

Diagnosed Medical Condition Policy

Klein High School Athletic Department

Asthma

Athletes with asthma that have been previously diagnosed by a physician should be noted when doing pre-participation evaluations. The athlete is encouraged to provide a rescue inhaler to the athletic training staff to keep during practices and games. The athlete should also keep an inhaler on their person or with their personal belongings during practices and games.

In the event of an asthmatic emergency, the athletic training staff, per standing orders, should administer the prescribed rescue inhaler to the athlete. The athlete should respond to the medication within 5-10 minutes; if the athlete does not respond to the medication within 15-20 minutes the situation should be considered a medical emergency. Parents/guardians should be contacted once the rescue inhaler has been administered.

Diabetes

Athletes with diabetes, type 1 or type 2, which has been diagnosed by a physician should be noted when doing pre-participation evaluations. The athlete should provide glucose monitoring equipment and supplies that the athletic training staff has access to during practices and games. The athlete should also keep glucose monitoring equipment on their person or with their personal belongings during practices and games. Diabetic episodes can be due to hyperglycemia or hypoglycemia, both of which require drastically different treatments.

Seizures

Athletes with epilepsy or other seizure inducing conditions, which have been diagnosed by a physician should be noted on the pre-participation exam. The athletic training should be notified of specific medications and procedures specific to each athlete. In the event of an emergency, the athletic training staff may administer the provided emergency medication (if applicable) and contact the athlete's parent/guardian.

Cardiovascular

Athletes with cardiovascular conditions which have been diagnosed by a physician should be noted on the pre-participation exam. The athletic training staff should be notified of specific medications (if applicable) and procedures specific to each athlete. In the event of an emergency, the athletic training staff may provide necessary emergency care to the athlete and contact the athlete's parent/guardian.