

Parent Resources

Please share the following resources with parents and families to help support the work that is being done in the PreK classroom.

General Resources

- [Palmetto Basics](#)
- [Family and Community Engagement Information from the US Department of Education](#)
- [Vroom](#), a web app to assist parents and families with incorporating early learning activities at home
- [Developmental Milestones - 12 months to 24 months](#)
- [Developmental Milestones - 24 months to 36 months](#)
- [Summer Camps and Programs at the Roper Mountain Science Center, Greenville SC](#)
- [Bridging Language and Culture for Family Engagement](#)
- [Truce Play Guide](#): What parents can do to provide healthy play.

Literacy

- [Supporting Early Literacy at Home: A Parents' Guide](#) is an online resource designed to provide information for parents and caregivers so that they can support their children's early literacy development. Research shows that parent/caregiver involvement is the number one predictor of early literacy success as well as future academic success. The guide provides information and strategies that will equip parents and caregivers with tools to support children from birth through the beginning years of school. Each module includes a video introduction, resources to view, resources to read, and a place to reflect and respond.
- [Nine Tips to Inspire Family Reading](#)
- [Helping Your Child Become a Reader](#)
- [Read Greenville](#) is a community wide awareness program designed to help spread the word about the importance of reading daily.

Social Emotional

- [Fear and Anxiety](#) – An Age by Age Guide to Common Fears, the Reasons for Each and How to Manage Them. This helpful resource breaks down childhood fears by ages and then explains them.
- [Daily Touchscreen Use in Infants and Toddlers is Associated with Reduced Sleep and Delayed Sleep Onset](#): Recently published research based on a survey of families in the United Kingdom showed that 75% of toddlers ages 6 months to 3-years use a touchscreen daily. Results showed every additional hour of touchscreen use was associated with an overall reduction in sleep of 15.6 minutes.

Preparing for 4K and 5K

- [Preparing for PreK - Murray's First Day of Preschool - Sesame Street](#)
- [The School Ready Child](#)
- [Transition to Kindergarten](#)