WYCKOFF YMCASHARKS 2025-2026 Practice Schedule

SHARK SCHOOL

Monday 6:30-7:30pm Inserra Pool

Saturday 3:30-4:30pm Inserra Pool

Sunday 3:45-4:45 Inserra Pool

GROUP 1

Monday 6:30-7:30pm Inserra Pool

<u>Tuesday</u> 6:30-7:30pm Inserra Pool

Saturday 3:30-4:30pm Inserra Pool

Sunday 3:45-4:45 Inserra Pool

GROUP 2

Wednesday 6:30-8:00pm Inserra Pool

<u>Friday</u> 7:00-8:30pm Inserra Pool

<u>Saturday</u> 12:30-2:00pm Boye Pool

Sunday 1:00-2:30pm Boye Pool

GROUP 3

Monday 7:30-9:00pm Inserra Pool

Wednesday 6:30-8:00pm Inserra Pool

Friday 7:00-8:30pm Inserra Pool

Saturday 12:30-2:00pm Boye Pool

Sunday 1:00-2:30pm Boye Pool

JUNIOR 1

Monday 7:30-9:00pm Inserra Pool

Wednesday 6:00-7:30pm Boye Pool

<u>Thursday</u> 7:00-8:30pm Inserra Pool

Friday 6:00-7:30pm Boye Pool

> Saturday 3:00-4:30 Boye Pool

JUNIOR 2

Tuesday 4:00-5:30pm Boye Pool

Wednesday 6:00-7:30 Boye Pool

Thursday 4:00-5:30pm Boye Pool

Friday 6:00-7:30pm Boye Pool

Saturday 3:00-4:30pm Boye Pool

HS PLUS

Monday 7:30-9:00pm Boye Pool

Tuesday 5:00-6:30pm Boye Pool

Wednesday 7:30-9:00pm Boye Pool

Sunday 6:00-8:00am Boye Pool

SENIOR 1

Monday 6:00-7:30pm Boye Pool

Tuesday 6:30-8:00pm Boye Pool

<u>Thursday</u> 5:30 - 7:00pm Boye Pool

Friday 7:30-9:00pm Boye Pool

<u>Sunday</u> 6:00 - 8:00am Boye Pool

SENIOR 2

Monday 4:00-6:00pm Boye Pool

Tuesday 8:00-9:30pm Boye Pool

Wednesday 4:00-6:00pm Boye Pool

Thursday 7:00-8:30pm Boye Pool

Friday 4:00-6:00pm Boye Pool

<u>Sunday</u> 6:00-8:00am Boye Pool