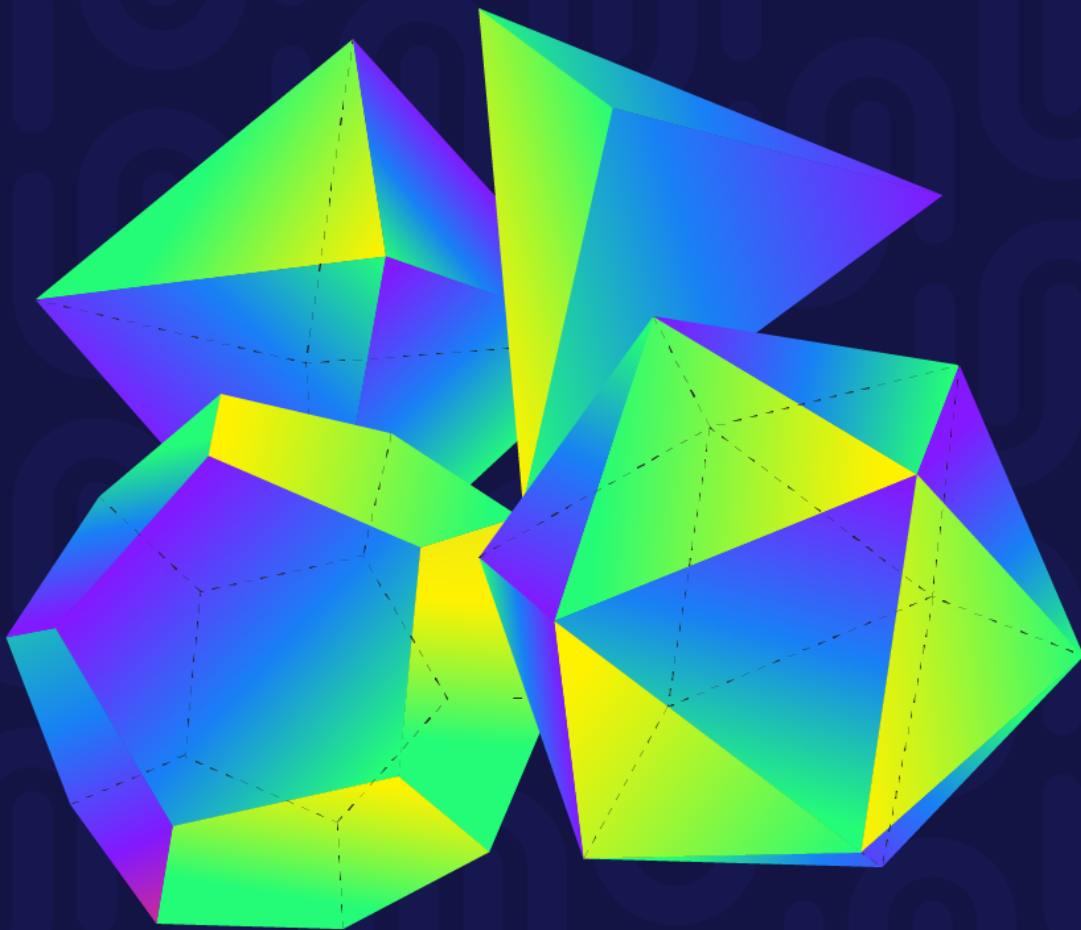




Integral Transpersonal Psychology Program Handbook

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General Guide

Welcome by Dr. Jim Garrison, President of Ubiquity University

Ubiquity University seeks to reinvent education as we know it. Traditional academic institutions are caught in the grip of antiquated methods of instruction characterized by rote memorization and an emphasis on social homogenization while charging increasingly high tuition and fees. They are unable to keep pace with a radically changing world, thus creating a crisis in learning not only for the academic institutions themselves but for a whole new generation of global youth for whom the internet and smartphones are the new norm and escalating hypercomplexity and climate change in the emerging global context. Ubiquity University enters this dynamic and potentiated situation with an educational approach designed to liberate the human potential of our students. Ubiquity represents a whole new education for a whole new world.

The Ubiquity learning programs are specifically designed to equip you with the qualities and competencies you need to contribute to solving the challenges laid out in the United Nations Sustainable Development Goals (SDGs). Tied into UNESCO's competency framework for the SDGs, it combines a set of core cross-cutting competencies for dealing with major global challenges of this kind with specific competency sets for each SDG. The UNESCO framework is divided into competencies for head, heart and hand and aligns perfectly with Ubiquity's tripartite design of Knowledge (head), Self-Mastery (heart) and Impact projects (hand).

Our promise to you as a student is that if you fully immerse yourself in this integral learning system, you will animate all your different intelligences and thus your highest potential – enabling you to make the greatest possible positive impact. We have designed our learning system so that you will become professionally competent, self aware, and socially active – fully capable of playing the game and changing the game. We want to activate your inner genius and we want you to be proactive in your world. Nothing less will enable you to navigate and thrive in the future that is coming.

We welcome you into our global learning community and encourage your active participation and involvement in the many opportunities we provide to deepen your professional and personal development while obtaining an academic degree.

*Jim Garrison, PhD
President, Ubiquity University*

Ubiquity University Student Handbook for Integral Transpersonal Psychology

The Ubiquity Learning Experience

Ubiquity's degree programs are designed to equip you to operate in a hyper-complex world - where the speed of change is increasing exponentially, the interconnectedness of issues is woven ever more tightly, and events anywhere can have dramatic effects everywhere. In eras of change such as ours, business as usual is no longer an option. Our commitment is to equip you to be able to thrive in this reality while contributing to a world that works for all.

In order to achieve that, Ubiquity helps you to develop seven core competencies. These competencies are divided into three areas: Knowledge Content (the things you are going to study), Personal Qualities (the dimensions in yourself you are going to develop), and Action in the World (how you engage the world). All of your study and program-related activity at Ubiquity will contribute to the development of these core competencies.

7 Core Competencies at Ubiquity



The Chartres Framework

We are reinventing the traditional seven liberal arts for a new societal context and we have recast them in the following manner. All of our courses fall within this framework to give you the skills you need to effectively engage in a rapidly changing world.

Meeting Global Challenges

The ability to understand global challenges, and to align your daily life with your authentic self and the needs of the planet through embodiment, mindfulness and meditation.

Collaboration

The ability to respect diversity and act with others in such a way that each person's passion and ability is maximized for the good of the whole.

Social Innovation & Entrepreneurship

The ability to identify, conceptualize and implement an innovation in society in such a way that all stakeholders benefit.

Emotional Intelligence

The ability to be aware of and manage your own emotions and creatively engage with the emotions of others.

Critical Thinking & Problem-solving

The ability to critically assess and value information in its own right and identify the parts in relation to the whole to enable comprehensive and life-affirming solutions.

Leadership

The ability to steward yourself and inspire others into meaningful action in the world in such a way that each person activates their highest potential to work together on common challenges.

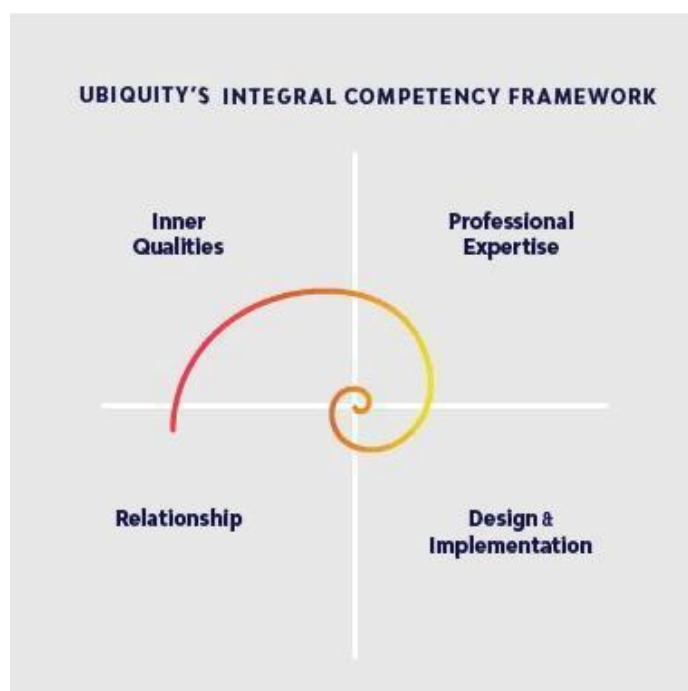
Building Global Community

The ability to build, nurture and activate intercultural relationships while driving action in service of global wellbeing.

Developing and Demonstrating Changemaker Competence

Ubiquity's mission is to enable people to develop, demonstrate and deliver changemaker competence. Changemaker competencies are the kinds of qualities and skills needed to assist society at this time in its transition from an unsustainable trajectory to a pathway that is ecologically viable, life-affirming and brings out the best of human potential. Each course has a set of learning outcomes that support the seven core competencies outlined above so you know what you should be able to do by the end of the course.

We frame the required breadth of competence in this way:



Changemaker competence needs to be developed not only as professional skills, as competence is often used, but also as inner qualities of the individual, the capacity to relate and collaborate creatively with others, and design and implement initiatives through a whole-system lens.

Online Course Structure and Assignments

Each trimester we run courses with live faculty interaction once per week for students. We also have online only options that you may find convenient as well. Aside from the live sessions, all of your learning material is available online so you can decide at what time of day you want to work on your course. Your weekly program while taking any course for credit at Ubiquity will be composed of:

- Attending a one hour live lecture (for selected courses each semester)
- Exploring the learning resources of each module
- Communicating with fellow students in the UbiVerse social community
- Preparing and submitting your final Creative Assignment

All of your course interaction takes place live on calls and on the Ubiquity social learning platform. If you are new to the platform you will receive an orientation and staff will be available to show you around.

You do still have the option to take any of our courses with our Internal Online Independent Study Option described below in the “Course Modalities” section.

Course Types, Delivery Options and Equivalent Credits.

Macrocourses

Macrocourses consist of between 48 and 36 hours delivered in 12 (twelve) to 15 (fifteen) weeks with a Final Creative Assignment that provides a comprehensive overview of a particular subject. Macrocourses are equivalent to 3 (three) credits.

Microcourses

Microcourses consist of 12 hours delivered in 4 (four) weeks. Microcourses can be bundled together in groups of three with a final Creative Assignment that comprises content of all three in order to be accepted for academic credit. In this way, three microcourses are equal to 3 (three) credits.

Nanocourses:

Nanocourses consist of 3 hours delivered in 1 (one) week that provide a deep dive into a single concept. Nanocourses can be bundled together in groups of twelve with a final

Creative Assignment that comprises content of all twelve in order to be accepted for academic credit. In this way, twelve nanocourses are equal to 3 (three) credits.

In-Person Courses

Ubiquity and ITI offer various in-person learning journeys throughout the year for all students. These courses require in-person attendance and then a written report at the BA, MA or PhD level depending on your academic program in order to receive academic credit for them. In-person learning journeys are equivalent to 4 (four) credits. In-person course listings can be found [by following this link to our website](#). Some in-person journeys are available in the online format.

Live Webinars: Live Webinar courses are produced by our Wisdom School, are normally four to six weeks with live webinars once per week. Live Webinars are usually equivalent to 1 credit.

Partner Courses

Ubiquity also awards academic credit for courses taken with our Learning Partner, the Alef Trust. The Alef Trust fosters educational and cultural activities that emphasise transpersonal perspectives. See Appendix 1 for details and check their [website](#) for available courses.

(Any changes made to this program will be communicated to students in advance)

Course Modalities

Live Virtual Classroom: Study that takes place within Ubiquity University, in which Ubiquity academic coursework is accomplished through attendance in Live Webinars, with faculty and student interaction being a part of the Live Webinar content. To receive academic credit, you must not miss more than 3 live sessions, you must complete the quizzes and submit any other required assignments (if any), and a final creative assignment for grading at the degree level you are enrolled in.

Internal Online Independent Study: Study that takes place within Ubiquity University, in which Ubiquity academic online coursework is engaged in independently on one's own and does not include faculty interaction. To receive academic credit, you must complete the quizzes and submit your reflection journals and final creative assignment for grading at the degree level you are enrolled in.

External Independent Study: Study that takes place outside of Ubiquity University in other academic venues. If you intend to transfer these courses for academic credit, and the course is not offered by one of our approved providers such as iTI or the Alef Trust, you **MUST** complete and submit an External Independent Study form for approval prior to embarking on coursework outside Ubiquity University.

Credits and Grades

You are graded on the following criteria based on our emphasis on participation and collaboration.:

Live Virtual Classroom

- Attendance and participation in live virtual sessions with faculty
- Completion of quizzes
- Completion of a Reflection Journal that captures reflection task questions and answers that are submitted at the end of the course for grading.
- Participation in group discussion questions both in our online forum and during your live faculty sessions
- Completion of a Final Creative Assignment that is submitted at the end of the course for grading.

Internal Online Independent Study

- Completion of all video and reading assignment lessons
- Completion of quizzes
- Completion of a Reflection Journal that captures reflection task questions and answers that is submitted at the end of the course for grading
- Completion of a Final Creative Assignment that is submitted at the end of the course for grading

You will find a description of our Final Creative Assignment in Appendix 2 of this handbook.

During your Ubiquity learning journey we calculate grades using a combination of points and the percentages above to determine your final letter grade.

You can see the chart that represents the letters we use as grades with its corresponding grading scale below:

Grade	Percentage
A	93-100
A-	90-92
B+	87-89
B	83-86
B-	80-82
C+	77-79
C	73-76
C-	70-72
D+	67-69
D	63-66
D-	60-62
F	<60

The Online Platform

Ubiquity's social learning platform is available by signing up and logging in at www.ubiquityuniversity.org. A full student's guide to the platform is [available here](#) and [here's a video](#) on how to get yourself set up on the platform.

Meet-ups

Even though we have created an engaging social platform known as the UbiVerse at www.ubiquitycommunity, we know it is not a replacement for live in-person interaction. We also know your learning is likely to be far more effective if you can discuss some of the things you are exploring with other students in smaller groups. Here are some ideas for self-organizing activities that you could undertake with your peers. We can provide you with some tips for how to make these group activities a success.

- Find other Ubiquity students living near you using the search engine in the Ubiquity Community Platform and arrange to meet up every week or two weeks to discuss the topics you are studying, your Self-Mastery practices, and the projects you are working on. You may find people this way to work together with on your Creative

Assignments. We are planning to have Ubiquity Ambassadors as contact points in towns and cities around the world - if there isn't one near you, consider offering to be one yourself!

- Propose a Skype call or Google hangout for your Pod and/or others who speak the same language as you to share your experiences of your program and courses. You could make this a one-off event first to see if people appreciate it, and then make it more regular if it seems to be of value.

Frequently Asked Questions

Q. I can afford the full tuition. I am wondering if I need to make one payment?

A. All students pay as they go.

Q. What forms of payment do you accept?

A. All courses must be paid for in advance through our platform which is accessible worldwide. For those of you who experience challenges with online purchasing, please make arrangements for a bank transfer. You may coordinate this through our Registrar.

Q. What are other expenses associated with my studies besides the tuition?

A. Our goal is to be globally affordable. We do not have any hidden fees so what you see for tuition is exactly what you will need to pay. Our application process is free. Resources are either freely available on our learning platform or elsewhere on the internet. If we cannot provide the resource for free, it will be provided at the lowest cost possible.

Q. What is my time commitment? Per week? Per class?

A. If you are doing the program full time, you would spend about 10 hours per week engaging the learning material and approximately 20 hours per week engaged in exploring other materials and working on your main assignment.

Q. How much class work do I have to do?

A. About 3 hours per module.

Q. How much homework do I have to do?

A. About 4-6 hours per module.

Q. How will I get my points and grades?

A. You can see them under each course listed in My Courses.

Q. How do I submit my homework?

A. Through our online platform - as quizzes, for example, or posts.

Q. How flexible is the homework deadline schedule?

A. You can work on the homework when you want, but it is advisable to complete tasks and assignments on time so you can move on with your peers.

Q. How do I collaborate with my classmates?

A. You will collaborate on one final Creative Assignment per course. You select the team you will work with although you can choose to submit as an individual. During the course you will also have opportunities to connect with other classmates to have deeper exchanges on the content of the course.

Q. How do I communicate with my faculty?

A. Our main courses run each trimester with live faculty sessions once per week. For purely online courses, you will go at your own pace. All along the way, you will have assistance and support.

Q. How do I learn? Do I watch videos?

A. In addition to live faculty sessions, there are usually additional videos to watch that communicate the main content, as well as articles to read. However, much of your learning also happens in interaction with your classmates.

Q. How long will it take for me to complete my degree?

A. It depends on how many courses you take at a time. A maximum workload is considered to be the equivalent of 5 trimester courses per trimester.

Q. What if I want to take a break between trimesters?

A. That's fine. You can come back to the course at the start of any Trimester in January, May or September.

Q. What if I get stuck and I need help?

A. You can always ask Student Support for help. If it is a technical question, they will make sure you are directed to the right person.

Q. How tech savvy do I need to be to attend the classes?

A. The platform has been designed to be very user-friendly. If you are an average user of computers and the internet then you will find it very easy. If you are less used to working

online, then it may take a bit of getting used to, but with all the support videos and guidelines, you should be up and running quickly!

Q. What if I need technical support?

A. There is an easy feedback system for technical challenges, and the tech team will respond to you as soon as they can. You can also always ask your Course Facilitators for help.

Contact Information

This document provides you with the contact information of Ubiquity University personnel who are available to support you on your Ubiquity learning journey.

For further information, please contact the relevant Ubiquity University staff member listed below.

Department	Contact	E-Mail Address	Phone Number
Program Director	Pier Luigi Lattuada	pl.lattuada@ubiquityuniversity.org	
Program Coordinator	Nora Silini	n.silini@ubiquityuniversity.org	+39.334.8519484
Office of Registrar	Veronica Saldias	registrar@ubiquityuniversity.org	
Dean of Graduate Studies	Gyorgyi Szabo	g.szabo@ubiquityuniversity.org	
Technical Support	Carlos Leano	c.leano@ubiquityuniversity.org	

Bachelor of Arts in Integral Transpersonal Psychology

Introduction

This program qualifies you to obtain a Bachelor of Arts degree qualification. It enables you to develop knowledge and understanding within and across specific subject areas of Psychology from an Integral and Transpersonal standpoint. It is a combination of learning, self-reflection, and application.

Ubiquity is excited to establish a strategic partnership with the Integral Transpersonal Institute (ITI) to offer this BA degree to learners who wish to work within the domain of helping relationships.

This section describes the pre-designed BA Degree in Integral Transpersonal Psychology including the requirements, courses and information about the coursework.

Program Outcomes

By the end of this program you should be able to:

- Develop a more holistic understanding of humans and the world in order to be of service to people in all helping relationships, aiding them through the shock, anxiety and stresses of modern life.
- Explain and discuss fundamental theories and maps from the integral and transpersonal perspectives and recognise their contribution to the understanding of human behaviour and the relationship with the environment.
- Apply a cutting-edge set of tools and skills to create change in humanity's consciousness in order to contribute to building a more sustainable world.
- Cultivate the capacity of being more available, more psychic and more in tune with nature/the ecofield by moving beyond the mind to include and transcend conventional thinking in a post-conventional fashion.
- Master and teach how to master inner experiences as well as how to be guided from within, from the authentic Self, instead of from induced needs, fears or false images
- Work with the transcendent dimensions of human experience, the nature and meaning of deep religious and mystical experiences, non-ordinary states of consciousness, and explain how we might foster the fulfillment of our highest potential as human beings.

- Work on letting go of control in order to find the Self; look beyond the Ego's beliefs to find the creativity needed for the right answer here and now, and the right action to make more effective choices.
- Express creativity in problem solving, asking critical questions, resolving important issues, and finding the "ally" in the "enemy."
- Acquire a wider perspective and work across disciplines beyond psychology such as cognition theory, theory of consciousness, the paranormal, philosophy, social and cultural theories, integral health theories and related practices, as well as literature, including poetry and the arts, and teachings from world wisdom and spiritual traditions.

Program Design

The Ubiquity ITP BA Degree is composed of 120 credits made up of 40 study courses.

The study courses are made up of two groups:

Core Courses (18 Credits): A set of 6 (six) core courses

1. Foundations of Integral Transpersonal Psychology (Pier Luigi Lattuada, PhD - ITI) (3 credits online)
2. Theories and Methods of Integral Transpersonal Psychology (Pier Luigi Lattuada, PhD - ITI) (3 credits online)
3. Integral Flourishing - Part One (Lee Mason, UU) (3 credits online)
4. Integral Flourishing - Part Two (Lee Mason, UU) (3 credits online)
5. Great Books (Jim Garrison, PhD and Gyorgyi Szabo, PhD - UU) (3 credits online)
6. Foundation in Soft Skills (Shelly Alcorn, UU) (3 credits online)

Elective Courses (102 Credits): A set of 34 (thirty-four) elective macrocourses, or combined microcourses or nanocourses. The latest selection of courses is available [here](#).

Available now:

1. Decoding Life: A Radical New View of Reality (Jude Currivan, UU) (3 credits online)
2. Life Span Development and Human Experience (Pier Luigi Lattuada, PhD - ITI) (3 credits online)
3. Creativity, Critical and Integral Thinking (Pier Luigi Lattuada, PhD - ITI) (3 credits online)
4. Integral Transpersonal Education (Gabriella Delmonte, ITI) (3 credits online)

5. Psychobiology, States of Consciousness and Neuroscience (Regina U. Hess, PhD – ITI) (3 credits online)
6. Integral Transpersonal Counseling (Simona Vigo, ITI) (3 credits online)
7. Clinical and Dynamic Psychology (Jure Biechonski, MSc – ITI) (3 credits online)
8. The Shift: Integral Transpersonal Mindfulness, (Paola Gares, ITI) (3 credits online)
9. Integral Transpersonal Skills: A New Corporate Paradigm (Sara Gambelli, PsyD – ITI) (3 credits online)
10. Cosmopolitan Communication (Kazuma Matoba, PhD – UU) (3 credits online)
11. Transformative Inner Science – Foundations (Kazuma Matoba, PhD – UU) (3 credits online)
12. Addiction and Its Treatment (Guy du Plessis, MA – UU) (3 credits online)
13. Living in a Living Universe (Duane Elgin – UU) (3 credits online)
14. Foundation in Soft Skills & UN SDGs (Shelly Alcorn – UU) (3 credits online)
15. Foundations of Critical Thinking for Learning and Everyday Life (Linda Elder, PhD – UU) (3 credits online)
16. Non-Violent Conflict – An Overview (Bob Kezar, PhD – UU) (3 credits online)
17. Merry Musings (Peter Merry, PhD – UU) (3 credits online)

Coming soon:

1. The Integral Transpersonal Vision: Maps and Models (Pier Luigi Lattuada, PhD – ITI) (3 credits online)
2. History and Principles of Transpersonal Psychology (Steven Schmitz, ITI) (3 credits online)
3. Social Psychology, Hypercomplexity and Sustainability (Bruno Di Loreto, ITI) (3 credits online)
4. Personality Theories and Transpersonal Evolution (Caifang Zu, PhD – ITI) (3 credits online)
5. Eco-Psychology (Andrea Molinari, ITI) (3 credits online)
6. Olo-Somatic Psychology and Bodymind Work (Matteo Hu, ITI) (3 credits online)
7. PNEI and Mindfulness (Davide Ferraris, ITI) (3 credits online)
8. Ethno-Psychology (Paolo Cianconi, ITI) (3 credits online)
9. Integral Transpersonal Acting (Valentina Lattuada, ITI) (3 credits online)
10. History and Principles of Counseling and Coaching, (ITI) (3 credits online)
11. Out of the Castle: The Hero's Journey and Spiritual Emergency, (ITI) (3 credits online)
12. The Field: Systemic and Archetypal Constellation, (ITI) (3 credits online)
13. Shamanic Legacy and Psychology of the Future, (ITI) (3 credits online)

In-Person Learning Journeys (worth 4 credits each)

1. Beyond the Mind - ITI (in-person)
2. Chartres Academy UU (in-person or online)

Creative Assignment:

At the end of each course, students will be required to write a 5-7 page creative assignment.

Dissertation:

At the end of your coursework you are required to write a dissertation, which must not normally exceed 10,000 words.

Cost:

Pay per course: \$300 and total program cost: Approximately \$12,000

Bachelor of Arts Completion in Integral Transpersonal Psychology

Introduction

This program qualifies you to pursue your counseling diploma through the conferment of a Bachelor of Arts degree qualification. It enables you to develop knowledge and understanding within and across specific subject areas of Psychology from an Integral and Transpersonal standpoint. It is a combination of learning, self-reflection, and application.

Ubiquity is excited to establish a strategic partnership with the Integral Transpersonal Institute (ITI) to offer this BA-Completion degree to learners who have been trained as counselors and work within the domain of helping relationships. This degree is designed to recognise prior counseling training and integrate it into our cutting-edge psychology program that offers an innovative academic pathway.

This section describes the pre-designed BA-Completion Degree in Integral Transpersonal Psychology including the requirements, courses and information about the coursework. Note that this course is available for learners who have [between 60 – 90 prior undergraduate level credits](#) or hold one of the following documents:

- a Counseling Skills Certificate from ITI;
- a Diploma of Integral Transpersonal Counseling from ITI;
- a Counseling Diploma from an ITI-accredited School;

If your prior education is from outside of the US, you may be required to produce an [International Transcript Evaluation via SpanTran](#) in order to determine credit transfer. For any further information, please contact our Enrollment Manager.

Program Outcomes

By the end of this program you should be able to:

- Develop a more holistic understanding of humans and the world in order to be of service to people in all helping relationships, aiding them through the shock, anxiety and stresses of modern life.
- Explain and discuss fundamental theories and maps from the integral and transpersonal perspectives and recognise their contribution to the understanding of human behaviour and the relationship with the environment.
- Apply a cutting-edge set of tools and skills to create change in humanity's consciousness in order to contribute to building a more sustainable world.

- Cultivate the capacity of being more available, more psychic and more in tune with nature/the ecofield by moving beyond the mind to include and transcend conventional thinking in a post-conventional fashion.
- Master and teach how to master inner experiences as well as how to be guided from within, from the authentic Self, instead of from induced needs, fears and false images of self.
- Work with the transcendent dimensions of human experience, the nature and meaning of deep religious and mystical experiences, non-ordinary states of consciousness, and explain how we might foster the fulfillment of our highest potential as human beings.
- Work on letting go of control in order to find the Self; look beyond the Ego's beliefs to find the creativity needed for the right answer here and now, and the right action to make more effective choices.
- Express creativity in problem solving, asking critical questions, resolving important issues, and finding the "ally" in the "enemy."
- Acquire a wider perspective and work across disciplines beyond psychology such as cognition theory, theory of consciousness, the paranormal, philosophy, social and cultural theories, integral health theories and related practices, as well as literature, including poetry and the arts, and teachings from world wisdom and spiritual traditions.

Program Design

The Ubiquity ITP BA-Completion Degree is composed of 30 credits made up of 10 study courses.

The study courses are made up of two groups:

Core Courses (15 Credits): A set of 5 (five) core courses

1. Foundations of Integral Transpersonal Psychology (Pier Luigi Lattuada, ITI)
2. Theories and Methods of Integral Transpersonal Psychology (Pier Luigi Lattuada, ITI)
3. Integral Flourishing - Part One (Lee Mason, UU)
4. Integral Flourishing - Part Two (Lee Mason, UU)
5. Great Books (Jim Garrison, UU)

Elective Courses (15 Credits): A set of 5 (five) elective macrocourses from the following list. The latest selection of courses is available [here](#).

Available now:

1. Decoding Life: A Radical New View of Reality (Jude Currivan, UU) (3 credits online)
2. Life Span Development and Human Experience (Pier Luigi Lattuada, PhD – ITI) (3 credits online)
3. Creativity, Critical and Integral Thinking (Pier Luigi Lattuada, PhD – ITI) (3 credits online)
4. Integral Transpersonal Education (Gabriella Delmonte, ITI) (3 credits online)
5. Psychobiology, States of Consciousness and Neuroscience (Regina U. Hess, PhD – ITI) (3 credits online)
6. Integral Transpersonal Counseling (Simona Vigo, ITI) (3 credits online)
7. Clinical and Dynamic Psychology (Jure Biechonski, MSc – ITI) (3 credits online)
8. Integral Transpersonal Skills: A New Corporate Paradigm (Sara Gambelli, PsyD – ITI) (3 credits online)
9. The Shift: Integral Transpersonal Mindfulness, (Paola Gares, ITI) (3 credits online)
10. Cosmopolitan Communication (Kazuma Matoba, PhD – UU) (3 credits online)
11. Transformative Inner Science – Foundations (Kazuma Matoba, PhD – UU) (3 credits online)
12. Addiction and Its Treatment (Guy du Plessis, MA – UU) (3 credits online)
13. Living in a Living Universe (Duane Elgin – UU) (3 credits online)
14. Foundation in Soft Skills & UN SDGs (Shelly Alcorn – UU) (3 credits online)
15. Foundations of Critical Thinking for Learning and Everyday Life (Linda Elder, PhD – UU) (3 credits online)
16. Non-Violent Conflict – An Overview (Bob Kezar, PhD – UU) (3 credits online)
17. Merry Musings (Peter Merry, PhD – UU) (3 credits online)

Coming soon:

1. The Integral Transpersonal Vision: Maps and Models (Pier Luigi Lattuada, PhD – ITI) (3 credits online)
2. History and Principles of Transpersonal Psychology (Steven Schmitz, ITI) (3 credits online)
3. Social Psychology, Hypercomplexity and Sustainability (Bruno Di Loreto, ITI) (3 credits online)
4. Personality Theories and Transpersonal Evolution (Caifang Zu, PhD – ITI) (3 credits online)

5. Eco-Psychology (Andrea Molinari, ITI) (3 credits online)
6. Olo-Somatic Psychology and Bodymind Work (Matteo Hu, ITI) (3 credits online)
7. PNEI and Mindfulness (Davide Ferraris, ITI) (3 credits online)
8. Ethno-Psychology (Paolo Cianconi, ITI) (3 credits online)
9. Integral Transpersonal Acting (Valentina Lattuada, ITI) (3 credits online)
10. History and Principles of Counseling and Coaching, (ITI) (3 credits online)
11. Out of the Castle: The Hero's Journey and Spiritual Emergency, (ITI) (3 credits online)
12. The Field: Systemic and Archetypal Constellation, (ITI) (3 credits online)
13. Shamanic Legacy and Psychology of the Future, (ITI) (3 credits online)

In-Person Learning Journeys (worth 4 credits each)

1. Beyond the Mind (in-person) ITI
2. Chartres Academy (in-person or online) UU

Creative Assignment:

At the end of each course, students will be required to write a 5-7 page creative assignment.

Dissertation:

At the end of your coursework you are required to write a dissertation, which must not normally exceed 10,000 words.

Cost: Pay per course: \$300, Total program cost: Approximately \$3,000

Combined Bachelor of Arts (BA) Completion/Masters (MA) in Integral Transpersonal Psychology

Introduction

This program qualifies you to pursue your counseling diploma through the conferment of a combined BA Completion/MA degree qualification. It enables you to develop knowledge and understanding within and across specific subject areas of Psychology from an Integral and Transpersonal standpoint. It is a combination of learning, self-reflection, and application.

Ubiquity is excited to establish a strategic partnership with the Integral Transpersonal Institute (ITI) to offer this combined BA Completion/MA degree to learners who have been trained as counselors and work within the domain of helping relationships. This degree is designed to recognise prior counseling training and integrate it into our cutting-edge psychology program that offers an innovative academic pathway.

This section describes the pre-designed BA-Completion/MA Degree in Integral Transpersonal Psychology including the requirements, courses and information about the coursework. Note that this course is available for learners who have between 60 – 90 prior undergraduate level credits or hold one of the following documents:

- a Counseling Skills Certificate from ITI;
- a Diploma of Integral Transpersonal Counseling from ITI;
- a Counseling Diploma from an ITI-accredited School;

If your prior education is from outside of the US, you may be required to produce an [International Transcript Evaluation via SpanTran](#) in order to determine credit transfer. For any further information, please contact our Enrollment Manager.

Program Outcomes

By the end of this program you should be able to:

- Develop a more holistic understanding of humans and the world in order to be of service to people in all helping relationships, aiding them through the shock, anxiety and stresses of modern life.

- Explain and discuss fundamental theories and maps from the integral and transpersonal perspectives and recognise their contribution to the understanding of human behaviour and the relationship with the environment.
- Apply a cutting-edge set of tools and skills to create change in humanity's consciousness in order to contribute to building a more sustainable world.
- Cultivate the capacity of being more available, more psychic and more in tune with nature/the ecofield by moving beyond the mind to include and transcend conventional thinking in a post-conventional fashion.
- Master and teach how to master inner experiences as well as how to be guided from within, from the authentic Self, instead of from induced needs, fears and false images of self.
- Work with the transcendent dimensions of human experience, the nature and meaning of deep religious and mystical experiences, non-ordinary states of consciousness, and explain how we might foster the fulfillment of our highest potential as human beings.
- Work on letting go of control in order to find the Self; look beyond the Ego's beliefs to find the creativity needed for the right answer here and now, and the right action to make more effective choices.
- Express creativity in problem solving, asking critical questions, resolving important issues, and finding the "ally" in the "enemy."
- Acquire a wider perspective and work across disciplines beyond psychology such as cognition theory, theory of consciousness, the paranormal, philosophy, social and cultural theories, integral health theories and related practices, as well as literature, including poetry and the arts, and teachings from world wisdom and spiritual traditions.

Program Design

The Ubiquity ITP BA Completion/MA Degree is composed of 60 credits made up of 16 study courses and the Dissertation worth 10 credits.

The study courses are made up of two groups:

Core Courses (27 Credits): A set of 8 (eight) core courses

BA Level – \$100 Per Credit

1. Foundations of Integral Transpersonal Psychology (Pier Luigi Lattuada, PhD – ITI) (3 credits online)

2. Theories and Methods of Integral Transpersonal Psychology (Pier Luigi Lattuada, PhD – ITI) (3 credits online)
3. Integral Flourishing – Part One (Lee Mason, UU) (3 credits online)
4. Integral Flourishing – Part Two (Lee Mason, UU) (3 credits online)
5. Great Books (Jim Garrison, PhD and Gyorgyi Szabo, PhD – UU) (3 credits online)

MA Level – \$200 Per Credit

1. The Creative Journey to Dissertation: Finding your Voice, Making your Mark (Gyorgyi Szabo, PhD – UU) (4 credits online)
2. Ubiquity Chartres Academy – Virtual or In-Person (UU) (4 credits online or in-person)
3. Beyond the Mind – In-Person Retreat (ITI) (4 credits in-person)

Elective Courses (23 credits): An additional series of approximately 7 courses plus two 1 credit webinars either Live or Archived at the MA Level – \$200 Per Credit

Available now:

1. Decoding Life: A Radical New View of Reality (Jude Currivan, UU) (3 credits online)
2. Life Span Development and Human Experience (Pier Luigi Lattuada, PhD – ITI) (3 credits online)
3. Creativity, Critical and Integral Thinking (Pier Luigi Lattuada, PhD – ITI) (3 credits online)
4. Integral Transpersonal Education (Gabriella Delmonte, ITI) (3 credits online)
5. Psychobiology, States of Consciousness and Neuroscience (Regina U. Hess, PhD – ITI) (3 credits online)
6. Integral Transpersonal Counseling (Simona Vigo, ITI) (3 credits online)
7. Clinical and Dynamic Psychology (Jure Biechonski, MSc – ITI) (3 credits online)
8. Integral Transpersonal Skills: A New Corporate Paradigm (Sara Gambelli, PsyD – ITI) (3 credits online)
9. The Shift: Integral Transpersonal Mindfulness, (Paola Gares, ITI) (3 credits online)
10. Cosmopolitan Communication (Kazuma Matoba, PhD – UU) (3 credits online)
11. Transformative Inner Science – Foundations (Kazuma Matoba, PhD – UU) (3 credits online)
12. Addiction and Its Treatment (Guy du Plessis, MA – UU) (3 credits online)
13. Living in a Living Universe (Duane Elgin – UU) (3 credits online)
14. Foundation in Soft Skills & UN SDGs (Shelly Alcorn – UU) (3 credits online)
15. Foundations of Critical Thinking for Learning and Everyday Life (Linda Elder, PhD – UU) (3 credits online)

16. Non-Violent Conflict – An Overview (Bob Kezar, PhD – UU) (3 credits online)
17. Merry Musings (Peter Merry, PhD – UU) (3 credits online)

Coming soon:

1. The Integral Transpersonal Vision: Maps and Models (Pier Luigi Lattuada, PhD – ITI) (3 credits online)
2. History and Principles of Transpersonal Psychology (Steven Schmitz, ITI) (3 credits online)
3. Social Psychology, Hypercomplexity and Sustainability (Bruno Di Loreto, ITI) (3 credits online)
4. Personality Theories and Transpersonal Evolution (Caifang Zu, PhD – ITI) (3 credits online)
5. Eco-Psychology (Andrea Molinari, ITI) (3 credits online)
6. Olo-Somatic Psychology and Bodymind Work (Matteo Hu, ITI) (3 credits online)
7. PNEI and Mindfulness (Davide Ferraris, ITI) (3 credits online)
8. Ethno-Psychology (Paolo Cianconi, ITI) (3 credits online)
9. Integral Transpersonal Acting (Valentina Lattuada, ITI) (3 credits online)
10. History and Principles of Counseling and Coaching, (ITI) (3 credits online)
11. Out of the Castle: The Hero's Journey and Spiritual Emergency, (ITI) (3 credits online)
12. The Field: Systemic and Archetypal Constellation, (ITI) (3 credits online)
13. Shamanic Legacy and Psychology of the Future, (ITI) (3 credits online)

Creative Assignment:

At the end of each course, students will be required to write a 5-7 page creative assignment.

Dissertation:

At the end of your coursework you are required to write a dissertation. For further information, please contact the Dean of Graduate Studies, Gyorgyi Szabo, PhD.

Cost: Approximately \$9,000 plus dissertation fee \$1950, and thesis submission fee \$450.

Master of Arts in Integral Transpersonal Psychology

Introduction

This program qualifies you to obtain a Master of Arts Degree in Integral Transpersonal Psychology (MA ITP). It enables you to develop knowledge and understanding within and across specific subject areas of Psychology from an Integral and Transpersonal standpoint. It is a combination of learning, self-reflection, and application.

Ubiquity is excited to establish a strategic partnership with the Integral Transpersonal Institute (ITI) to offer this MA ITP degree to learners who are interested in the field of integral transpersonal psychology and who desire to work within the domain of helping relationships.

This section describes the MA ITP degree including the requirements, courses and information about the coursework.

For any further information, please contact our Director of Admissions..

Program Outcomes

By the end of this program you should be able to:

- Develop a more holistic understanding of humans and the world in order to be of service to people in all helping relationships, aiding them through the shock, anxiety and stresses of modern life.
- Explain and discuss fundamental theories and maps from the integral and transpersonal perspectives and recognise their contribution to the understanding of human behaviour and the relationship with the environment.
- Apply a cutting-edge set of tools and skills to create change in humanity's consciousness in order to contribute to building a more sustainable world.
- Cultivate the capacity of being more available, more psychic and more in tune with nature/the ecofield by moving beyond the mind to include and transcend conventional thinking in a post-conventional fashion.
- Master and teach how to master inner experiences as well as how to be guided from within, from the authentic Self, instead of from induced needs, fears and false images of self.

Ubiquity University Student Handbook for Integral Transpersonal Psychology

- Work with the transcendent dimensions of human experience, the nature and meaning of deep religious and mystical experiences, non-ordinary states of consciousness, and explain how we might foster the fulfillment of our highest potential as human beings.
- Work on letting go of control in order to find the Self; look beyond the Ego's beliefs to find the creativity needed for the right answer here and now, and the right action to make more effective choices.
- Express creativity in problem solving, asking critical questions, resolving important issues, and finding the "ally" in the "enemy."
- Acquire a wider perspective and work across disciplines beyond psychology such as cognition theory, theory of consciousness, the paranormal, philosophy, social and cultural theories, integral health theories and related practices, as well as literature, including poetry and the arts, and teachings from world wisdom traditions.

Program Design

The Ubiquity MA ITP Degree is composed of 30 credits made up of 6 study courses plus a dissertation.

Core Courses (14 Credits): A set of 4 (four) required courses.

1. Foundations of Integral Transpersonal Psychology (Pier Luigi Lattuada, PhD - ITI)
2. Theories and Methods of Integral Transpersonal Psychology (Pier Luigi Lattuada, PhD - ITI)
3. The Creative Journey to Dissertation: Finding your Voice, Making your Mark (Gyorgyi Szabo, PhD - UU - online)
4. Chartres Academy (UU - in-person)

Elective Courses (6 credits):

Once you have completed your core courses, you must choose 2 additional macro-courses or credit equivalents. The latest selection of courses is available [here](#).

Available now:

1. Decoding Life: A Radical New View of Reality (Jude Currivan, UU) (3 credits online)
2. Life Span Development and Human Experience (Pier Luigi Lattuada, PhD - ITI) (3 credits online)
3. Creativity, Critical and Integral Thinking (Pier Luigi Lattuada, PhD - ITI) (3 credits online)
4. Integral Transpersonal Education (Gabriella Delmonte, ITI) (3 credits online)

5. Psychobiology, States of Consciousness and Neuroscience (Regina U. Hess, PhD – ITI) (3 credits online)
6. Integral Transpersonal Counseling (Simona Vigo, ITI) (3 credits online)
7. Clinical and Dynamic Psychology (Jure Biechonski, MSc – ITI) (3 credits online)
8. Integral Transpersonal Skills: A New Corporate Paradigm (Sara Gambelli, PsyD – ITI) (3 credits online)
9. The Shift: Integral Transpersonal Mindfulness, (Paola Gares, ITI) (3 credits online)
10. Cosmopolitan Communication (Kazuma Matoba, PhD – UU) (3 credits online)
11. Transformative Inner Science – Foundations (Kazuma Matoba, PhD – UU) (3 credits online)
12. Addiction and Its Treatment (Guy du Plessis, MA – UU) (3 credits online)
13. Living in a Living Universe (Duane Elgin – UU) (3 credits online)
14. Foundation in Soft Skills & UN SDGs (Shelly Alcorn – UU) (3 credits online)
15. Foundations of Critical Thinking for Learning and Everyday Life (Linda Elder, PhD – UU) (3 credits online)
16. Non-Violent Conflict – An Overview (Bob Kezar, PhD – UU) (3 credits online)
17. Merry Musings (Peter Merry, PhD – UU) (3 credits online)
18. Integral Flourishing - Part One (Lee Mason, UU)
19. Integral Flourishing - Part Two (Lee Mason, UU)

Coming soon:

1. The Integral Transpersonal Vision: Maps and Models (Pier Luigi Lattuada, PhD – ITI) (3 credits online)
2. History and Principles of Transpersonal Psychology (Steven Schmitz, ITI) (3 credits online)
3. Social Psychology, Hypercomplexity and Sustainability (Bruno Di Loreto, ITI) (3 credits online)
4. Personality Theories and Transpersonal Evolution (Caifang Zu, PhD – ITI) (3 credits online)
5. Eco-Psychology (Andrea Molinari, ITI) (3 credits online)
6. Olo-Somatic Psychology and Bodymind Work (Matteo Hu, ITI) (3 credits online)
7. PNEI and Mindfulness (Davide Ferraris, ITI) (3 credits online)
8. Ethno-Psychology (Paolo Cianconi, ITI) (3 credits online)
9. Integral Transpersonal Acting (Valentina Lattuada, ITI) (3 credits online)
10. History and Principles of Counseling and Coaching, (ITI) (3 credits online)
11. Out of the Castle: The Hero's Journey and Spiritual Emergency, (ITI) (3 credits online)
12. The Field: Systemic and Archetypal Constellation, (ITI) (3 credits online)
13. Shamanic Legacy and Psychology of the Future, (ITI) (3 credits online)

In-Person Learning Journeys (worth 4 credits each)

1. Beyond the Mind - ITI (in-person)
2. Chartres Academy - UU (in-person or online)

Dissertation:

At the end of your coursework you are required to write a dissertation. For further information, please contact the Dean of Graduate Studies, Gyorgyi Szabo, PhD.

Cost: Total program cost: Between \$6,000 and \$7,200. Dissertation fee \$1950, thesis submission fee \$450.

Combined Master of Arts (MA)/Doctor of Philosophy (PhD) in Integral Transpersonal Psychology

Introduction

This program qualifies you to pursue your counseling diploma through the conferment of a combined MA/PhD degree qualification. It enables you to develop knowledge and understanding within and across specific subject areas of Psychology from an Integral and Transpersonal standpoint. It is a combination of learning, self-reflection, and application.

(Given the requirement to have a master's degree before pursuing a PhD degree, this combined MA/PhD in ITP enables you to get your MA qualification first and then continue studies toward your PhD. Please discuss with the Dean of Graduate Studies.)

Degree Requirements

The precondition of this MA/PhD course is a successful participation in a BA level program.

44 credits must be completed from both university's core courses, 20 credits at the MA level and 24 at the PhD level, plus 36 credits attained for the doctoral dissertation, totaling 80 credits. Upon successful completion of this program you will receive a PhD in Integral Transpersonal Psychology. However you will not receive a separate MA degree. The required courses include the following:

Required Courses from the Wisdom School and Ubiquity University at PhD Level (11 Credits):

1. Chartres Academy and/or other Pilgrimages (4 credits online or in-person)
2. Great Books (Jim Garrison, PhD and Gyorgyi Szabo, PhD - UU) (3 credits online)
3. The Creative Journey to Dissertation: Finding your Voice, Making your Mark (Gyorgyi Szabo, PhD - UU) (4 credits online course)

Required Courses from the Integral Transpersonal Institute at the PhD Level (13 Credits):

1. Creativity, Critical and Integral Thinking (Pier Luigi Lattuada, PhD - ITI) (3 credits online)
2. Psychobiology, States of Consciousness and Neuroscience (Regina U. Hess, PhD - ITI) (3 credits online)
3. Integral Transpersonal Education (Gabriella Delmonte, ITI) (3 credits online)
4. Beyond the Mind (Pier Luigi Lattuada, PhD - ITI) (4 credits in-person)

You may substitute one of the following electives for one of the Core Required ITI Courses:

- Clinical and Dynamic Psychology (Jure Biechonski, MSc - ITI) (3 credits online)
- Integral Transpersonal Psychology – Foundations (Pier Luigi Lattuada, PhD - ITI) (3 credits online)
- Theory and Methods of Integral Transpersonal Psychology (Pier Luigi Lattuada, PhD - ITI) (3 credits online)
- Life Span Development and Human Experience (Pier Luigi Lattuada, PhD - ITI) (3 credits online)
- Integral Transpersonal Counseling – Foundations (Simona Vigo, ITI) (3 credits online)
- Personality Theories and Transpersonal Evolution (ZHU Caifang, PhD - ITI) (3 credits online)

Elective Courses (20 Credits): An additional selection of macrocourses, (or equivalent micro-, nano-, or in-person courses), you take based on your interests at the Master's Level.

Dissertation (36 credits): Complete your academic dissertation.

Although ITP BA, ITP BA Completion and ITP MA students can take courses from the Alef Trust and transfer those in for credit, the MA/PhD program does not allow for that substitution.

The Combined MA/PhD program is comprised of a combination of the above courses, for which there are post papers, and the dissertation, which includes an oral examination with a dissertation committee. The program must be completed within a period of seven years from initiation of study.

If you embark on the program, and decide to stop at the MA Level, you may do that as long as you satisfy our requirements for an MA which include completing 20 credits of coursework (including the Dissertation Writing and Research Methods course at the MA

Level), then writing and paying for your dissertation which is worth 10 credits at \$200 per credit.

Dr. Pier Luigi Lattuada, Founder President of the Integral Transpersonal Institute, will offer general advice and either serve as Major Advisor or assist all PhD students in selecting the appropriate Major Advisor. Dr. Gyorgyi Szabo, Dean of Graduate Studies for Ubiquity University, will coordinate the program for the Ubiquity side.

A Doctoral Committee will offer advice and support related to the dissertation process. Once a student has decided on an area of study and a focus of inquiry, and has completed an Advising Agreement with a Major Advisor and paid associated fees, s/he shall contact the Dean of Graduate Studies to schedule a Candidate Review. This phone meeting will include the student, members of the Doctoral Committee, and the Major Advisor for the purpose of assessing the student's readiness for doctoral candidacy.

Please review the PhD section below for other pertinent information.

Cost: Pay per credit: \$200 at MA Level, \$300 at PhD Level

Total Tuition and Fees: Approximately \$22,000 for 80 credit fees including Dissertation fee, Major Advisor fee, and External Examiner fee.

Doctor of Philosophy (PhD) Degree in Integral Transpersonal Psychology

The PhD in Integral Transpersonal Psychology, developed as a partnership between Integral Transpersonal Institute Italy and Ubiquity University, bridges the gap between the integral and the transpersonal in the realm of psychology. This doctoral program:

- promotes research combining the study of transpersonal psychology based on its interrelated and interdependent aspects
- is a multidisciplinary host for PhD-candidates whose psychological questions are inspired by studies of science and wisdom studies
- provides supervision for PhD-candidates on both scientific/discipline-specific and personal/spiritual level.

Degree Requirements

The precondition of this PhD course is a successful participation in a MA level program offered by the Integral Transpersonal Institute and Ubiquity University courses. The program also accepts training done by other institutions.

24 credits must be completed from both university's core **courses** plus 36 credits attained for the doctoral dissertation, totaling 60 credits. The required courses include the following.

1. Required Courses from the Wisdom School and Ubiquity University

- **Chartres Academy** and/or other **Pilgrimages** (4 credits online or in-person)
- **Great Books** (Jim Garrison, PhD and Gyorgyi Szabo, PhD - UU) (**3** credits online)
- **The Creative Journey to Dissertation: Finding your Voice, Making your Mark** (Gyorgyi Szabo, PhD - UU) (**4** credits online course)

2. Required Courses from the Integral Transpersonal Institute

- Creativity, Critical and Integral Thinking (Pier Luigi Lattuada, PhD - ITI) (3 credits online)
- Psychobiology, States of Consciousness and Neuroscience (Regina U. Hess, PhD - ITI) (3 credits online)
- Integral Transpersonal Education (Gabriella Delmonte, ITI) (3 credits online)
- Beyond the Mind (Pier Luigi Lattuada, PhD - ITI) (4 credits in-person)

You may substitute one of the following electives for **one** of the Core Required ITI Courses:

- Clinical and Dynamic Psychology (Jure Biechonski, MSc - ITI) (3 credits online)
- Integral Transpersonal Psychology – Foundations (Pier Luigi Lattuada, PhD - ITI) (3 credits online)
- Theory and Methods of Integral Transpersonal Psychology (Pier Luigi Lattuada, PhD - ITI) (3 credits online)
- Life Span Development and Human Experience (Pier Luigi Lattuada, PhD - ITI) (3 credits online)
- Integral Transpersonal Counseling – Foundations (Simona Vigo -, ITI) (3 credits online)
- Personality Theories and Transpersonal Evolution (ZHU Caifang, PhD - ITI) (3 credits online)

Although ITP BA, ITP BA Completion and ITP MA students can take courses from the Alef Trust and transfer those in for credit, the PhD program does not allow for that substitution.

The PhD program is comprised of a combination of the above courses, for which there are post papers, and the dissertation, which includes an oral examination with a dissertation committee. The program must be completed within a period of seven years from initiation of study.

Dr. Pier Luigi Lattuada, Founder President of the Integral Transpersonal Institute, will offer general advice and either serve as Major Advisor or assist all PhD students in selecting the appropriate Major Advisor. Dr. Gyorgyi Szabo, Dean of Graduate Studies for Ubiquity University, will coordinate the program for the Ubiquity side.

A Doctoral Committee will offer advice and support related to the dissertation process. Once a student has decided on an area of study and a focus of inquiry, and has completed an Advising Agreement with a Major Advisor and paid associated fees, s/he shall contact the Dean of Graduate Studies to schedule a Candidate Review. This phone meeting will include the student, members of the Doctoral Committee, and the Major Advisor for the purpose of assessing the student's readiness for doctoral candidacy.

Selecting a Major Advisor

Each student is responsible for preparing his or her own dissertation. Because of the rigorous nature of doctoral dissertations, Major Advisors are essential to guide students both in obtaining comprehensive knowledge of the chosen field of study and in refining the ideas and research that goes into a dissertation. Each student must select a Major Advisor from the faculty of Integral Transpersonal Institute, faculty of Ubiquity University, or

qualified individuals from outside the University. The choice of the Major Advisor is important and should be made with care because it is the Major Advisor who will guide the student over a multi-year process of exploration, preparation, and finalization of his/her scholarly work. Dr. Szabo is also available to assist in this process. For further information, please contact Dr. Szabo at g.szabo@ubiquityuniversity.org

Area of PhD Concentration

The PhD dissertation is a qualitative research document. It demonstrates the student's ability to plan, conduct, write, and defend an original research study. There is a range of areas of concentration within the general domain of "Integral Transpersonal Psychology" in which students can earn a PhD degree. Both the choice of the Major Advisor and the choice of Intensives during the course of study should support the area of concentration interest.

Successful dissertations can range from more traditional qualitative research to creative artistic projects and/or social activism, as long as the inquiry utilizes a research methodology. Examples of more traditional qualitative methods include phenomenology; grounded theory; ethnography historical, narrative, and case study. Some of the more innovative research methodologies include arts-based research, organic inquiry, integral transpersonal inquiry and indigenous methods. Your choice should reflect who you are and what you deem important for your academic and spiritual growth.

In the end, the choice is intensely personal and may be a topic that one has wondered about for some time or is an area of burning interest for further exploration. Successful dissertations can range from pure research to creative artistic projects and/or social activism. For example, one can research a particular mystic, historical event or area of spiritual concern.

This PhD program covers research topics in philosophy, sociology, psychology, education science, management study, and social science (communication science, linguistics, culture study, ethnomethodology).

Selecting a Topic and Criteria for Writing of PhD Dissertation at Ubiquity

There are five principal criteria for successful PhD dissertations:

1. Each dissertation must both demonstrate knowledge of the field in question and be an original contribution to that field. The dissertation must both show a comprehensive knowledge of the philosophy and history of the domain being considered and demonstrate that the student has added something original to that field. Original contributions can cover a wide range of topics and media.
2. The inquiry, whether in the form of a more traditional qualitative study or a creative project, must utilize a specific research methodology, or a combination of methodologies. The student should be quite familiar with the methodology used and be able to defend the choice as appropriate for the inquiry.
3. All dissertations without exception must follow the American Psychological Association (APA) style of writing. This format allows for uniformity in university dissertations and provides a threshold criterion to which all students must adhere in preparing their dissertations. The APA style must be followed in order for the dissertation to be admitted.
4. Dissertations must demonstrate subject/object synthesis. At the Wisdom School we require both a rigorous demonstration of objective knowledge of the field and an equally rigorous insight into one's interior journey. In our view, it is the capacity to combine an objective grasp of the material under consideration and also engage in the introspective work of discerning how the material is actually affecting one's inner life and soul growth that is a mark of wisdom.
5. Our vision is to *bridge the gap between integral and transpersonal sciences*. This is an important criterion for research questions that can be accepted by this PhD Program.

Dissertation Preparation

The course, “The Creative Journey to Dissertation: Finding your Voice, Making your Mark,” is particularly important in relation to writing the dissertation. During this Intensive, students will familiarize themselves with the writing and research methods specific to a wisdom school—which combine objective analysis of data with subjective response—as students grapple with the material they are studying.

We are interested in the student's interior journey as well as objective comprehension of the material being studied. Also during this Intensive, students will familiarize themselves with the APA style of writing, the format that Ubiquity University requires for its dissertations and encourages for all its pre- and post-papers.

During the class, students will have ample opportunity to discuss and share their ideas and plans for their dissertations, as well as generate ideas for research and study, both with the professor and with their student peers. Students are encouraged to attend this Intensive early in their doctoral studies, and then repeat it as many times as they feel the need in order to discuss their progress with faculty and peers in a group setting. Full tuition payment is required the first time the class is taken. Thereafter, a \$300 fee will be applied to repeat the course.

Candidate Review

Once a student has completed at least three (3) Ubiquity University or Wisdom School courses, has decided on an area of study and a focus of inquiry, and has completed an Advising Agreement with a Major Advisor and paid the associated fees, the Dean of Graduate Studies will convene a Candidate Review. This phone meeting will include the student, members of the Doctoral Committee, and the Major Advisor.

The purpose of the Candidate Review is for the faculty and the student to assess together the student's readiness to embark on a research study. In addition, questions from the student and the Advisor will be addressed. The student should demonstrate a basic understanding of the research process and be able to identify the major authors that will provide the foundation of the literature review. If a student needs additional advice or support in preparation for the Candidate Review, he/she should contact the Dean of Students

Dissertation Defense and Graduation Requirements

Once the dissertation has been approved by the Major Advisor and the Dean of Graduate Studies, a Dissertation Defense will be scheduled. The student must defend his or her dissertation before a committee of examiners including the Dean of Graduate Studies, the Major Advisor, a Ubiquity University and Wisdom School faculty member with expertise in the field, and an External Examiner who is a specialist in the field in which the dissertation has been written.

The Dissertation Defense can lead to approval or a recommendation to the student that further work is needed. Once any needed revisions are completed and the Dissertation Defense Committee has given approval, the Dean of Graduate Studies recommends the Dean of The Wisdom School that the student be awarded the Ph.D. degree.

Graduation Requirements:

1. Students must have their Dissertation approved by their Major Advisor and submitted to the Dean of Doctoral Studies by March 5th of the graduating year. The submission should include the cover page with the Major Advisors signature.
2. All student fees and financial obligations to Ubiquity University must be fully paid, and completion of all requirements for the degree must be met, by the third week of March of the graduating year.
3. A completed dissertation, required for the Ubiquity University library, must be submitted electronically to Ubiquity University in PDF format by May 1 of the graduating year.

Students who complete requirements of graduation after the June Commencement data can request transcripts as evidence that they have graduated and, in fact, hold the title of Doctor of Philosophy in Transpersonal Research. Graduation ceremonies are conducted online so there is no need to travel.

Cost: Total program cost: Approximately \$18,000 (Dissertation Fee \$4000, Major Advisor Fee. \$2,500 and External Examiner \$1,500.)

Doctor of Philosophy (PhD) Completion in Integral Transpersonal Psychology

FOR ITI-PSYCHOTHERAPISTS ONLY

Ubiquity University, in partnership with the Integral Transpersonal Institute of Milan, offers a PhD Completion Programme to ITI Psychotherapists.

ITI learners who hold a BA+MA+Psychotherapy Training+(ITI-Teacher Training)* will be required to complete the The Creative Journey to Dissertation: Finding your Voice, Making your Mark online course (Cost: \$1,200), write their Dissertation AND pay \$10,800 as PhD fee (instead of \$18,000). They are not required to complete the other ITP-PhD courses (e.g. Great Books, Critical Thinking, etc..). For more information, contact n.silini@ubiquityuniversity.org

Please note students can submit their dissertation any time of the year. However, if such date is beyond the March deadline, doctorate students may have to wait another year to be included in the School's graduation ceremony, which takes place in June.

APPENDIX 1 - Alef Trust Partnership

1. The following Alef Trust (AT) courses will be available to Ubiquity University (UU) students enrolled in the ITP BA, BA Completion or MA programs:

Approaches to Consciousness: 15-week course, Starts September each year

Transpersonal Psychology: 15-week course, Starts September each year

Creativity and Transformation: 10-week course, Starts February each year

Contemporary Spirituality: 10-week course, Starts February each year

Kabbalistic Psychology: 10-week course, Starts February each year

Meditation and Mindfulness: 10-week course, Starts February each year

Shamanistic Psychology: 10-week course, Starts February each year

Transformational Leadership: 10-week course, Starts February each year

Transpersonal Coaching Psychology: 10-week course, Starts February each year

Transpersonal Dreaming: 10-week course, Starts February each year

Transpersonal Ecopsychology: 10-week course, Starts February each year

Transpersonal Psychotherapy and Counselling: 10-week course, Starts February each year

2. UU students must apply through the [AT website](#) using the procedure for AT Open Learning students. Applications will be assessed on the same basis as AT Open Learning students.
3. AT reserves the right not to run a course (eg if student numbers are too low).
4. Note that these courses include synchronous webinars so you will need to check your availability.
5. Successful applicants will be invoiced by AT. There will be no direct financial connection between UU and AT.
6. To import credits to your Ubiquity program, the standard Ubiquity US credit transfer policy applies (1/3 of the normal per credit costs = \$33 Bachelors, \$66 Masters, \$100 Doctoral). **These fees ONLY apply to Alef Trust courses.** Our normal fees apply to all other independent study options.
7. UU students will be provided with factsheets that supplement details provided in the UU Handbook. In particular, UU students opting to take one or more 10-week course need to understand the way in which these courses are offered within the AT MSc programme (since they will be studying alongside students on that programme). In

brief, the 10-week courses are options for Alef Trust MSc students, who will select two options within an overarching 20-credit module.

8. Level of study: All AT courses are pitched at a level appropriate to postgraduate study. Assignments will be graded according to criteria applied to LJMU postgraduate programs. This scheme uses percentage grades, with 50-59% Pass; 60-69% Merit; 70%+ Distinction. If the UU student is studying at undergraduate level, AT will make no modifications in teaching and course materials etc. Assignments will be graded on the scheme as above, with the modification that the pass threshold would be 40%. Any additional aspects required to meet UU accreditation arrangements would be the responsibility of UU alone.
9. Data Sharing: The Ubiquity [privacy policy](#) applies equally to all student data gathered by the Alef Trust
10. Credit equivalents and costs (to use the credits at Ubiquity the assessment fee needs to be paid on top of the study fee):

Course title	Credit value in AT MSc	Learning hours	US credits (Ubiquity)	EU credits	Study Fee	Assessment fee
Approaches to Consciousness	20	200	4	8	£800	£100
Transpersonal Psychology	20	200	4	8	£800	£100
Creativity and Transformation	10	100	2	4	£400	£50
Contemporary Spirituality	10	100	2	4	£400	£50
Kabbalistic Psychology	10	100	2	4	£400	£50
Meditation and Mindfulness	10	100	2	4	£400	£50
Shamanistic Psychology	10	100	2	4	£400	£50
Transformational Leadership	10	100	2	4	£400	£50
Transpersonal Coaching Psychology	10	100	2	4	£400	£50
Transpersonal Dreaming	10	100	2	4	£400	£50
Transpersonal Ecopsychology	10	100	2	4	£400	£50
Transpersonal Psychotherapy & Counselling	10	100	2	4	£400	£50

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APPENDIX 2 - Final Creative Assignment

This final Creative Assignment requires both an intellectual written component showing mastery of the content of the instructional material and an artistic expressive component through any media of the student's choosing.

We use [APA guidelines](#).

Intellectual Written Component:

- **BA or Certificate Level** - Six (6) to Nine (9) Pages
- **MA Level** - Twelve (12) to Fifteen (15) Pages
- **PhD Level** - Twenty (20) to Twenty-Five (25) Pages

Your paper should address the following three aspects of your learning experience:

1. Demonstrate knowledge: Address at least three of the main points raised by each course from the intellectual perspective. What did you learn about the topics that were presented?

2. Demonstrate self-mastery: Address how you personally feel about the points raised. Did you have any personal revelations? Did you learn something that changes your perspective either internally about yourself, or externally about the world?

3. Demonstrate impact: What will you do to apply your new knowledge and perspective in your daily life. Please give examples of how it may change how you interact with your peers, workplace or our global society at large.

Artistic Expressive Component:

Please post an image of, or a link to, your artistic project at the end of your written paper with a 250-300 word explanation as to what you were wishing to express with it. Your artistic expressive component may be done through any media of your choosing. This includes, but is not limited to, such items as:

1. An audio/visual presentation (2-3 minute video)
2. Poetry, or other forms of written or spoken word
3. Musical composition
3. Filmed choreography
4. Photographic evidence of a work of art you have created

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