

Cheryl Herrmann - 2-Day - Cardiovascular Course - Conquer the Deteriorating Cardiac Patient

Faculty:

Cheryl Herrmann

Duration:

11 Hours 42 Minutes

Format:

Audio and Video

Copyright:

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Description

Imagine you are taking care of your patient – anywhere – any department/floor in the hospital, a nursing home, surgical site, or during a home health visit and suddenly grasp that an emergent cardiac situation is unfolding. **Do you feel confident that you would know how to respond?**

When your patient is experiencing an acute myocardial infarction, heart failure exacerbation, or a dissecting aneurysm, are you confident you can rapidly assess and intervene with the most current evidence-based interventions?

What if your patient has an LVAD? Do you have the ability to deliver the care needed for this patient and troubleshoot the device? Join nationally-recognized cardiac clinical nurse specialist Cheryl Herrmann, RN, MS, APN, CCRN, CCNS-CSC-CMC, in this 2-day recording as she explains complex concepts to advance your current skills and transform your own practice.

You will analyze challenging case studies to recognize the borderline and abnormal findings that you may have previously missed. Whether you are a seasoned cardiac professional or noncardiac professional wanting to learn more about life-threatening cardiac issues, you do not want to miss this workshop. **It is guaranteed to provide you with new clinical insights and critical thinking skills, so you won't need to feel uncertain, scared or at risk anymore!**

Handouts

Manual – The 2020 Cardiovascular Course (68.1 MB)	162 Pages	Available after Purchase
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Outline

DAY ONE

12 Lead EKG Pearls from a Cardiac Expert

- Coronary angiographic correlation
- Ischemia, injury, infarction patterns
- Atypical presentations
- Advanced 12 lead EKG – subtle and high-risk signs
- Presentations, analysis, and clinical application

STEMI and NSTEMI: Quick Assessment to Improve Outcomes

- Differentiating cardiac and non-cardiac causes of elevated troponins
- Stress tests – what to order & how to interpret results
- Medical management
 - Coronary stents
 - Fibrinolytics
 - Antiplatelets
 - Beta blockers
 - Statins

Identification and Treatment of Heart Blocks

- 1st Degree AV Block
- 2nd Degree AV Block, Type I Wenckbach
- 2nd Degree AV Block, Type II, Mobitz II
- 3rd Degree AV Block
- Right bundle branch block vs left bundle branch block
- Incomplete RBBB and LBBB

As Easy as Black and White: Chest X-ray Evaluation

- The chest x-ray
 - Black and white principles
 - Systematic approach
 - Invasive line identification
- As easy as black
 - Identifying pneumothorax and subcutaneous emphysema
 - Treatment priorities
- As easy as white

- Identifying
 - Pulmonary edema
 - Pneumonia
 - Pleural effusion
 - ARDS
 - Cardiomyopathy
 - Pericardial effusion
 - Cardiac tamponade
- Clinical application and treatment
- Beyond the basics
 - Aortic aneurysm
 - Lung tumor
 - Esophagogastrectomy
 - Post op changes with pneumonectomy

DAY TWO

Cardiomyopathy and Heart Failure – Cutting Edge Assessment Skills and Treatments

- Differentiating cardiomyopathy and HF
- Types of cardiomyopathy
 - Ischemic
 - Nonischemic
 - Takotsubo/Broken Heart
 - Peripartum
 - Tachycardia induced
 - Hypertensive
 - Drug/alcohol/toxin induced
- Pharmacological Treatments
 - Ace inhibitors
 - Angiotensin receptor blockers
 - Angiotensin receptor neprilysin inhibitor
 - Beta blockers
 - Diuretics
- Optimizing outcomes with titrations of medications
- Nonpharmacological interventions
- Advanced care planning
- Case studies & clinical application

Advanced Heart Failure Treatment – LVAD (Left Ventricular Assist Device)

- Mechanics of LVAD
- Patient selection
- Care of the LVAD patient in community setting

- Complications of LVAD
- LVAD case Studies & clinical application

Preventing an Aortic Aneurysm/Dissection

- Rapid & correct identification of the troublesome signs and symptoms
- Endoluminal graft repair
- Medical/medication management
- Assessment cues
- Treatment of complications – including spinal cord ischemia
- Case presentations and analysis

Sharpen Your Assessment Skills with Challenging Case Studies

- Case presentation
- Vital sign and lab analysis
- 12 lead EKG analysis
- CXR analysis
- Interventions and treatment plan

Faculty



Cheryl Herrmann, RN, MS, APRN, CCRN, CCNS-CSC-CMC Related seminars and products: 6

CHERYL HERRMANN, RN, MS, APRN, CCRN, CCNS-CSC/CMC, has 31 years of nursing experience—15 years as a bedside nurse in SICU, Neuro ICU, and CVICU, and 16 years as a cardiac clinical nurse specialist. As a cardiac CNS, she cares for patients in cardiac prep and recovery, cardiac catheterization, surgery, ICU, telemetry/progressive units, and at discharge. In addition, Ms. Herrmann is a Prehospital RN for the local ambulance service. She has a passion for cardiac

nursing and is an advocate for heart health, particularly in raising awareness of heart disease in women.

Ms. Herrmann is a reviewer for a critical care textbook as well as several nursing journals, one of which, *Critical Care Clinics*, recently published her article “A Woman’s Heart is Different.” She is a popular presenter for local nursing colleges, church and service groups, and EMS groups, as well as national conferences such as the American Association of Critical Care Nurses NTI. In 23 years of volunteer work, she has provided vital medical supplies, services, and training to the poor and disadvantaged in Mexico, Ethiopia, Haiti, and Indonesia. She has been team leader of 40 medical-dental teams to Mexico and participated in a Critical Care Nursing Ambassador program to China.










In 2005, Ms. Herrmann was honored with the American Association of Critical-Care Nurses Circle of Excellence—Excellent Clinical Nurse Specialist Award and the Twenty-Five Women in Leadership Award in central Illinois. She is the recipient of the 2009 University of Illinois Alumni Award. Her nursing career has been profiled in *Advance for Nurses*. Ms. Herrmann believes that learning should be fun and stimulating. She has created numerous educational puzzles and games for nurses, three of which have been published in AACN News. She presents material in a way that all health professionals caring for the cardiac patient, regardless of where they are in the continuum, take home valuable knowledge and new skills. For more information about Ms. Herrmann, please visit www.cherylherrmann.com.

Speaker Disclosures:

Financial: Cheryl D. Herrmann has an employment relationship with UnityPoint Health Cardiology. She receives a speaking honorarium from PESI, Inc.

Non-financial: Cheryl D. Herrmann is a member of the Illinois Society of Advanced Practice Nurses and National Association of Clinical Nurse Specialists.

Proof Content

	Handouts			85.5 MB
	2. 2-Day. Cardiovascular Course. Conquer the Deteriorating Cardi... .mp4			3.2 GB
	1. 2-Day. Cardiovascular Course. Conquer the Deteriorating Cardi... .mp4			3.4 GB