

WYCKOFF YMCA SHARKS

2025-2026 Practice Schedule

SHARK SCHOOL

Monday
6:30-7:30pm
Inserra Pool

Saturday
3:30-4:30pm
Inserra Pool

Sunday
3:45-4:45
Inserra Pool

GROUP 1

Monday
6:30-7:30pm
Inserra Pool

Tuesday
6:30-7:30pm
Inserra Pool

Saturday
3:30-4:30pm
Inserra Pool

Sunday
3:45-4:45
Inserra Pool

GROUP 2

Wednesday
6:30-8:00pm
Inserra Pool

Friday
7:00-8:30pm
Inserra Pool

Saturday
12:30-2:00pm
Boye Pool

Sunday
1:00-2:30pm
Boye Pool

GROUP 3

Monday
7:30-9:00pm
Inserra Pool

Wednesday
6:30-8:00pm
Inserra Pool

Friday
7:00-8:30pm
Inserra Pool

Saturday
12:30-2:00pm
Boye Pool

Sunday
1:00-2:30pm
Boye Pool

JUNIOR 1

Monday
7:30-9:00pm
Inserra Pool

Wednesday
6:00-7:30pm
Boye Pool

Thursday
7:00-8:30pm
Inserra Pool

Friday
6:00-7:30pm
Boye Pool

Saturday
3:00-4:30
Boye Pool

JUNIOR 2

Tuesday
4:00-5:30pm
Boye Pool

Wednesday
6:00-7:30
Boye Pool

Thursday
4:00-5:30pm
Boye Pool

Friday
6:00-7:30pm
Boye Pool

Saturday
3:00-4:30pm
Boye Pool

SENIOR 1

Monday
6:00-7:30pm
Boye Pool

Tuesday
6:30-8:00pm
Boye Pool

Thursday
5:30 - 7:00pm
Boye Pool

Friday
7:30-9:00pm
Boye Pool

Sunday
6:00 - 8:00am
Boye Pool

SENIOR 2

Monday
4:00-6:00pm
Boye Pool

Tuesday
8:00-9:30pm
Boye Pool

Wednesday
4:00-6:00pm
Boye Pool

Thursday
7:00-8:30pm
Boye Pool

Friday
4:00-6:00pm
Boye Pool

Sunday
6:00-8:00am
Boye Pool

