ODYSSEY OF ONSLAUGHT

1.	V / X	√ Today's Missions & Strategic Steps To Success √ √ √ (Tackle each mission, step by step, and track your progress.) √ √ √ √ √ √ √ √ √ √ √ √ √
2. V/X MISSION: Client Work: Research 160 min; Strategic Steps: 3. V/X MISSION: Power Up Call 10 min Strategic Steps: 4. V/X MISSION: Marketing IQ; WebPage analysis 15 min Strategic Steps: 5. V/X MISSION: Helping TRW Students answering the chats I was tagged 10 min; Strategic Steps: Review Copy 10 min 6. V/X MISSION: worked on Linked-In Post 60 min + Interacting min Strategic Steps: 7. V/X MISSION: Master Thesis 90 min Strategic Steps: work on Topolpgies Dodecane_Water + isobar fit_Xsi got new insights on Fit_Xsi and I found a problem source, need to test it if it works 8. V/X MISSION: 40 Push ups Strategic Steps: 9. V/X MISSION: MISSION: MISSION: MISSION: Strategic Steps:	1. // /	⊚ MISSION: Reflect on the week plan 5 min;
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⊗ Strategic Steps:		⊗ Strategic Steps:
	9. V / X	⊚ MISSION:
10. 7/ X		
	10. 🔽/💢	⊚ MISSION:
	10. 🔽/ 💢	(a) MISSION:

V / X	√ Today's Missions & Strategic Steps To Success √ (Tackle each mission, step by step, and track your progress.)
11. 🔽/🗙	⊚ MISSION:
	⊗ Strategic Steps:
12. 🔽/🗙	⊚ MISSION:
	⊗ Strategic Steps:
13. 🔽/🗶	⊚ MISSION:
	Ø Strategic Steps:
14. 🔽/🗙	⊚ MISSION:
	Ø Strategic Steps:
15. 🔽/🔀	⊚ MISSION:
	⊗ Strategic Steps:
16. 🔽/🔀	⊚ MISSION:
	⊗ Strategic Steps:
17. 🔽/🔀	⊚ MISSION:
	⊗ Strategic Steps:
18. 🔽/🔀	⊚ MISSION:
	Ø Strategic Steps:
19. 🔽/💢	⊚ MISSION:
	Ø Strategic Steps:
20. 🔽/🗙	⊚ MISSION:
	Ø Strategic Steps:

	Date of Determination 17
Date:	06.12.23

🔥 Igniting Your Flame - Outshine Yesterday's Blaze 🔥



Yesterday's Overall Benchmark Score to Surpass Today =

	3 Blessings I Cherish This Morning 🙌
1.	
2.	
3.	

	🎩 Magic Trio: 3 Priority Missions 🎩		
	(These are non-negotiable tasks and must be conquered today!)		
1.	Client Work		
2.	LinkedIn building		
3.	Master Thesis		



(Design each hour with intention and reflect upon its journey)

Mission 🕌	Mission: What will I do?
Strategy Q	Strategy: How will I do it, step-by-step action?
Reflection /	Reflection: Was the mission accomplished? If not, what stopped me?
Score 🏆	Hourly Score: How did this hour measure up to my standards? Good or bad

(Continue for each hour, and remember to only include relevant hours for your active day.

Remove the hours that you are asleep.)

1 AM: Mission			
Strategy 🔍			
Reflection /			
Score 🏆			
			_
2 AM: Mission			

Strategy 🔍	
Reflection /	
Score 🏆	
3 AM: Mission ↓	
Strategy Q	
Reflection /	
Score 🏆	
4 AM: Mission [₩]	
Strategy Q	
Reflection /	
Score 🏆	
5 AM: Mission 辈	Wake up + Saltwater + Gymnastics
Strategy Q	
Reflection /	Wake up + Saltwater + Gymnastics
Score 🏆	good
	·

6 AM: Mission 💃	Research
Strategy <	
Reflection /	Research
Score 🏆	good

7 AM: Mission	Research
Strategy Q	
Reflection /	Research + going out with dog
	Don't spend time on LinkedIn, looking around
Score 🏆	good

8 AM: Mission	Research
Strategy Q	
Reflection /	Research
Score 🏆	good

9 AM: Mission	Research
Strategy Q	
Reflection /	Research

Score 🏆	good
10 AM: Mission	Offer creation
Strategy Q	Interact with prospects
Reflection /	Eat
Score 🏆	good
11 AM: Mission	Eat + Sleep
Strategy Q	
Reflection /	Eat + Sleep + Master Thesis
Score 🏆	good
12 PM: Mission 💃	Master Thesis
Strategy Q	Reflect the last weeks here, solved how to do FP calculation
Reflection /	Master Thesis
Score 🏆	good

1 PM: Mission 🖔	Master Thesis	
Strategy 🔍	Keep the physics in mind, look at flash point	

Reflection /	Master Thesis
Score 🏆	good
	_
2 PM: Mission 辈	MPU + Review Copy + Marketing IQ + Read
Strategy 🔍	
Reflection /	MPU + Review Copy + Marketing IQ + Read
Score T	good
3 PM: Mission 辈	LinkedIn + Interaction
Strategy 🔍	
Reflection /	Research + WLAN Stuff
Score 🏆	good
4 PM: Mission 👢	Research
Strategy Q	
Reflection /	Eat
Score 🏆	good
5 PM: Mission 💃	Eat
Strategy Q	

Reflection /	LinkedIn and Interaction
Score 🏆	good
6 PM: Mission 辈	Plan next day + Read
Strategy 🔍	
Reflection /	LinkedIn + Interaction + Plan next day
Score 🏆	bad
7 PM: Mission 辈	Prepare for training
Strategy 🔍	
Reflection /	Prepare for training
Score 🏆	good
8 PM: Mission 🧏	Puffer
Strategy Q	
Reflection /	Train
Score 🏆	good
9 PM: Mission 💃	Puffer
Strategy Q	

Reflection /	Train
Score 🏆	bad
10 PM: Mission 🖔	Sleep
Strategy <	
Reflection /	Sleep
Score 🏆	bad
11 PM: Mission 🖔	
Strategy Q	
Reflection /	
Score 🏆	
12 AM: Mission 🖔	Prepare for sleep
Strategy Q	
Reflection /	
Score **	



🌇 Twilight's Review 🌇



7	Гoday's Lear	nings: Wisd	lom or less	ons learned	from the da	ìУ
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Live outside your comfort zone and embrace the unknown, hero zone

Set more deadlines for smaller processes to be faster. -> Set deadlines for every task

* Victories Celebrated: Accomplishments and successes of the day

Engaged with 2 LinkedIn Leads

Made research for a client -> finished it, will use GPT for more input and insights in this market

Made a post

Interacted with people on LinkedIn

Stumbles Along the Way: Points of difficulty or mistakes made.

Was less sleepy while working on the Thesis

Still had a hard time finding the problem source, need to dig deeper



Tomorrow's Illuminations: Plan how to improve and progress the next day.

Use deadlines to increase my performance

Research on agency and contact network for other agencies, also use Chat GPT for more insights

Interact with LinkedIn leads + make a post
Do the Decision-Making course max 15 min -> do this everyday so you engage with lead about this
Reverse engineer current outreaches -> Work with doc from Charlie
Think about your Outreach Method -> Try to get a project from warm outreach; use spin questions to build rapport
Consistencies to Keep: Recognize what worked well and should be repeated.
Filling out this plan
✓ Communications: Identifying individuals to connect with.
Pending Missions: Tasks that remain uncompleted
Day's Overall Score: A final assessment of the day's productivity
14/17

Freestyle Thoughts Chamber:

(Let your thoughts flow here. No judgment, no boundaries.)