshie clips. Accepts OHP.)

Portland: [Dr. Oscar Polo, MD, FACOG](#) (Laparoscopic Bilateral Tubal Resection - He is extremely kind. He basically asked me if I knew it was permanent, I said yes, and he said ok, let's get you scheduled. I am a 29 year old female with no children. The appointment took a grand total of about 15 minutes, if that. While he practices at the Oregon Clinic, he preforms this surgery at East Portland Surgeons. Definately recommend.)

Portland: [Dr. Nicholas Fogelson, MD - Pearl Women's Center](#) (Bilateral salpingectomy. Was super nice and professional. 24F, no previous births, never used birth control--made sure I understood that it's permanent, but didn't give me any bingos.)

Portland/Beaverton [Dr. Brian S Shaffer, MD - Uruology Consultants](#) (Vasectomy)

Portland/Hillsboro [Dr Edith Legg, MD - Urology, Kaiser Permanente](#) (Vasectomy - excellent care, reasonable questions without being pushy, great follow up care, good rapport.)

Hillsboro: [Dr. Sarah Jordan](#), Grapevine Women's Health and Gynecology, LLC (Essure, mentioned that she is likely to suggest alternatives such as IUD if patient is under 25, due to prefrontal cortex not being completely developed until 25, however no pushback was personally experienced at 27. Great bedside manner and appreciates humor, not judgmental.)

Hillsboro: [Dr. Katherine Nelson, OBGYN](#), Tuality Obstetrics and Gynecology, (Bilateral Salpingectomy, 31F, no pushback, no judgements against me, no bingos, just respect for my choices. She said I was obviously well-informed and knew what I wanted. She is very straightforward, sometimes monotone, but an amazing doctor. She also performed my surgery and did a fabulous job and was very caring all through the process. Presently accepts OHP-Tuality Health Alliance which is one type of state insurance. Unsure in regards to other insurance.)

Tualatin: [Dr. Megan Bird, MD](#), Legacy Medical Group, LGBTQ+ safe, (Bilateral salpingectomy, 25F, No previous births, married. She is child free herself! Absolutely zero bingos during the entire process including the Anesthesiologist or any nurses at Legacy on the day of my surgery. Dream come true. I highly recommend Dr. Bird! She is my ongoing gyno too which is amazing.)

Eugene/Springfield: [Dr. David S. DiMarco, Oregon Urology Institute](#) (Vasectomy)

Eugene/Springfield: [Dr. Geoffrey Gill, Oregon Medical Group Center for Womens Care](#) (IUDs, Implants, Essure permanent sterilization, and NovaSure uterine ablation)

Eugene/Springfield: [Dr. Amy McCarthy, Oregon Medical Group Center for Womens Care](#) (IUDs, sterilization, tubal, hysterectomy)

Eugene/Springfield: [Dr. David Hermann, Women's Care Obstetrics and Gynecology](#) (IUD, Tubal, Hysterectomy)

Eugene/Springfield: Cynthia Lewsi-Berry, MA LMFT, Counselor that is encouraging of the childfree lifestyle

Rogue Valley / Southern Oregon: Dr. Timothy Driver, Urology Associates of Southern Oregon (No website). 2900 Doctor's Park Drive, Medford OR 97504, 541-772-6600 (Urologist, Vasectomy)

Rogue Valley / Southern Oregon: Mary Strizzi, DO, Medford Women's Clinic LLP (<http://medfordwomensclinic.com/providers/mary-strizzi-do-2/>) Medford Office: 3170 State Street, Medford, OR 97504, 541-864-8900 (Will preform any method that you choose after talking with you for a while. Has performed sterilizations on people as young as 21. Essure for me at 29 with no problems. Very Happy)

Medford: Emily Steinbis, Medford Women's Clinic (541)864-8900. (No bingo's, said yes to tubal within 2 minutes to talking with me, 28, F. Very supportive and said "I believe women have the right to choose what they do with their bodies).

Milwaukie: Dr. Jennifer Herber, Northwest Primary Care
<http://www.nwpc.com/clinic-locations/milwaukie-clinic/> - very pro-IUDs

Salem: Dr. Darcy L. Blanchard, DO - Salem Clinic (Bilateral Salpingectomy) - Agreed to a bilateral salpingectomy after explaining other forms of birth control, however, my age (32) may have worked in my favor.

Salem: Dr. Frederick H Frank MD - Salem Clinic (Bilateral Salpingectomy and Endometrial Ablation) - Respectfully counseled on other options and agreed to perform these procedures on me at age 23 with no children.

Salem: Dr. Robert J. Harder - [Salem Clinic](#) For 21 female, with no children. The consultation took 20 minutes, I explained what I wanted, that I am informed of my alternative options, and why a tubal is best for me. He had me sign a consent form and will perform a laparoscopic tubal ligation cauterization 30 days from the consultation.

PENNSYLVANIA

Abington/Willow Grove: Jessica Klemens, D.O. - [Womencare OB/Gyn](#) (Tubal ligation)

Altoona: [Dr. Steven Berliner - UPMC Altoona AFP Family Centered OB/GYN](#) (It was his suggestion that I have a hysterectomy at 32 instead of an endometrial ablation + tubal ligation as treatment for heavy, painful periods and endometriosis. Very concerned about my long term quality of life.)

Beaver: George F. Daniels Jr., MD, FACS -Urology Associates of Beaver (Vasectomy)

Allentown: Dr. Michael S. Patriarco [St Lukes Center for Advanced Gynecological Care](#) Tubal ligation; I'm 25. As long as you are an informed patient, this doctor respects your decision.

Allentown: Dr. Timothy M. Pellini (Lehigh Valley Health Network). Very helpful, supportive, skillful. Primary belief is the right of the individual to make her own reproductive choices. Entire surgical team is lovely. Performs ligation, salpingectomy. Gave me a bilateral salpingectomy at 21. (https://www.lvhn.org/find_a_doctor/profile/2946) Address 1245 S Cedar Crest Blvd Suite 201 Allentown, Pennsylvania 18103-6267 Phone 610-402-4870

Bala Cynwyd, Lower Marion Township: MidLantic Urology <midlanticurology.com> - Tel: +1 610 667 3020 - Dr Laurence H BELKOFF, DO, Speciality: Urology - Got vasectomy on 2019-12-19. Takes Medicaid (Keystone First).

Bethlehem: [Allentown Women's Center](#) - All MDs and CRNPs (IUDs, Implants, Essure permanent sterilization, and NovaSure uterine ablation)

Bethlehem: Dr. Kaveh Kousari, MD, [St. Luke's Center for Urology](#)

Clarion: Dr. Anthony Golio, Urologist, Urology Associates - Clarion Hospital (Vasectomy)
<http://www.clarionhospital.org/clh.nsf/View/directoryp-anthonygolio>

Doylestown: Dr. Caroline Heise, GYN, Doylestown Gynecology. Agreed to a tubal for me at 28, told me that any woman who is 100% sure deserves to choose sterilization!

Doylestown: Dr. Scott Dinesen, DO, FACOG, Dinesen & Associates OB/GYN & Infertility. Super professional. At my initial appointment, I was about to read off a list of all the reasons I wanted the procedure because I thought I would have to convince him, but he stopped me before I even started and said I didn't have to explain anything. Had my surgery (Bilateral Salpingectomy) within a month. He has 20 years experience.

<https://axiawh.com/locations/dinesen-and-associates-obgyn/>

Doylestown: Dr. Frank Roland, Urologist, Central Bucks Urology. Was very professional and understanding when my husband wanted a vasectomy. (Note: Do NOT see Dr. Kevin Fitzgerald at the practice- He initially gave my husband a hard time since we didn't have kids, I suggested Dr. Roland because he has been great with my issues, and he was very supportive!)

Dubois: Dr Steven Koch, Obstetrics/Gynecology- Penn Highlands Women's Care (Bilateral Salpingectomy) Dr Koch was friendly and willing to help me get sterilized after only two visits at the age of 23. The team was great and the doctor did wonderful on the surgery. Would highly recommend him to others.

Erie: Dr. Michael J Miller, DO, Urologist, Lakeview Urologic Surgeons (Vasectomy)
<http://www.upmc.com/locations/hospitals/hamot/services/urology/Pages/default.aspx>

Harrisburg/Mechanicsburg: Women First - Dr. Emma Cargado-Leynes, D.O. [Performed tubal ligation] (www.womenfirst-ob-gyn.org) (seconding this doctor and this place. They are very helpful and respectful, even the people on the phone when you call them help as much as they can.)

Harrisburg: Partners in Women's Healthcare - [Dr. Brian Cohen, M.D.](#) (Laparoscopic bilateral salpingectomy at 22.)

Harrisburg: Partners in Women's Healthcare - [Dr. Thomas O'Malley, M.D.](#) (Tubal ligation on 29 year old woman. Also does ablation.)

Hershey: Dr. Timothy Deimling and Dr. Gerald Harkins, [Penn State Hershey Medical Center](#) (Tubal ligation or salpingectomy. I was 26.)

Lancaster: [Dr. Kathleen Gerbert from May-Grant Obstetrics and Gynecology](#)

Lebanon: Women's Health Center of Lebanon, [Elizabeth Andes, M.D.](#) - Agreed to do a tubal ligation on a 24 year old female. No questions asked about my age and if I had any children. I was told it was "my choice" and she "does not like to dictate what a woman does with her body." I was asked if I was sure only once and I was given one scenario of "If you found the most

perfect guy in the world out there and he wanted kids, would you have a problem with that?" No other questions were asked about my decision. However, due to being on Medicaid, I have to wait at least 30 days between signing the consent forms and the actual surgery. Very nice, very laid-back doctor overall though!

Philadelphia: [Dr. Nicole Salva](#). Did tubal ligation on a 26 year old married woman respectfully and without unreasonable questioning. Practice was professional and there were no bingos.

Philadelphia: Dr. Gregory J. Diorio, Urology [MidLantic Urology], (<https://midlanticurology.com/physicians/gregory-j-diorio/77>) (No-scalpel vesectomy)

Philadelphia: Dr. Abike James, OB/GYN, 215-662-6035, [Penn Medicine], (<http://www.med.upenn.edu/apps/faculty/index.php/q275/p2672>) (Tubal and later on an Ablation)

Philadelphia: Dr. Katherine Lackritz, OB/GYN, 215-955-5000, [Jefferson University Hospitals](#) (Tubal)

Philadelphia: Bruce B. Sloane, MD, FACS, [Philadelphia Urology Associates](#)

Philadelphia: Paul Neumann, MD, [Chestnut Hill Ob/Gyn Associates](#) (Tubal ligation/Essure)

Philadelphia: Dr. Sonya Lee, MD, FACOG [Gynecology Specialists of Philadelphia](#) -(Bilateral salpingectomy, although I saw ads for Essure in the waiting room -- and no kids running around! I had other health issues that prompted the visit and the surgery, and I'm over 35 and married FYI, but after making sure I had zero kids and WANTED zero kids, Dr. Lee was very no-nonsense about writing up what I needed done.) -22/F, bilateral salpingectomy, no kids, no previous use of IUD. Dr. Lee is amazing. She cared only about my health and wellbeing. A couple bingos while talking to me, but totally respected my answers. The whole surgical team was awesome. - Added 2019-08-14 (also 22/F): "I learned that sterilization/hysterectomy is a treatment for my new diagnosis. But, she'd rather give me drugs than sterilize me since I'm too young."

Philadelphia: Puneet Masson, MD [Penn Medicine](#) (Vasectomy)

Philadelphia Suburbs: [Carlo G. Nicolis, M.D. - Urologist](#)

Phoenixville: [Dr. Jeffrey Lee Rosenblum, M.D.](#) (No-Needle No-Scalpel Vasectomy)

Pittsburgh: [Carl O. Bruning, III, M.D. Urologist, Suburban Urologic Associates, Monroeville and Jefferson Hills](#) -Second vote for Dr. Bruning. He does scalpel-free without hassling about family situation at all. -Third vote for Dr. Bruning. Dr. Justin P. Isariyawongse also does scalpel-free ones without hassle.

Pittsburgh: [Gregory Halenda, M.D., F.A.C.S Urologist, Suburban Urologic Associates, Monroeville and Jefferson Hills](#) -Same practice as Dr. Bruning above. Asked a few questions but no hassle at all.

Pittsburgh: [Dr. Colleen Krajewski](#). Bilateral Salpingectomy, 23yo.

Pittsburgh: [Karen Rehder, M.D., FACOG](#) (tubal ligation). Note: Stated she will perform filshie clips only, but willing to sterilize women as young as 21, possibly even 18.

Pittsburgh: [Ali E. McGregor, M.D., UPMC Magee Women's Hospital](#) (salpingectomy). She was very respectful, kind and understanding of me and my needs. Expressed caution since I was so young (23), and offered alternatives, but did not bing and was not judgmental. Appreciated that I came well researched and prepared for any questions.

Pittsburgh: No-Scalpel vasectomy performed by [Dr. Jay B. Herman](#). 30 without children and unmarried, he asked 0 questions of me, just gave me a brief rundown of the procedure, asked if I had questions, and set up an appointment to get it done.

Reading: (Urologist) [Gary Ginsberg MD 429 E Lancaster Ave Reading, PA 19607 \(610\) 775-4205](#) Performed bilateral vasectomy, asked a few questions about my certainty and wife's approval and required a consent form signed and returned the day of procedure. Very friendly and non-judgmental, my age (31) did not seem to be a factor as both I and my wife (28) were positive of our decision. Accepts multiple different insurances, but if not covered, cost is \$850 as of 2018/2019

Quakertown: Dr. Kaveh Kousari, MD, [St. Luke's Center for Urology](#)

State College: [Jennifer Simmons, MD](#). Geisinger medical group in State College (Port Matilda/Greys Woods office), Danville, and Philipsburg.

Scranton: [Dr. Barbara Plucknett, MD](#), [Obstetrician-gynecologist] 743 Jefferson Ave, St. 203 Scranton, PA 18510 (570) 344-9997 Only performs bilateral salpingectomies. Had some trouble with the Nurse Practitioner, as you are required to see one before seeing Dr. Plucknett herself if coming in as a new patient. Nurse Practitioner tried to talk me (21F) out of it and flat out told me it's not something they do there. Dr. Plucknett called me the next day after my consultation and apologized and made me another appointment with her. Dr. Plucknett asked the standard questions about health history and if I had considered other BC options and if I understood how permanent sterilization is. Definitely come informed. After seeing how much research I had done on this and how long I've been considering it, she scheduled me (again, 21 F!) for a bilateral salpingectomy, in under a month!

Scranton: [Lisa Jaramillo](#) (bilateral salpingectomy). Note: She was hesitant but ended up approving me, 23F. Arrive very well informed. She mentioned she would rather know a patient for a year or more before approving them; if this is something you want but are a bit younger and/or are going to wait a year or two she will probably be more open than when I met with her for the first time.

Scranton: [Dr. Kristine McNulty](#). Approved 30/F for sterilization (bilateral salpingectomy). Mentioned that she might have given OP a harder time if she was younger, though.

Wilkes Barre : Dr. Campenni, Urologist :

<http://doctor.webmd.com/doctor/michael-campenni-do-c3fa8af6-adda-4383-bee1-d40e95ce37df-overview> Address is 670 North River suite 301 in Wilkes Barre Pennsylvania USA. I'm 21 and am getting a no scalpel vasectomy.

Williamsport: Angela Huggler, D, MD. Health Innovation Center in Williamsport, PA. (Tubal Ligation, says "Your body, your choice!" - Sterilized at 24.)

<http://www.susquehannahealth.org/about-us/our-campuses-locations/health-innovation-center/page.aspx?id=8388>

RHODE ISLAND

Pawtucket: Dr. Michael A Pepi, Women's Health Care Specialists, 174 Armistice Blvd, Pawtucket, RI 02860 - (401) 729-3600 Operates at Memorial Hospital of Pawtucket (laproscopic bilateral salpingectomy. Went in as a new patient and asked to be sterilized. At first he tried to talk me into getting a tubal ligation instead, but said ultimately it was my decision to make and he would do whatever I wanted.) -Update - Dr Pepi left this practice (I think it was dissolved) in 2016..I believe he went to New Bedford, MA.

Providence: Dr. Karen Browning, Center for Obstetrics & Gynecology, 297 Promenade St, Providence, RI 02908 - (401) 490-6464 Operates at Women & Infants Hospital. Update provided October 2018 - bilateral salpingectomy/25F

Woonsocket: Dr. John Morton - Full Circle Health RI - 255 Cass Avenue, Woonsocket RI, 02895 - (401) 767-1576 (30F, November 2018. Went as new patient and had a brief discussion before scheduling a laparoscopic bilateral salpingectomy. I mentioned he was the 12th doctor I've asked and I was ready for an argument, and he said that pro-choice means pro-ALL-choices. He's on the Board of Directors of Planned Parenthood and is just fabulously nice.)

Westerly: Vasectomy - Dr. Leddy - Yale Urology - 35 Wells Street, Westerly RI, 02891 - (844) 817-9171 (23M - July 2020. Called about a vasectomy. He was hesitant at first but once I've shown that I've put thought into it and have truly made up my mind, there was no issue setting everything up.)

SOUTH CAROLINA

Charleston

[Dr. Alexandra Rowin - OB/GYN](#): MUSC Health - Women's Health at Cannon. Performed bilateral salpingectomy on 23 y/o nulliparous woman (*virgin at the time/never used and opposed using alternative birth controls) via SC Medicaid [Family Planning]. Approved on first try and signed consent form that day...surgery was promptly scheduled for 1 month later. No bingos. No "interview". Caring, respectful, and informative. Doesn't have a minimum age for sterilization. I highly recommend her not only for sterilization but any gynecological needs! She will exceed your expectations.

Dr. Michelle Meglin MUSC Women's Health performed my bilateral salpingectomy for 27 yr old CF. Non-judgmental, incredibly respectful.

Dr. Natalie Gregory: Lowcountry OB/GYN, 1300 Hospital Drive, Suite 270, Mt. Pleasant, SC 29464 (Tubal ligation with Filshie Clips)

[Dr. Megan Pallay](#): Roper St. Francis OBGYN Partners, several locations in the area, spoke with nurse practitioner Erin Wilkins about IUD vs. tubal, NP said that Pallay is CF friendly and does tubals for CF people who have been turned down by other doctors. NP was non-judgmental as well. I'm over 35, no major health problems)

[Dr. Lauren Painter](#): Women Physicians Associates, 9 Richland Medical Park Dr., Suite 620, Columbia, SC 29203, tubal ligation (cut/cauterize) for CF 30 yr old, during the consult appt she just wanted to go over the risks and make sure that I wasn't counting on reversing it at any point, 20 min conversation and was approved. Also stated that she does bilateral salpingectomies. Very understanding and non-judgemental.

Columbia

[Dr. Addy](#): Sandhills woman's Care - Respects his patient's decisions and non judgemental.

[Dr. Richard Morrow](#): Morrow Urology Center, 115 W Hospital Drive West Columbia, SC 29169, vasectomy for CF 31 yr old, non-judgemental, no bingo consult, vasectomy was scheduled 1 week after consult, appointments available on Saturdays. Also was the cheapest doctor for my insurance (under \$400)

Florence

Dr. Nancy Q. Windham (GYN - Non OB) - Windham Gynecology, LLC. 509 South Coit Street, Florence SC 29505. No website found. Phone number: (843) 676-1435. Sterilization through filshie clips for CF 21 year old, no kids. The first meeting for easy, no bingos, wanted to make sure I was sure about it. The procedure for scheduled 2 weeks after meeting and it was quick and easy. Went home the same day and was even sent home pictures on what the clips look like inside to confirm with me that she did put them on properly. Highly recommend.

Greenville

Dr. Samuel Sterret - Palmetto Greenville Urology. 52 Bear Dr Greenville SC 29605 - Male 30yrs old vasectomy; no kids; very quick consultation and scheduled a surgery one month afterwards

Irmo

[Dr. Nichole P. McDonald, MD, FACOG](#) and [Dr. Robert W. Silverio II, MD, FACOG](#) at Lexington Women's Care Irmo - Approved 24-year-old for sterilization (tubal ligation OR bilateral salpingectomy).

Rock Hill

[Dr. Joe C. Robinson](#): Rock Hill Gynecological and Obstetrical Associates, 1721 Ebenezer Road, Rock Hill, SC 29732 (No longer offers Essure. Readily approved a tubal ligation for a 24 year old with no children.)

Spartanburg

[Dr. Susan Marik]: *As of August 2020, Dr. Marik will no longer be in the state of South Carolina. She will be moving out of state, but has not given any information regarding where/if she will be taking up with a new practice. I want her name to stay on this list in case someone finds her again, and that way she can be readded to the list in her new practice.* (Essure and laparoscopic tubal ligation with cauterization)

Summerville

[Dr. Beth Cook](#): Women's Health Partners, 75 Springview Ln, Summerville, SC 29485, (Approved my bilateral salpingectomy on first consult, no hesitation or questioning my childfree status, and I'm 33.)

SOUTH DAKOTA

Rapid City

[Dr. Mark Ballard](#), Ballard Gynecology, 208 Federal Ave., Rapid City, South Dakota, 57702 (IUD, Nexplanon, lap/robotic tubal ligations and salpingectomies. I don't believe he offers essure anymore)

Sioux Falls

[Dr. Amy Kelly-Osdoba](#), Sanford Obstetrics and Gynecology, 1500 W 22nd St Suite 301, Sioux Falls, South Dakota 57105 (Mirena)

TENNESSEE

Cleveland: [Dr. Brenda Snowman](#) 2550 Business Park Drive NE Cleveland TN 37311. (423) 641-1783. Dr. Snowman referred a 24 year old woman for bilateral salpingectomy. She is not a surgeon, but is helpful and positive about referrals. She would prefer a patient to have been seen more than once before providing referral.

Jackson

[Dr. Brad Adkins, MD - Woman's Clinic](#) Bilateral tubal ligation performed at age 29. Also performs Essure and NovaSure.

Knoxville

[Dr. Christopher E. Ramsey, MD - Park West Hospital](#) - Vasectomy

Dr. Janetta Jamerson, PHD (clinical psychologist) -- Child and Adult Clinical Associates (865) 978-6841; understands the childfree and respects decisions and boundaries as well as anxieties/lgbtq/multicultural issues surrounding it, was willing to help write to insurance and doctors about receiving surgery for sterilization (age 24)

Dr. Susan E. Webb, MD 9330 Park W Blvd #409, Knoxville, TN 37923 Phone: (865) 531-1173 - No questions asked/ no bingo referral to Dr. C. David Schroeder, MD for a tubal ligation (age 29). Dr. Webb is also personally childfree and offers IUDs as well as other long-acting birth control and women's health care.

[Dr. C. David Schroeder, MD](#) 9330 Park West Blvd #502 Knoxville, TN 37923 Phone: (865) 531-3303 No bingos, but lots of "Are you absolutely sure?" and "This procedure is permanent and irreversible." Was referred to him by Dr. Susan E. Webb for a tubal ligation at age 29. His office also provides a wide range of women's health care.

[Erin G. Black, UT Medical Center](#) - Healthcare Coordination, 1924 Alcoa Hwy, Knoxville, TN 37920, 865-305-6970. (F, 36, Bilateral Salpingectomy) Absolutely fabulous and professional doctor who will take you at your word that you're ready. I was referred by someone else who said they received no questions, and I too was not binged or doubted in the slightest. Didn't need to bring a binder or anything, I just explained my whys and she got it 100%. She did the surgery and I was out in an hour, minimal gas, and two of the three incisions are hidden. Simply fantastic and quick experience from consult to outpatient!

[Dr. Ceecy Yang](#) Contemporary Women's Health, 10031 Sherrill Blvd, Knoxville, TN 37932. (865) 540-1650 No bingos. I (30F) brought my binder and she didn't even look at it; she completely respected my decision. Time from first appointment to surgery was about 6 weeks (she only does them once a week). She performed the surgery (bi-sap) at Park West. Super easy and quick. Highly recommend!

Memphis

Dr. Betty Jo Dulaney, MD -- Betty Jo Dulaney PC 2157 Judicial Drive, Germantown, TN 38138 (901) 309-6745 - No questions asked regarding a bilateral salpingectomy (age 29, married for one year). Dr. Dulaney also offers IUDs and other long-acting birth control options.

Dr. Rye Estepp, MD -- Bartlett Women's Clinic, St. Francis Bartlett - 2996 Kate Bond Rd #105, Bartlett, TN (901) 937-0038 - Bilateral salpingectomy (tubes removed) -- no questions asked in women over 30

Dr. Judith J. Williams, MD - Adams Patterson Gynecology &amp;amp;amp;amp; Obstetrics - 6215 Humphreys Blvd. Suite 301 Memphis, TN 38120 - Tubal ligation - no questions asked on women over 25.

Chattanooga

Dr. Robbert Furr 866.899.0679

<http://www.womenssurgerycentertn.com/about-us/robert-furr-md.php>

Nashville

Dr. Barbara Nylander - performed bilateral salpingectomy on a 23 year old woman (previously had been approved to get the surgery at 22, waited to schedule the surgery due to financial reasons). professional and knows how to help you feel less anxious. did not bing, but did want to make sure I was making this decision for myself and nobody else.

Dr. Tara Nielsen/Dr. William Kellett at Vanderbilt (Dr. Nielsen was a resident at time of procedure, Dr. Kellett attending) tubal ligation on patient aged 27. Very thorough about informing me of all possible options and making sure I was sure, which I appreciated. Very professional and friendly staff on day of procedure.

SaCara D. Shaw, M.D. recommended and agreed to perform salpingectomy when 24y/o patient expressed wanting to be sterilized.

Michelle Roach, M.D. at Vanderbilt- willing to perform bilateral salpingectomy on 22 y.o female after 6 month waiting period from initial consultation. Non-judgemental and very professional.

TEXAS

Abeline

[James G. Bass](#) performed a bilateral salpingectomy on a 29 year old woman, "Only needed an initial appointment before setting surgery appointment. Went through courtesies of regular questions, but did not try to change mind on getting surgery. He does offer ablations as well."

Arlington

[Dr. Omar Sarmini, M.D](#) My personal Ob/gyn who also does surgery. He's also my mom's, grandma's, and aunts, as well as the doctor who delivered me. Under the restrictions of his hospital he cant do sterilization under age 21 but he only asks the required questions and won't try to sway you.

Austin

[Allison Urrutia, M.D. - Gynics Associates](#) (Tubal ligation + ablation on 27 yo)

[Dr. Margaret Whitney, OB/GYN Texas UT Health Austin](#). Dr. Whitney was the first doctor I spoke to at UT Health Austin and she agreed to perform my bilateral salpinectomy. Due to Covid-19 delays and her own maternity leave, the scheduling didn't end up working out, but she transferred me over to Dr. Thaxton who did a great job.

[Dr. Lauren Thaxton, OB/GYN Austin, Texas UT Health Austin, Women's Health Institute](#)
Bilateral Salpingectomy on a 28 year old, Bilateral Salpingectomy on a 25 year old. Dr Thaxton did a great job and I had a GREAT recovery!

[Tara Cherry, M.D. - Austin Regional Clinic](#) (Essure, Tubal)

[Renu Chalasani, M.D. - Austin Regional Clinic](#) (Tubal on 26 yo)

[Michael Floyd, M.D. - Urology Austin](#) (Vasectomy)

[Jennifer McAdams, Ph.D.](#) (Psychologist offering individual therapy for adults)

[Peter Rhuff, M.D. - Urology Austin South](#)

[Dr. Caroline Cohen - Wildflower OBGYN](#)

[Dr. Erica Garza - Wildflower OBGYN](#) (Hysterectomy and bilateral salpingectomy on 34yo, no bingos, incredibly friendly staff as well)

[Parviz Kavoussi, M.D. - Austin Fertility and Reproductive Medicine](#) (Vasectomy. Claimed to only perform vasectomy on men 25 and older.)

[Dr. Sandeep Mistry](#) (Vasectomy. Consultation and procedure in the same visit).

Dr Koushik Shaw - <http://austinurolgyinstitute.com/> For reference, I'm 38 and child free. Called to schedule 3 weeks ago, gave them my insurance info over the phone, and they scheduled the consultation and procedure in the same visit (today). Filled out paperwork, medical history, signed waivers. I was asked if I had kids, and (honestly) said no. Zero judgement from nurses or from Dr Shaw himself. That wasn't questioned at all. I specifically asked him about CF requirements after the procedure - his response was "As long as they are of legal age, its not my duty to tell anybody whether or not they can have a vasectomy. If they can fight and die in the military, I'm not going to judge them if they don't want children". - I am another male that has recently had a vasectomy with Dr. Shaw in Austin. For reference, I am 18 years old and childless. I called, and was in the waiting room 3 days after. Very quick consultation. As long as you seem sure about your decision and have read up on it, he has no problem with performing the operation. Highly recommended.

[Dr. Caroline "Carrie" Kaufman](#) (Tubal ligation, bilateral salpingectomy). When I told her I didn't want kids, she said "It doesn't matter to me whether or not you want kids, tell me what you want me to do." She was the one who suggested bilateral salpingectomy! Definitely in your corner and here for you, without any judgement.

[Dr. Stephen Hardeman](#) (Vasectomy)

[Dr. Christopher Yang](#) (Vasectomy)

Bay City

[Dr. Gregory A. Pappas, M.D.](#) Tubal, Essure

Bedford

Dr. Emily Emmet MD

Bryan/College Station

[Dr. Janelle M. Perrone, M.D.](#) 26F. No binges from the ENTIRE staff. I came in prepared with knowledge about the procedure (laparoscopic bilateral salpingectomy) I wanted and that seemed to help my case. All I was ever asked was if I knew the procedure was 100% permanent. She is super professional and made sure to answer any of my questions. She made sure I was at ease on the day of my surgery, which was quite helpful. I would recommend her to anyone!

Burleson/Ft. Worth

[Dr. Demequa Moore M.D.](#) (Essure)

Conroe/Woodlands

[Dr. David Reeves \(WHA\)](#) (Tubal - age 25 and with little fuss.)

Dallas

[Dr. Ravi Mootha](#) (Vasectomy)

[Dr. Blake Frieden](#) (Tubal Ligation, Essure) I work as a counselor at an abortion clinic, and we refer all our patients seeking permanent sterilization to Dr. Frieden because he trusts people's choices.

Update: Dr Frieden's receptionist gave a 21 year old member a "hard no".

[Dr. Richard Salter - Advanced OB-GYN Associates](#) (Essure) (Originally found Salter on this list, seconding recommendation -- performed Essure procedure on 23-year-old after one required consultation to go over the procedures, the risks, and medical history. No binges, but did walk through less-permanent options to cover bases. Extremely knowledgeable, most doctors in the area have worked with him as well)

[Dr. Shannon McCants - Women's Health Alliance](#) (Tubal Ligation- various methods, Bilateral Salpingectomy). I found Dr. McCants on this list, and I'm seconding the suggestion. She performed my surgery and I had a great experience. The only question she asked was if I was 100% certain and aware it's permanent. After that she explained my options. No judgment or questioning from her or any of the nurses I interacted with. Highly recommend her! - I also found Dr. McCants on this list. 24 y/o married female got a bilateral salpingectomy one month after initial consult. She was a dream to work with, zero bingos, just asked if I was sure. I told her that I found her on an online forum of doctors who are respectful of young women seeking

sterilization and that I had been denied even discussing sterilization options by my previous gyn, even though I have documented medical records detailing the numerous types of birth control I've tried over the years. I brought a sterilization binder but didn't need to show her anything. Our discussion was enough for her to happily agree!

[Dr. Joy Peveto- Women's Health Alliance](#) (Bilateral salpingectomy). Very matter of fact, makes sure you understand the permanent nature of sterilization but no bingos other than doing her due diligence as a medical professional. Highly recommend. Was willing to sterilize 26F no children after initial consult. - As a 29F, I had a similar professional experience as the first patient. I found Dr. Peveto through this page, and I highly recommend her as well.

[Dr. Quynh Chi Dinh- Dallas Obstetrics & Gynecology PA](#) (Tubal Ligation, Essure)

Dr. Kerry Neal - Comprehensive Women's Healthcare <https://www.grapevineob.com/kerry-neal/> (essure, tubal ligation). Extremely professional and a great sense of humor. Very nice and respectful of my decision. Best doctor I've ever been to. Zero bingos (he wants to make sure you are making the right decision though). - Different opinion: I advice to proceed with caution if seeing Dr. Neal. As a first-time patient doing an annual visit, I approached the subject of sterilization (23 y/o engaged female) because I had a horrible history with birth control and my then-current IUD made my legs numb and I've missed work/school from the pain it caused me. He said he would never put an IUD in someone without children and "if it ain't broke, why fix it?" even though it clearly was not a safe birth control method for my body. Never went back to him after that.

El Paso

[Dr. Amanda Hollingsworth - OB/GYN Consultants of El Paso] (sterilization)

Fort Worth

Jamie Walker Erwin - 817-847-4600 and 817-923-0088 - Website: txhealthcare.com (Might have to search for her on the website) - Performs Tubals and Bilateral Salpingectomies if i'm not mistaken. No bingos, especially if you seem well educated and informed in what you want and why you want it and what it all entails. [Note from other user 2018/04/27 : Dr. Jamie Erwin is listed under Ft. Worth, TX so I called her office to make an appointment. I asked if she is willing to perform sterilization on someone under 30 without children. I was told that she would only do it if it's a medical necessity. I decided not to make an appointment because of this. Maybe if I were already a patient and talked to her about it, it would be different.]

Dr. James Herd <https://www.thcobgyn.com/our-physicians/james-herd-md/> Well-informed of current procedures, happy to discuss options, and was quick to offer bilateral salpingectomy when we both agreed it was the best option. Willing to sterilize 29/F, but also had a pre-existing doctor/patient relationship prior to the sterilization consult.

[Dr. Scott Davidson M.D.](#) (Vasectomy) (Also covers large areas of the Mid cities. Totally cool with CF)

[Dr. Robert Stroud](#) (Vasectomy) Also a location in Southlake.

[Dr. Peter Irwin - OBGYN](#) (Salpingectomy) [Note from other user 6/20/19: I (22F) met with Dr. Irwin earlier this month, and he refused to do the surgery. Just wanted to give the younger crowd a heads up so they don't waste their time like I did.]

[Dr. Gladys Tse, M.D.](#) (Salpingectomy)

[Dr. Alicia Larsen] (817) 924-2111

(<http://www.txhealthcare.com/find-a-physician/alicia-larsen-md/80/>) Performed a bilateral salpingectomy on a 25 year old female with no prior children. Dr. Larsen, her office staff/nurses, and the nurses and anesthesiologists at Andrews Women's Hospital at Baylor Scott and White all had wonderful bedside manner. No bingos from anyone and everyone was very friendly, informative, and attentive. Dr. Larsen and everyone involved in the surgery was very thorough and double and triple checked everything throughout the entire process. Dr. Larsen does the surgery herself and she did a great job based on the pictures taken from the laparoscopy and the easy healing process afterwards. Had only done a Pap smear with her once before and was a relatively new patient (3 months prior to surgery).

[Dr. Bradley](#) (Bi-Salp and Ablation) OB/GYN Note: There are 3 there, but the office is listed under Dr. English name. She's popular and probably has a long list so I went with Dr. Bradley. I went there as a first time patient, never ever had a visit to a obgyn before, never had pap smears or any doctor history. He listens, doesn't bingo, and likes to be well informed. If you have problems with reproductive health he will try to figure out the problem just to have all bases covered. He may make recommendations for you but he will ultimately. He also doesn't seem against doing hysterectomies either. He even does his best to work with your schedule. Overall great doctor who respects bodily autonomy!

Frisco

[Dr. Preston Clay Alexander M.D.](#) (Bilateral Tubal Ligation) Performed tubal ligation with filshie clips on 25 year old female after one introductory consult. From intro appointment to pre-op appointment to completion of procedure was roughly one month.

Houston

[Stephen M. Schatz, M.D. \(pronounced "Shots"\)](#) He was previously in Baltimore but moved to TX in June 2017 or so. He performed my vasectomy (I was 33 at the time) without any difficulty.

[Dr. Allan Katz M.D] -- UT Physicians. (<https://www.utphysicians.com/provider/allan-r-katz/>) Best Dr I've ever seen. Said yes to sterilization after 5 minute consult, it was my first time in the office. Scheduled bi-scalp for 4 weeks out on the same day. 25 yrs old, no kids, and no medical reason for sterilization. Wonderful bedside manner, nurse was fantastic as well. No bingos!

+1 Dr Katz-24F, no kids, no health issues. Plenty of questions making sure I understood it was a permanent procedure and I wasn't being pressured, but he will listen to you and follow through.

No bingos, just earnest evaluation when he asks if you are certain. Lots of student doctors (residents) tend to follow him around.

+1 Dr. Katz – 23F, no kids, no medical reason for sterilization. Like the others said, no bingos just wants to know you understand the procedure and are sure of your decision. Said surgery can be scheduled usually ~2weeks after initial pelvic exam, but COVID-19 has messed everything up of course. Everyone I interacted with from initial consultation to discharge after surgery has been wonderful! [also, CW: >!! experienced CSA and Dr. Katz was very sensitive to that. First pelvic exam I've had that wasn't traumatizing!< and I will continue to go to him for care in the future.]

[Dr. Robert McDonald — Memorial Hermann](#). Great doctor! ^__^ He performed my (scalpel and clips) vasectomy even though I'm 23 and transgender (MtF). Alongside lovely conversation and bedside manner, he was chill and thorough throughout the procedure. His staff were nice, too. I didn't feel judged, nor heard any bingos.

[Dr. Theresa Robinson, M.D. - Women's Health Group](#) (Tubal) Will probably not do tubal on someone under 25 but at 25 and older she has stated she has no problems with sterilization of a woman without children. Very professional. Considered to have "no bed-side manner" but she is a thorough and good doctor who will take the time to answer any questions for anything. No questions asked on why I did not want children and did not require an explanation beforehand. Simply walked in, asked if I would like to discuss birth control, I said sterilization. She offered other forms and let me know all of my options. Once rejected she said to call and schedule an appointment for surgery.

[Dr. Alan Hananel, M.D. - Houston Metro Urology](#) (Vasectomy) I walked in and said that I wanted a vasectomy at the age of 19. This doctor required some persuasion, and asked me a myriad of questions regarding my reasons for wanting this procedure, my family, did I know this is considered permanent, etc. He told me that he has performed this procedure on patients as young as 17. If he thinks the patient is of sound mind and has put sufficient time and thought into this, and that they are truly convinced, he will have no problems performing the procedure. He is very professional, he knows what he is doing, and his bedside manner is good. He is happy to answer any questions a patient may have. He is very relaxed and calm and makes efforts to make his patients feel the same. I did not feel judged at any point by him or his staff. Cost was ~\$550.

[Dr. Jaquin A. Coombs, M.D. - Houston Women's Care Associates](#) (Essure) [note: psych eval might be necessary depending on age]

[Dr. Daniel Mundy — Memorial Hermann](#) (Bilateral Salpingectomy). For a consultation, took some friendly discussion on my reasoning for wanting the BS procedure, but I think my age (30), already knowing a good deal about the procedure I wanted specifically, having internalized all the reasons to be CF, and reassurance that I wouldn't regret it, he seemed convinced that I understood all the risks and consequences, and agreed to do it. We discussed insurance coverage, and I was to call back later to set up the surgery date. The surgery went perfectly. In

the follow-up appointment, he even gave me a laparoscopy photo to keep since I couldn't keep my tubes! Even the areas he cut looked neat and professional, and the incisions are super tiny. Very happy with the results. ***** *Additional reddit user: Dr. Mundy performed a bilateral salp on me at age 26.******

[Dr. Darren Chapman, M.D. - Houston Metro Urology](#) (Vasectomy)

McAllen

[Dr. Lilliana Padilla-Williams, M.D. - Women's Center of Excellence](#) (Bilateral Salpingectomy) No issues or judgements on decision. Was able to schedule ASAP after confirming my certainty.

North Houston

[Dr. Lilliana Woo - Texas Regional Urology](#) (vasectomy)

[Dr. Ira M. Krause - Precision Urology](#) (vasectomy)

Dr. Ferenc Markos

(<https://www.chistlukeshealth.org/dr-ferenc-markos-md-obstetrics-and-gynecology-77205>)

(Agreed to do a tubal before age 30, no judgment)

[Dr. Miguel A. Mercado](#) (vasectomy) Did my vasectomy at 26 with no kids. Had my consultation and returned two weeks later for the procedure.

Lewisville

[Dr. Munira Dudhbhai - Lewisville Women's Care](#) (Bilateral Salpingectomy, Tubal Ligation) Age 29, visited to request sterilization on initial consultation/meeting with Dr. Dudhbhai. Talked my through the procedures (ligation vs salpingectomy), recommended the bilateral salpingectomy for me, and we got it scheduled. Didn't ask about partner at all until an after thought shortly before we scheduled the procedure. Went out of her way to get me scheduled quickly (in spite of a very busy surgery schedule and upcoming vacation time!). Only asked if I was sure of my decision a couple times to ensure she was following procedure for all permanent sterilizations. [Side note: Office is right across the parking lot from the hospital, and the hospital was also fantastic! Not a single bingo.] (FYI, her name is pronounced "Dubai") -- From a different patient: 23F, I approached her during my appointment to ask about sterilization and she became rude and the rest of the appointment was bingos so I would recommend younger patients to look elsewhere unfortunately!

Round Rock

[Dr. Stephanie Michel](#) Tubal ligation. Incredibly professional with a great sense of humor. Best OBGYN I've ever had. I moved 20 miles away and still go back to her. Quick procedure, small and discreet scar, and super nice follow up conversation same day.

San Antonio

[Dr. Thomas Rozanski](#) Did my vasectomy at 24. Required two consultations (1 month apart) due to my age and the potential legal liability. Professional, didn't ask for my reasons, clearly explained the risks. Quick procedure.

[Dr. Carlos Cardenas - Institute for Women's Health](#) (Bilateral Salpingectomy, Tubal) At age 26, I visited Dr. Cardenas to request an IUD but after the conversation turned to my lack of children and deep desire to never bear any, he literally just asked 'well, how about a tubal ligation instead?' For the sake of legal liability Dr. Cardenas scheduled two pre-op visits to ensure no second-thoughts, then preformed the surgery himself via laparoscopy. Most notable: He shut down an intake nurse at the surgical suite mid-bingo and grinned while doing it.

[Dr. Karen Hasty - Four Seasons OB/GYN](#) (Essure, Tubal)

[Dr. Annaliese Kistler - Seven Oaks Women's Center](#) (Bilateral Salpingectomy, Tubal, IUD)

[Dr. Tracy Lyon - Acacia OB/GYN](#) (Bilateral Salpingectomy, IUD)

[Dr. Jennifer Jacobs - Lone Star OB/GYN](#) I asked about the possibility of sterilization and she was supportive, respectful, and shared tons of helpful information. I was 29 at the time of my visit, so it's possible she does have some age restriction for sterilization, I'm not sure. She has always been very honest and objective with me in the many years I've been seeing her as my GYN.

Seven Oaks Women's Center - Dr. Brian Harle (IUD, Essure and Tubal)

Midland

[Dr. Aaron B. Stike](#) (vasectomy)

Seguin/New Braunfels

Guadalupe Regional Medical Group - Dr Clint Burrus (Bilateral Salpingectomy, IUD, Tubal Ligation) <https://www.grmedgroup.com/obgyn-seguin.html>

Weatherford

Dr. April Mikes D.O. - Ob/Gyn - <http://www.weatherfordobgyn.com> - Bilateral Lapriscopic Salpingectomy

UTAH

Ogden/Layton

[Dr. Sharon Fillerup - Tanner Clinic](#) (Tubal/Essure) Was referred by my PCP specifically because he knew she was CF. During consultation I told her I wanted to be sterilized--as an unmarried,

healthy, 25 year old female. She scheduled me for the VERY NEXT WEEK!! She was only willing to do a tubal w/ Essure coils and declined a Salpingectomy, however. My surgery was ultimately cancelled last minute because the hospital she operates out of (I believe Davis Surgical Center/Hospital?) was out of network for my insurance. Dr. Fillerup has since retired.

[Dr. Bryant Johnson - Tanner Clinic](#) Made an appointment, no referral needed. Said he believes that women are adults, and can make their own decisions! No bingos, no questions asked. I already had a bilateral salpingectomy, he said if I hadn't had one done and only had the ligation, he would have suggested we just remove the tubes. He says his only requirement is that a woman comes in knowing that it's non-reversible and that they are 21. Willing to do salpingectomys and ablations.

Provo

[Dr. Stewart T. Landau - Utah Valley Urology](#) (Vasectomy) Didn't bat an eye when I said I didn't want kids. First visit consult, booked appointment for procedure at the end.

Orem

[Dr. Malcom C Masteller - Orem Parkway Clinic](#) (Vasectomy) He verified that I don't want kids and that was it, one the nurses that assisted in the procedure was even CF as well. Got me in for the procedure very quickly and without hassle.

American Fork

[Dr. Tiffany Spencer - Valley OBGYN](#) (Tubal Ligation) Kids weren't even brought up. I asked her about the possibility of getting a tubal ligation once my IUD was up in a year, and she just made sure I wasn't counting on the possibility of having it reversed/knew it was permanent, and also made sure I knew I couldn't be a surrogate for anyone else if I was sterilized.

Draper

[Dr. Carrie Sloan - Loan Peak OBGYN](#) 96 Kimballs Lane, Building 3, Ste 202, Draper, UT 84020. Asked thoughtful questions when I told her we did not want kids and I needed birth control that worked with my health issues. Non-judgmental, seemed unfazed by our decision, and helped me a great deal. Takes several types of insurance.

Saint George

[Southwest Urology](#), (Its located in the Intermountain State Hospital) M(26) Got snipped 5/23/2019 and doc said he had a 19 yr guy do the same. Asked the questions "you know this is permanent?, what if your perfect future wife wants kids? I replied I understand its permanent. And my perfect wife wont want kids. He laughed and said that's exactly what i would say. Good provider with no issues.

Salt Lake City

[Dr. Robin G. Mainwaring - Granger Medical - GYN - Hysterectomy](#) Hysterectomy on 27yo (married, no kids). Originally asked about a bisalp, but Dr. Mainwaring brought up a hysterectomy as an option once she saw my age and body type. Surgery was 1 month after my consult appointment, first time meeting her. I was very upfront with my decision and reasoning, and she didn't question it once.

[Dr. Michael Mangelson - Intermountain Health Care - Urology](#) (Vasectomy) Scheduled the surgery, no questions asked. Didn't inquire about kids until I was already prepped to go and seemed unfazed by my decision. 385-282-2500

[Dr. Andrea Smith - SL Regional Medical Center - OB/GYN](#) - (Tubal at 35) Never questioned my resolve.

[Dr. Susan Horvath - Millcreek Women's Center. St. Mark's Hospital - Ob/Gyn](#) Performed my partial hysterectomy when I was 28. Also discussed the idea of endometrial ablation with her during the first appointment.

[Dr. Camille Collett, M.D. - St. Mark's Hospital and Planned Parenthood West Valley City - Family Practice - Vasectomy](#) Asked me and my partner (mid twenties) if we had/wanted children and was fine when we said no to both.

[Dr. Jennifer Kinghorn - Millcreek Women's Center.](#) St. Mark's Women's Pavilion, 1140 East 3900 South, Suite 410, Salt Lake City, Utah 84124 Telephone: 801-262-8666. Essure implants.

[Dr Elizabeth Graul - Phase 2 Center for Women's Health](#) 348 East 4500 South, Suite 200, Salt Lake City, UT 84107 Telephone: (801) 262-9800

[Dr. Stephen Voss M.D.- St. Marks Women's Center](#) 1200 East 3900 South, Salt Lake City, UT 84124 Telephone: (801) 268-7111 For Bilateral Salpingectomy. Did not hassle me. No condescension. Zero bingos! Made an appointment right away. I'm 23.

[Dr. John E Thomas, PA-C - University of Utah - Urology](#) (801-213-2700) 50 N Medical Dr Urology and Pelvic Care Clinic, Ste 3A 100. - Consult for Vasectomy at age 23. Listened to his patient respectfully and was nonjudgemental and respectful, asked the routine required questions of "making sure this is the procedure I wanted to have". Did not perform the procedure himself, but provided a surgery date to be performed by an available urologist within 1 month of the consult.

[Dr. Brandon L. Reynolds, D.O., OB.GYN](#) 5126 West Daybreak Parkway, South Jordan, UT 84009 (and other locations). 801-213-4500 Performing a salpingectomy on a 21 year old woman.

[Dr. Kevin Jensen OBGYN](#) 801-268-6811 Salpingectomy on 33 year old female.

[Dr. Melanie Harker OBGYN - University of Utah Hospital](#) Performed bilateral salpingectomy on 27 year old female who is not married and has no kids. Listened respectfully, not condescending, no binges.

Lehi

Dr. Robert Aagard of [Valley OBGYN](#). 3000 North Triumph Blvd., Suite 210 Lehi, Utah 84043. 801.756.9635. I had a bilateral salpingectomy on April 17th. He also works in American Fork and Provo. He was amazing, asked me if I knew it was permanent once and then was on board with whatever type of sterilization I wanted - happy to do it, super supportive! **Another user: I also saw Dr. Aagard for my bilateral salpingectomy (25F). He was completely willing to do the surgery from the moment he walked in the door. Fantastic experience from consultation to post-op. I saw him at the Valley office in American Fork; he does work at multiple locations.

Spanish Fork

[Dr. T.J. Morris of Utah Urology LLC (Vasectomy Pro)] -415 N Main St, Spanish Fork, Utah, 84660, (801) 609-4476- Got a vasectomy at 21 with no resistance. After giving him firm reasons to justify my decision, he agreed he would do it. Excellent procedure, quick recovery, and a very nice man. We actually had a conversation during the procedure itself.

Springville

Dr. Jeff Nance of Valley OBGYN, 801-489-0111, 672 W 400 S #100 Springville, UT. Dr. Nance was extremely kind and respectful., I couldn't have hoped for a better experience. He asked a few standard questions with no hint of judgment and went on to vocalize his full support of my choice. When discussing options for permanent sterilization, he recommended a salpingectomy over a tubal ligation, stating,"I wouldn't want the small risk of pregnancy in the back of your mind, preventing you from fully enjoying your sexual experiences. So, I recommend a salpingectomy to give you the peace of mind that will allow you your full sexual freedom." When I complimented him on his support in comparison to the horror stories I've heard, he said he only ever questions people further when they use the term "I think I want" in reference to sterilization.

VERMONT

Brattleboro

[Dr. Ellen Garvey - Brattleboro Ob/Gyn](#), (802) 251-9965—salpingectomy at 27. Usual method of sterilization is tubal ligation with Filshie clips, but I was counseled on various options. Prudent, thoughtful, nonjudgemental.

Essex Jct

Dr. Maria Carracino -- Champlain Og/Gyn <http://www.champlainobgyn.com/> (802) 879-1802 -- Will soon be getting a tubal at 27! Dr. Caraccino was very accepting of choices; she educated

me in various long-term and permanent bc methods; and ultimately fully supported my decision to take the path of a tubal.

Hartford/Lebanon

Dartmouth-Hitchcock Medical Center OB/GYN Department
(<http://www.dartmouth-hitchcock.org/obgyn.html>) Tubal ligation, IUDs, Essure, etc. Very professional, open-minded and helpful staff.

South Burlington

[Dr. Jane Conolly and Dr. Jessica Sisto](#) 1775 Williston Road | Suite 110 | South Burlington, VT 05403 Toll-free (877) MYVTGYN (698-8496) Bilateral salpingectomy.

VIRGINIA

Arlington

Dr. Colleen Borelli [Northern Virginia Physicians to Women](#) This practice has several doctors, but I only worked with Dr. Borelli. Had been a patient for several years at this point, so when she asked the questions she already knew the answers (I never wanted kids) so the approval process was fairly smooth. Procedure went very well. (27/f/bilateral salpingectomy/no pregnancies no kids)

Blacksburg

Dr Campbell - 540-605-7566 - Performs abortions (I believe) and tubal ligations via salpingectomy - sterilized a 22 yo f with few questions -

Chesapeake

[Dr. Lindner at Total Care for Women](#) This practice has several doctors, Dr. Lindner was mine. He offered Essure and tubal with cauterization. He asked me once if I was sure and that was it before signing me up for the mandatory 30 day waiting period (thanks Virginia). He is really friendly and I had a great team for the surgery and recovery was a breeze. 28/f/no kids/no pregnancies.

[Dr Rebecca Khan](#), OBGYN. 3802 Poplar Hill Rd, Chesapeake, VA 23321. 30/F/Bilateral Salpingectomy : She agreed to do the procedure for me after a roughly 30 minute consultation. I had never been to her practice prior to this appointment. I was informed that there were several long term, but not permanent, forms of birth control that she would be willing to discuss with me if I so choose but did not elaborate since I did not express interest. The state of Virginia requires you to sign a consent form and go through a 30 day waiting period prior to the procedure. A second appointment was set up some time during that 30 day waiting period to do lab work and preadmissions for surgery. Day of surgery went off without any major complications.

Fairfax

Dr. Costanza Rutland, MD, FACOG, ObGyn Consultants, 3998 Fair Ridge Drive, Suite 270, Fairfax, VA 22033 (also in Dulles, VA; associated with Stone Springs Hospital). (703) 218-5357. http://www.obgynconsultants.net/about_crutland.html

Ft Eustis

[Dr. Boston - McDonald Army Health Center, GYN](#) (tubal ligation at 21- have to be confident in your decision and come prepared)

Fredericksburg

[Dr. Kara Dalke, M.D., MPH](#), (540) 368-9472. She herself is childfree and she openly talks about it. Very friendly and body-positive. She also works out of their Stafford office.

[Dr. Frank Moffitt M.D.](#) Tubal ligation, 30yo.

[Urology Associates of Fredericksburg](#), 540-374-3131. (Vasectomy consult took <10 minutes, scheduling took even less time. Very friendly and informative.)

McLean

[Obsidian Men's Health](#) (Vasectomy)

[Dr. Norman Armstrong at INOVA OB/GYN Mclean](#) Performed bilateral salpingectomy after 1 consultation for married 27F. Said he believes in patient autonomy above anything else. Awesome experience, nurses at INOVA Fairfax where this performed were also accepting.

[Dr. Tabarrah at INOVA OB/GYN Mclean](#). *[Original submitter said this was a referral from a Dr Solomon. Second submitter said, "2018-12-14: 26F, just denied by Dr. Solomon today for being "too young" for sterilization."]* [Referred to] for the actual surgery (hysterectomy), who again, only asked appropriate questions and accepted my answers without difficulty. The surgery itself (hysterectomy) was a breeze.

Norfolk/Virginia Beach

[Elite Women's Care: Dr. Sample, OBGYN](#); located in the Halifax building of Kempsville Circle directly across from Sentara Leigh Hospital. The office is centrally located near the Norfolk/Virginia Beach line with quick access to I-64 and I-264. She does bilateral tubal ligations and Essure (I got the former). SUPER sweet- you may even want keep her as your regular doctor! Just make sure to have a good answer when she throws the "1/3 regret it" statistic. I'm 27/F; 2 abortions with no live births (although I know she would have done it without the abortion history). PS- She did a phenomenal job with the actual surgery.

[Naval Medical Center Portsmouth](#) Performed a vasectomy on my 28-year-old husband with little to no bingo-ing. I know it's typically difficult for military folks to get 'fixed' because of the culture.

My husband went in there prepared. they asked him the usual questions to make sure he knew the ramifications and required him (and all vasectomy patients) to attend a 1 hour class that explains the procedure. Once he did that, he was approved with no hassle or pushback.

[Urology of Virginia: Dr. John S. Liu, Urologist](#); Went in for a vasectomy as a 25-year-old single man. Had absolutely no issues. He did bring up my age, lack of children, and marital status, but also said he trusted that I had already considered the implications. He only asked for my reason why out of curiosity. Very polite. Very professional. Did a group consultation followed by a one-on-one consultation. He has a ton of experience doing the procedure and offers all options including no-scalp, cauterization, etc. Answered all of our questions thoroughly and offered a ton of helpful info regarding the procedure and the recovery process. Their office has many other urologists who can preform this type of procedure. I can't speak for the others' willingness, but I'm sure at least some wouldn't have a problem with it. I went to the location at 225 Clearfield Ave in VA Beach. They have multiple locations in VA Beach, Suffolk, Hampton, Williamsburg, and South Boston. Have to wait at least 30 days for the actual procedure because of weird Virginia law. Appointment scheduled for October. Will update with more info about the procedure itself once I go through with it.

Reston

[The Urology Group of Virginia](#) I met only with Dr. Walter O'Brien but, it sounds like the rest of the practice is similar. Vasectomy at 26, no kids. He required a 10 minute consult that was 90% just going over the legal requirements, basically zero push back. The day of my procedure, there was another sub-30 with no kids getting one done by him as well.

I met with Dr. Chuck Pruna at the same practice and he performed my vasectomy. I'm 24 not married and have no kids. I had a 10 minute consult and then scheduled the surgery for a month later. The surgery took about 3 hours in total, and TIVA (Total Intravenous Anesthesia) was administered.

Richmond

[Virginia Urology](#) (Vasectomy at 24, married with no kids. I went to the Stony Point location but have no reason to suspect that others would not be cooperative)

[Dr. Jordan Hylton](#) VCU Medical Center - Nelson Clinic and Stony Point. Offers tubal ligation (bands) and salpingectomy. Asked me (30 year old with no children) what led me to the decision and that was it. She's a very sweet doctor and I felt very comfortable with her.

[Dr. Craig Ruetzel](#); (757)-410-7390; Located near Chesapeake City Park. Patient is 20/F. Performs bilateral tubal ligation via bipolar cauterization in multiple parts of the fallopian tube. Truly a wonderful doctor who does not want his patients to suffer. He agreed to my surgery with the mindset of "the decision is yours, a doctor's job is only to give you information to make an informed decision", but I came prepared and firm in my decision. He even agreed to look further into my other gynecological issues, so chances are I will keep him as my normal doctor if the surgery goes smoothly. You might, too!

Tappahannock

Virginia Women Center - 804.288.4084. Accepts Plan First, Virginia's FREE family planning program for men and women. (Dr. Matthew F. Vogel was my surgeon. He was very kind and nonjudgmental and so was the staff. Preformed Tubal Cauterization on a 30 year old female.)

Williamsburg

[Dr. Karanvir Virk](#), (757) 253-5600. Performs salpingectomies --did one for 27 year old female with no children (can perform Tubal Ligations, but suggests salpingectomies as it takes no additional time and removal of fallopian tubes reduces chances of ovarian cancer and basically eliminates the chance of an ectopic pregnancy). Excellent surgeon. Excellent facilities. Have your reasons for being fixed clear and concise.

Winchester

[Dr. Julie King - Winchester OBGYN](#) (Essure at 22 years old!)

WASHINGTON

Bellevue [Dr. Mary Welch](#) @ Kaiser. I started going to her for general women's health checkup and IUD. Last year, I mentioned that I want a bilateral salpingectomy and she just said ok, no questions asked. My surgery at Kaiser was a breeze, I even had an all-women surgical team. At my checkup, she even jokingly said I can recommend her to all my childfree friends.

Bellingham

Planned Parenthood - [Bellingham Health Center](#), sterilization for men over 18 years old. No female sterilization.

[Dr. Dina Levin at PeaceHealth](#) Tubal ligations for women, gave me one at age 22.

Bonney Lake/ Enumclaw

Gouhar Khan, MD [CHI Franciscan Health] Has office hours in both Enumclaw and Bonney Lake. Gave me (30/f/childfree) tubal ligation no problems.

<https://www.chifranciscan.org/find-a-doctor/details.physician.1617d58a-6bc1-4cb3-9d17-0969ddc93a97.html>

Edmonds

[Dr. Randolph Bourne, Swedish OB/GYN Specialists Edmonds](#) - Gave me a tubal ligation without any hassle or disapproval. Friendly and funny, will answer any questions in a way that's easy to understand without talking down to you.

[Dr. Kristin Riley](#) - Dr. Riley is a rad lady with a dyed pink streak in her hair. She practices with Virginia Mason and I first saw her at the Edmonds clinic location and then had my laparoscopic bilateral salpingectomy in downtown Seattle. She asked me (I'm 31 and married) why I wanted the procedure, I told her, and she said OK all within about 60 seconds. No hassle at all!

Everett/Mill Creek

[Dr. Laurent Nicolov, The Everett Clinic MD, OB/GYN](#) - Dr. Nicolov is an older fella who gave me no issues when I went in for a consultation to get a Laparoscopic Bilateral Salpingectomy and Endometrial Ablation. Told me (28F) that the choice to be a mother was mine and he was only there to give me info. Appt. was done in 20 minutes and I got my surgery scheduled within a week!

Federal Way

[Dr. Michael Davidov](#) : [MOD NOTE : 2019/04/30 : Commenter modmail us let us know Dr Davidov retired 4 months ago]

Gig Harbor

[Dr. Orestes Molina, MultiCare](#) - Tubal ligation. Asked the very basic "Are you sure?" and "You know this is permanent, right?" questions but without coercion or judgment. Just doing his job.

Issaquah

[Issaquah Obstetrics & Gynecology](#) had no problem performing a laparoscopy on me, a 25 year old woman. She does all surgery in-house, so there are no hospital fees.

[Dr. Helen E Erikson, D.O. Swedish OB/GYN Specialists - Issaquah](#) Had no problem with performing a laparoscopic total hysterectomy on me, a 26 year old woman! Told me she would have agreed to do it when I was 19 if I had come into her office then. They even have the Da Vinci robot!

Kirkland

[Dr. Jonathan Cook](#) Specializes in controlling heavy menstrual bleeding as well as permanent birth control. Readily agreed to my request for a bilateral salpingectomy and uterine ablation at age 30, have heard verbal references that he's operated on younger patients. Didn't ask any questions at all about my reasons to get sterilized, and didn't once ask my husband what he thought of my decision. He and his care team are very relaxed and casual yet straightforward, and with a great sense of humor. Took my health history very seriously.

[Dr. Stephen Hyde](#) Asked a lot of questions of course but when I asked if he even wanted to speak to my husband he said I was an adult and could make my own decisions. Does Essure, Tubal Ligation and others that I don't remember.

[Dr. Pilar Baquero](#) Asked no questions about why I was choosing to have a bilateral salpingectomy other than if I was a: sure and b: knew of other options. Was sensitive in her language to gender and sexual identity ("are you in a stable, long-term relationship?" instead of "are you married", etc.). Very clear and straightforward with information. Specializes in minimally invasive procedures like laparoscopy, menstrual disorders, and gynecological surgeries.

[Dr. Chao-Ching Wu](#) Primary care physician. Very informative, clear, straightforward. Very compassionate. Gave an excellent reference to an OBGYN who could perform sterilization surgery, didn't ask any questions beyond the basics, was very understanding of why someone would choose this path.

Kennewick/Pasco/Richland

[Dr. Kyle Curtis](#). 509-585-5910. Practices at Mid Columbia Women's Health Center/Trios Hospital. Very kind, respectful, and super efficient. No lectures, no bingos, no judgement. Willing to do IUDs, tubals, hysterectomies, endometrial ablations. Super rad dude.

[Dr. Neil Ponder, FACOOG](#). Practices at Desert Sky Women's Health and Trios Hospital. Is also a practicing surgeon. Does the full range of office and OR procedures. The only hesitancy with sterilization expressed has to do with insurance (some of them have extra hoops to jump through). Otherwise, believes an adult woman knows their body and situation best. Stays up to date with latest research.

[Dr Daniel Bahnmler] Practices at Columbia Shores. Did a total Hysterectomy on me at 21 when I came in with medical cause.

Kitsap

Dr. Jennifer Quimby, MD. Performed tubal ligation on myself, supported all of my decisions without showing any judgement

[Dr. Glen Christen, MD](#). Performed my bilateral salpingectomy Jan 2020 at age 21 with no bingos and also let me have my tubes returned to me.

Mount Lake Terrace

Dr. James R Downey, MD. No bingos during the consultation. Asked me how many kids I had and approved it when I said zero. I didn't have to talk him into doing it at all.

Mount Vernon

[Dr. Melissa Chinn, DO at Chinn GYN](#) Dr. Chinn is very open about her displeasure with doctors who discourage childfree people. She's non-judgemental and when I said I (23F) do not want kids she replied with "good!" She's very personable and a breath of fresh air. She does laparoscopic salpingectomies (no Essure) and will do referrals for males to get vasectomies and will work on a plan for back up birth control while his sterility is being confirmed. She will also

assist with abortions. Her office is private practice and does not contract with insurance, but will help with reimbursement and will bill insurance for tests and what not. She operates out of an ambulatory surgical center that I assume will bill insurance.

Olympia

[Dr. Michael Klotz](#). Practices at Group Health Olympia. Was willing to provide me the hysterectomy I wanted, and also was willing to provide a tubal ligation or ablation if I had been interested.

Multiple doctors at [South Sound Women's Health Center](#), Essure and Tubal Ligation - A user reports that Dr. Baker at this Health Center will not sterilize individuals under 30. However, there are other doctors who are willing.

[Dr. Laura Hanks](#) Olympia Obstetrics & Gynecology Did not bing on why and was very good about listening and answering questions regarding concerns. Bilateral Salpingectomy is standard procedure.

Port Orchard

St. Francis Urology Associates. These providers have offices all over the state but Port Orchard is where I scheduled my appointment. They offer a discount if you pay with cash (no insurance) and are relatively cheap compared to other places. As long as you're 18 years of age they won't give you a hard time!

Seattle

[Dr. Mallory Kremer](#), OB/GYN, UW Medicine. Approved a laparoscopic bilateral salpingectomy at 28 without hesitation after going through my reasoning and explaining the risks. She is the sweetest doctor, very understanding, and helpful. Initially saw her at the UW Shoreline Clinic and had the surgery at the UWMC.

Dr. Holly Sato, MD, FACOG Practices out of the [Polyclinic Madison Center](#). Wonderfully warm and fun personality. She approved me for sterilization with absolutely no resistance (32F, no children), very supportive of each woman's right to make her own reproductive decisions. She and the entire First Hill Surgery Center medical team assigned to my procedure were an absolute pleasure to work with. Received a bilateral salpingectomy with IUD removal.

[Dr. Maahum A. Haider](#), Urology, UW Medicine Roosevelt - Vasectomy. She is very professional, ensures that her patients know the gist of the vasectomy process, that it's permanent, and the risks involved. I got a green light very easily and she listened to my reasoning for requesting the procedure and took it seriously. In short, she's fantastic.

[Dr. Katherine A. McLean](#), Obstetrics and Gynecology, UW Medicine Ballard Clinic - Bilateral Salpingectomy. She believes that once you are 21 you should get to choose what you do with your body. Discussed many birth control options first since she wants everyone to have the

correct info. Was super nice and didn't question me wanting the Bi Salp at all. She was even open to doing a hysterectomy because of my family history with fibroids. I was 25 when she did the procedure for me. I would definitely recommend her.

[Dr. Emma Swingle, Qliance Seattle](#) - My GP, whom I can't recommend highly enough. Lovely woman - very pleasant and personable, non-judgmental, a great educator, and genuinely interested in you and your health. She had absolutely no problems referring me for a tubal ligation, and she has never once made me feel weird for being childfree. Bonus: she's also body/size positive!

[The Vasectomy Clinic](#) Gave my husband his vasectomy a week before his 23rd birthday. Also offers free fertility testing for life.

[Dr. Joseph Marquez](#) Performed my no-needle/no-scalpel vasectomy. All he asked was whether I was sure I never wanted kids. [2018 Feb 21 | Addendum from another user : he is willing to do both open ended and close ended vasectomies? He was the only urologist or doctor specializing in vasectomies in the entire city I could find that was willing to do an open ended vasectomy and I want to make sure others are aware for when they are looking to avoid wasting time like I did if they want an open ended vasectomy. I'm 28]

[Planned Parenthood First Hill Health Center](#) (Essure)

Dr. Emily Norland. Practices at The Polyclinic. Willing to provide hysterectomy, ablation, etc. 206-860-4541

Dr. Ellen Wilber. Practices at the Polyclinic (206-860-4541, <https://polyclinic.com/obgyn>). Very knowledgeable, kind and thorough. Performs tubals, salpingectomies, and I believe inserts IUD's. Will fix women over 30 without hesitation. For those under 30, only if they're absolutely sure. - (1/8/18 - Refused me as I'm under 30 [29 and 8 months old], has scheduled 2 more appointments for testing and to establish a history.)

[The Vascetomy Clinic](#) "Dr. Snip" The Vasectomy Clinic is a private practice founded in Seattle in 1987 by Charles L. Wilson, M.D. to focus on comfort and convenience for vasectomy patients.

[Dr. Ali Lewis](#). Meridian Women's Health. Will perform tubal ligations on younger patients, even if they are without children. Doesn't require persuading, just surety that you want it.

[Kaiser Permanente Capitol Hill Women's Health](#). My GP referred me to Dr. Andrew Warner for a consultation, who was honest, open-minded and very nice, and Dr. Errett Story did my actual procedure. The entire process with everyone I talked to from KP was the best I could hope for.

[Ballard Women's Health](#). Both Dr. Heidi Knickerbocker and Dr. Peter Brandon are CF friendly. Dr. Brandon performs Essure and Dr. Knickerbocker will set you up with him if you're interested. Neither needs any persuading, just a normal, adult conversation!

[Dr. Sue Moreni](#) at UW Medicine. Very understanding and willing to perform permanent sterilization procedures on women without children in their early 20s. There is a 30-day waiting period between signing the forms and the actual operation.

[Dr. Elizabeth Micks](#) and Dr. Karin Hayashida at UW Medicine Roosevelt. The entire staff is incredibly friendly and understanding and open to sterilization options for women in their 20s. There is a 30-day waiting period for women on Medicaid but I was informed that women with private insurance can have the procedure done sooner than that. Both Essure and tubal ligations (including full removal of the fallopian tubes) are an option.

[Dr. Philip Welch](#) Operates out of Swedish on Broadway and is a real nice dude. Believes everyone has a right to make their own life/body decisions and fully (without question) agreed to my choice to have a tubal ligation at age 23. Answers any and all questions thoroughly and has his office phone forwarded to his cell after hours so you can call with any concerns pre/post procedure. - Agreed to my choice to have a tubal ligation at 20 years old, but refused to perform a bilateral salpingectomy due to low reversibility (he was cautious due to my age) and a slightly more intensive surgery. Compromised by agreeing to a tubal ligation, but with two methods: falope ring, which he specializes in, as well as cautery on either side of the ring. Very nice and will even rant about how frustrated he is that other doctors will not agree to sterilize women due to their age.

Dr. Linda Mihalov (<https://www.virginiamason.org/linda-mihalov-md-facog>) at Virginia Mason in Seattle, with a special mention of an absolute saint masquerading as a nurse: Janet Dwight (<https://www.virginiamason.org/janet-m-dwight-arnp>). I'd been looking for a doctor for 10+ years to sterilize me when I went to Virginia Mason for a consult with Nurse Dwight about new birth control. I was barely 28 at the time and single. I asked Nurse Dwight about a copper IUD which did not seem to come with the side effects of hormonal birth control. After about ten minutes of conversation, she looked at me and said something to the effect of, "you know, I don't think you'll be happy with an IUD. You definitely know who you are and what you want, and it sounds like kids are not in your plans. Have you considered something more permanent?" Needless to say, I was both floored and overjoyed. After ten years of trying to convince a doctor to even touch me, there I was, being referred for a surgery consult with Dr. Mihalov, without even needing to spout off an entire dissertation worth of reasons Why Not, Not Ever. Enter Dr. Mihalov a couple weeks later: I was blown away. Her professionalism, complete lack of judgement, and the time she spent taking me through all of my possible options and their potential side effects before deciding a bilateral salp was best for me. The day of surgery, she went through the entire procedure with me again to explain exactly what she'd be doing, and what I could expect afterwards. She performed the procedure laparoscopically, and the recovery was like she was never even in there. Three days and I was pain-free and going about my business as usual, just without the dread of a possible "whoops" hanging over my head as it had for the past 28 years. I cannot recommend Dr. Mihalov or Nurse Dwight highly enough. [MOD ADDITION 2018/09/21 (modmail from anonymous subscriber : Hi I've been seeing Dr. Mihalov on the CF friendly drs list. She refused to preform a hysterectomy on me for endometriosis even though I've been in agonizing pain and Lupron (the medication that she prescribed me) has

made me dangerously depressed. Her reasoning for it was that I might change my mind about biological children. I would not recommend her nor would I call her CF friendly.]

Dr. Steven Han: (<https://proliancesurgeons.com/physicians-directory/detail/257>). Vasectomy done at 20yo.

Spokane

[Dr. John McKenna](#) at North Spokane Women's Health. I called the office and asked if they perform tubal ligation on women under 30, right off the bat she said yes and scheduled me a consult. Dr. McKenna was very professional and never spoke down to me or questioned my ability to know what I wanted. 30 day wait period from initial consult to surgery, but I had my surgery scheduled within 2 wks from my consult. [MOD NOTE 2018/08/16 : from a subscriber : "no longer does tubals or any permanent surgeries. He agreed to do mine then a week later had his nurse call me and tell me he no longer did them"]

Dr. Levi Deters - Spokane Urology - (Vasectomy at 26, unmarried with no kids)

Dr. Robert Golden - Independent Urologist ("You're absolutely old enough to make your own decisions!") retired as advised by a subscriber 27 June 2020

Dr. Jody Hechtman - OB/GYN Associates of Spokane. Amazing doctor! You have full autonomy of your body with her. Provides sterilization without any judgement. I recommend her to all my friends.

Tacoma

MultiCare Urology of Tacoma. For those who are at least 21 years of age.

Vancouver

Dr. Andrea Chiavarini, [Vancouver Clinic](#) (tubal)

Dr. Adrienne Heckler, [Vancouver Clinic](#) (vasectomy). For the consultation, she just wanted to make sure that I was well-informed (i.e., this is a permanent solution, freezing sperm can't guarantee IVF, reversal is costly and does not restore full fertility, and young people are those most likely to change their minds). I accepted this, she gave absolutely no lectures or binges, and she did the procedure in just a few minutes at a second appointment. She's a respectful and cheerful doctor to work with.

Michael S. Farber, [PeaceHealth](#) (Bilateral Salpingectomy, 30yo). He wanted to be sure I was aware of all my options, and informed. When I made it clear I've wanted sterilization for a long time and this was the only option for me he had no pushback and scheduled it gladly. Very kind and respectful doctor who made it clear it was my choice. Bilateral Salpingectomy, 30yo.

Dr. Allison Higgins, [PeaceHealth](#) (bilateral salpingectomy)

Dr. Michael Klotz [PeaceHealth](#) (bilateral salpingectomy) He was so kind and respectful. No binges, no unnecessary questions. I can't recommend him enough.

Dr. Miriam Ruth [The Vancouver Clinic, Columbia Tech Center Location](#) Did not try to lecture me or change my mind at all, was very understanding and informative. There was no push back, or comments that made me feel degraded.

Mill Creek/Everett

Providence Obstetrics & Gynecology, Jasmine Albrecht, MD. Gave me (27/f/childfree) a Bilateral Tubal Ligation no problems.

Redmond

Minor & James Surgical Specialists (inside Swedish)- [Dr. John Steele Mullen](#) performed a vasectomy on my 26-year-old husband with little more than a cursory "so you don't want kids? Cool." Dr. Mullen talked us through the procedure and made sure we had instructions for care afterwards. Friendly, straightforward, and no binges.

WASHINGTON, D.C

Washington Circle

[Dr. Frederick Hendricks](#) Asked the usual marriage and kids questions, but says it's your decision just sound firm about getting one. Vasectomy, 19 male, no kids and single.

Foggy Bottom

[Dr. Amr Madkour, GWU Medical Faculty Associates OBGYN](#). Asked the normal why do you want to be sterilized, explained risks, and regrets, but allows it to be your decision. Bilateral Salpingectomy.

WEST VIRGINIA

Dr. Lynnetta Payne - Beckley, WV - <https://www.raleighgeneralmedicalgroup.com/our-practices/advanced-urology> I'm 28/M. All she asked was 'so you're here to get snipped, you sure?' Then she proceeded to tell me about the procedure and post-surgery. She's super knowledgeable and easy to talk with. Awesome experience.

Dr. Michael Lao [Dr. Michael Lao, MD, Health Grades](#) Premier Women's Health, Charleston, WV. I requested a tubal ligation and he didn't even ask questions. Just made sure my insurance would work with the request. I requested it in his office and the surgery was done at CAMC Women's and Children's. I'm a 26 year old single female and I got a tubal ligation with Fallopian rings.

Dr. Jessica McColley Cabin Creek Health Clinic. Belle, WV

Dr. Stephen Bush, CAMC Women's & Children's Hospital, Charleston ,WV

Dr. Lisa Burke. [Marshall OB/GYN. Teays Valley. WV](#). 300 Corporate Center Drive, 3rd Floor, Scott Depot, WV 25560. Phone: 304-691-1800.

Parkersburg: Dr. Patrick Dugan, Camden Clark Medical Center (Also called WVU Medicine) Urology. (Vasectomy). With a referral from my GP, had no qualms scheduling my surgery as long as I was 'totally sure' at 21 years old.

Dr. Anne Berry, Clendenin Health Center in Clendenin, West Virginia. Asked her for an IUD after my abortion (which she was aware of) and she put it in after helping me learn more about it, without any questions or concerns regarding having children, and was even excited for me since she knew I would feel better with the IUD.

WISCONSIN

Eau Claire

[Jennifer Bantz, OBGYN](#) She goes thru the regular "Why do you want this? Risks, regrets, etc." thing, but says it is ultimately your decision. Bilateral Salpingectomy, 24+ years old.

Fort Atkinson

[Craig Kozler, Urologist](#) Gave zero crap about getting vasectomy due to not wanting kids. Did ask standard questions like do you have any children and why you wanted a vasectomy.

Janesville

[Dr. Jill Cousino, Gyno-](#)(Now a maybe, she is hard to get into and started specializing in Delivery my last appt didn't sound as optimistic since she's reluctant to sign off on it now but perhaps in other situations she is? Still the best bedside manner in the area so she's super popular.) Went in to talk about BC options she does perform the Essure and is willing to sign off for tubal ligation. The clinic does permanent sterilization for 25+ unless medically needed earlier.

Fox Valley

(Dr. Eric Eberts, Dr. Marley Kercher and Dr. Amber Post, Women's care of Wisconsin) Dr. Eberts specializes in endometriosis and laparoscopy and is extremely understanding and respectful (no bingos or prioritizing fertility over pain management here). He took my concerns very seriously and was the first doctor I found in the Fox Valley who was willing to go straight to laparoscopic surgery to confirm endo right off the bat. (Wisconsin Institute of Urology - Oshkosh, Dr. Matthew Anderson - vasectomy www.wisurology.com)

La Crosse/Onalaska

[Dr. Mary E. Kuffel, Ob/Gyn](#). Serves eastern Iowa, eastern Minnesota and western Wisconsin. [Recommended in this post](#).

Madison

[Dr. Julie Schurr](#) at Physicians for Women, 2955 Triverton Pike Drive Madison, WI 53711 (608) 227-7007. Agreed to sterilize 21-year old woman at first visit, without pushback.

[Dr. James Shropshire](#) Very understanding about young people choosing not to have children. (Vasectomy).

[Dr. Frederic Melius](#), Completely respectful, bingo-free sterilization for 27 year old women (with no medical reason for sterilization besides not wanting children). Great lengthy discussion to find the best procedure for me. He performed laproscopic bilateral salpingectomy and searched for endometriosis to cauterize.

Dr. Brenda Jenkins at UW Hospital Gynecology Clinic. Clinic is GYN only, no OB. does Tubals and Essure.

[Dr. Kristina Bathke](#) respectful, bingo-free bilateral salpingectomy on 36 year old woman.

[Dr. Jay Lick](#) and [Dr. Gregory Bills](#) both gave their approval for a 24 year old female to have a hysterectomy due to endometriosis and adenomyosis. With their willingness to take it all out, they're probably willing to take parts out if you have a good reason.

[Dr. Lori Wendricks-House](#) and [Dr. Linda Neidhart](#). (Bilateral salpingectomy on a 28 year old woman).

[Dr. Christopher Manakas](#) performed vasectomy on 22/unmarried/childless. Wonderfully charismatic, helped reduce the stress of operation.

[Dr. Ruth EH Yemane](#) performed bilateral salpingectomy on 28/single/childless with no bingos.

Milwaukee

[Dr. Sheldon Wasserman](#) (Tubal) Update: (9/30/19) Called to schedule an appointment for a tubal and the receptionist said that they "Don't do those anymore." She referred me to the Froedtert Medical College, but didn't specify a doctor.

Also went to [Dr. Dewire](#), unmarried at 25 and he gave me no guff about a vasectomy. On a lighter note his name is DE-WIRE and he does vasectomies.

Oconomowoc

[Dr. Douglas Dewire](#) - very personable, didn't give me (at 28 years old, unmarried) any trouble requesting a vasectomy with no kids. I even asked him if he would be ok with me adding him to this list and explained what it was about, and he said he was fine with it. Urology Associates

ended up testing me four times afterwards over the course of ten months because it took forever to show 100% zero sperm, and didn't charge me extra for any of it. Fantastic experience.

Pewaukee

[Dr. Xuan Thy Tran](#) Told her I didn't want kids and asked for an IUD; she not only didn't blink but suggested Essure instead (I declined because I'm allergic to nickel). Since not having had children makes insertion harder, and she wanted me to have the easiest time possible, she referred me to OBGYN [Dr. Amy Fox](#), who was also utterly cool with it.

Sheboygan

[Dr. Gregory Grose, Urologist - Prevea Health](#) (Vasectomy)

[Western Wisconsin Urology](#) travels to clinics all over Wisconsin. I had a doctor named Dr. Brooke Johnson and he did great.

Wausau/Weston

[Dr. Paul Kerns at Aspirus Wausau Hospital](#) Did a bilateral salpingectomy on 22 year old female, unmarried, and without kids, I went in for my consultation and right off the bat he said that he was not there to make choices for my body. He listened to my wishes and reasoning for seeking sterilization. He took a few days to make a decision and I finally got a call to schedule my procedure. He was very professional and trusting. Surgery went very smoothly. Overall I'd rate Dr. Paul Kerns 11/10.

[Dr. Thomas Doering at Marshfield Clinic](#): Did a bilateral salpingectomy on 24 year old female with endometriosis, did not hesitate or question when I said I didn't want kids.

Wauwatosa/Milwaukee

[Dr. Charles Kidd at Milwaukee Urology Specialists](#): Did a vasectomy on a 23 year old man, unmarried and without kids. No judgment, very professional, and a very smooth surgery!

West Allis/Milwaukee

[Dr. Stacy Syrcle, OBGYN, Aurora Women's Pavillion](#): Only does surgery on Wednesdays. The entire practice at the Women's Pavillion cares about bodily autonomy, but Dr. Syrcle for sure will do a tubal. Prefers bialsps, but will do ligation if you'd prefer. She even took photos of the anatomy, looked at ovaries for PCOS and checked the uterus for endometriosis.

WYOMING

Cheyenne

[Dr. Jacques Beveridge](#) Essure Procedure. Can only confirm he will sterilize at least as young as 24 years old, had a brief consultation that involved a couple of questions such as to what if i changed my mind, what if a future partner wanted kids, but he didn't push and didn't require long, elaborate explanations. Procedure itself was rather quick (10-15 min tops). Wait time from call to consultation appointment: 2 weeks. Time from consultation to procedure: 2 weeks, which was due to waiting a full week after period for procedural reasons, so wait time will vary depending on your cycle.

Douglas

William L. White, MD, FACS General Surgery Office: Medical Office Building 700 East Center Street Douglas, WY 82633 Phone: (307) 358-7300

Canada

British Columbia

Burnaby: [Dr. Dianne Vosloo](#), GP at the [Simon Fraser University Health and Counselling Services](#) center. Is CF herself and decided when she was in her mid 20's, so she gets it. Very open, friendly, knowledgeable and supportive. Discussed all my options with me and was willing to refer me at age 26 for a tubal ligation no questions asked. Does not perform the surgeries herself but refers to a likewise minded gynecologist, [Dr. Ellen Wiebe](#).

Update 2018-10-17: We received a message from one of our subscribers that the clinic does *not* offer sterilizations (anymore?). For now I will leave the entry here, but please be aware of this potential change. If we receive a second confirmation, this entry will be marked as void.

Nanaimo: Dr. P.J. Mitchell. Prefers to do a Bilateral salpingectomy (removes both fallopian tubes) but gives you the option. Willing to sterilize 21 year old women, very easy to talk to, non-judgmental. Normal referral and surgical wait times apply. MSP covered.

Vancouver: Dr. Stephanie Fisher OBGYN. Will require a referral from your GP. Declined late-30s woman for ablation but approved for tubal. Waited 11 months for consultation appointment after being referred.

Vancouver: Dr. Michael Polay GP. Gave me no issues for a vasectomy referral as a 24 year old.

Vancouver: [Dr. Pollock](#) - Very professional, booked a vasectomy for a 22 year old without requiring another doctor's referral. Private clinic, not covered by MSP.

Vancouver: [Dr. Brian Fitzsimmons, MD, FRCSC, FACOG](#). A great OBGYN who respected my choice to have a bilateral salpingectomy when I was 20 years old in 2018.

Victoria: Dr. Catherine Carlson, CCFP at the [Island Sexual Health Society](#) was very professional when I asked for a referral for sterilization.

Victoria: Dr. Stephen Gordon, GP. Friendly young(er) Doctor, referred me for vasectomy without any judgement or fuss in mid-20s.

Victoria: Dr. Jeffery McCracken, Urologist. Performed a vasectomy on me (32). "No kids, don't want any?" "Yup" was the extent of the verification. Performs cauterization method.

Victoria: Dr Connelly at the Island Sexual Health Society agreed to refer me (20F) to a gynaecologist of my choice with no fuss. I asked Dr Mimi there for a backup referral and she, too, agreed without being condescending.

Victoria/Vancouver: Dr Jonathon Follows. Performs no needle/no scalpel vasectomies. Agreed to do it for me at age 21 without any fuss. Covered by MSP with a modest \$60 (4h 0m) fee for equipment. Splits his time between Vancouver on the weekdays, and Victoria on Saturday.

Dr Jonathon Follows has retired and Pollock Clinics has taken over his practice. The procedure is now \$850 (Unknown about if they will do it or not)

Kelowna: Dr. Christopher Ng. Performed a bilateral salpingectomy (removal of fallopian tubes) on me (at age 25). Very professional, kind and respectful of my decision. Made me write a brief letter for legal reasons saying I understood it was permanent and non-reversible and that I would not hold him responsible if I changed my mind. *Update Oct. 24, 2017* Doctor is no longer practicing in Kelowna, unsure where he's moved to. If anyone is lucky enough to come across him in another city, hopefully his location can be updated.

Kelowna: Dr. Ziad Jaklis, MD, FRCSC (Urology) Performs no-needle, no-scalpel vasectomy. Very professional and reassuring. Explained every step of the procedure as he went, and only asked the required questions regarding family status during the consultation.

Central Fraser Valley, Dr. Vrabec

Langley BC: Dr. Elaine Mah Obigyn, 21561 Old Yale Rd, Langley, BC V3A 4M9, (604) 534-4441. Performed laparoscopic bilateral salpingectomy on 23 yo/f. Approved when I was 22yo. Professional and respectful of my decision.

White Rock [Dr. Kerstin Gustafson](#) MD, FRCSC, NCMP Gynecology & Obstetrics Ass. Prof, UBC Sereno Gynecology 604-385-4966 Willing to perform: bilateral salpingectomy and endometrial ablation on 30 year old, without pushback. Has several month backlog in surgical schedule, but will book for next available. **Said she would be reluctant to do the surgery on a patient in their mid-20s, but 30 was old enough.** Currently accepting new patients on referral.

Alberta

Edmonton: Dr. Michael Bow Performed tubal ligation on a 27 y/o in 2015. Southside women's health center. Took 5 months to schedule consult and at least 2 for surgery (expecting it in 2015) <http://411.ca/business/profile/6125336>

Edmonton: Dr. Graham Lohlun (<http://www.vasectomyedmonton.com/>) No scalpel vasectomy provided to a 22 year old. Consultation required, but no roadblocks due to age. Able to do procedure one week from consultation. Very professional and made me feel at ease.

Also approved a No-Needle No-Scalpel vasectomy for a 23 year old. Consultation required but had no problems with age. Just asked a few questions to make sure I was sure. Very nice man and made me feel at ease with the procedure. They also reply to emails very promptly.

Edmonton: Dr. Priya Patel - (780) 414-0782 Referral required by a family doctor.

Approved and completed the hysterectomy and bilateral salpingectomy on 29 year old, CF female with menstruation issues. Has also completed tubal ligation on several CF and on-and-done women in Edmonton. Subject to usual long AB Health waiting times (2-24 months).

Edmonton: Dr. Dwaine Larose Ladies First Obstetrics & Gynecology Consultants 192-17010 90 Ave NW, Edmonton, AB T5T 1L6 Phone: (780) 483-2901. Performed tubal ligation on a 33 y/o in 2017. Took 2 months to schedule consult and a rapid 1 week for surgery due to cancellation. NO bingos was very respectful

Edmonton: Dr. Sabrina Merali, Gynecologist. Women's Clinic (Hys Centre) (780) 421-4728. Referral from family doctor required. At this time she is a substitute for Dr. Neilson (March 2018). Granted bilateral salpingectomy to 29F after two consultations 9 months apart. Gives the usual speech about IUD but won't fight you on it if you're firm. Very kind and respectful. Current wait time: 3 months.

Edmonton: Dr. Aiken, 510 HYS CENTRE 11010 - 101 Street Edmonton, AB T5H 4B9 Telephone: (780) 414-0782 Fax: (780) 414-0784. You have to be referred to the clinic and it can take awhile to get in. Dr. Aiken agreed to do a partial hysterectomy (ovaries still intact) when I was 34. Had the surgery about a year later. She asked for my reasons and didn't tell me the percentage of women who regret it, how I'm too young, my husband opinion, etc. She told me of my other options, tubal, IUD, etc. I was firm on the hysterectomy and she agreed. Surgery went well, she had amazing bedside manner (I've had some horrible surgeons) and I have zero complaints or regrets.

Edmonton: Dr. Amanda Kim, 162 Meadowlark Health & Shopping Centre 156-87 Ave, Edmonton, AB T5R 5W9 Referral needed from general practitioner. Approved a bilateral salpingectomy on first appointment to 24F. No mention of regret beyond needing a letter from mental health professional stating sound mind (due to multiple mental diagnoses) in a covering-her-butt move. Absolutely no questioning of my decisions or surety. Did not even attempt to dissuade me.

Fort Saskatchewan: Dr. O. Oyewole. Agreed to perform Endometrial Ablation and Tubal Ligation on 26y/o pt with uncontrollable periods (had exhausted all other options. Surgery revealed endometriosis). Asked if I understood the CF outcome and told him I've never wanted children and he didn't argue. Point of referral to surgery was 5 months.

Calgary: [Dr. Attila Nadori](#) Provided vasectomy to 21 year old. Less than one week wait for consultation, very simple interview, very friendly. One week wait for procedure. No scalpel; can buy supplies directly from office (\$200).

Calgary: [Dr. Peter Crouse](#)(Vasectomy) Provided vasectomy to 23 year old. One month wait for initial consultation with basic interview. One month wait for actual procedure. No scalpel; can buy supplies directly from office.

Denied vasectomy to 21 year old immediately, showed pictures of his own children and said "no other doctors in Calgary will perform a vasectomy on someone as young as you" and "come back with children when you're 30 and we'll talk".

- **It's been reported that another individual, also 23, was expressly denied the procedure due to his age and advised to wait. Please be aware of this before assuming this medical provider is 100% childfree-friendly.**

Calgary: Dr. Don G Wilson (OBGYN at South Health Campus, referral required) Provided bilateral salpingectomy to a 26-year-old CF woman, no spousal consent required. Time from referral to consult was approx. 1 year, time from consult to operation was 1 month. Very professional, staff was very enthusiastic; direct quote: "You're a grown woman, you're able to make your own decisions, who am I to say no?"

Calgary: Dr. Stephen Wood + Dr. Phillipa Brain (OBGYN at Foothills Hospital, referral required)

Provided bilateral tubal ligation to 22 year old using Filshie clips. Was referred to the clinic as a second opinion by a doctor from Rockyview Hospital. From starting the process of getting the procedure, it took three years in total. Results may vary, as the patient went through two separate Chief in Resident surgeons to get the procedure, one who said they wanted to do a medical ethics consultation, and one who approved it right away.

Calgary: OBGYN Dr. Bruce Allen (Southcentre executive tower, referral required). Agreed to perform tubal ligation and endometrial ablation on 31 yo CF woman with endometriosis. 6 month wait for the referral and 6 month wait for the surgery. Did not question CF status, did not ask about marital status. Direct quote : " Some doctors wouldn't sterilize a woman your age without kids, but I'm not one of them." Great staff.

Edmonton: Dr. Robert Chua (OBGYN at Grey Nuns Hospital, referral required)

Provided bilateral clip tubal ligation to 28 year old (27 at time of consult). Three month wait from referral to consult with Family doctor and further three month wait from consult to surgery.

Lethbridge/Rural Southern Alberta: Dr. Codruta Abhilash (GP) Campbell Clinic Coaldale
Referred 23 year old to a small surgery doctor. Consultation required, but no resistance.

Lethbridge/Rural Southern Alberta: Dr. Vincent Luykenaar at Campbell Clinic Coaldale Will be providing vasectomy to 23 year old (Sept 2015). Took 3 weeks for initial consultation. Was willing to do in few short weeks.

Lethbridge: Dr. Adedayo Aladegbaiye (Dr. Dayo) Very friendly, offered thorough consultation on my birth control options and happily provided me with an IUD. Doesn't question my SO's and my claim to never want kids. Unsure if he will perform/refer sterilization procedures but I will update when I know.

Lethbridge: Dr. Allyson Adolph (OB/GYN). Was referred by Dr. Johann Meyer (GP - Campbell Clinic Coaldale). Busy, but friendly, and good bedside manner. I was in my early 30s when I met with her. She did not express any judgment or resistance. Just established I did not want children and wanted a permanent birth control option and gave me an enthusiastic "so, ready to do this then?". Referral to consult was 2-3 months and first appointment had to be rescheduled after I had already arrived at her office as she was called out, but met with her a couple weeks later at Chinook Regional, and time from consult to surgery for bilateral salpingectomy was one month (and that was in part due to my own schedule).

Lethbridge/Rural Southern Alberta: Dr. Johann Meyer (GP) at Campbell Clinic Coaldale referred early 30s woman (patient of 3-4 years) to OB/GYN for sterilization upon simple request. No issues.

Saskatchewan

Regina: Dr. H. Kamencic - Shares an office with Dr. J Thiel at 2631 28 Ave, Regina, SK S4S 6X3 Obtained e-recommendation (on request for Tubal Ligation) from GP, and Dr. Kamencic was the one who returned my call. Wanted to ensure I had looked at all options before Tubal. Confirmed my steadfast decision and he booked the surgery. Little resistance if you are set in your decision.

Saskatoon: Dr. Natasha Payton OBGYN - 149 Pacific Ave She is super friendly, listened to my concerns and explanations for why I wanted a tubal ligation and helped me book the procedure without hesitation. I'm 25, never given birth. Very easy to talk to!

Ontario

Belleville: Dr. Paul Kovacs OBGYN - Was more than willing to offer me a tubal ligation at age 25 when I informed him I don't want children ever. His bedside manner is pleasant but very to the point, he does not sugarcoat things he just tells it like it is and answers your questions. Had surgery done by him was very simple and easy no issues. There was a two month wait for an appointment. The office is busy but the most I ever waited was about an hour.

Brantford: Dr. Anne Powell OBGYN- Agreed to do a tubal ligation (Filshie clips) at age 27. Very easy to talk to and non-judgmental, listened to every word I said and took me seriously. 2

months wait time for consult scheduled December 11th, pre-op scheduled for February 8th, surgery scheduled for March 3rd.

Burlington: Dr. Christopher B. Allard, Urologist - Vasectomy on 31M. Easy to talk to. Mildly surprised when "no kids" was mentioned but just confirmed we knew it was permanent and was totally respectful. Totally covered by OHIP. From consult to surgery was 3 months as he only does surgeries Mondays. Note: he did a traditional scalpel vasectomy. Although it went well, I recommend going to Toronto for a non-scalpel procedure for ease of healing.

Burlington: Dr. Anoop Nayar, GP - Referral for vasectomy on 31M (referred to Dr. Allard). Also very respectful. Asked if there was a reason why but followed it up with assurance that he respected patient's choice. From GP to Urologist appointment was 3 months. Note: He thought everybody does non-scalpel vasectomies, but referred us to a urologist who only did traditional scalpel procedures (Dr. Allard).

Guelph: [Dr. Wesley-James, Urologist](#) Great doctor who's done 10,000 vasectomies. Didn't question my decision despite my young age (20s).

Hamilton: [Dr. Caroline Sibley OBGYN](#) Essure procedure (hard to find docs who do this in ON) or tubal ligation, your choice. Also an overall great doctor. Very respectful during consultation, took my word for it that I was sure of my decision without prodding or condescension. Wait list for consult was several months long. However, from consult to surgery was 3 weeks.

Hamilton: [Dr. Caroline Sibley OBGYN](#) Bilateral Salpingectomy. 26 year old female. Already saw her as a gynecologist, and booked an appointment to discuss sterilization. She laid out the three options - Essure, tubal ligation, or bilateral salpingectomy - and asked which one I would like. Settled on the bilateral salpingectomy due to metal sensitivity. No bingos, condescension, or questioning. Time from appointment to surgery was about a month, and Dr. Sibley is the one to perform the surgery.

Hamilton: Dr. Dustin Costescu - Performed tubal ligation with clips on 22-year-old woman. Called his assistant at McMaster to get a fax number, which I gave to my family doctor and asked for a referral. Was initially going to have to wait months for a consult but his office called the second an earlier appointment opened up. Surgery three months later. Not only did an excellent job with the surgery, but could not have been more respectful and honest during the consultation process. One of the best doctors I've had in any capacity. Very knowledgeable about birth control in general if you have questions or are considering other options.

Hamilton: Dr Margot Loosely-Millman - OBGYN surgeon. Performed partial hysterectomy at 26, all internal with cautery, no exterior scars, in and out before 1pm. Asked obligatory bingo questions but was very open-minded to reasoning (both CF and family history of gyn issues). Made me visit twice before approval but afterwards no questions asked, no disrespect, no bingo.

Hamilton: Dr. Marc Anthony Fischer-Booked for a vasectomy on a 39 year old single man with no kids. No bingo's, no judgement when I said I don't want kids ever and even joked that kids can really mess up your life. 1 Young St., Suite 419.

Kingston: [Dr Ashley Waddington](#) performed a bilateral salpingectomy on a 25 year old.

North Bay: [Dr. Zeman] OBGYN - Provided tubal ligation at age 25. Waited 2 weeks for initial consultation, with basic interview and talk about the risks. Then waited 3 months for an available surgery date. Had it done laproscopically thru my belly button, no scar at all! He is sometimes difficult to understand as he has a heavy accent and a little cold it seems at times, but he will listen to you, tell you your options, and then will ultimately decide with whatever you want to do. Update 2019-02-26: Unfortunately, we were informed that Dr. Zeman has passed away.

GTA: Dr. Darren Sukerman -Family / G.P. Etobicoke, Ontario Trillium Health Centre - Queensway Site 416-621-9700

GTA: [Canadian Men's Clinic - Dr. Blumenfeld & Dr. Hirshberg](#) - 416-636-7377 - Provided a vasectomy to me at age 25 with no children. Absolutely no attempts to change my mind, absolutely no reluctance. A simple confirmation of "This procedure is permanent, are you sure?" is all I got. Extremely friendly & non-judgemental. It is a men's sexual health clinic, mostly operating after hours and weekends. I had Dr. Blumenfeld, he is a kidney transplant surgeon by day, and operates this men's clinic by night. He is professional, skilled, and friendly. He told me that he has performed thousands of no-scalpel vasectomies. The procedure was quick, and mostly painless, and the doc was even making jokes throughout. I had a quick phone consultation, and the procedure was booked for 2 weeks after. This place should be your first choice if you are in Ontario.

Adding a recommendation for Canadian Men's Clinic, I got my vasectomy here 2 years ago, highly recommended. Totally agree with everything in the above paragraph.

GTA: Gentle Procedures Mississauga - Dr. Sing - Provided a vasectomy to me at age 29 with no children. Stated they prefer patient be 25+. No resistance, non-judgmental, incredibly friendly reception and procedure. Dr Sing was patient for any questions or concerns. Seemed to appreciate that I had done research on the procedure before hand and had made appropriate arrangements for comfort and health. Procedure is 100% covered by OHIP, zero out of pocket cost, highly recommended. - <https://www.gentleprocedureswestgta.ca/>

Toronto: [Men's Health Institute](#) I approached them at 21 a week from my 22nd birthday, Dr Jarvi saw me and was very respectful of my reasoning. He just asked that I consult the other surgeon in the clinic for a second opinion first, which I did. Went in the day of, he was so good I didn't know he was working until he told me he was already done one side. Incredibly talented, no pain at all, and seemed as though he'd be open to 18 year olds so long as they show unwavering belief in their choice. They've only been open a year and change at the time of writing (22/06/2017) so they were a bit hard to find. Hoping to spread the word, good luck to you all!

18 year old male adding a recommendation for Dr. Jarvi as well. He was happy to provide me with a vasectomy, given a second consult with Dr. Krakowsky, to ensure my physical fitness. Ended up doing it with Dr. Krakowsky due to scheduling.

Toronto: [Dr. Yonah Krakowsky \(MD FRCSC\)](#) - Mount Sinai Hospital - 60 Murray Street, 6th floor - I am an 18 year old male. I initially went to the Men's Health Institute where Dr. Jarvi said he would give me a vasectomy, but first wanted to check with a second doctor to ensure that I am physically fit for one. I was referred to Dr. Krakowsky by him. Both Dr. Jarvi and Dr. Krakowsky were understanding of my desire to get this done and non-judgemental in their demeanour. I ultimately went with Dr. Krakowsky, as I was already at his office and Dr. Jarvi's schedule appeared to be a lot busier. The procedure itself was smooth and only took around 20 minutes. Dr. Krakowsky informed me exactly what was going to happen before he did it, and talked with me throughout to help distract from any of the pain (the only real pain at the time of the procedure was the ~3 needles for anesthesia). I am writing this one week later and most of the swelling, bruising, and pain has died down. Dr. Jarvi and Dr. Krakowsky were the only ones willing to do the operation for me out of more than 5 urologist I tried to contact and I am very thankful for that. If you are in or near Toronto, and especially if you are young like me, this should be your first choice.

Toronto: [Ontario Men's Health Clinic](#). I am a 23 years old male. The doctor had no problem referring me to the surgeon for a vasectomy procedure. He asked some pretty basic questions. I'll probably update the wiki once I meet with the actual surgeon (Toronto Vasectomy Clinics). I have a long term relationship (almost 4 years) with my girlfriend (who is also childfree). So far it took only 1 week to get an appointment for the referral (Men's Health Clinic) and 1 month for the consultation with the surgeon.

Toronto: Dr. Rajiv Shah (OBGYN), St. Michael's Hospital - 61 Queen Street East - I'm 29 and I was referred to Dr. Shah by my family doctor for sterilization. Dr. Shah was professional, didn't bingo me and had no problem performing the procedure. It took me about a year from the first appointment to the procedure but it was free. I highly recommend him.

Toronto: Dr Farzana Haq, Integra Health Centre - 1320-130 King Street West - I'm a 25 year old female. She Dr. Haq is a Family doctor at the clinic. Had no hesitations about giving me a referral to get Bilateral and also suggested my partner also get fixed as it is a faster procedure if we wanted to be doubly sure not to have any future mistakes. She didn't bingo me at all and offered to do the referral that day if I wanted.

London: Dr. Michael Anthony Maruncic - Gynaecologist/OBGYN - Works out of Victoria Hospital. Took 7 months to get a referral appointment for consultation. He was informative and no nonsense. Didn't ask about my relationship status, just wanted to make sure I was sure and went over other options but was happy to do what I wanted in the end. Doing my tubal at age 25 in October, 3 months from consult appointment to surgery date.

London: Dr. Josef Vladars - MD - He is located at 130 Thompson Rd and I believe he closed his FMD practice to exclusively perform vasectomies. My husband (at age 32) and another childfree

couple we know both had their vasectomies there. The referral time between our FMD and seeing Dr. Vladars was a few months, then the first consult and the actual surgery were three weeks apart. The process was simple once referred (no huge hassle about not already having children), and my husband was in and out under an hour. A very professional and quick clinic.

London: Dr. Marius Cristian Naghiu - Asked me (22m - no children) no questions about my decision to have a vasectomy and gave me a referral on the first visit.

Kitchener: Dr. Emma Wakim OBGYN. KARMA Clinic in Kitchener/Grand River Hospital. Referred by GP in January, consult in May. Surgery set for September, but got bumped twice to October and then November. Surgery was great! Tied my tubes using Filshie clips. I was 26 at the time of my consult, 27 when I had the surgery. Very no nonsense, listened to the short version of my argument, made sure I knew it was permanent, and then agreed to do the surgery.

Kitchener/Waterloo: Dr. Gillian Oliver OBGYN. Clinic in Waterloo/Surgery at Grand River Hospital. Tubal Ligation at age 22. Surgery was booked 4 months after my consultation, but took awhile from referral to consultation ~7 months. Consultation took ~10 minutes to convince her I was sure.

Kitchener/Waterloo: [Dr. Andrew Stewart OBGYN](#) 30 Dupont Street East, L4 Waterloo, ON N2J 2G9. Double salpingectomy on a 23 year old woman (22 when referred). 5 month wait time for appointment, 4 month wait time until surgery.

Markham/Stouffville: Dr. Adeel Sheikh. Minimally Invasive Urologic Surgeon at Markham Stouffville Hospital. Vasectomy at age 24. Dr Sheikh is young, friendly, and very well informed. During the consultation, he asked about other birth control methods we could use, but did not press too much and did not question our decision. He made sure we understood that the vasectomy is permanent. Vasectomy was booked for 2 weeks after the consultation. He had no issues with us being a childfree couple in our mid 20's. Highly recommend getting a referral to him.

North York: Dr. Grace Mariampallai OB/GYN. She works in the same office as [Ceres Fertility Center](#); however, she is her separate office, she has no website. Her phone number to her office is (four-10-six-223-9-one-one-4). She had a second opinion after she said yes, he was harder to confirm with and I would not suggest the same way. I had a bilateral laparoscopy tubal coagulation, dilatation and curettage, and the removal of my mirena. Age 24F

Orillia: [Dr. Brock McKinney] OBGYN 705-558-2020 -- Tubal ligation, age 26. Five months from initial consult to surgery. Very nice, well informed, happy to do the procedure, but a bit paternalistic about removing tubes.

Oakville: Dr. Len DeBolster - [So Simple Vasectomy Clinic](#) - Great doctor, took 4 months from referral to consult, then another 3 from consult to vasectomy. Had no problems for childless couple, 29M and 26F.

Owen sound: Dr. Emmanuel Caulley - obgyn did bilateral salpingectomy on me 6 weeks before my 25th birthday. Did have a 6 month wait for initial consultation then 3 months until an available surgical date. We had a quick interview, he was very respectful. Day of the procedure he asked again if I'm positive, I said yes and he said "you are an adult and I will do my best for you". Due to previous surgeries he had trouble getting in so I have multiple small incisions but no big deal. He runs roughly 2 hours late for everything but overall nice guy.

Owen Sound: Dr G Wignall - vasectomy, 29yo. The closest he came to a bingo was telling me that "if my circumstances change", insurance won't cover a reversal and I may have to go further away in order to find a surgeon to do it. He never once questioned my judgement or implied that I was wrong for not wanting children.

Ottawa/Cornwall: Dr. Bob Reddock. (Vasectomy) Won't see anyone without a referral, but if you do get one from any physician, he will see you. Very nice guy who is very understanding, and he told me, "If you are old enough to serve your country, you can make your own life choices." Less than a week from the time the referral was sent to when my consultation was. Very short waiting times. [Here is his website.](#)

Ottawa: Dr Wolfish. University of Ottawa Health Services.
(<https://med.uottawa.ca/obs-gyne/divisions/general-obstetrics-and-gynecology/staff-list/wolfish-karen>) She's so fantastic! Surgery booked for a few months after my initial appointment! Not sure if you need a referral or not, but even if you do, totally worth the extra work! - Yes you do need a referral. Will not do the surgery on young (under 25) women but is willing to refer you to other doctors in the area who will.

Ottawa: Dr. Glenn Posner. Origyns Medical Clininc (Surgery will be at Riverside Hospital). Wonderfully kind man who listened to my reasons and approved me at 23 years old. Surgery scheduled for 10 months after initial appointment.

Ottawa: Dr. Jessica Dy - Shirley Greenberg Women's Health Centre at Riverside Hospital (surgery at the Civic) - Absolutely wonderful Doctor. Requires referral from GP. Long appt wait time but worth it!

Peterborough: Dr. Suzie Pakenham,
<http://www.themedicalcentre.net/aboutus/physicians/pakenham.html>

Sarnia: Dr. David Pressey OBGYN 519-332-2709

Sarnia: Dr. Martin, Urologist. Age 22, approved for vasectomy but wanted me to wait 3 months to see if I was sure about it. Day of procedure asked again and then went with the procedure. He said he doesn't normally do people this young though so have good reasons for wanting it done.

Smiths Falls: Dr. Cecilia Kerner, OBGYN, Perth & Smiths Falls District Hospital. Referral required. She approved me for a bilateral salpingectomy at our first appointment and performed

the surgery the following month. She is amazing, so supportive and kind. She understood that I was serious, and treated me with total respect and understanding. Highly recommend her.

Sudbury: Dr. Bishwajit Bora, Urologist, Northern Urology Centre, 705-673-6836. Age 23, Approved for vasectomy and procedure was done on March 23, 2015. He was very polite and open minded. Didn't require any convincing, just a few questions before hand, then signed the paperwork! Be confident in your choice! If you are not 100% sure, from what he has said, he won't do the procedure. Don't show any uncertainty. Good Luck! :)

Sudbury: Dr. Splinter, OBGYN, Neo Women's Health Network, 705-222-0492. Age 26, approved for a salpingectomy. I waited 6 months for my first appointment with her, but the whole clinic is very much "it's your body and your choice", they just wanted to make sure I was aware of all the options and what the procedure would entail. I received my surgery 3 months later and it went well.

Sudbury: Dr. Jocko, OBGYN, Neo Womens' Health Network, 705-222-0492. Age 30, approved for laparoscopic bilateral salpingectomy. I had to get a referral and it was about a 3 month wait until my appointment with Dr. Jocko. My appointment was November 4th 2019, and I had my surgery March 4th 2020. No bingos, everyone at the clinic and hospital (Health Sciences North) are super nice. Dr. Jocko herself is a very friendly and professional doctor.

Toronto: Dr. Ally Murji, Mount Sinai Hospital and clinics at Women's College Hospital. (Essure) Was referred to Women's College Hospital by PPToronto. Be prepared to wait a few months before your appointment - they're very busy.

Toronto: Dr. Les Spevack, North York General Hospital. Family doctor referral to consultation to vasectomy: 5 months. No questions asked as a single 23M. Explained procedure and set up the surgery appointment on the spot in 10 minutes.

Toronto: Dr. Modupe Tunde-Byass, 5 Fairview Mall Dr and North York General. Approved for tubal ligation, very quick to get surgery scheduled could have had it done within the month. Single, 28 she asked questions and offered other methods but saw that I am competent and knew what I wanted.

Toronto: Dr. Paul Cohen, Dermatologist, Rosedale Dermatology Centre - 1366 Yonge Street, Suite 306, 416-487-3453, <http://www.drpaulcohen.com> . It's a long wait to see him but he is a great dermatologist who knows his stuff and is open minded with treatments. I use spironolactone for menstrual cycle breakouts, and he reminds me at appointments not to get pregnant on the drug or else I would need an abortion. This is likely for liability purposes. Even when mentioning being childfree he's never binged me. He has also never withheld the prescription on the off-chance that I'd be pregnant, or changed the treatment for that reason. While this is only my experience, I doubt that other women would be binged by him if they needed Accutane, for example.

Windsor: Dr. Michelle Susanne Suga Rak 2425 Tecumseh Road East, Windsor, Ontario, N8W 1E6 (519) 254-6461. Bilateral salpingectomy on 27-year-old woman. She was very nice,

non-judgmental and respectful. and she listened. She just asked me if I was sure I didn't want children. She prefers doing laparoscopic bilateral salpingectomy.

Manitoba

Winnipeg: [Dr. Errol Billinkoff](#). 1 appointment to consult, 1 appointment to have the procedure, 1 follow up. Respected my decision based on age and education.

Winnipeg: Dr. Devon Ambrose, Tache Obstetrics & Gynecology. At this clinic they said that they require two doctors to approve a sterilization on a younger person (26F), though Dr. Ambrose was very open minded and understanding, so that might have just been the first Doctor that I saw saying that. Dr. Ambrose said that I'm an adult and the only person that can 100% know me, so it was my decision. He talked about how regret rates are actually quite skewed and that it's the patient's decision in the end. Tubal ligation scheduled June 2016!

Adding a second success story with Dr. Devon Ambrose. I was not told that I needed two doctors to approve, however this may have had something to do with my family doctor, who referred me, being on my side and saying that she supported me in the referral. He didn't seem delighted to be doing the operation on someone so young (25F) but was nevertheless willing and supportive. I think he appreciated that I said outright that even were it not for being CF, I'd rather adopt. He wanted me to wait a couple months after the consultation to let everything sit, but it ended up being that the pre-op appointment and surgery all got booked within a month and a half of the initial consultation, very speedy! Can't be happier with how everything went and I highly recommend him to others!

A third success story with Dr. Ambrose, although the process was painfully slow. It's been six months since my referral and I only just had the appointment for the required second opinion, and I'm now waiting to get the surgery date for my bisalp and date for the pre-op appointment.

Winnipeg: Dr. Heather Ring, Tache Obstetrics & Gynecology. My OB/GYN was Dr. Ambrose (above), but she was the doctor that gave the required second referral and she had no hesitations giving it for an unmarried nulliparous 27 year old. The entire appointment she kept restating that her questions were only a formality so that she could tick the required boxes.

Winnipeg: Dr. Vivian Lee: She is out of the Manitoba Medical Clinic (you'll need a referral) she is willing to perform a Tubal Ligation on women as long as they know what they are doing and understand this is permanent. She is pretty liberal thankfully. She has scheduled mine (24f) for February 2017. The type of tubal ligation is the clip method.

Winnipeg: Dr. Mark Bernier out of the Manitoba Clinic. Provided tubal ligation with Filshie Clips on 23 year old woman in 2010. Needed a referral from a GP to see him, took about a month to get an appointment, had the surgery 3 weeks later.

Winnipeg: Dr. Jay Buenafe: He runs Circumcision and Vasectomy Clinic at 930 Jefferson Avenue Suite 203, Winnipeg, Manitoba. I went there when I was 26 years old, told him I have no child of my own and I don't want to have one of my own. I also told him I have big family with lots of uncles/aunts and cousins. He didn't fact check me or anything. He simply asked me to book an appointment. The type of vasectomy is scalpel-free. Phone: 204-997-9782 Website: <https://buenafeclinic.com/> or www.vasectomymanitoba.ca

Winnipeg: Dr. Helen Pymar out of HSC Hospital. Agreed to tubal ligation with Filshie Clips on 23 year old woman in 2019.

New Brunswick

Fredericton : "I've recently helped a friend who was being denied a referral to get a tubal with finding a clinic that would give her one (a referral), but I don't have experience with the doctor, other than what I was told over the phone. They have told me they respect bodily autonomy and don't discriminate by age, and would be happy to give her a referral."

The clinic is [Clinic 554](#), where the old Morgentaler abortion clinic used to be.

554 Brunswick Street, Fredericton NB E3B 1H5

Toll Free: 1-855-978-5434 Phones are answered: Tuesday - Thursday, 11:00AM - 2:30PM
& & & & 3:30PM - 7:00PM

Fredericton: "I recently inquired about getting a vasectomy from Dr. Kevie Christie. I was able to set an appointment within a month. I was given two options, I could be referred by a doctor and only pay \$200 or refer myself and pay \$600. While there there is a consultation just to make sure you agree. The doctor does not try to talk you out of it, and respects your choice. On the day of the surgery he has the nurses prepare a package of ice packs, pills, ect for you to take with you to reduce the need of running around. In addition he does the no scalpel technique which reduces healing time. I really recommend him for anyone considering a straightforward procedure."

The clinic is at 1015 Regent Street, Suite 304 , and they have a website detailing all information you may need. Website: <https://gentleproceduresnb.ca/>

Phone number: 506-443-7623

Nova Scotia

Halifax: Dr. David Rittenberg, Dept of Obstetrics & & & & & Gynecology, IWK. 26 y/o female referred by my GP late October, consult in Feb, will have IUD inserted in 4-6 weeks. Went over all options re: permanent and non-permanent contraception, with pros and cons of each. His exact words: "I'm willing to perform a ligation on a younger person because at the end of the day, you're an adult, and you'd be taking care of the baby, not me." Did go over

the whole psychological studies re: regret, but stated that "studies" does not equal "patient sitting across from me". Even told me the cheapest place to fill the prescription for the Mirena. Wonderful man!

Newfoundland & Labrador

Corner Brook: Vasectomy by Dr. Tahir Pasha, [Corner Brook Health & Performance Center](#). Performed a vasectomy on childless male at 29 years old, no questions asked.

Prince Edward Island

Charlottetown: Dr Shawn Ferguson, Gynecologist, Private clinic. Good reviews on him. either referred or performed Bilateral Salingpectomy (a friend had the procedure, named him.) (A [r/childfree](#) member is currently in the process of getting a referral, will update)

Québec

Montreal: Dr. Elroy Shuker, Montreal Vasectomy <https://vasectomie-montreal.ca/en/contact/> 514-447-2332 6900 Boulevard Décarie, Suite #M270, Montréal. Private clinic (reasonable fees), performed vasectomy on 29 year old man without binges or invasive questioning. Appointment easily made online; no need for referral required. As of summer 2020, this clinic does no-needle, no-scalpel vasectomies with fascial interposition and cauterization of the abdominal end of the vas, with the testicular end left open (this is one of the three methods recommended by the American Urological Association).

Montreal: Vasectomy. Dr Nicolas Nélisse. Private clinic (<http://www.votrevasectomie.ca/index.en.html>). "No scalpel" method. Called to get info, got appointment instead. No questions asked. Quick procedure, almost felt nothing. It was over in a few minutes. He has been doing about 1000 vasectomies per year for over 18 years. 150\$ (10h 0m) for meds. Everything else paid for by Quebec Health Insurance (RAMQ). I would totally recommend him.

Montreal: Dr. Kevin Zorn (http://urochum.ca/wp/?page_id=153). referred to by GP for a vasectomy. Bilingual (French and English), made me feel at ease immediately and extremely knowledgeable. With his "no scalpel" method, I barely felt anything and was out the door in less than 20 min. It also minimizes scarring, as only one small incision is needed. He respected my decision to become sterile at a young age (he says that anyone over 18 is old enough to make that decision) and only asked me the standard questions (you know this is permanent? you know of the possible complications? etc.). I totally recommend him to anyone who considers a vasectomy. The entire procedure cost was \$300 (20h 0m) flat.

Montreal: Dr. Sonia Gagnon. Referred by another gyno who refused to do my tubal. She was very nice during the consult. She asked me polite questions and wasn't condescending. I was put the hospital waiting list & it took about 6 months. Everyone was polite and respectful with me during the process. I was 22 when approved for my tubal (Filshie Clips).

Montreal: Dr. Marc Boyd. Gynaecologist who was very understanding of my desire for permanent birth control (At age 27 if it matters). He is very polite and understanding. He talked to me about different permanent birth control methods and was very up to date with what is currently available and gave me a lot of helpful information regarding different methods. In the end, he still supported my desire and even encouraged a bilateral salpingectomy vs getting them tied. He referred me to the Lasalle hospital and told me if there were any issues to come and see him again. 10/10 would recommend. That being said, he is getting older and probably won't be working too much longer.

Montreal: Dr. Marie-Eve Murray. She doesn't take new patients without a referral so I got one from my GP. She made sure I understood the procedure I wanted (bilateral salpingectomy) was permanent and explained me all the risks and non-permanent alternatives. I took another appointment with her one month later (she wanted me to wait at least one month to be sure it was what I wanted) and I signed the documents. I got fixed less than 2 months later and everything went smoothly, no one bingoed me the day of the surgery (I was only 23).

Longueuil: I got a referral to go see Dr Marie Catherine L'Amoureux from my GP because hormonal birth control was putting me at risk. I had prepared a folder with studies for any bingo that could be thrown my way, but I didn't need it. She listened to me and my concerns. She understood that I was looking for a permanent solution, that I had been with my spouse for a decade (27 F) so I was in a stable solution. It took 6 months for the hospital to call me to schedule the appointment. On the day of the appointment, I was treated with respect. They helped make me comfortable. Some nurses asked me what the reasoning was behind me getting sterilised so young, but they understood.

Quebec City: Dr. Mathieu Leboeuf and the gynecology department at CHUL (Centre hospitalier de l'Université Laval). Approved 29/F for bilateral salpingectomy. They are hesitant to sterilize women under 30, but willing to listen if you go in prepared. They initially offered a tubal ligation with Filshie clips, but they OKed a bi-salp. Typical Québec waiting lists for both consultation and surgery (3 months, 6-7 months respectively). You must be covered by the RAMQ to access services here.

ASIA

Thailand

- Thais are very family oriented so especially young people trying to get vasectomies might experience resistance.
- [International Section, Paolo Memorial Hospital](#) Good hospital near Saphan Khwai BTS station. I can't find the name of the doctor, but there is one who does vasectomies. I was 27 and lied that I have two kids back home. He "had to check

hospital's opinion". I needed to wait 2 more days and then I was told it is okay and got snipped the same day. Price about 400\$ (26h 41m) (2015).

- [Population and Community Development Association](#) Near Asok BTS station. There is a [forum discussion](#) about the place. Almost free vasectomy. I was 27 when I went there and lied that I have 1y and 3y old kids. They told me to come back when I am at least 29 and the youngest kid should be at least 2 (these might change depending on the person working there, those where ~50y old women).

Japan

- [Maria Villa ladies' clinic](#) If you're stuck in Japan and have an unwanted pregnancy, this clinic can take care of it for you as long as you are under 12 weeks. Make sure you bring a translator.

Vietnam

- [Dr. Lê Anh Tuấn](#) 135A Nguyen Van Troi St., Ward 12, Phu Nhuan Dist., HCMC. Agreed to perform vasectomy on 50 year old man, without any pushback. Cost: about USD560.

EUROPE

Austria

- [Clinic in Vienna](#) that is willing to do tubals on woman 25+)
- [Dr Thomas Treu](#) 25+, ~, most experienced Dr for vasectomies in Vienna, and has fast appointments)
- [Kepler Universitäts Klinikum](#) Ambulance in Linz Upper Austria that does tubals on women 25+ (Cost as of 2016 is about)
- [Dr.Prof. Huber](#) Agreed to write me a recommendation for laparoscopy + tubal ligation for my standard insurance in Austria.
- [Woman & Health clinic in Vienna](#), Dr. Johannes Seidel. Does bilateral salpingectomies. Asked me a few standard questions, but no bingos, no judgment,

the whole thing was pretty uncomplicated and took less than 2 months from first consultation to the surgery itself. Cost as of 07/2020: 1200 EUR.

Belgium

- [Dr Hans Goethuys](#) Very experienced, no bingos.
- [Erik Merchiers](#). Very professional and friendly. Did my tubal ligation at 24 years old without giving me much trouble. Just checked if I was sure and informed about my decision. Doctor Merchiers gave me a full hysterectomy at 27 years old (removal of uterus, cervix and fallopian tubes). I was required to get a psychological report before the operation (to make sure I was of sound mind).
- [Dr Antoine Raad](#) - Brussels, Hopital St Jean - Might not want to do it if you're "too young" but will do if you insist a bit and give a good argumentation or if you are late 30's.

Romania

- [Dr. Dorin Grigoraş] Centrul Medical Dr. Grigoras. Profesor universitar. Medic Şef Secţie Clinica II Obstetrică Ginecologie Sp.Cl. Municipal de Urg.Timişoara. Adress: Str. Calea Sagului Nr. 20 Telephone:0356 912 Had a friend ask for a favor with this doctor to do a tubal ligation, while I was 24 y.o. in 2011. He programmed me 4 days after the initial discussion. We had a long discussion about other contraceptive methods, bingos and such. I payed 350 euro and it was mentioned in my file that I had an ovarian cyst removed. We went throught the insurance system on emergency protocol (cyst), but he also had available his own medical centre (more costly though). Surgery was done with laparoscopy as he is the best at it in the whole west part of the country. If you ever want to go to him for a tubal ligation, mention that there was a girl 9-10 years ago who he handled and she is happy with decision still and is married to a childfree sterile man - one of the bingoes was - "what if the love of your life wants children?" The line that sealed the deal was "I am getting this procedure done and some doctor will perform it on me, but I would rather have the best doctor do it, rather than a mediocre one." He helped me reach my goal and I hope he will help you too.

Bulgaria

- [Dr. Gergana Kolarova and Dr. Georgi Kolarov](#) - Sofia, ul. Angel Kanchev 34 - Will give IUDs to young nulliparous women. A bit pricey but they are both very nice and highly qualified.

Czechia

- [Fakutlní Thomayerova nemocnice](#) Do only bilateral salpingectomies.
- [Městská nemocnice Ostrava](#) does vasectomy for men. Standard 2x 14 days period as per Czech legislation applies; available to anyone above 18 years of age. Call them ahead as there is only one doctor (female) willing to do the procedure.
- [Reprofit - Brno Pisárky](#) Sterilize women from the age of 21. They speak 8 languages.
- [Dr. Lucas Bittner](#) at Centrum Mediol in Olomouc. Vasectomy for a 23/M. Legal for people 21 and older.

Denmark

- [Lægerne Korsgade](#) Only ask if you already have children and accept it when you say you don't want them.
- [Læge Anders Amundsen](#), Lyngby, Quickly accepted my (29M) intention of getting a vasectomy when I showed that I was determined and had deliberated on the subject previously. Advised on what to expect from the procedure from own experience and experience of other patients that had gone through it and gave the necessary reference to schedule an appointment with a clinic.
- [Speciallæge i kirurgi og mavearmkirurgi, ph.d, Anders Bak-Christensen](#), Allerød, performed vasectomy after being referenced by own doctor, was quick, professional, informative and accepting.

France

From [this](#) Facebook group:

- [List of doctors who will perform tubal ligation / essure](#)

- [List of doctors who will perform vasectomy](#)

Check the group to see if there are newer versions of the PDFs, too.

La Rochelle : [Dr Stéphane Milcent](#) :
<https://twitter.com/SurLePonton/status/929032020889604096>

Lyon : [Dr Sergine HECKEL](#) : OB/GYN, tubal ligations for young childfree (18+)

Versailles/Le Chesnay : [Dr Pierre Panel](#)

Germany

- [Urologische Praxis im Zentrum in Wiesbaden](#). When in doubt, ask for Dr. Spielhaupter, who appears to be very relaxed about doing the procedure on someone who seems confident enough in his decision.

+1 for Dr. Spielhaupter, he didn't have any problems with my age. But he only does vasectomies with general anesthesia, and it costs about 780€. Other than that I can wholeheartedly recommend getting your vasectomy here.

- [Dr. Söffker. Praxisklinik Goldenes Horn](#). Dr. Söffker did the vasectomy on me (29, male) without asking more than 2 questions and having me sign a waiver form. Since I live abroad and only come to Germany once in a while, I didn't even have a prior consultation, everything was done via email. The Doc himself has lived quite a while outside of Germany and is fluent in English if anyone feels like travelling in for the procedure.
- [Dr. Birgit Ruhmland](#) in Berlin-Hellersdorf scheduled surgery for 28 y.o. female and offered to find second doctor for referral (rule / regulation for under 30 y.o. women in Germany)
- [Dr. Andreas Putz](#) MVZ Westerwald Dernbach. He does hysterectomies on young childless women with an psychological assessment (psych. Gutachten). I am 24 and get my uterus removed due to adenomyosis and endometriosis.
- Dr. Robert Kampmann im St. Josef Hospital in Troisdorf, Germany. (-1 judgemental receptionist)
- [Praxis Dr. Bung, Dr. Richter, Fr. Prochnau in Bonn](#). Referred to from ProFamilia Bonn from good experiences with previous sterilizations. Got a tubal ligation in early 30s. Dr. Bung was not happy, but the only judgement came in a form to sign. Brought my hubby and dressed like middle management, assuming that shut him

up.

- [Dr. Andreas Roth, Munich](#): Got a tubal ligation at the age of 22. I wasn't asked ask a lot of questions, however I did have a referral from my gynecologist and a history of problems with other forms of birth control.
- Gynäkologische Praxisklinik Hamburg (<https://gph-online.de/>), Dr. Gerd Kügler did my sterilization when i was 30. He cuts each tube 3x + cauterizing the ends. Costs: ~700€. Told him my motivation, he asked me one time if i was really sure, i answered that i am sure for 10 years and that's it.
- [Praxis Radler - Keller in Mannheim](#): Got a vasectomy at the age of 27, it was done by Dr. Joachim Häfele. He asked some questions, then said my answers made him feel that I understand what I was doing and that it was my decision. He explained the procedure and answered all questions very well. Rest of the team was also very professional. Cost ~600€
- [Dr. A. Maucher - OPZ Hürth](#): Sterilizes (childfree) woman from the age of 25.

+1 for OPZ. Incredibly no-fuss about the whole thing. Not a single bingo From anyone on the staff. Procedure was not done by Dr. Maucher himself but a young female colleague of his.

- [Dr. Söder Senior \(not Junior!\) - MicMaMainz](#) Sterilizes women under 30 (youngest I could find was 25 and childfree)
- [Weimar sophien und hufeland Klinik](#) from the age of 23 but only with a psychology control (Psychologisches Gutachten)
- [Dr. Möckel - Leipzig](#) Didn't really asked for my motivation. I was 28 and childfree.
- [Dr. Heß - Bochum](#) Head of the MediPlaza medical center. Amazingly open-minded about various degrees of childfreeness. Can perform most forms of IUDs. Can't perform a sterilization herself but will refer you to a colleague in Dortmund who will make exceptions based on Dr. Heß' referral.
- [Urologie Frechen/Hürth](#) I got a vasectomy from Dr. Lipphardt when I was 27. While he seemed a bit hesitant at first (asked a few questions), he did it when seeing I was committed to it.

More specialists all around Germany can be found here: <http://www.vasektomie-experten.de/>

Ireland

- [Padua GP Clinic, Cork City] (No website available) Dr Shane Murphy believes that people should be able to choose whether or not to have children. Is willing to make a referral. Will advise based on age that you may be considered too young, but this is to prepare you for what consultants will say. Asked questions many would find bingoish (relationship status being one) but the information was for the referral letter for a gynaecologist to help build a case for me.
- Dr John McCormack (<http://vasectomyireland.ie/>) did my vasectomy at age 23 and didn't put up much fight to persuade me otherwise. He asked me the usual questions on relationships, why I wanted it done (didn't offer any rebutals just listened) and was I aware that it's permanent, 50% chance of reversal etc. Since I had not caused a pregnancy before sent me to get a fertility test done. This was simply to verify if I even needed one before going ahead with the procedure and avoid the risk of any possible complications. It cost me 500 in total, was no needle no scalpel and almost completely pain free for the procedure and afterwards. He operates in Cork City, Galway City and Dublin City on weekly rotations so covers the whole country.

Italy

-[Doctor Marco Torrazzina](#) Performed a bilateral salpingectomy on me, a 27 year old international student. Initial consultation is 150 euros but if you have a tessera sanitaria (Italian health service card) the surgery and post-surgery medicine will be free. The sterilization even offered an overnight stay. Learn some Italian as while he can speak English, some of the staff do not.

- [AIED](#) The Pordenone office is the only one to perform vasectomies.
- [Dr. Pasquale Scarano](#) at the [Nuova Ricerca in Rimini](#) accepted to perform a vasectomy on my husband after a visit. He needed a little of persuasion and justified the operation as if my husband had chronic pain (vasectomies aren't illegal in Italy but doctors are more paranoid than American ones). To be noted that he usually treats infertility problems.

Milan: Dr. Giuseppe Stasi (<https://www.studiomedicostasi.it/>) Performed bilateral salpingectomy on childfree 26 year old woman without argument. He works at Studio Medico Stasi, but he performs surgery at the public hospital Istituto Clinico Città Studi di Milano (ICCS), so his services are low cost to the patient.

Malta

See this thread: https://www.reddit.com/r/childfree/comments/9f8a0n/psa_vasectomy_rocks_3/

The doctor is not on the list, I live in Malta. Not sure how that list works, but it was this clinic:
<http://www.stannesclinic.com/>

Should a Maltese person happen to read this, I can only give the highest recommendation to the clinic. Very efficient and friendly service.

I only had one consultation before the operation, and it was rather quick. I expected more intrusive questions, especially as Malta is very into Catholicism, but my worries were unfounded.

The doctor went over the procedure, and explained the unlikely bad scenarios (swelling, pain), and also reiterated a lot of stuff I already knew, having read about the procedure online (it is safe, it has no effect on sexual performance etc). Then he did a quick check and I was out in 10-15 minutes.

Poland

Dr Eugeniusz Siwik, main clinic is in Warsaw but he does procedures in many Polish cities. method: total vasectomy. Visit is 30 minutes, out of which the procedure is 10-15 minutes. You need to have blood tests done prior to visit and fill out two forms. They don't question your decisions. <https://www.wazektomia.com/>

The Netherlands

- Dr. Weinans, Gelderse Vallei Vivre in Ede. This doctor is a bit sceptical at first and will ask you all the questions and probably send you through to a psychological evaluation to make sure you are certain in your decision. He didn't refuse the procedure after I explained what I wanted and why. After some convincing he was very friendly.
- [Bergman Clinics](#) in de Bilt and in Amsterdam. Will in principal do Essure sterilization on women age 30 and over. During the first meeting the doctor asked me "You know you can't have children when I perform this procedure on you, right?". When I confirmed that yes, I understood that, I got the OK.
- Dr. Andreas Thürkow at the [St Lucas Andreas Hospital](#). Will perform Essure and other available methods regardless of age. I got Adriana at age 25 without having children and wasn't judged or questioned. Attending an information session a few weeks in advance is mandatory, it's a very positive and friendly atmosphere. On the day of the procedure, Dr. Thürkow and I had a brief conversation beforehand just to go over my medical history and to make sure I knew what I was in for, he was pleasant and professional. Dr. Andreas Thürkow does not work at the St. Andreas Hospital anymore, he is now employed at the [Academisch Medisch Centrum](#).

- Dr. Klapwijk, located at the [Vivre clinic in Hospital De Gelderse Vallei](#), Ede. The website has very clear information on the various procedures offered. I agreed on removing the tubes, but they also offer Essure (although they stopped doing so for a while now that all the problematic stories are coming out), coagulation, rings (maybe also clips, not entirely sure). Dr. Klapwijk was very professional, and didn't even question my decision. He could see that I was sure and had researched the options and risks, and I never had to explain myself for a second. Even though my boyfriend was there, and he had to ask him whether he supported my decision, he also made it very clear that he doesn't think women should have to ask their man for permission and that he still thought it was my own choice. I'm 25 and have been turned down several times before, which he thought was ridiculous. His opinion is that when you're old enough to take care of yourself, you're old enough to decide what you want with your life. The intake was a great experience and I feel very at ease with this doctor. The procedure itself was a breeze, done in half an hour under full anesthetic. It left me with very little pain, and Dr. Klapwijk specifically told me I could immediately do everything, as long as it felt comfortable pain-wise. I am now 24 hours post-op, and feel almost normal. 10/10 would recommend!
- Dr. Westerling, located at [Medisch Centrum Tollius](#), Amersfoort. She was the one that gave me my referral at age 30. The "worst" bingo I got was a "We don't normally approve someone so young without kids" but beyond that I got all the information about the procedure. Managed to impress her about my knowledge and even being able to recite failure rates. And she provided two possible locations, in-house and the local hospital, so I could choose where I would want to have it. She told me that if their in-house wouldn't approve me I would get her written approval to go to the hospital. I chose to have mine performed by their in-house doctor, Dr. Kars (see below). She also told me that if there was doubt about your conviction they even provide "psychological screening" in-house to determine your mental state and maybe get you approved that way.
- Dr. Kars, located at [Medisch Centrum Tollius](#), Amersfoort. Specialises in male sterilisation. Has a "phone intake" before he approves patients. During the phone intake he did the usual questionnaire they are required to do and approved of my decision without any hassle. Also gave me the full list of information about how he does the procedure. When I got to my appointment I got a short recap of all the information just before the procedure and simply got told to remove my pants and lie down. Very friendly, funny and supportive man.
- Dr. Oosterbaan, located at [Jeroen Bosch Ziekenhuis](#), Den Bosch. I explained to him that I had no desire to have kids. We went through all the standard questions and he informed me that my case would have to be brought up to a council due me being under 30 (I'm 28). He would defend me and it looks like he won. This hospital works on a referral base though.

- Dr. Vork, located at [Alrijne ziekenhuis](#), Leiden. He had no problems sterilizing me at 26. He did have to discuss it with the other gynecologists because I was under the age of 30. Just a head's up: they did ask me to do a psychological evaluation with a psychologist in the hospital to make sure you don't do it because of coercion or psychological issues. I did tell them (after I passed the evaluation) it was condescending, the psychologist understood and was very understanding during the hour we talked.

Dr Brunekreef at huisartspraktijk Kiewiet, Zwolle. She referred me to a urologist at the Isala clinic (which I hear can be quite hard, especially here in the Dutch Bible belt). I don't remember which urologist I got (I'll try ask them later, but I don't think you get to choose the doctor anyway). It took a bit of smooth talking about why I didn't want kids (I exaggerated my family's already serious history of hereditary diseases), and he agreed. I think he was more afraid about me changing my mind later. I assured him that I won't come back to cry about it. He laughed and gave me the ok. Procedure was done in 20 minutes or so. My balls hurt for a few days, and that was it.

Switzerland

- [Dr. Irène Dingeldein](#). She did a bilateral salpingectomy on me (25yo), but required me to get an attest by a psychiatrist before.

Slovakia

- [Dr Roman Sokol](#), Trenčín. Dr Sokol did not question my decision to get a vasectomy at 32 years old without having children, providing my wife and I signed a piece of paper saying we understood what the vasectomy entailed. He speaks English and the 16 minute operation was absolutely painless and I needed no ice needed afterwards.
- Gynpor Sliač s.r.o., SNP 9, 962 31 Sliač, www.gynpor.sk, 045 / 532 68 50, galad@gynpor.sk. UNCONFIRMED! To share your experience please edit this entry.
- Mediklinik - CS Salvus s.r.o., ul. 29. Augusta 2, 934 01 Levice, 00421 903 463 425, info@mediklinik.sk. UNCONFIRMED! To share your experience please edit this entry.
- Gyneka Trenčín (<http://www.gyneka.sk/>) Dr. Jankovský respected my decision despite me not having any kids, he didn't want to hear any lengthy arguments, only that I am absolutely sure I want this. Excellent team and professional work, the operation was a breeze.

Sweden

- [Basima Saadun](#). Nacka Sjukhus, about 30 minutes east of Stockholm. She simply made sure I understood the procedure (tubal ligation) was permanent, asked me my reasons for wanting to have the procedure done and had me sign the paper. Waiting times can be a bit long since it is an elective surgery. She was very friendly and didn't question my decision at all. My age was 25 at the time.

Ukraine

- [Androcentr Kiev](#) There's been many good reviews of their vasectomy practice, both the preparations and the operation itself. The performing doctor has appeared on Russian TV in a talk show about childfree people. I'm 20 and have a scheduled appointment.

United Kingdom

In the UK, NHS patients (who make up the large majority) don't have a lot of choice about the doctors we see. Actually, patients usually have more choice than they realise, but the concept of "doctor shopping" is just alien to people here. The CF doctors list is a great resource, but UK people also really need to know the "NICE" guidance that their doctor will be referring to when it comes to a sterilisation decision. Is it ok if I add it to the CF doctors list? Unless you think there's a better place for it. The guidance is here:

<http://cks.nice.org.uk/contraception-sterilization#!scenario> [2017 Dec 01 | Mod addition] : The NICE guidance page is unfortunately inaccessible at present, even for those in the UK. Here is a cached text-only copy, but it may be out of date:

<http://webcache.googleusercontent.com/search?q=cache:https://cks.nice.org.uk/contraception-sterilization&strip=1&vwsr=0>

- England

[Dr. Martin Kittel](#), *No-Scalpel Vasectomy*. We did have to pay up-front for this, and we had to fill out 2 questionnaires: one for being from out of the country, and the other because we don't have (or want) kids. Just be honest and up-front; our choices were not questioned here, they just want to be sure that you're sure as they go on a case-by-case basis. The doctor was excellent and very professional, and they have a great staff.

Mrs Kalaivani Lingham, Consultant Gynaecologist/Urogynaecologist. Consults out of The Burton Clinic in Burton on Trent, Nuffield Hospital Derby in Derby and Spire Little Aston Hospital in Sutton Coldfield. Her secretary's number is 01283 566 333 ext 4378 to make an appointment. I

saw her for bleeding problems for nearly a year before I decided I just wanted a hysterectomy and be done with it. She is very nice and very professional, and only asked the obligatory 'are you sure?'. She told me she respects people who chose not to have children as they've put a lot more thought into it than most people who have them, she's never had anyone she's sterilised come back regretting it, and although she has children herself said she had them when she was 'young and naive' and if she'd known then what she knows now she wouldn't have had them. I saw her privately at the Nuffield using my private medical insurance, I don't know if she does NHS cases at Burton or Sutton Coldfield.

Miss Jilly Lloyd, Consultant Gynaecologist/Obstetrician. She works with the NHS out of Guy's and St Thomas' NHS Foundation Trust in London. She is very nice and professional and made me feel very respected - my choice was not questioned. She informed me about how the operation would be performed, that is is intended to be irreversible and that there is a small chance of failure. My young age and nulliparity never came into the conversation. I had my pre-operative assessment for tubal ligation the same day. Overall, amazing doctor.

Dr Austin Ugwumadu Consultant Gynaecologist/Obstetrician. Works for the NHS in St Georges Hospital Tooting (South West London). Very lovely man, asked me questions for about 5 minutes and then said he'd sterilise me. Says that women should be able to decide if they want children or not and that he wouldn't say no to someone purely because of her age (obviously you need to be over 18), won't even ask you if you have a partner or if they're OK with you having it done as to him it doesn't matter. Didn't utter a single bingo or allude to them. Does them mainly as day cases but if you have other health problems they will admit you overnight to be safe. From my appointment to operation date was less than 3 months (would be sooner but I have to spend the night in hospital)

- Wales
- Scotland

Edinburgh Dr. Cameron Martin. 0131 316 2530 cameronwmartin@yahoo.co.uk He works with the NHS out of the Royal Infirmary in Edinburgh, but also will do salpingectomy through Spire. Cost was £3100. Did salpingectomy on 30-year-old woman who had to travel to get the surgery. Was willing to do screening over the phone. He will want you to be clear about what you're asking for, so do your research first. He's a very pleasant doctor to work with, and is very thorough. [User experience](#)

- Offshore

Jersey, Channel islands - Dr. John Maxey @ Cleveland Clinic - <http://www.clevelandclinic.co.uk/Contact-Us/>

21/M/CF - Doctor was reasonable and initially took a little persuading, we compromised on a 6 month cool down and I am now booked in for a vasectomy.

Oceania

Australia

- Australia Wide - Dr Marie - Marie Stopes International - <http://www.drmarie.org.au/>
- I got mine done when I was 28. I made an appointment, paid and got it done on the same day. The Doctor did offer me the chance to talk to someone to make sure I was okay with it, but it was more of show/legalities. Everything went great!

Note 2019-08-07: Vasectomy was denied based on age (21) by doctor despite positive assessment from in-house psychologist.

- Western Australia
- Perth - Dr. Phillip Snowball - Perth Vasectomy clinic - <http://www.perthvasectomyclinic.com.au/> If you're particularly young (18 or so) he likes you to have psychiatric evaluation, which I found was easy to obtain. The psychiatrist I saw was a man called Kevin O'Daly in Fremantle. Dr Michael Beckett also does vasectomies here. His says he has no problem performing them for any male over 30 so you should have zero trouble if you're over 30.
- Perth - Dr. Michael Beckett - Beaumaris Family Practice - <https://beaumarisfp.com.au/doctors/dr-michael-beckett/> I went as a 30 year old and after a very friendly chat about him making sure I knew what I was getting myself in for, confirming that I really didn't want kids, and I had a rough idea of what I wanted in life, he basically said that at 30 I am adult and can make my own decisions
- Perth - Dr. Ann Yoong - 133 Edward St Perth/St John of God Mt Lawley - <https://www.sjog.org.au/find-a-doctor/search-results/y/o/o/n/yoong-annfuien-mtlawley> 29/F, went in for severe PCOS and chronic bleeding. She recommended an IUD right off the bat without any prompting. She bulk bills whenever possible, and I only wound up paying about \$235 for my visit to her, the short hospital stay and all following check ups. Keep note, she's a little bit quirky, but very friendly and easy to talk to. Also sex-worker friendly!
- Victoria

- Melbourne - www.drsnip.com.au - All the relevant information is on their website. Come prepared with either a letter from a local GP or Psychologist stating you are of sound mind or be well prepared to justify your decision to the surgeon himself. He's a nice guy but is more than willing to interrogate you beforehand just to cover himself legally.
- Melbourne - Dr Judith Fleming - Epworth Cliveden Private Consulting Suites, East Melbourne : 03 9419 3477. Regional location: Colac Hospital (Colac VIC 3250) : 03 419 3477. I had my consult at Cliveden and will be having my procedure there in late November. Very respectful of an individual's self-autonomy and being able to make such a choice but want to make sure you are aware a hysterectomy is permanent. I will be just a month shy of 33 at the time of my procedure.
- Melbourne - Dr Jude McNaughton - Jean Hailes For Women's Health (Clayton). 03 9562 7555. I got an IUD at the age of 25. She offered other contraceptive options but ultimately respected my choice and was happy to replace with another one in 5 years time when it expires. Not sure about sterilisation but she is open minded and respectful.
- Melbourne - A/Prof Alex Ades - (03) 9347 7100 <https://www.advancedgynaecologymelbourne.com.au/assoc-prof-alex-ades> He practises as a private gynae at a few different rooms (The Agora Centre) so he has multiple contact details. He is a very nice and thoughtful doctor and was recommended to me by a few other gynaes in Melbourne. The first thing he said to me is that he is one of the most childfree gynaes in Melbourne and he is very open to doing permanent contraception and LARC for people. He refused me (20) for a Bisalp or clips but he said that if I contacted him again in a few months, he was happy to consider me in a year or two. He said he is usually pretty comfortable doing 23+ year old people, regardless of their marital and kid status.
- Melbourne - [Dr Alex Polyakov](#) - Suite 4/320 Victoria Parade, East Melbourne VIC 3002. 03 9486 0677. Sterilised a 28 year old with clips after reinforcing a couple of times that it would be permanent. Update (March 2020): I (20) was refused Bisalp, saying I was too young, he said that he usually only does 25+ years old, bonus points for having a husband.
- Melbourne - Dr Emma Readman - <https://dremmareadman.com.au/> She is a really nice and caring gynae, she also does a lot of pain and endo/ adenomyosis management. From that point of view, she likes to preserve fertility but she is also really open to discussing contraception, including sterilisation. I (20) went to her for a Bilateral Salpingectomy in March 2020, She was pretty open about it and we spent a long time discussing it, the end result was that she was happy to continue to talk to me about it and said to have another talk to her in 4 or 5 months and then if I was still sure, she would book me in. I feel that if I had persisted with her, she would

have booked me in from the second consultation. Be careful, her receptionist will probably bingo you, but its worth it.

- Queensland
- Brisbane - Dr. Sheehan Queensland Vasectomy he's very professional, respectful and doesn't care about age as long as you're 18 and are confident in your decision. PH: 07 3180 1525 Address: 298 Gilchrist Ave
- Brisbane - Dr Greg Silver of Vasectomy Clinic Brisbane
- Brisbane - Dr Stephanie Robinson of Chatswood Road Medical Centre in Daisy Hill : 07 3208 8622 : She is qualified to insert IUDs in the office and there is a medicare covered portion for the procedure, the office also bulk bills. Happy to discuss all birth control options, regardless of age or marital status etc. She is an amazingly sweet lady and thorough GP as well.
- Brisbane - Dr Sumar at the Kallangur Medical Centre. I had my Implanon changed out with her and she gave me details for the Salisbury Clinic (listed above) She is fantastic, would highly recommend.
- Brisbane - Dr Robert Burns, operates at multiple locations in Brisbane. I saw him at Aspley Medical Centre and had a very positive experience. He admitted me for a vasectomy after one consultation and only asked that I get somebody who has known me for a long time to contact him to confirm my stable mental state. He was very open and clear and supportive in discussions and was not judgmental in any way.
- Brisbane - Dr Jamie Friebe, North West Private Hospital in Everton Park. Happy to perform a tubal ligation at 26 after two consultations. Also performed a tubal for my friend at 30. No major issues, asked why I wanted the procedure done, asked how my partner felt (but no official partner consent required), asked about other BC I'd tried. Was overall friendly and accommodating ?
- Brisbane Southside
- Brisbane - "Salisbury Day Surgery" Providing numerous services for women, including contraception, terminations, sterilisations. Doctor over the phone was absolutely lovely and there was zero judgment regarding conversations about being sterilised. Very professional. Pushing women's rights to be childfree.
<http://www.salisburysurgery.com.au/> CLOSED 5/5/2020
- Brisbane (multiple locations in town) - "The Vasectomist" Dr. Dick Beatty,
<https://thevasectomist.com.au/>

- Dr Kate McDonald of Springwood General Practice can insert IUDs and was very respectful of my CF decision when talking about possible outcomes for long term contraception. Be prepared to explain your stance but she is polite, professional and easy to talk to, and held no opposition to my decision.
- Brisbane - Dr Melanie Burnet of Greenslopes Women's Wellbeing Clinic. Respectful, professional, thorough. They do IUDs there too.
- Pomona (QLD) Dr Ann Buchan at Cooroorra Family Health is very supportive of the CF life. Respects choices about sterilization and fertility options. Is very good with women's health, and is an all-round amazing doctor
- Toowoomba GP Dr Captan Beck at Seven Springs Medical Centre is very friendly, approachable and completely supportive of childfree people. This practice does not bulk bill to my knowledge.
- Toowoomba Women's Health Only, Medici Medical Centre, 201/15 Scott St, East Toowoomba QLD. Dr Lanziz Homar. Very friendly and a straight forward consultation. Park on the street if you don't want to be charged for parking. Surgery performed at St. Andrews. Consultation was \$160 (10h 40m) 11 July 2016 && Medicare rebate applies.
- New South Wales
- Sydney (North Sydney) Dr Rajdeep Ubeja at North Sydney Medical Centre and Skin Cancer Clinic. Had a 10 minute discussion about why I wanted the procedure and the risks and then gave me a referral to see a specialist at the RPA Sexual Health Clinic. Is also a bulk billing practice.
- Sydney (Chatswood) <http://gynaecare.com.au/>
- Sydney (Turramurra) Dr Amanda Wildsmith at Kissing Point Road Family Doctors. Dr Wildsmith is a fantastic GP who had no hesitation in drawing up a referral for me to discuss permanent contraception. She is very kind, professional and a great GP if you live in the area.
- Sydney (Wahroonga) Tubal Ligation/Salpingectomy - [Dr Kris Urbaniak at Sydney Adventist Hospital](#). I was referred to him by Dr Wildsmith above after Dr Anne Pike retired. Very gentle and sensitive and will listen to you and work with you to find a solution that works best for you. He asked me once if I (26 F) was certain that I wanted it and understood the risks, and then went through the procedure with me. SAH is a wonderful but private hospital so prepare for costs. Dr Urbaniak has since refused to sterilise a 20 F in 2019.

- Sydney (Randwick) Dr Jason Abbott at Alana Healthcare.
<http://www.alanahealthcare.com.au/>. With a minimal amount of consultations to isolate the problem he agreed to perform a Hysterectomy on my 33Yr old wife to get rid of her chronic pain. He did first do a laproscopic endometrial ablation, but when that didn't fix the problem he asked us once clearly if we were sure about no children, then said no more about it and agreed to the procedure. His exact words were "If two is the right number for your family, then it's not my place to try and convince you otherwise". Couldn't be happier with the whole experience.
- Central Coast NSW: <https://www.drfarag.com.au/> - Dr Farag performed a bilateral salpingectomy for my 38 year old wife (2019). She had two specialist visits with him - one to get her questions answered as she wasn't completely sure if she wanted to go ahead and the second to confirm the procedure and book the operation. He confirmed that she was sure and also suggested if she ever changed her mind she could come back as he does IVF as well! He did not charge any gap above what private health insurance charged, she had no hospital fees and only had to pay the gap for the Anaesthesiologist. He is based in Gosford currently and works out of Gosford Private Hospital. Being a specialist, a referral is needed from your GP first.
- Wollongong - Dr Joe McCosker <http://www.drccosker.com.au/gynaecology>
- Wollongong (Shellharbour) - Dr Brian Stewart. Best doctor I've had overall in my life and also gave me (24M) my referral with no resistance once I mentioned I wanted to focus on my career and that my partner didn't want to rear children. Referral was to a Wollongong Urologist who hopefully takes medicare and will be equally accepting 31/8/19.
- Maitland - Dr. Peter Soaki OB/GYN UNIT 2/14 Elgin Street, Maitland, NSW, Australia (02) 4933 3299 He doesn't have his own website, but [this site](#) shows what hospitals he works at or is affiliated with. Mid-20's. I got Bilateral Salpingectomy and (Novasure) Endometrial Ablation. You must have a referral from a GP to see him, as he is a specialist, and it helps to have a written letter so that someone else has kind of 'assessed you' before turning up. He and my GP said they would normally never refer or perform these surgeries on someone who had no children and was in their mid-twenties, but because I had done my research and could answer everything quite confidently and easily, they could tell it was what I truly wanted. So even if he performed the surgeries on me, if he looks someone over and thinks they aren't in the right headspace or doesn't think they know what they want enough, he MAY not do it. And with good reason, I guess. That said, he mentioned he does not send people away for psychiatric evaluation. Others do, he said he does not.

-Newcastle - Dr Brett Locker huntergynaecology.com.au . Dr Locker has a room at Suite 6, Level 1 3 Hoptoun Street, Charlestown, NSW, 2290 but I got a referral from another doctor to see him at John Hunter Hospital. Performed a bilateral salphingectomy on me (26F). He consults in Newcastle but performed the procedure at Singleton.

- South Australia
- Adelaide - Dr Paul Cowie, of Red Gum Skin Cancer Clinic, performed *my* vasectomy at age 24. I admit, the initial consult was met with a minor 'bingo' where he expressed his beliefs regarding children, but he had no hesitation in agreeing to do the procedure. On the day of the procedure he suggested that once someone turns 18, he believes strongly in 'patient autonomy.' The procedure was executed flawlessly and the doctor himself is a very nice gentleman. (P.S, it might help if you mention you saw his name on Reddit.. Only because I asked him for his permission to be named on here which he was more than happy with :])
- Tasmania
- Launceston - Dr Toly Pavlov - Launceston Health Hub - (03) 6388 8115. Toly is an amazing gynae, he didn't even ask me if I was sure, because he could tell by my referrals and other letters that I was absolutely sure. He said instead that I fully support you! He practices at the LGH for sterilisations and therefore his waiting list is very long, around two or three years. However I do believe medicare will cover you for surgery in the LGH. He was more than happy to do my (20) Bisalp and had no problem with my age. He said his youngest sterilisation was 18, and that he would do someone who is 18 again.
- Launceston - Dr Ben Dhanaraj - Ashton Gate House - (03) 6343 0999 <https://tamarobgyn.com.au/dr-ben-dhanaraj> Ben is a very nice doctor, however he takes a little bit of convincing and likes a letter from a psychologist. After the initial bit of hesitation he is pretty open to sterilisation. He wanted me (20) to get a second opinion from another gynae in the area, that turned out to be a bit hard as many are quite booked up. He also recommended Dr Toly Pavlov for a second opinion. His waiting list is also quite large as he also operates at the LGH for sterilisation.
- Hobart - Dr Sajid Patel - Fertility Tasmania 03 6169 1111 <https://fertilitytasmania.com.au/about/team/> Don't be scared off because he practices in an IVF clinic!!! The reception team are amazing and Sajid is the best gynae I have ever seen. I was referred to him by Dr Toly Pavlov because Toly's wait list was too long and Toly didn't want me to wait. He practices at the Hobart Private Hospital and I only had to wait 14 days between the initial consultation with him and the Bisalp. He asked if I was really sure and I said I was, he then (jokingly) said if I change my mind he can help me with IVF. We talked through options like clips or complete removal, and which he can reverse ect. Give him a shout out that you

found him on reddit for extra bonus points ;)

- Hobart - Dr Tania Hingston - Eternal Womens Health - (03) 6220 1350
<https://www.eternalwomenshealth.com.au/>

New Zealand

- Across the whole country - Snip <https://snip.co.nz> Very quick and easy, only needed to send an email stating understanding of the consequences, price is \$425 NZD with a 10% refund if you review them on Google. NB another member had the following response to an enquiry: When I sent them an email enquiry, they told me verbatim that "Our general policy is that anyone under 30 years of age with no children would not be considered for a vasectomy procedure".
- North Island - Dr Mairi Wallace at the Cardinal Points Specialist Centre. 8 Percy Street, Kensington, Whangarei 0112 , North Island, New Zealand Phone number +64 9 437 4091. Dr Mairi is a most amazing human being, they listened and did not judge. I cried with happiness after meeting with them for first time.
- Wellington - Dr Andrew Murray
<http://hospitals.southerncross.co.nz/our-hospitals/wellington/medical-specialists.aspx?Surgeonid=76> Fairly quick and easy after a recommendation from Family Planning doctor (can't remember her name, but was a lovely Indian woman who wrote a good letter of recommendation for me).
- Wellington - [Dr Shane Dunphy](#) "Shane questioned me a bit at the start, but was happy to perform the procedure once he saw that I was steadfast in my decision to get a vasectomy. He had no issues with my age (21M). The procedure was quick, simple and painless, with minimal discomfort afterwards. Highly recommended to all."
- Christchurch - Dr Ruth MacAskill at the Campus Health Centre at the University of Canterbury. <https://www.canterbury.ac.nz/healthcentre/> After seeing my lack of success on birth controls, was happy to write me a letter of recommendation once I chose my surgeon. My age (26F) might have helped, but she only offered the option of referral for Mirena, she didn't push it. I ended up choosing a Bilateral Salpingectomy. If you are a poor student you may be eligible for referral to the Charity Hospital for both options too.
- Christchurch - Dr Colin Conaghan (surgeon) <http://www.coga.org.nz/> Initial consultation was \$255 (Sept. 2018), but he was very open and didn't press about reasons or my age (26F), accepting that my doctor had made a sound judgement. Showed me the difference between the clips and bilateral salpingectomy. Let me choose. Simply said "if I wasn't sure I wouldn't be here, can I please get the

Salpingectomy." Asked when I wanted to be booked in, appointment 7 days later. Option to be paid through either medical insurance, or full-pay (\$8,000-\$10,000).

- Christchurch - Dr Simon Jones (surgeon) at Oxford Women's Health
<https://www.oxfordwomenshealth.co.nz/about-us/our-team/womens-health/team-member-4.html> Very quick consultation, didn't question me for my age (24F) or bingo me, and trusted my GP's counsel and referral. I got my consult through the Canterbury Charity Hospital (unfortunately I don't think you can request specific surgeons) but if you aren't eligible Simon is a specialist at Oxford Women's health
- Auckland - Dr Phill McChesney (surgeon)
<https://www.fertilityassociates.co.nz/team-members/dr-phill-mcchesney/> Accepts Southern Cross Health Insurance.

Following a referral from my GP and a consult with another gynaecologist, he accepted me (24F, nulligravida) for a bilateral tubal ligation with filshie clips. He noted if I hadn't have seen another gyno previously, he would have asked me to go to one session with their on site counsellors to be sure, however was still very willing. I did want a salpingectomy, however tubal ligation was offered instead due to my age. Despite this, Phill has an amazing bedside manner, happy to answer any questions and didn't bingo me at all. Completely agreed that if I'm old enough to have kids, I'm old enough to choose not to have them too so booked me in for surgery a month after the consult.

Latin America (North and Central America)

Mexico

- Mexico City / CDMX

Marie Stopes Clinics - Many Doctors - Phone +52 5543-0000 - <http://www.mariestopes.org.mx>

Atlixco Condesa: Calle Atlixco #12, Condesa, 06140 CDMX, five blocks from Metro Chapultepec.

This clinic does everything from prescribing the pill, to surgical methods, implants, vasectomies, and legal abortion. I was seen by a Dr. Jasso, who performed a very calm and well executed 30 minute vasectomy, no questions asked. Super respectful and quick.

There are other clinics in the Stopes network in CDMX. You will be assigned to one after calling at 5543-0000 for an appointment. They email complete information and are very respectful of discretion.

South America

Argentina

- Buenos Aires, CABA - Gaston Esteban Jurio - bi-salp

Brasil

- São Paulo/SP, Brazil - Dr. Diego Reis Delgado - <http://drdiegodelgado.com.br/>
- São Paulo/SP, Brazil - Dr. Fábio Frazão - <https://drfabiofrazao.com.br/> - vasectomy with psychologist consult and 60 day wait period due to local laws
- Brasília/DF - Dr. Joseph Monteiro de Carvalho - <http://www.catalogo.med.br/doutor/joseph+monteiro+de+carvalho+1738612.htm> (He talked a little about regret and the procedure, but did it with no hassles. Vasectomy with 25)
- Brasília - Dr. Ricardo Alexandre Fernandes Ferro - <https://www.doctoralia.com.br/ricardo-alexandre-fernandes-ferro/oncologista-urologista/brasil>. Sterilised a 27 year old childless man, "...he is a great doctor. He didn't talk about regret and said that sterilization is a personal issue."
- Curitiba/PR, Brazil - Dr. André Matos de Oliveira - <http://www.institutomariodeabreu.com.br/corpo-clinico/dr-andre-matos-de-oliveira> (Just explain your situation, no hassles at all)

Ecuador

- Boris Cintao - Cubamed. Cuban doctor who respects body autonomy. Youngest vasectomy to a 19-year old. Will do vasectomy to adults (at least 18 y/o) who consent and know what it entails. 022403688

Paraguay

- Ciudad del Este/Paraguay - Dr. Godoy Jara - www.puntalmed.com([facebook.com/sanatoriopuntalmed](https://www.facebook.com/sanatoriopuntalmed)) - You can call him or talk with the clinic by their facebook chat, they answer usually fast, Extremely professional

and have a great care before, during and after the procedure.

Africa

South Africa

- [Marie Stopes Clinics](#) - No-scalpel Vasectomy

I (27M at time of vasectomy) was given no hassles. I basically "ordered" a vasectomy. I was only questioned once why I wanted a vasectomy, and this was after I had already paid for everything, one the day of the vasectomy, and it was mostly out of the doctor's curiosity. It cost me R2200 (the year 2019). [You can read about my experience here](#)
