## School Counseling at Kimberly High School



## **Lana Barnes**

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Hello! My name is Lana Barnes and I am excited for another school year! There is always so much to look forward to and so many opportunities as another year begins.

This year starts my 18th year as a school counselor, and my seventh year at Kimberly High School. In the past 18 years I have worked in both the West Bend and Sheboygan School Districts before coming to Kimberly. I worked 7 years as a school counselor at JR Gerritts Middle School here in Kimberly before coming to the high school.

I am fortunate to have the opportunity to be a part of a great school and help support students through their career planning, but also get to spend some time with my 4 children at home. My husband and I are a family of 6, 3 boys ages 11, 9, and 4 and a 7 year old girl. I have the best of both worlds this year, being at home with my kids part time, but I also have the privilege to be a part of the KHS team part time. If there is anything you need from me I am at KHS on Mondays, Tuesdays and Wednesdays.

I am from the Hortonville Area and graduated from Hortonville High School. From there I attended Lakeland College where I earned a bachelor's degree in both Psychology and Sociology. At that time I was working with youth in the juvenile detention center, children who were homeless and runaways, and it was at that time that I knew youth were the population I wanted to work with. The opportunity to connect with youth even in the toughest of times motivated me to continue on in my education knowing I wanted to be a school counselor. I earned my masters degree in School Counseling and have been doing counseling ever since.

As I start my eighth year at Kimberly High School I will be working in the Student Services department and helping support students as they set goals and plan for their future. Career Planning is a big part of future success so I look forward to helping students reach their goals.

Services that are provided through Career Planning are monthly sessions with a Career Planning advisor, individual support based on a students path for their future, and continual support of a students path and planning for the future through conferencing and one on one conversations.

I look forward to working with you!