



Neurodiversity Affirming Children's Books



By clicking and purchasing from the link below, you will directly support [Bridges Development Center](#), a 501(c)(3) organization.

Autism

- [A Day with No Words, Tiffany Hammond](#)
- [Alex and the Drummer, Laura Hales](#)
- [Remarkable Remy, Melanie Hayworth](#)
- [Bitsy Bat School Star, Kaz Windness](#)
- [Flap Your Hands: A Celebration of Stimming, Steve Asbell](#)
- [How Are You, Verity? Meghan Wilson Duff](#)
- [Jo's Special Gifts, Mariam Shapera \(Author\), Lorna Humphreys \(Illustrator\)](#)
- [Leo and the Octopus, Isabelle Marinov](#)
- [Masterpiece, Alexandra Hoffman](#)
- [My Autistic Mama, Kati Hirschy \(Author\), Chloe Greenberg \(Illustrator\)](#)
- [My Brain Is Magic: A Sensory Seeking Celebration, Prasha Sooful](#)
- [My Brother Otto, Meg Raby](#)
- [My Friend Julia, Jennifer Cook](#)
- [Next Level: A Hymn in Gratitude for Neurodiversity, by Samara Cole Doyon \(Author\), Kaylani Juanita \(Illustrator\)](#)
- [This Beach Is Loud! Samantha Cotterill](#)
- [Too Much!: An Overwhelming Day, Jolene Gutiérrez \(Author\), Angel Chang \(Illustrator\)](#)
- [Why Johnny Doesn't Flap: NT is OK! Clay Morton \(Author\), Gail Morton \(Author\), Alex Merry \(Illustrator\)](#)

Attention Deficit Hyperactivity Disorder (ADHD)

- [Lost Inside my Head, Vigg \(Older 6-8 years\)](#)
- [My Whirling Twirling Motor, Merriam Sarcia Saunders](#)
- [My Wandering Dreaming Mind, Merriam Sarcia Saunders](#)
- [My Busy, Busy Brain, The ABCD's of ADHD, Nicole Russell](#)

Downs Syndrome

- [The Unstoppable Jamie, Joy Givens](#)
- [Hide and Shh, A Not so Sneaky Sister Story about Inclusion, Christina Dendy](#)

Dysgraphia

- [Abdul's Story, Jamilah Thompkins-Bigelow](#)

Dyslexia

- [Aaron Slater Illustrator, Andrea Beaty](#)
- [Just Like Beverly, Vicki Conrad \(5-9 years\)](#)
- [Brilliant Bea, Shaina Rudolph](#)

Inclusion

- [Someone Just Like You, by Helen Docherty \(Author\), David Roberts \(Illustrator\)](#)

Obsessive Compulsive Disorder

- [I Think, I Think A Lot, Jessica Whipple \(5-10 years\)](#)
- [Unraveling Rose, Brian Wray \(5-8 years\)](#)
- [Malik's Number Thoughts, Natalie Rompella](#)

Synesthesia

- [Beulah Has a Hunch, Katie Mazeika](#)

Social Anxiety

- [Bravery Grows, Dr Melissa Giglio & Daisy Geddes](#)
- [The Worry Balloon, Mónica Mancillas](#)
- [Violet Shrink, Christnie Baldacchino](#)

Other Neurodiversity Affirming Titles

- [Every Brain is Beautiful, Sara Furlong](#)
- [I Talk Like a River, Jordan Scott](#)
- [Dark Cloud, Anna Lazowski](#)
- [Manny's Mood Clouds, Lourdes Ubidia](#)
- [Sensory Ninja: A Children's Book About Sensory Superpowers and SPD, Sensory Processing Disorder \(Ninja Life Hacks\), Mary Nhin](#)
- [The Curiosities, Zana Fraillon Fraillon](#)
- [Wonderfully Wired Brains, Louise Gooding](#)

Neurodiversity Affirming Adult Books



- [Beyond Behaviors, Dr. Mona Delahooke](#)
- [Brain Body Parenting, Dr. Mona Delahooke](#)
- [Calm the Chaos: A Fail-Proof Road Map for Parenting Even the Most Challenging Kids, Dayna Abraham](#)

- [*Differently Wired: A Parent's Guide to Raising an Atypical Child with Confidence and Hope*, Deborah Reber](#)
- [*Forever Boy: A Mother's Memoir of Autism and Finding Joy*, Kate Swenson](#)
- [*I Will Die On This Hill*, Meghan Ashburn and Jules Edwards](#)
- [*Self-Reg: How to Help Your Child \(and You\) Break the Stress Cycle and Successfully Engage with Life*, by Dr. Stuart Shanker](#)
- [*Uniquely Human* \(7th Edition\), Barry Prizant](#)
- [*Neurotribes: The Legacy of Autism and the Future of Neurodiversity*, Steve Silberman](#)
- [*Punished by rewards*, Alfie Kohn](#)
- [*Rest, Play, Grow: Making Sense of Preschoolers \(Or Anyone Who Acts Like One\)*, Deborah MacNamara PhD and Gordon Neufeld PhD](#)
- [*The Adult Autism Assessment Handbook: A Neurodiversity Affirmative Approach*, Davida Hartman et al.](#)
- [*The Explosive Child*, Ross. W. Greene PhD](#)
- [*The Whole Brain Child*, Dr. Dan Siegel](#)

Neurodiversity Affirming Podcasts



- [*Exploring Neurodiversity with Adina Levy*](#)
- [*Tilt Parenting Podcast with Deborah Reber*](#)
- [*Two Sides of the Spectrum Podcast with Meg Ferrell*](#)
- [*Uniquely Human: The Podcast with Barry Prizant Ph.D., CCC-SLP and Dave Finch*](#)

Neurodiversity Affirming Publications



- Medical vs. Social Model of Disability. (2024, January 24). *Meaningful Speech*. <https://www.meaningfulspeech.com/>
- Miller, C., Martin, C., & Lee, S. A. (n.d.). *What Is Neurodiversity? And How Can Parents Support Kids Who Are Neurodivergent?* <https://childmind.org/article/what-is-neurodiversity/>