

Drendel Freshmen Invite 2025
@Kaneland High School

5/19/2025

**Marmion, Oswego East, Ottawa, Rockford East, St. Charles
North, South Elgin, Sycamore, Lake Park, Kaneland, Sterling**

Start Times: Field Events 4:30 Running Events 5:00

Entries: Athletic.Net - Drendel Freshmen Invitational

Scratches: At the Finish Line

Coaches Meeting: Finish Line at 4:00

Spikes: ¼" pyramid

TJ/LJ/PV/HJ marks: Chalk will be provided, please do not use tape

Workers: Kaneland High School will be providing all workers for Field Events

Shot and Disc weigh ins: Will be weighed out at the rings (north side of Stadium)

Scoring: Individuals - 10-8-6-4-2-1 Relays - 10-8-6-4-2-1

Admission: TBA

Concessions:

4:30 - Field Events Will Begin

Discus – Throws FIRST. 4 throws Cafeteria Style

Shot Put – After DISC. 4 throws Cafeteria Style

Long Jump – Jumps First. 4 jumps Cafeteria Style 4:30-5:45

Triple Jump – Jumps 2nd. 4 jumps Cafeteria Style 5:45-7:00

Pole Vault – Opening Height - 6'0-7'0-8'0- then up by 6"

High Jump – Opening Height - 4'7" - then up by 2"

4:55 National Anthem

5:00 Running Events Start

4x800 Relay

4 X 100m Relay

3200m Run

110m High Hurdles

100m Dash -

800m Dash -

4 X 200m Relay

400m Dash -

300m Int Hurdles -

1600m Run -

200m Dash -

4 X 400m Relay

Map