



Acalanes High School: COVID-19 Health and Safety FAQ

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What is the masking policy at Acalanes High School?

The [state recently announced changes in masking in K-12 school settings](#). Based on outstanding COVID-19 data trends, indoor masking in K-12 school settings will move from “required” to “strongly recommended” beginning March 12. “Strongly recommended” means that masking will be optional in school settings for students from that point forward, regardless of vaccination status. Acalanes remains a mask-friendly environment and we encourage students and staff to continue to wear masks if they choose. We will continue to provide surgical or N95 masks for those students interested. If you or your student have any concerns or questions, they are welcome to contact our school nurse, Dvora Citron, or reach out to their Associate Principal. We are here to support you.

**Per county public health guidelines, masks are still required for students who have had COVID-19 if they test negative and return to school after Day 5 and through Day 10.*

What do I do if my student tests positive for COVID-19?

1. Please inform your healthcare provider.
2. Contact the AHS Attendance Office by calling 925-280-3973 or emailing ahsattendance@auhsdschools.org. Please leave a detailed message including when your student tested positive and/or when their symptoms began.
3. Isolation: Students positive for Covid need to isolate at home for 5* days. Day 0 is either the day of the positive Covid test OR the day of symptom onset, whichever happens LATER. [HERE](#) is the document that explains in more detail.
 - a. Isolation can end after Day 5 if all of the following conditions are met:
 - i. No fever for 24 hours without medication,
 - ii. No symptoms are present, or symptoms are resolving,

- iii. AND your student tests negative for COVID-19 on or after Day 5.
 - b. If your student tests negative on or after Day 5 with an at-home test (like the iHome test kit):
 - i. Your student must test at school with our school nurse. An official lab test (Antigen rapid) is required to confirm your negative test.
 - ii. Students should come to the nurse's office behind the main office building between 7:30 am-8:30 am to test. We will maintain safety and privacy while testing students and informing them of their results.
 - c. If your student tests negative on or after Day 5 on a lab test (PCR or Antigen Rapid Test through a lab)
 - i. Bring proof of negative lab result to attendance to confirm return to school
 - d. If your student is unable to test or chooses not to test, isolation ends after Day 10.
- 4. Students who return after Day 5 must wear a well-fitting mask when around others through Day 10, whether indoors or outdoors.
 - a. *****SPORTS: Student-athletes who return from isolation after Day 5 can continue to participate in their sports as long as they wear a well-fitting mask, whether indoors or outdoors.*****

The following chart provides an *example* of how to count isolation days:

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Day 0 Positive COVID test or Symptoms start	Day 1 of isolation	Day 2 of isolation	Day 3 of isolation	Day 4 of isolation	Day 5 of isolation Negative Home or Lab Test	Day 6 Return to school If Negative School Test or Negative Lab Results

Will someone contact me?

Yes. Either the school nurse, Dvora Citron, or our attendance tech and health clerk, Tina Gullberg, will call or email to confirm your student's return date and the process to return to school. Please know we have many voicemails and emails to respond to. You will hear back within 24 hours.

You will also receive an email confirmation sent to your student's counselor and teachers confirming that your student will be absent. Teachers and counselors will begin to coordinate support so your student can continue to access their schoolwork and stay connected.

What do I do if my student has been exposed to COVID-19?

1. Acalanes High School will be notifying families if their student was likely exposed while on campus.
2. Your student may remain in school and participate in extracurricular activities unless they develop symptoms or test positive for COVID-19.
 - a. Student-athletes may continue to participate in their sport as long as they have no symptoms and remain negative for COVID-19
3. No testing is required if your student has received the primary series of a COVID-19 vaccine OR was previously infected with SARS-CoV-2 (laboratory-confirmed) within the last 90 days.
4. If your student is unvaccinated, we recommend that students should get tested for COVID-19 within 3 to 5 days. You may get tested with Dvora Citron at the School Nurse Office (outside backdoor) before school beginning at 7:30 am, through [our community testing program \(at the bottom of this linked website\)](#), or by [clicking here to find a testing site near you](#). Over-the-counter (at-home) tests may also be used. For future use, be sure to order free at-home kits from [CovidTests.Gov](#).
5. If your child develops [symptoms of COVID-19](#) or tests positive for COVID-19, please ensure they [isolate](#) at home immediately and notify us right away by calling 925-280-3973 or emailing ahsattendance@auhsdschools.org.
6. It is recommended that your student continue to wear a mask indoors in the school and community. [High-quality masks](#) with the best fit and filtration will provide the best protection for your child and the school community.

How will the school support my student when they cannot attend school?

Our teachers will be utilizing Canvas to regularly post agendas assignments and to communicate with their students. Teachers are trying hard to respond promptly to students' email inquiries and will use Canvas to keep students connected to their school work. It is recommended that students check their Canvas regularly, read the main page, assignments, and announcements. Please make sure your student has turned on notifications from Canvas so they are alerted to new updates from their teachers.

We will not have Zoom classes or Livestream classroom lectures. Our teachers will be flexible and utilize all of the tools at our disposal to keep students connected while they are unable to attend school.

Do you have any more Test Kits? Where can I get a test?

We currently do not have any additional test kits for those requesting a test kit. You can access our [community testing resources by clicking here](#) and scrolling to the bottom of the page.

Where can I or my student get vaccinated or get a booster shot?

COVID-19 vaccination is now a condition of work and requirement to volunteer in the Acalanes Union High School District. COVID-19 vaccination is not a requirement for students currently, but it is expected to be a requirement for students beginning in July 2022.

We are now strongly encouraging all to obtain the COVID-19 booster if they are [eligible](#) and have not yet done so as our public health officials and the medical community indicate that it is an important protective factor to prevent severe COVID-19. Booster status is also expected to impact length or quarantine when CDPH revises the guidance for students. Vaccine appointments can be scheduled through the [CCHS website](#).

What are the current policies regarding spectators at Acalanes events?

There are currently no limitations to visitors to Acalanes events. All K-12 and County Public Health Guidelines must be adhered to.

Where can I find information regarding COVID cases at Acalanes High School and in the District?

[The current COVID-19 Dashboard can always be found at this link](#). The Dashboard shows positive case and quarantine data by school site for the most recent week and shows longitudinal data for the District. The Dashboard is updated on Mondays by 1:00 pm. To clarify, if there is a positive case on a campus, the whole school community will not necessarily be notified. If your student is a contact of a positive case, you will be notified. If there is a cluster of positive cases on a campus, the principal will notify the general community.