

Critical Language Reflection Activity

Directions: Read and reflect on the [Midwest and Plains Equity Assistance Center's Critical Language Style Guide](#). Use the chart below to identify:

1. Language you are already using from the style guide
2. Language you are not using from the style guide
3. Language you are wrestling/struggling with as a work in progress

Language You Are Already Using From The Style Guide	Language You Are Not Using (Yet) From The Style Guide	Language You Are Wrestling/Struggling With As A Work In Progress

Reflection:

- Reflect on the language you are using. Why do you use that language?
- Reflect on the language you are not using. Why are you not using that language?
- Reflect on the language you are struggling with. Why might you be struggling with that language?

Follow-up:

- Save this document and your notes. Come back to this document monthly and re-read the style guide and your notes. Reflect on where you are today with your language compared to last month.