

DAILY DOMINATION

	 Today's Tasks & Steps To Success 
1. 	 Task: Checklist  Action Steps: Complete all the 7 points of the Daily checklist
2. 	 Task: Future visualization and plan review  Action Steps: Imagine my future dream state and read this doc
3. 	 Task: PUC from previous days  Action Steps: Watch "Windows of opportunity"
5. 	 Task: G work session  Action Steps: Create socials and first post for client
6. 	 Task: PUC of the day  Action Steps: the PUC of the day
7. 	 Task: Copy analysis  Action Steps: Analyse a good piece of copy for at least 10 minutes
8. 	 Task: Patrol the chats  Action Steps: Check important chats in TRW
9. 	 Task: Train  Action Steps: Postural gym + Karate

	July 17 Date July 17
Date:	19th of June 2024

	 3 Blessings I'm Grateful To Have 
1.	Family
2.	Friends
3.	Life

	 Priority Tasks  (These are non-negotiable tasks and must be conquered today!)
1.	Daily checklist
2.	Catching up with PUC
3.	Getting back on track

	 What challenges/Roadblocks am I gonna face tomorrow? 
1.	House chores
2.	
3.	

	 What reward awaits me if I complete everything? 
Reward:	Time with people that I love and care about

Hourly Commitments & Reflections

Task 	Task: What will I do?
Strategy 	Strategy: How will I do it, step-by-step action?
Reflection 	Reflection: Was the task finished? If not, why & what stopped me and how will I fix it?

10 AM: Task 	
Strategy 	
Reflection 	

11 AM: Task 	
Strategy 	
Reflection 	

12 PM: Task 	
Strategy 	

Reflection 

1 PM: Task 

Strategy 

Reflection 

2 PM: Task 

Strategy 

Reflection 

3 PM: Task 

Strategy 

Reflection 

4 PM: Task 

Strategy 

Reflection 

5 PM: Task 

Strategy 

Reflection 

6 PM: Task 

Strategy 

Reflection 

7 PM: Task 

Strategy 

Reflection 

8 PM: Task 

Strategy 

Reflection 

9 PM: Task 

Strategy 

Reflection 

10 PM: Task 

Strategy 

Reflection 	
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11 PM: Task 	
Strategy 	
Reflection 	



Twilight's Review



 What wins did I achieve today? 
Full checklist and planning

 What battles did I lose today? 
Didn't track tasks hour by hour

 What lessons did I learn today? 
How is important to search for opportunities

 What roadblocks did I face? 
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Family dynamics

💡 **How will I improve and progress tomorrow?** 💡

Complete the checklist and follow the planning

🔄 **What worked well and will be repeated?** 🔄

G work session in the morning to immediately start gaining big momentum for the day

✉ **Who are the People I need to connect with?** ✉

Accountability's Gs

📌 **What tasks remain uncompleted** 📌

NONE

🛡 **What changes do I need to make to my CONQUEST PLAN?** 🛡

N/A

 **The final assessment of the day's productivity** 

6/10

Freestyle Thoughts:

(Let your thoughts flow here. No judgment, no boundaries.)