## Communicable Disease Prevention Plan For Sept 2021 - June 2022

Formerly known as "Covid Safety Plan" Kiddies Korner Preschool Updated March 31, 2022

As per BCCDC, we are now transitioning to managing the Covid pandemic as we would any other serious respiratory infection. This updated prevention plan reflects the changes recommended by public health.

#### Class Schedule

Class 1 - Mon/Wed 0900-1145

Class 2 - Tue/Thur/Fri 0900-1145

Class 3 - Tue/Thur 1215-245

#### **Class Structure**

#### September:

- 'Meet the teacher' interview
  - 1st week of September
  - Individual 20 min interview with child, parent and teachers. This will be held outside in the playground.
- Gradual Entry
  - First 3 weeks of September
  - o 8 children/group on rotating schedule
  - Starting Sept 23 we return to 'normal' class size of 16 children

#### October to June:

Will consist of class structure detailed below:

#### Class Size:

- 16 children (full class size)
- 2 Teachers
- 1 support worker as needed
- 1 in-class parent (mask/sanitizer when indoors) Decisions will be made on a monthly basis as to whether or not we will have an in-class parent.

#### **Class Structure:**

- A combination of Indoor/Outdoor class time
  - We plan on starting the year doing a mostly outdoor program, weather permitting.
     We will have indoor time as per the teachers discretion.
- Flexibility with where the adults and children are. Some may be inside or some outside
  depending on: the number of adults available, number of children present and the
  discretion of the teachers on the day.
- Balance the adults as needed (teacher/support worker/duty parent) between inside and outside
- Keep all windows and doors open for ventilation
- Individual Snack socially distanced inside
- Pick up/drop off via playground
  - o Parents are **no longer** required to be masked.

## Illness

Both parents and staff may use the self-assessment tool at <u>BC COVID 19</u> to assess for any symptoms of illness.

• If exposure to Covid 19 occurs within the school, we are now permitted to notify staff and families without breaching individual privacy.

#### Staff:

- Staff will monitor themselves daily for any symptoms of illness (see above).
- If staff develops symptoms at home:
  - They must stay home until symptoms have resolved or that they are well enough to return to regular activities.
  - Fever has resolved without the use of fever-reducing medications.
  - Parents please note that there is a possibility of school being closed the day of class if we are unable to get a substitute teacher.
     You will be contacted by phone in this circumstance.
- If staff develops symptoms of illness at school:
  - If staff are unable to participate in regular activities, then they should be supported to go home until their symptoms have improved.
  - Parents may need to be contacted immediately to pick up their children if insufficient staff is available.
  - Preschool may be closed for the rest of the day (if insufficient staff available).
  - Appropriate infection control precautions should be taken while the person is preparing to leave the school such as:
    - Hand hygiene
    - Cleaning/disinfection of surfaces soiled with bodily fluids
    - Don a mask if experiencing respiratory symptoms.

- o If the staff member is unable to leave immediately:
  - Separate themselves into an area away from others.
  - Don mask immediately and wash hands.
  - Maintain a physical distance of 2 metres.
  - Remaining staff will clean and disinfect the space where the staff was separated into and any areas used by them (ie. bathroom, common room, etc.)
- If <u>diagnosed</u> with Covid-19 staff must:
  - be excluded from work and stay home for a minimum of 5 days from the onset of symptoms (No doctor's note is required).
  - After 5 days, symptoms must have improved and fever is gone without the use of fever reducing medication.
- If in <u>close contact</u> with a Covid-19 case, Kiddies Korner Preschool is requesting that individuals **not attend** class for a **minimum of 5 days** from exposure to monitor themselves for symptoms of illness (see above).
- Seasonal Allergies:
  - Staff do not need to stay home with seasonal allergies.
  - If symptoms (ie.itchy eyes, runny nose, etc.) are usual for the time of year and can be relieved with antihistamine or allergy medication then no specific action is needed.
  - If staff are unsure if symptoms are allergy related then they should stay at home and follow the self assessment tool noted above, call 811 or be assessed by a health care provider to determine if testing is required.

#### **Substitute Teachers:**

- Will be masked when indoors.
- Will follow the same policies/procedures as noted above for the staff.

#### Child:

- If a child lives with or is in close contact with a confirmed Covid-19 case:
  - Kiddies Korner Preschool is requesting that individuals with a close contact exposure to covid 19 not attend class for a minimum of 5 days from exposure to monitor themselves for symptoms of illness (see above).
- Parents will monitor both themselves and their children daily for Covid-19 symptoms (see above).
- If a child develops symptoms of illness at home:
  - They must stay home until symptoms have resolved or they are well enough to return to regular activities.
  - Fever has resolved without the use of fever-reducing medications.

- Kiddies Korner preschool requests that children be symptom free for 48hrs before returning to class. We do understand that there may be exceptions to this rule. Please contact the teachers at <a href="mailto:teachers@kkp.ca">teachers@kkp.ca</a> if you are unsure if your child may return to school.
- If a child develops symptoms of illness at school:
  - Identify a staff member to supervise the child.
  - The parent will be contacted to pick up their child.
  - Staff member will immediately mask themselves, then remove the symptomatic child to an outside area, away from the other children while awaiting pick-up.
  - If tolerated by the child, they will don a mask and wash hands.
    - Disposable children's masks will be provided by KKP.
  - Staff to avoid touching the child's bodily fluid. If contact occurs, wash hands immediately.
  - Clean and disinfect the space used by the child.
- If diagnosed with Covid-19 the child must:
  - Stay home for a minimum of 5 days from the onset of symptoms.
  - After 5 days, symptoms must have improved and fever is gone without the use of fever reducing medication.
  - Kiddies Korner preschool requests that children be symptom free for 48hrs before returning to class. We do understand that there may be exceptions to this rule. Please contact the teachers at <a href="teachers@kkp.ca">teachers@kkp.ca</a> if you are unsure if your child may return to school.
- Seasonal Allergies:
  - Children do not need to stay home with seasonal allergies.
  - If symptoms (ie.itchy eyes, runny nose, etc.) are usual for the time of year and can be relieved with antihistamine or allergy medication then no specific action is needed.
  - If parents are unsure if their child's symptoms are allergy related then they should keep the child home and follow the self assessment tool noted above, call 811 or be assessed by a health care provider to determine if testing is required.

# **Cleaning**

- Paper towels will be used instead of hand towels
- The bathrooms will be sanitized before preschool in the am, between classes and after preschool. As well as any other time it is deemed necessary.

- Hand washing:
  - Liquid or Foam soap preferred.
  - Antibacterial soap <u>not</u> required for handwashing.
  - Washing with soap preferred over hand sanitizer for children under six
    - If hand sanitizer is used, child must be supervised by adult while using
  - Frequent hand washing will be promoted throughout the class.
- Cleaning Surfaces:
  - High touch surfaces will be cleaned before and after each class. These include but are not limited to:
    - Door knobs, light switches, toilet handles, tables, chairs and toys.
    - KKP trusts the teachers discretion to determine the high touch surfaces for each class.
- General Cleaning once per day
- Toys, objects and surfaces known to have been in contact with bodily fluids will be cleaned as soon as possible and between uses by different children.
- Remove toys and other items from use which are not easily cleaned.

## **Sharing Toys and Books**

"There is no evidence that the COVID-19 is transmitted via books, paper or other paper-based products.." (BCCDC, Public health guidance for Child Care Settings, pg. 3)

- As such, there is no need to limit sharing of books or paper based resources.
- We will offer toys that encourage individual play and that can be easily cleaned.
  - Toys or objects placed in the mouth will be set aside in a "to be washed" bin.
  - Toys or objects known to have been in contact with bodily fluid will be cleaned as soon as possible and between uses by different children.
  - We will provide adequate amounts of high touch materials (ie. art supplies) to minimize sharing between children.
- Children to wash hands before and after play
- Playdough and water will be changed between classes.

### **Masks**

- Masks will only be used by the child, if tolerated, under the circumstances laid out above. (ie. In emergency situations such as the child becomes sick at school)
- Staff are not required to wear masks in the school.

- Staff may choose to wear a mask out of personal choice if they would like.
- Staff will don mask in emergency situations as described above (Illness section)
- Duty parents will be required to wear masks indoors.
- KKP will supply disposable masks for adults and children to be used in an emergency.

#### Notes:

- This plan is formulated with the understanding that Covid/communicable disease is a fluid and constantly changing situation and with that we will adjust our safety plan as needed.
- Originally submitted to Trinity United Church in August 2020 as our Covid safety plan.
   We were given approval at that time for the 2020/2021 school year.
- In Aug 2021, WorksafeBC and the Provincial health officer recommended that businesses move from a 'Covid-19 safety plan' to a 'Communicable Disease Prevention Plan'. This is an updated version of the original Covid safety plan.
- Updated in March, 2022 as BC transitions from an emergency response to a recovery/readiness phase.

## References:

Anglican Diocese of British Columbia. Protocols Related to Community Users diocese of islands & inlets

BC Centre for Disease Control (BCCDC) Child Care. Child Care safety guidance for parents, operators and staff.

**BCCDC Child Care** 

BC Centre for Disease Control (BCCDC) Public Health Guidance for Child Care Settings

Public Health Guidance for Child Care Settings document

Child Care Health and Safety - Province of British Columbia

<u>Child Care Health and Safety - Province of British Columbia</u> (website no longer functional)

Worksafe BC. Step 3 of BC's Restart: Communicable Disease Prevention Step 3 of BC's Restart: Communicable disease prevention (website no longer functional)

# \*\*\* For parents and caregivers alike\*\*\*

The CDC has provided links to help support mental well-being during this difficult time. Please check out the site below to find some helpful hints and resources.

COVID - 19 Mental Health Resources | CHBC