


# ODYSSEY OF **ONSLAUGHT**

✓/✗	 Today's Missions & Strategic Steps To Success  <b>(Tackle each mission, step by step, and track your progress.)</b>
1. ✓/✗	 <b>MISSION:</b> Reflect on the week plan 5 min;  <b>Strategic Steps:</b>
2. ✓/✗	 <b>MISSION:</b> Client Work: Research 160 min;  <b>Strategic Steps:</b>
3. ✓/✗	 <b>MISSION:</b> Power Up Call 10 min  <b>Strategic Steps:</b>
4. ✓/✗	 <b>MISSION:</b> Marketing IQ; WebPage analysis 15 min  <b>Strategic Steps:</b>
5. ✓/✗	 <b>MISSION:</b> Helping TRW Students answering the chats I was tagged 10 min;  <b>Strategic Steps:</b> Review Copy 10 min
6. ✓/✗	 <b>MISSION:</b> worked on Linked-In Post 60 min + Interacting min  <b>Strategic Steps:</b>
7. ✓/✗	 <b>MISSION:</b> Master Thesis 90 min  <b>Strategic Steps:</b> work on Topolpgies Dodecane_Water + isobar fit_Xsi got new insights on Fit_Xsi and I found a problem source, need to test it if it works
8. ✓/✗	 <b>MISSION:</b> 40 Push ups  <b>Strategic Steps:</b>
9. ✓/✗	 <b>MISSION:</b>  <b>Strategic Steps:</b>
10. ✓/✗	 <b>MISSION:</b>

<div> <div>✓/✗</div> </div>	<div> <div> <div>🚀</div> <div>Today's Missions &amp; Strategic Steps To Success</div> <div>🚀</div> </div> <div>(Tackle each mission, step by step, and track your progress.)</div> </div>
	<div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div> <div>11.</div> <div>✓/✗</div> </div>	<div> <div>🎯</div> <div>MISSION:</div> </div> <div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div> <div>12.</div> <div>✓/✗</div> </div>	<div> <div>🎯</div> <div>MISSION:</div> </div> <div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div> <div>13.</div> <div>✓/✗</div> </div>	<div> <div>🎯</div> <div>MISSION:</div> </div> <div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div> <div>14.</div> <div>✓/✗</div> </div>	<div> <div>🎯</div> <div>MISSION:</div> </div> <div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div> <div>15.</div> <div>✓/✗</div> </div>	<div> <div>🎯</div> <div>MISSION:</div> </div> <div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div> <div>16.</div> <div>✓/✗</div> </div>	<div> <div>🎯</div> <div>MISSION:</div> </div> <div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div> <div>17.</div> <div>✓/✗</div> </div>	<div> <div>🎯</div> <div>MISSION:</div> </div> <div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div> <div>18.</div> <div>✓/✗</div> </div>	<div> <div>🎯</div> <div>MISSION:</div> </div> <div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div> <div>19.</div> <div>✓/✗</div> </div>	<div> <div>🎯</div> <div>MISSION:</div> </div> <div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div> <div>20.</div> <div>✓/✗</div> </div>	<div> <div>🎯</div> <div>MISSION:</div> </div> <div> <div>🧭</div> <div>Strategic Steps:</div> </div>

	<div> <div>July</div> <div>17</div> </div> <b>Date of Determination</b> <div> <div>July</div> <div>17</div> </div>
<b>Date:</b>	06.12.23

<div> <div>🔥</div> <div>Igniting Your Flame - Outshine Yesterday's Blaze</div> <div>🔥</div> </div>
Yesterday's Overall Benchmark Score to Surpass Today =

<div> <div>🙌</div> <div> <div>🌅</div> <div>3 Blessings I Cherish This Morning</div> <div>🙌</div> </div> </div>	
1.	
2.	
3.	

<div> <div>🎩</div> <div> <div>🎩</div> <div>Magic Trio: 3 Priority Missions</div> <div>🎩</div> </div> </div> <div>(These are non-negotiable tasks and must be conquered today!)</div>	
1.	Client Work
2.	LinkedIn building
3.	Master Thesis



# Hourly Commitments & Reflections



(Design each hour with intention and reflect upon its journey)

Mission 🏆	Mission: <b>What will I do?</b>
Strategy 🔍	Strategy: <b>How will I do it, step-by-step action?</b>
Reflection ✍️	Reflection: <b>Was the mission accomplished? If not, what stopped me?</b>
Score 🏆	Hourly Score: <b>How did this hour measure up to my standards? Good or bad...</b>

(Continue for each hour, and remember to only include relevant hours for your active day.

Remove the hours that you are asleep.)

1 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

2 AM: Mission 🏆	
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Strategy 🔍	
Reflection ✍️	
Score 🏆	

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3 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

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4 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

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5 AM: Mission 🏆	Wake up + Saltwater + Gymnastics
Strategy 🔍	
Reflection ✍️	Wake up + Saltwater + Gymnastics
Score 🏆	good

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6 AM: Mission 🏆	Research
Strategy 🔍	
Reflection 🖋️	Research
Score 🏆	good

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7 AM: Mission 🏆	Research
Strategy 🔍	
Reflection 🖋️	Research + going out with dog Don't spend time on LinkedIn, looking around
Score 🏆	good

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8 AM: Mission 🏆	Research
Strategy 🔍	
Reflection 🖋️	Research
Score 🏆	good

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9 AM: Mission 🏆	Research
Strategy 🔍	
Reflection 🖋️	Research

Score 🏆	good
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10 AM: Mission 🏆	Offer creation
Strategy 🔍	Interact with prospects
Reflection ✍️	Eat
Score 🏆	good

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11 AM: Mission 🏆	Eat + Sleep
Strategy 🔍	
Reflection ✍️	Eat + Sleep + Master Thesis
Score 🏆	good

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12 PM: Mission 🏆	Master Thesis
Strategy 🔍	Reflect the last weeks here, solved how to do FP calculation
Reflection ✍️	Master Thesis
Score 🏆	good

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1 PM: Mission 🏆	Master Thesis
Strategy 🔍	Keep the physics in mind, look at flash point

Reflection 	Master Thesis
Score 	good

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2 PM: Mission  	MPU + Review Copy + Marketing IQ + Read
Strategy 	
Reflection 	MPU + Review Copy + Marketing IQ + Read
Score 	good




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3 PM: Mission  	LinkedIn + Interaction
Strategy 	
Reflection 	Research + WLAN Stuff
Score 	good



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4 PM: Mission  	Research
Strategy 	
Reflection 	Eat
Score 	good






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5 PM: Mission  	Eat
Strategy 	



Reflection 	LinkedIn and Interaction
Score 	good


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6 PM: Mission  	Plan next day + Read
Strategy 	
Reflection 	LinkedIn + Interaction + Plan next day
Score 	bad




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7 PM: Mission  	Prepare for training
Strategy 	
Reflection 	Prepare for training
Score 	good

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8 PM: Mission  	Puffer
Strategy 	
Reflection 	Train
Score 	good

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9 PM: Mission  	Puffer
Strategy 	

Reflection 	Train
Score 	bad

---

10 PM: Mission 	Sleep
Strategy 	
Reflection 	Sleep
Score 	bad

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11 PM: Mission 	
Strategy 	
Reflection 	
Score 	

---

12 AM: Mission 	Prepare for sleep
Strategy 	
Reflection 	
Score 	



# Twilight's Review




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## **Today's Learnings: Wisdom or lessons learned from the day**

**Live outside your comfort zone and embrace the unknown, hero zone**

**Set more deadlines for smaller processes to be faster. -> Set deadlines for every task**

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## **Victories Celebrated: Accomplishments and successes of the day**

**Engaged with 2 LinkedIn Leads**

**Made research for a client -> finished it, will use GPT for more input and insights in this market**

**Made a post**

**Interacted with people on LinkedIn**

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## **Stumbles Along the Way: Points of difficulty or mistakes made.**

**Was less sleepy while working on the Thesis**

**Still had a hard time finding the problem source, need to dig deeper**

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## **Tomorrow's Illuminations: Plan how to improve and progress the next day.**

**Use deadlines to increase my performance**


**Research on agency and contact network for other agencies, also use Chat GPT for more insights**

Interact with LinkedIn leads + make a post
Do the Decision-Making course max 15 min -> do this everyday so you engage with lead about this
Reverse engineer current outreaches -> Work with doc from Charlie
Think about your Outreach Method -> Try to get a project from warm outreach; use spin questions to build rapport


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 Consistencies to Keep: Recognize what worked well and should be repeated.
Filling out this plan


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 Communications: Identifying individuals to connect with.

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 Pending Missions: Tasks that remain uncompleted

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 Day's Overall Score: A final assessment of the day's productivity
14/17

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# **Freestyle Thoughts Chamber:**

**(Let your thoughts flow here. No judgment, no boundaries.)**