



November 2025

Salem, MA to Asheville, NC

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			 Mini Challenge Days: Nov 1 Nov 11 Nov 17 Nov 27		31 (October) Day 1 15 Miles	1 Day 2 30 Miles 
2 Day 3 45 Miles	3 Day 4 60 Miles	4 Day 5 75 Miles	5 Day 6 90 Miles	6 Day 7 105 Miles	7 Day 8 120 Miles	8 Day 9 135 Miles
9 Day 10 150 Miles	10 Day 11 165 Miles	11 Day 12 180 Miles 	12 Day 13 195 Miles	13 Day 14 210 Miles	14 Day 15 225 Miles	15 Day 16 240 Miles
16 Day 17 255 Miles	17 Day 18 270 Miles 	18 Day 19 285 Miles	19 Day 20 300 Miles	20 Day 21 315 Miles	21 Day 22 330 Miles	22 Day 23 345 Miles  Sampson Shuffle
23 Day 24 360 Miles	24 Day 25 375 Miles	25 Day 26 390 Miles	26 Day 27 405 Miles	27 Day 28 420 Miles 	28 Day 29 435 Miles	29 Day 30 450 Miles

Destination 930 Miles **Goal = 15 miles/day or 105 miles/week**



December 2025

Salem, MA to Asheville, NC

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 (November) Day 31 465 Miles	1 Day 32 480 Miles	2 Day 33 495 Miles	3 Day 34 510 Miles	4 Day 35 525 Miles	5 Day 36 540 Miles	6 Day 37 555 Miles
7 Day 38 570 Miles  William H. Craig	8 Day 39 585 Miles	9 Day 40 600 Miles	10 Day 41 615 Miles	11 Day 42 630 Miles 	12 Day 43 645 Miles	13 Day 44 660 Miles 
14 Day 45 675 Miles	15 Day 46 690 Miles	16 Day 47 705 Miles	17 Day 48 720 Miles	18 Day 49 735 Miles	19 Day 50 750 Miles 	20 Day 51 765 Miles
21 Day 52 780 Miles	22 Day 53 795 Miles	23 Day 54 810 Miles	24 Day 55 825 Miles	25 Day 56 840 Miles	26 Day 57 855 Miles	27 Day 58 870 Miles
28 Day 59 885 Miles	29 Day 60 900 Miles	30 Day 61 915 Miles	31 Day 62 930 Miles 	1 (January) 	 Mini Challenge Days: Dec 11 Dec 13 Dec 19 Dec 31	

Destination 930 Miles Goal = 15 miles/day or 105 miles/week

