# **100 G WORK SESSIONS AWAY**



### **G Work Checklist**

	Set a	desired	outcome	and	plan	actions
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- ☐ Pick an attitude can't leave chair, with andrew and tristan
- ☐ Hydrate, Caffeinate, Get the blood flowing
- □ Remove distractions
- ☐ Set a timer for 60-90 mins
- ☐ Get started
- □ Evaluate afterwards

### SESSION #1 - 6/7/24 5pm-6:30pm

### **Desired Outcome:**

 Objective is to get Mass website higher up on google and make it so when people click they trust him and believe he is the best choice. Another objective is to do the same in Kentucky, another objective is to get new client started on socials.
 Another objective is to polish off email campaign.

#### **Planned Tasks:**

- Task 1 SEO meeting
- Task 2 Kentucky website
- Task 3 Lead Magnet and ideas for new client

### **Post-session Reflection**

Notes: Good stuff, I need to act with more speed next time, I was too slow. Also had too
many objectives there which I need to break up into separate GWS.

### SESSION #2 - 6/7/24 8pm-9:30pm

### **Desired Outcome:**

 Objective: To send outreaches to local companies I saw in an ad at a local restaurant and get a client from it.

### **Planned Tasks:**

- Task 1 Find the owners contact information. Number, name, email.
- Task 2 Come up with a personalized outreach script.
- Task 3 Outreach to each person.

### **Post-session Reflection**

- Notes

Felt good on this one, now it's just about ooda looping and seeing how I can improve the outreach.

### SESSION #3 - 6/8/24 4pm-5:30pm

### **Desired Outcome:**

- Objective is to build a new website in a new location for clients and amaze them with it.

### **Planned Tasks:**

- Task 1 Start the basic design for new website
- Task 2 Start writing some copy for it (rough draft)
- Task 3 Get a good domain

### **Post-session Reflection**

Notes

Good start, wasn't enough time to finish it all, will complete it tomorrow.

### SESSION #4 - 6/9/24 11:30am-1pm

### **Desired Outcome:**

- Objective is to do a top player analysis for one client, do market research for another client. Write some copy as well.

#### **Planned Tasks:**

- Task 1 Top player analysis
- Task 2 Write copy
- Task 3 Market research

### **Post-session Reflection**

Notes
 I NEED A SWORD NEXT TIME FOR MORE POWER

### **SESSION #5 - 6/9/24 5pm-6:30pm**

### **Desired Outcome:**

- Objective is to launch an email campaign for my own business

#### Planned Tasks:

- Task 1 Find a good email software that works for me
- Task 2 Polish up the emails
- Task 3 Launch it and test it to see if it works good

### **Post-session Reflection**

- Notes: Need to be better with technology, struggled to figure out some software stuff.

### SESSION #6 - 6/10/24 10am-11:30am

### **Desired Outcome:**

- Objective is to finish email campaign work, and work on current projects for clients.

#### **Planned Tasks:**

- Task 1 Finish writing and editing emails
- Task 2 Get it launched on Mailchimp
- Task 3 Work on website for lawyer

### **Post-session Reflection**

Notes - Good flow state, I felt like I want to keep working all day

### SESSION #7 - 6/10/24 4pm-5:30pm

### **Desired Outcome:**

- Objective is to land a client for my business.

- Task 1 Outreach to local businesses
- Task 2 Communicate with leads and clients

Task 3 Meeting with current client

### **Post-session Reflection**

Notes - Next time face the wall for even less distraction

### SESSION #8 - 6/10/24 7:30pm-9pm

### **Desired Outcome:**

- Objective is to take my client through seo setup meeting

### **Planned Tasks:**

- Task 1 figure it all out before hand
- Task 2 layout steps for client
- Task 3 have them follow the steps

### Post-session Reflection

Notes - Al really helps speed up my G work sessions

## **SESSION #9 - 6/11/24 4pm-5:30pm**

### **Desired Outcome:**

- Objective is to finish up lead magnet opt in page and launch the email campaign

#### **Planned Tasks:**

- Task 1 Get a design on canva
- Task 2 work on opt in page
- Task 3 Get a email software to launch campaign

### **Post-session Reflection**

Notes - Finished the opt in page and design, had some issues with email software, I contacted support.

### SESSION #10 - 6/11/24 5:30pm-7pm

### **Desired Outcome:**

- Objective is to write blog for client and come up with more ideas

#### Planned Tasks:

- Task 1 Write blog
- Task 2 Do market research
- Task 3 Show client work you did

#### **Post-session Reflection**

Notes - Finished the opt in page and design, had some issues with email software, I contacted support.

### SESSION #11 - 6/13/24 11am-12:30pm

### **Desired Outcome:**

- Objective is to do a top player analysis and market research for client

#### **Planned Tasks:**

- Task 1 Top Player Analysis
- Task 2 Do market research on perfect customer
- Task 3 Contact client to start running project

#### Post-session Reflection

Notes - Finished the opt in page and design, had some issues with email software, I contacted support.

## SESSION #12 - 6/14/24 7pm-8:30pm

### **Desired Outcome:**

- Objective is to go through lessons, set up backend

#### **Planned Tasks:**

- Task 1 Get through lessons in IMC
- Task 2 Set up backend for email campaign and ads
- Task 3

### **Post-session Reflection**

Notes - Finished the opt in page and design, had some issues with email software, I contacted support.

### SESSION #13 - 6/15/24 5pm-6:30pm

### **Desired Outcome:**

Objective is to start posting content

#### **Planned Tasks:**

- Task 1 Find good ideas
- Task 2 Put together posts
- Task 3 Post

### **Post-session Reflection**

Need to not get distracted when working on instagram.

### SESSION #14 - 6/16/24 3-4:30pm

### **Desired Outcome:**

- Objective is to get through more of the masterclass

### **Planned Tasks:**

- Task 1 Go through lessons
- Task 2 Pass the questions
- Task 3

### **Post-session Reflection**

Keep going

### SESSION #15 - 6/17/24 10am-11am

### **Desired Outcome:**

- Objective is to edit lead magnet, set up email automation

### **Planned Tasks:**

- Task 1 Fix and edit leag magnet and opt in page
- Task 2 Figure out why brevo keeps blocking me
- Task 3 Get the automation set up and going

#### Post-session Reflection

So much easier to focus when the phone is nowhere near.

### SESSION #16 - 6/17/24 10am-11am

### **Desired Outcome:**

Objective is to edit lead magnet, set up email automation

### **Planned Tasks:**

- Task 1 Fix and edit leag magnet and opt in page
- Task 2 Figure out why brevo keeps blocking me
- Task 3 Get the automation set up and going

### **Post-session Reflection**

So much easier to focus when the phone is nowhere near.

### SESSION #17 - 6/18/24 11am-12pm

### **Desired Outcome:**

- Objective is to help cousin with social media and get a testimonial

### **Planned Tasks:**

- Task 1 Help her with her business
- Task 2 Tell her about how you can get her more clients
- Task 3 Start running social media for her

### **Post-session Reflection**

How bad do you want it? Your actions betray you.

### SESSION #18 - 6/18/24 3-4pm

### **Desired Outcome:**

Objective is to finish email campaign

- Task 1 Get it launched
- Task 2 Figure out how to connect with zapier
- Task 3 Finish some college bullshit that needs to be done

Brevo is being a pain in the ass, gonna have to try mailchimp.

### SESSION #19 - 6/18/24 5-6pm

### **Desired Outcome:**

- Objective is to finish up blog

### **Planned Tasks:**

- Task 1 Complete the rough draft
- Task 2 5 min power walk
- Task 3 Come back and edit it

### **Post-session Reflection**

The little walks help to gain clarity

## SESSION #20 - 6/18/24 7-8pm

### **Desired Outcome:**

- Objective is to set up landing page for client

#### **Planned Tasks:**

- Task 1 Start writing the outline on a doc
- Task 2 Write the rough draft
- Task 3 Get it on an actual landing page now

### **Post-session Reflection**

Not enough time, will continue tomorrow

### SESSION #21 - 6/19/24 11:30am-1pm

#### **Desired Outcome:**

- Finish landing page

- Task 1 Edit any mistakes
- Task 2 Get it on carrd or some other software
- Task 3 Work on the design

No comment, keep it up

### SESSION #22 - 6/19/24 4-5pm

#### **Desired Outcome:**

Finish landing page, come up with content

### **Planned Tasks:**

- Task 1 Get it on carrd software
- Task 2 Work on design
- Task 3 Come up with content for client on instagram

#### **Post-session Reflection**

### SESSION #23 - 6/19/24 6-7pm

### **Desired Outcome:**

Write blog for seo purposes and for converting leads

#### **Planned Tasks:**

- Task 1 Finish final draft
- Task 2 Publish it
- Task 3 OODA loop it

### **Post-session Reflection**

### SESSION #24 - 6/19/24 8-9pm

### **Desired Outcome:**

Work on landing page, communicate with clients

#### **Planned Tasks:**

- Task 1 Get design perfect
- Task 2 Revise the copy
- Task 3 Get it published

### **Post-session Reflection**

### SESSION #25 - 6/19/24 9-10pm

#### **Desired Outcome:**

Communicate with client, get through lessons in masterclass

#### **Planned Tasks:**

- Task 1 Get a call scheduled via texting client
- Task 2 Go through lessons in masterclass
- Task 3

### **Post-session Reflection**

Need to pass those questions sooner, it's taking too long.

### SESSION #26 - 6/20/24 9-10am

#### **Desired Outcome:**

Top player analysis

#### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

Post-session Reflection Need to pass those questions sooner, it's taking too long.

### SESSION #27 - 6/21/24 5-6:30 pm

### **Desired Outcome:**

- Create content for client 1, come up with action plan for client 2

#### Planned Tasks:

- Task 1 See what content is working
- Task 2 Copy it but add a twist
- Task 3 Create action plan

### **Post-session Reflection**

More speed

### SESSION #28 - 6/21/24 10-11:30am

- Send action plan for client 2, work on meta ads for client 3

#### Planned Tasks:

- Task 1 Send over action plan when it looks right
- Task 2 Come up with an ad for client 3
- Task 3 edit and revise the ad

#### **Post-session Reflection**

## SESSION #29 - 6/21/24 4-5:30pm

#### **Desired Outcome:**

Come up with another ad to do a/b split testing

#### **Planned Tasks:**

- Task 1 Write new ad
- Task 2 Revise it
- Task 3 Get them reviewed

#### **Post-session Reflection**

Need to be better at utilizing my resources when I am confused

### SESSION #30 - 6/22/24 8-9pm

### **Desired Outcome:**

- Fix instagram profile to boost trust

### **Planned Tasks:**

- Task 1 Come up with more personal content
- Task 2 Make the aesthetic look better
- Task 3 Have a free value offer clear

### **Post-session Reflection**

# SESSION #32 - 6/24/24 4-5pm

- Fix instagram profile to boost trust

#### Planned Tasks:

- Task 1 Come up with more personal content
- Task 2 Make the aesthetic look better
- Task 3 Have a free value offer clear

#### **Post-session Reflection**

### SESSION #33 - 6/25/24 2:30-3:30pm

#### **Desired Outcome:**

- Landing page done, get it reviewed

#### **Planned Tasks:**

- Task 1 Come up with more personal content
- Task 2 Make the aesthetic look better
- Task 3 Have a free value offer clear

#### **Post-session Reflection**

More speed, less distraction

### SESSION #34 - 6/25/24 4-5pm

### **Desired Outcome:**

-post on insta, figure out creatives

### Planned Tasks:

- Task 1
- Task 2
- Task 3

### **Post-session Reflection**

Less distraction again

## SESSION #35 - 6/26/24 6-7pm

-finish landing page

### **Planned Tasks:**

- Task 1 upgrade to pro
- Task 2 keep improving page
- Task 3 get it reviewed

#### **Post-session Reflection**

Need to get into a deeper flow state

### **SESSION #36 - 6/27/24 5-6:30pm**

#### **Desired Outcome:**

-finish landing page

### Planned Tasks:

- Task 1 upgrade to pro
- Task 2 keep improving page
- Task 3 get it reviewed

#### **Post-session Reflection**

Need to get into a deeper flow state

### SESSION #36 - 6/27/24 7-8pm

### **Desired Outcome:**

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### **Planned Tasks:**

- Task 1 upgrade to pro
- Task 2 keep improving page
- Task 3 get it reviewed

### **Post-session Reflection**

Need to get into a deeper flow state

### SESSION #37 - 6/28/24 5-6pm

#### **Desired Outcome:**

-Break down trump biden debate

### **Planned Tasks:**

- Task 1 Figure out why trump did better
- Task 2 How trump was able to influence and paint pictures
- Task 3 Recognize bidens weakness

Being aware of these things will take you a long way, everything is marketing.

### **SESSION #38 - 6/28/24 6-7pm**

### **Desired Outcome:**

-Top player analysis

### **Planned Tasks:**

- Task 1 Go through winners writing process Task 2 see where you can improve it

- Task 3

### **Post-session Reflection**

Good analysis, I know some ways I could definitely improve this.

### SESSION #39 - 6/29/24 3-4pm

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#### **Desired Outcome:**

-Review copy, go through masterclass

#### **Planned Tasks:**

- Task 1

Task 2

- Task 3

Post-session Reflection

### SESSION #40 - 6/29/24 5-6pm

#### **Desired Outcome:**

- Landing page done, edit, reviewed

### **Planned Tasks:**

- Task 1

Task 2

- Task 3

**Post-session Reflection** 

### SESSION #41 - 6/29/24 7-8pm

- Work on boston and kentucky website, SEO, creatives
- **Planned Tasks:**
- Task 1
  - Task 2
- Task 3

## SESSION #42 - 6/29/24 9-10pm

### **Desired Outcome:**

- Work on boston and kentucky website, SEO, creatives

### Planned Tasks:

- Task 1
  - Task 2
- Task 3

**Post-session Reflection** 

### SESSION #43 - 7/1/24 3-4pm

### **Desired Outcome:**

-Landing page backend set up

#### Planned Tasks:

- Task 1
  - Task 2
- Task 3

**Post-session Reflection** 

### SESSION #44 - 7/1/24 5-6pm

### **Desired Outcome:**

-Gather and post content for client

#### Planned Tasks:

- Task 1
  - Task 2
- Task 3

**Post-session Reflection** 

### SESSION #45 - 7/2/24 3-4pm

- Desired Outcome:
  - -Gather and post content for client

- Task 1
  - Task 2

# SESSION #46 - 7/2/24 5-6pm

#### **Desired Outcome:**

-Gather and post content for client

### **Planned Tasks:**

- Task 1
  - Task 2
- Task 3

**Post-session Reflection** 

# SESSION #47 - 7/7/24 1-2pm

### **Desired Outcome:**

-Gather and post content for client

#### **Planned Tasks:**

- Task 1
  - Task 2
- Task 3

**Post-session Reflection** 

### SESSION #48 - 7/7/24 4-5pm

### **Desired Outcome:**

-Gather and post content for client

#### Planned Tasks:

- Task 1
  - Task 2
- Task 3

**Post-session Reflection** 

# **SESSION #49 - 7/8/24 4-5pm**

#### **Desired Outcome:**

-Gather and post content for client

### **Planned Tasks:**

- Task 1
  - Task 2
- Task 3

### SESSION #50 - 7/9/24 4-5pm

### **Desired Outcome:**

-Gather and post content for client

### **Planned Tasks:**

- Task 1
  - Task 2
- Task 3

**Post-session Reflection** 

### SESSION #51 - 7/11/24 11-12pm

### **Desired Outcome:**

-Write a blog for business seo and getting warm leads

### **Planned Tasks:**

- Task 1 write rough draft
  - Task 2 pushups and power walk
- Task 3 get reviewed and revised

**Post-session Reflection** 

### SESSION #52 - 7/11/24 2:30-3:30pm

### **Desired Outcome:**

-Landing page automation and content for SM

### **Planned Tasks:**

- Task 1 finish landing page
  - Task 2 come up with content
- Task 3 post content

**Post-session Reflection** 

### **SESSION #53 - 7/11/24 4-5pm**

### **Desired Outcome:**

-Crypto Lessons

- Task 1 Get through masterclass
  - Task 2
- Task 3

### SESSION #54 - 7/11/24 5-6pm

### **Desired Outcome:**

-Catch up to speed on AI automation campus

### **Planned Tasks:**

- Task 1 Go through lessons
- Task 2 Start a test build
- Task 3

**Post-session Reflection** 

### **SESSION #55 - 7/11/24 7-8pm**

### **Desired Outcome:**

-Set up lead capture AI automation

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

### **SESSION #56 - 7/12/24 1-2pm**

### **Desired Outcome:**

-Set up lead capture AI automation

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

## **SESSION #57 - 7/12/24 4-5pm**

- Desired Outcome:
  - -Set up lead capture AI automation

#### **Planned Tasks:**

- Task 1

- Task 2
- Task 3

## **SESSION #58 - 7/13/24 6-7pm**

- Desired Outcome:
  - -Set up lead capture Al automation

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

### **SESSION #59 - 7/13/24 8-9pm**

- Desired Outcome:
  - -Set up lead capture AI automation

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

## SESSION #60 - 7/14/24 12-1pm

- Desired Outcome:
  - -Set up lead capture AI automation

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

## **SESSION #61 - 7/15/24 12-1pm**

- Desired Outcome:
  - -Content for social media

### Planned Tasks:

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

### **SESSION #62 - 7/15/24 1-2pm**

- Desired Outcome:
  - -Set up Ad campaigns

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

### SESSION #63 - 7/15/24 4-5pm

- Desired Outcome:
  - -Top player analysis

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

### **SESSION #64 - 7/15/24 6-7pm**

- Desired Outcome:
  - -Contact client, run ads

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

## SESSION #65 - 7/15/24 8-9pm

- Desired Outcome:
  - -AI systems work

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

## **SESSION #66 - 7/15/24 9-10pm**

- Desired Outcome:
  - -Graduate masterclass

### Planned Tasks:

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

# SESSION #67 - 7/16/24 11-12pm

- Desired Outcome:
  - -Top player analysis

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

## SESSION #68 - 7/16/24 1-2pm

- Desired Outcome:
  - -Social media content

### Planned Tasks:

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

# SESSION #69 - 7/16/24 3-4pm

- Desired Outcome:
  - -AI systems work

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

## SESSION #70 - 7/16/24 9-10pm

- Desired Outcome:
  - -AI systems work, outreaches

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

### **SESSION #71 - 7/17/24 12-1pm**

- Desired Outcome:
  - -Write blog for SEO

### Planned Tasks:

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

# SESSION #72 - 7/17/24 2-3pm

- Desired Outcome:
  - -AI work

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

### SESSION #73 - 7/18/24 10-11am

- Desired Outcome:
  - -Al outreach

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

SESSION #74 - 7/18/24 1-2pm

- Desired Outcome:
  - -Meta Ads work

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

### **SESSION #75 - 7/18/24 5-6pm**

- Desired Outcome:
  - -Outreach set up

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

### SESSION #76 - 7/19/24 9-10am

- Desired Outcome:
  - -Call client and set up ad account

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

SESSION #77 - 7/19/24 11-12pm

- Desired Outcome:
  - -Work on ad campaign

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

## SESSION #78 - 7/19/24 4-5pm

- Desired Outcome:
  - -Revise ads

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

## **SESSION #79 - 7/20/24 1-2pm**

- Desired Outcome:
  - -Work on upsell project

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

## SESSION #80 - 7/20/24 2-3pm

- Desired Outcome:
  - -Work on upsell project

- Task 1
- Task 2

- Task 3

#### **Post-session Reflection**

### SESSION #81 - 7/21/24 9-10am

- Desired Outcome:
  - -Work on upsell project

### Planned Tasks:

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

## SESSION #82 - 7/21/24 2-3pm

- Desired Outcome:
  - -Al automation for new client

#### Planned Tasks:

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

### SESSION #83 - 7/21/24 4-5pm

- Desired Outcome:
  - -Make landing page more concise and test results of ads **Planned Tasks:**
- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

SESSION #84 - 7/22/24 2-3pm

- Desired Outcome:
- Outreach and follow up with prospects

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

# **SESSION #85 - 7/22/24 5-6pm**

- Desired Outcome:
- Write blog for clients SEO

### Planned Tasks:

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

### SESSION #86 - 7/23/24 9-10am

- Desired Outcome:
- Work on crypto systems

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

### **SESSION #87 - 7/23/24 12-1pm**

- Desired Outcome:
- Edit landing page copy

- Task 1
- Task 2

### SESSION #88 - 7/23/24 2-3pm

- Desired Outcome:
- Work on free guide for 2 step lead gen

### Planned Tasks:

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

### SESSION #89 - 7/23/24 6-7pm

Desired Outcome:

Create an upsell offer for client

#### Planned Tasks:

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

### SESSION #90- 7/24/24 1-2pm

- Desired Outcome:

Launch project and communicate with client

### Planned Tasks:

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

### SESSION #91- 7/24/24 3-4pm

- Desired Outcome:

Work on Al outreach

#### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

## SESSION #92 - 7/25/24 1-2pm

- Desired Outcome:

Work on Al outreach

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

### SESSION #93 - 7/25/24 3-4pm

- Desired Outcome:

Work on Al outreach

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

### SESSION #94 - 7/25/24 7-8pm

- Desired Outcome:

Work on Al outreach

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

# **SESSION #95 - 7/26/24 12-1pm**

- Desired Outcome:

Work on content for client

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

SESSION #96 - 7/29/24 11-12pm

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#### - Desired Outcome:

Work on GMB set up for client

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

### SESSION #97 - 7/29/24 2-3pm

#### - Desired Outcome:

Ai automation work

#### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

### SESSION #98 - 7/29/24 2-3pm

- Desired Outcome:

Apply lessons from live domination call.

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

# SESSION #99 - 7/30/24 3-4pm

### **Desired Outcome:**

Work on lead magnet for client

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

# SESSION #100 - 7/31/24 5-6pm

### **Desired Outcome:**

Create the landing page for the lead magnet.

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

**Post-session Reflection** 

# SESSION #101 - 7/31/24 7-8pm

### **Desired Outcome:**

Work on AI system for client.

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3