

***SURVIVING***  
***A Pressure-Packed Marriage***  
***Genesis 2:24***

Many point to divorce as one of the greatest problems of our society. However, divorce is simply a symptom of underlying problems. Learning how to handle the pressures facing marriage is essential to experiencing individual, family and societal success.

**Set Reachable Goals for Marriage and Your Spouse**

Allow the Bible to shape realistic \_\_\_\_\_ of us and our mates through its truths and wisdom. Jeremiah 17:9; II Corinthians 12:9-10; Philippians 4:13

**Make Adequate Deposits In The Marriage Relationship**

Major deposits that build an emotional bank account in marriage:

1. Be diehard \_\_\_\_\_ of one another, always seeking to know \_\_\_\_\_ about your mate.
2. Adjust and live the healthiest lifestyle possible.
3. Keep your promises.
4. Live by the \_\_\_\_\_. Luke 6:31
5. Embrace and practice honesty, which generates trust.
6. The wife needs him to spiritually \_\_\_\_\_ and \_\_\_\_\_ her. Ephesians 5:22-30
7. The husband needs her to \_\_\_\_\_ and \_\_\_\_\_ him. Ephesians 5:22-24
8. \_\_\_\_\_ evaluate how much you have invested in and withdrawn from your marital bank account.

**Place An Emphasis on Meaningful Interaction In Marriage**

1. A husband should lead by setting the example of continually refocusing on what satisfies his wife's needs:
2. It takes time to communicate. AIM FOR \_\_\_\_ HOURS A WEEK!
3. Couples avoid growing apart by prioritizing becoming more involved in each other's spheres of \_\_\_\_\_.
4. Every day each of us is in the process of \_\_\_\_\_. As we change we must remember to tell one another.

(Portions of this sermon shared from his materials by permission of Dr. Brian Harbour)