

Welcome to Nagiso Kashiwaya

- An inn that helps people recover things they've forgotten -

Embracing the history of a post town that dates back to the Edo period,
The town of Nagiso is a place where nature and culture still thrive.
We hope that your time at Kashiwaya will be a nostalgic yet new experience for you.

Enjoy a nostalgic moment, like returning to grandma's house in Japan during summer vacation.

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Check-in and check-out

- **Check-in time** : 16:00~18:00
- **Check-out time** : Until 10:00
- **Pick-up and drop-off**: If you request in advance, we can provide transportation from Nagiso Station to Kashiwaya.

Early check-in

- Please walk to Kashiwaya and check in yourself.
- The host will visit you at Kashiwaya after 4:00 PM to conduct a formal check-in and a tour of the facility.

Late check-in

- After you arrive at the entrance, please contact the host on their mobile phone.
- The host will come out from the house opposite to complete the check-in process and give you a tour of the property.

Requests during your stay

Kashiwaya is an inn that has carefully preserved a wooden house that is over 100 years old. To ensure your safety and comfort, we have a few requests for you.

- **Pets:** Please note that some guests may be afraid of animals or have allergies, so please refrain from bringing pets.
- **Smoking:** As wooden buildings are vulnerable to fire, smoking is prohibited inside the building. Please smoke in the courtyard.
- **About the shared space:** The earthen floor, kitchen, veranda, and shower room are shared spaces. Please be considerate to others when using them.
- **About Quiet Time:** Local residents wake up early and go to bed early. Please be quiet after 9 PM and turn off the lights by 10 PM.
- **Emergency response:** There are no hospitals or pharmacies nearby. If you are unwell or injured, I will take you to Nakatsugawa City, which is about a 30-minute drive away.
- **In the event of a disaster:** If an alert sounds, please stay in Kashiwaya. Disaster prevention sirens may sound, but there is no need to worry about flooding.
- **Precautions regarding electricity and circuit breakers**
 - When using a hair dryer, turn off the air conditioning only while using it.
 - Only two kitchen appliances can be used at the same time. If three or more are used, the breaker will trip.
 - The breaker has an operation panel in a wooden room on the first floor.
 - If there are other guests staying on the first floor, please ask them to help you.
 - If there is only the second floor, someone on the second floor should go to the first floor to operate it.
 - If you have any questions, please call us immediately and our host will assist you.

Facilities and amenities

- **Wi-Fi** : secret

Room

- Face towels, bath towels
- Mobile battery
- Hair dryer (please turn off the air conditioning when using)

shower room

- Shampoo, conditioner, body soap

skin care

- Cleansing, facial cleanser, lotion, emulsion, mask, cotton

toilet

- Oil blotting paper, sanitary products

washbasin

- Sunscreen, bamboo toothbrush, toothpaste

laundry

- Guests staying on the first floor can use a washing machine with a dryer.

Meals (in the building)

Dinner

- Affiliated caterer: 20 seconds walk, delivery at 6pm (reservations required 5 days in advance)
- Friday and Saturday: Azumaya in front of Nagiso Station
- Weekdays: Pierrot Restaurant

Breakfast (self-service)

- Scones, bananas, yogurt, water, eggs, and coffee are available in the refrigerator.
- Please feel free to use the provided glasses and plates.
- Please put your cutlery in the sink after use.
- Cooking equipment (IH heater, microwave, toaster, rice cooker, etc.) is also available for free use.

Catering Menu

Each set is for 2 people. Please note that the reservation for catered meals is available until 5 days before.

- ****Chicken Hot Pot Set**** Chicken hot pot with rice selection – ¥6,000
- ****Shabu-Shabu Set**** Pork shabu-shabu hot pot with rice selection – ¥8,000
- ****Japanese Wagyu Sukiyaki Set**** Wagyu beef hot pot with rice selection – ¥9,000
- ****Japanese Wagyu BBQ Set**** BBQ, salad, and rice balls – ¥10,000
- ****Cold Shabu-Shabu Set**** Chilled pork salad with somen noodles – ¥8,000
- ****Vegan Cold Shabu-Shabu Set**** Chilled soy meat salad with somen noodles – ¥9,000
- ****Vegan Hot Pot & Fruit Chirashi Set**** Vegan hot pot with fruit chirashi sushi – ¥9,000

Note: Rice selection can be either chirashi sushi or rice balls.

Meals (eating out)

In addition to catering and breakfast at Kashiwaya, there are other restaurants you can drop into without making a reservation.

place	Store name	Business days	Opening hours	remarks
Near Kashiwaya	Handaya	Monday, Tuesday and Friday	10 AM–4:30	Community Cafe
Near Nagiso Station	Kokoro	Water-Soil	10 AM–5 PM	Yam pasta is popular
Near Nagiso Station	Izumiya	every day	8:30 –5 PM	Modern cafe. Good English support.
Near Nagiso Station	Fukusuke	Closed on Wednesdays	11 AM–2 PM	A popular restaurant overlooking the Kiso River. Open in the evenings with reservations.
Near Nagiso Station	Omamiya	Irregular holidays	11 AM–2 PM	A popular restaurant with a view of the Kiso River
Near Nagiso Station	Azumaya	Friday and Saturday	6 PM–9 PM	A popular izakaya. Closed on Thursdays for lunch.
Near Nagiso Station	Piero	Closed on Wednesdays	6 PM–7:30	A popular coffee shop. Katsu curry is popular.
Near Nagiso Station	Momosuke tei	Friday, Saturday, Sunday	11 AM–3 PM	Soba restaurant near Momosuke Bridge
Tsumago	Kojitsu Coffee	every day	8:30–4 PM	A modern Japanese cafe
Tsumago	Koino Bakery	Closed on Tuesdays	8:30–4 PM	Bakery using local wheat

		and Wednesda ys		
Tsumago	Fujioto Ryokan	every day	11 AM–2 PM	A popular restaurant serving river fish and soba noodles
Nojiri Station	Katana	Closed on Mondays	10 AM–5:30	Renovated old house cafe
Nojiri Station	Donguri	Closed on Wednesda ys	9 AM–5 PM	Lodge-style cafe
Araragi	Mannya	Reservati on only	5:30–8:30 PM	The popular set meal of the famous wild vegetable, Itadori
Tadachi Falls	Takahashi Gorge	Saturday and Sunday	10 AM–4 PM	River fishing and hearth cooking

Mobility

Shared bicycles

- Several electric bicycles available
- In 2025, free ride because of it being test marketing phase
- You can use it at Kashiwaya or drop it off there.
Hashimotoya Parking Lot near Nagiso Station
Kakizore Valley Second Parking Lot near Nojiri Station
- More Details: <https://kiso-ebike-lp.vercel.app/>

Walking and cycling tours

- If you wish, we can introduce you to a local guide (reservation required). Normally for a walking guide, but they both can arrange it for a cycling tour for you.
Nick Keirle: <https://unchartednakasendo.com/>
Michael King: <https://reallyruraljapan.com/>

Baggage delivery service

- NLTS/Walk Lite available
NLTS: https://magome-transport.bitter.jp/about_us/
Walk Lite: <https://kiso-nagano.ne.jp/wp-content/uploads/2024/09/74b2962847e2c1203456fc79088d08a1.pdf>
- They offer delivery from hotel to hotel, station to hotel, and hotel to station.
- It's a convenient service that allows you to leave your belongings in the morning and have them delivered to your next accommodation by night.

Pick-up and drop-off

- Nagiso Sightseeing Taxi (TEL 0264-57-3133 Reception hours: 7:00-19:00)
- Free transportation by the host (please refer to the check-in/check-out section. For guests staying multiple nights, we can also arrange transportation to activity spots.)

Activity

An ongoing experience

- **walking:** Yogawa Road, old townscape of Tsumago-juku
- **cycling:** JR Railroad Trail (for beginners), Koiiji Pass (for experienced hikers)
- **Fishing and river fish cuisine:** Takahashi Stream (morning pick-up and drop-off + bicycle ride home)
- **Playing in the river (summer):** Atera Valley and Kakizore River (equipment rental)
- **Skiing (winter):** Kiso Fukushima/Achi Village Area Ski Resort (Morning pick-up and evening pick-up available)
- **Mountain climbing:** Nagiso-dake Araragi circular course (morning pick-up and evening pick-up available)

Experience under development*

- **temple:** Togakuji Temple Bell Ringing Experience, Morning Service Experience
- **Tent sauna:** Summer streamside tent sauna in Yogawa, winter snow tent sauna
- **Shower Climbing:** Iwakura River (hidden spot)
- **Mountain climbing:** Nagiso-dake Araragi to Uenobara course (with round-trip transportation)

*If you are staying for multiple nights and the host does not have lunch plans, we may be able to accommodate you.

Model itinerary

Summer 3-night, 4-day plan

Day 1 Dinner: Cold shabu-shabu and somen noodles delivered to Kashiwaya

Day 2 Morning: Rent a bike and equipment at Kashiwaya, then head to Atera Valley to swim in the river → Lunch: Cross Koiiji Pass, cross the Koiiji Suspension Bridge in Kakizore Valley, have soba noodles at Momosuketeki, and return across Momosuke Bridge → Dinner: Catered wagyu beef BBQ at Kashiwaya

Day 3 Morning: Fishing in Takahashi Stream → Lunch: Grill and eat river fish, then return by bicycle → Dinner: If it's Friday, go to "Azumaya"

Day 4 Morning: Leave your luggage with the delivery service, ride your bike to Nagiso Station, drop it off → Afternoon: Head to your next destination

Winter 3-night, 4-day plan

Day 1 Dinner: Catered shabu-shabu

Day 2 Morning: Transfer to Achi Village Ski Resort → Lunch: Skiing → Dinner: After transfer, catered sukiyaki served around the hearth

Day 3 Lunch: Snow tent sauna on Yogawa Road → Dinner: After pick-up and drop-off, dinner at Pierrot

Day 4 Morning: Leave your luggage with the delivery service, take you to Nagiso Station, drop off the car → Afternoon: Head to your next destination

Spring and Autumn 3-night 4-day plan

Day 1 Dinner: Catered vegan hotpot and fruit chirashi sushi

Day 2 Morning: Walk along the Nakasendo road, stop by a cafe for breakfast, etc. → Lunch: Soba noodles at Tsumago-juku, return by bus → Dinner: Dinner at Fukusuke, where we had a reservation

Day 3 Morning: Transfer to the trailhead for Mt. Nagiso's Araragi trail → Lunch: Climb the mountain and descend from the Araragi area → Dinner at the reserved Mannya in Araragi, then transfer back to Kashiwaya

Day 4 Morning: Leave your luggage at the delivery service and walk along Yogawamichi to Nojiri Station → Afternoon: Head to your next destination

The history of Kashiwaya

- **Edo period:**Midono-juku was bustling with processions of feudal lords on their way to Edo, and prospered as a post town on a par with Tsumago, Magome, and Narai.
- **Meiji period:** The post town was destroyed by a large fire. The main inn was also burned down. The restored building next door became Kashiwaya.
- **Modern times:** With the decline of forestry and the opening of the railway, the town's functions declined and it became a residential area.
- **2019:** The local revitalization support team renovated it and reopened it as an inn.
- **COVID-19 pandemic:** It was discontinued after just four months.
- **2025:** The current owner, Yakkun, who moved from Nagoya, has revived Kashiwaya. He has inherited its history and culture while weaving a new story.