

## Block Plan

### Health and Physical Education

**GRADE LEVEL(S):**

**TOPIC:**

Lesson #1	
Lesson Title:	
Health and/or Physical Education Outcomes:	
Content (Teacher Discussion Outline):	
Strategies/Activities:	
Diagnostic Assessment (Pre-Test):	
Formative Assessments:	

Lesson #2	
Lesson Title:	
Health and/or Physical Education Outcomes:	
Content (Teacher Discussion Outline):	
Strategies/Activities:	
Formative Assessments:	

Lesson #3	
Lesson Title:	
Health and/or Physical Education Outcomes:	
Content (Teacher Discussion Outline):	
Strategies/Activities:	
Formative Assessments:	

Lesson #4	
Lesson Title:	
Health and/or Physical Education Outcomes:	
Content (Teacher Discussion Outline):	
Strategies/Activities:	
Formative Assessments:	

Lesson #5	
Lesson Title:	
Health and/or Physical Education Outcomes:	
Content (Teacher Discussion Outline):	
Strategies/Activities:	
Formative Assessments:	

Lesson #6	
Lesson Title:	
Health and/or Physical Education Outcomes:	
Content (Teacher Discussion Outline):	
Strategies/Activities:	
Formative Assessments:	

Summative Assessments	
Health and Physical Education Content:	
Diagnostic Assessment (Post-Test):	
Performance-Based Assessment:	