

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ☒ / ☐	1	20 emails
2. ☒ / ☐	1	Find 20 prospects
3. ☒ / ☐	1	Finish all homework
4. ☒ / ☐	1	Tweet
5. ☒ / ☐	1	Workout
6. ☒ / ☐	1	
7. ☒ / ☐	1	
8. ☒ / ☐	1	
9. ☒ / ☐	2	
10. ☒ / ☐	2	
11. ☒ / ☐	2	
12. ☒ / ☐	2	
13. ☒ / ☐	2	
14. ☒ / ☐	3	
15. ☒ / ☐	3	
16. ☒ / ☐	3	
17. ☒ / ☐	3	
18. ☒ / ☐	3	
19. ☒ / ☐	3	
20. ☒ / ☐	3	

Day Number:

Date:

Start Of The Day - Time:

	 3 Things That I Am Excited To Have In The Future? 
1.	Good physique
2.	family
3.	MOney

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 7 am: Task \$	Wake Up + Shower+ Breakfast
🔔 Intention 🔔	
✍️ Reflection ✍️	Did all the things and left for school on time

\$ 8 am: Task \$	School + tweet
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 9 am: Task \$	school
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 10 am: Task \$	school
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 11 am: Task \$	school
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 12 am: Task \$	school
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 1 pm: Task \$	school
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 2 pm: Task \$	school
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 Intention 	
 Reflection 	

\$ 3 pm: Task \$	Come back from school and eat
 Intention 	
 Reflection 	Ate and chilled for a bit

\$ 4 pm: Task \$	Look at schedule and get ready to get to work for 30 min + Start finding propsects
 Intention 	
 Reflection 	Decided to do leftover hw

\$ 5 pm: Task \$	Find atleast 15 propsects
 Intention 	
 Reflection 	has to keep doing hw

\$ 6 pm: Task \$	Homework
 Intention 	
 Reflection 	Studied for test

\$ 7 pm: Task \$	Gym
🔔 Intention 🔔	
✍️ Reflection ✍️	Gym

\$ 8 pm: Task \$	Come from Gym + dinner
🔔 Intention 🔔	
✍️ Reflection ✍️	Dinner

\$ 9 pm: Task \$	Do Hw if left or else email prospects you found
🔔 Intention 🔔	
✍️ Reflection ✍️	Finshed up hw

\$ 10 pm: Task \$	Keep emailing + improve outreach if done
🔔 Intention 🔔	Emailed prospects
✍️ Reflection ✍️	

 11 pm: Task 	Reflect on day + meditate + Read
 Intention 	Emailed
 Reflection 	

 12 pm: Task 	R
 Intention 	
 Reflection 	Reflected on day



End-Of-The-Day Report:



 **What Did I Learn Today?** 

 **What Do I Plan To Do Differently Tomorrow?** 

 **What Do I Plan To Do The Same Tomorrow?** 

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

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 What Tasks Were Left Undone? 

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Brain Dump: