Updated Emergency Assistance Resources/Links

Below is a list of resources, should you have a concern that your child or another child may be experiencing behavioral changes, mood swings, depression, or suicidal thoughts.

- Call 911 if there is an immediate threat to the child or others
- Colorado Crisis Services: 1-844-493-TALK (8255)
 - Trained Crisis Counselor Hotline: (844) 493-8255 or text "TALK" to 38255
 - Chat online (open from 4pm-12am daily): <u>Click Here</u>
 - Walk-in Locations (open 24/7): <u>Location List</u>
 - Information About Types of Services and Answers to Frequently
 Asked Questions About Colorado Crisis Services
- DCSD Mental Health Intervention website
- Mobile apps for wellness and recovery
- <u>Let's Talk Colorado</u> (Douglas County Government and Tri-County Health campaign)

Douglas County has an anonymous reporting system available at all times. Anyone with a concern for someone's well-being or safety can use <u>Safe 2 Tell</u> (1-877-542-7233) 24 hours a day, 7 days a week.

To lessen the risk of exposure for people experiencing behavioral and mental health concerns and reduce unnecessary emergency room visits, all are encouraged to call and access community centers. This will allow the Emergency Rooms to focus on the physical health needs of others during this time. Below is a list of community centers in our metro area.

- Colorado Crisis Center Walk-In Locations
- AllHealth Network: 303-730-8858
- Denver Springs: 720-643-4300
- Highlands Behavioral Health System: 720-348-2800

<u>Peakview Behavioral Health</u>: 888-235-9475 (Lone Tree Location for adults now open)

Many are interested in summer mental health resources available in the community. The following resources are available at this time.

- AlliHealth Network Individual and Group Therapy Services
- <u>Denver Springs</u> Individual and Group Services including a New Summer Day program and a Caregiver Support Program
- <u>Highlands Behavioral Health System</u> including a Summer Enrichment Camp
- NAMI including Family Support Groups and Peer Support Groups
- <u>Sandstone Care</u> Individual and Group Services Specifically for Teens and Young Adults

More Resources:

- The Emergency Feeding Program is transitioning into the Summer Feeding Program. Starting the week of June 1st, meals will be handed out on Fridays to cover the weekend. This will start with Friday, June 5th. We are excited to add this as it will be a great benefit to our community. Friday serving times at the sites will be extended to 11:00 a.m. until 12:30 p.m. (except for Roxborough sites and the bus routes). Here is the flyer listing locations, and here is the flyer with basic information
- *Everyone should be encouraged to access testing and treatment if they meet the criteria to be tested. Please note that this criteria changes as needs and capacity change. To learn more call: 303-389-1687 or 1-877-462-2911. Individuals can use any photo ID, including those that are not government-issued, when accessing tests at state labs. Community Health Care Centers continue to serve anyone, regardless of status, and telehealth options are available. In addition, Emergency Medicaid continues to be available to all Coloradans who meet income and other eligibility requirements. This includes individuals seeking emergency care for COVID-19.

- *The passage of the <u>Families First Coronavirus Response Act</u> provides paid family medical leave and paid sick leave for some employees directly impacted by the COVID-19 pandemic. The coverage of workers depends mostly on the employer type, not the immigration status of the employee. The <u>US Department of Labor</u> has additional information, including in Spanish, for both <u>workers</u> and <u>employers</u>, and <u>posters</u> in <u>multiple languages</u> regarding employee rights.
- *Childcare for Essential Workers. The <u>Colorado Emergency Child Care Collaborative</u> matches essential workers who need childcare with childcare providers. <u>Essential</u> workers include those working in healthcare and critical retail, such as grocery store workers. Parents can <u>apply</u> to be matched with a provider, and the Colorado Department of Human Services has <u>additional information</u>.
- *Coloradans can apply for Supplemental Nutrition Assistance Program (SNAP, also known as food assistance) through the <u>Colorado PEAK website</u>. <u>Hunger Free Colorado</u> has a food resource hotline (855-855-4626, open Monday through Friday from 8:00 am to 4:30 pm) that helps people locate options for food and can help people understand if they would be eligible for SNAP.
- *STRIDE Community Health Center has COVID- 19 testing open to the general public and symptoms are not required in order to be tested. Both swab and antibody testing are available and testing is provided until supplies are depleted. We encourage patients to arrive early and secure a spot in line. Our testing locations are:
 - STRIDE CHC- Aurora Health & Wellness Plaza
 10680 Del Mar Parkway
 Aurora, CO 80010
 - STRIDE CHC- Jeffco Family Health Services Center
 7495 W. 29th Avenue
 Wheat Ridge, CO 80033
 - Normal Hours of Operation:

Monday – Friday: Begins at 9 AM until testing supplies are depleted

Saturday: 9 AM – Noon (or until testing supplies are depleted)

*NO PAYMENT IS DUE AT THE TIME OF TESTING. Insurance information will be collected, if applicable. Anyone who has insurance should bring their insurance card. Individuals without insurance are also welcome. Individuals will be assessed to determine whether they qualify for a swab or antibody test. Each person who received a test will be scheduled for an appointment with a STRIDE provider to review results. The appointment will usually occur within 72 hours from the date of testing.

- *Mortgage and Rental Assistance available to eligible Colorado homeowners and renters in need due to loss of income related to COVID-19. https://www.brihousingassist.org/
- *Financial Aid for Single Moms https://www.dcsdk12.org/cms/One.aspx?portalId=220484&pageId=11767381
- *Colorado NAHRO, a non-profit organization working to enhance the affordable housing industry in Colorado has been awarded emergency funding for those in need. Get more info here. https://www.conahro.org/rent-assistance-fund.html
- *DCSD Feeding program continues through June! See sites and times here. https://www.dcsdnutritionservices.org/
- *Aunt Bertha has created www.findhelp.org to help anyone in need. Programs listed on the site including Covid-19 response services, financial help, food assistance, and more.
- *ACECC will be ready to distribute diapers, wipes and Similar formula by the middle of next week. Have clients apply at <u>acecc.org</u>.
- *Division of Vocational Rehabilitation, an employment program for people with disabilities: https://www.colorado.gov/dvr
- Red Cross Mental Health Course for those affected by COVID-19/Activities for kids
- Parents and caregivers now have the opportunity to request a wardrobe for any student age 3 21 in need. Call Clothes to Kids us at (720) 379-4630 and dial "0."
 Phones are open Monday Friday from 9:00 am 5:00 pm. If they don't answer, please

leave a voicemail. You can also request a wardrobe by emailing us at appointment@clothestokidsdenver.org.

Please be prepared to share the following information about each eligible student:

- * First name, last name and date of birth.
- * Sizes for clothing, shoes, socks and underwear.
- * Color, style and clothing type preferences.
- * Specific needs and special requests.
- Everyone should be encouraged to access testing and treatment if they meet the criteria to be <u>tested</u>. Colorado's call line for general questions about COVID-19 provides answers in many languages. To learn more call: 303-389-1687 or 1-877-462-2911. Individuals can use any photo ID, including those that are not government-issued, when accessing tests at state labs. <u>Community Health Care Centers</u> continue to serve anyone, regardless of status, and <u>telehealth options</u> are available. In addition, Emergency Medicaid continues to be available to all Coloradans who meet income and other eligibility requirements. This includes individuals seeking emergency care for COVID-19.
- Paid sick leave and unemployment resources. <u>Colorado Help Emergency Leave with Pay</u> (CO HELP) rules apply to all Coloradans, including those without documentation. The rule temporarily requires employers in certain industries to provide a small amount of paid sick leave to employees with flu-like symptoms who are being tested for coronavirus COVID-19. For more information call (303) 318-8981.
- Center for Health Progress resources on the Stimulus payments to individual tax payers under the CARES Act.
- Stimulus Bill (Relief Eligibility Info)-English

Descripción del Estímulo Elegibilidad -Spanish

- Emergency funding is now available for rent and mortgage assistance to low-income families facing financial hardship due to economic disruption associated with COVID-19.
 Agencies are listed below to assist Douglas County, income qualified residents:
- Here is information from the Douglas County Department of Human Services on assistance available for needs such as food, child care, and other financial support.

| Local Programs | : |
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Jewish Family Service

https://www.jewishfamilyservice.org/

720-248-4690

centralintake@jewishfamilyservice.org

Monday through Friday 8:30 am through 4:30 pm

Family Tree

www.thefamilytree.org

303.467.2604

Monday through Friday 9 am through 4 pm

Brothers Redevelopment – Statewide Program

www.brothersredevelopment.org

1-844-926-6632

ehap@brothersredevelopment.org

Monday through Friday 8 am through 4:30 pm

The Salvation Army- Statewide Program

https://westernusa.salvationarmy.org/intermountain_us_west/covid-19-get-help/

855-768-7977