



Resources for Young Children on Race, Racism, & More

WXXI Education staff collected the following resources to support families and educators of young children as they talk, watch, read, and learn about race and racism. These resources are free and open for all to use - they have been curated from PBS, PBS KIDS, PBS LearningMedia, and other credible education organizations.

If you have any questions about these tools, please contact: CRager@wxxi.org

Please note: These resources are for educational use and are to be used in conjunction with other resources and conversations to provide the most complete context for young people. These resources are to be watched, read, and explore together with an adult. If you are utilizing these tools in an educational setting, please notify families of use as they are to be used with families knowledge and inclusion.

Topic	Resources
Cultural Awareness & Diversity	<ul style="list-style-type: none"> ● Article: How to Teach Young Children about Cultural Awareness & Diversity (from PBS Parents) ● Article: Learning to Appreciate Diversity Through Play (from PBS Parents) ● PBS LearningMedia Collection: World Cultures Collection ● Arthur All About Community: Appreciating & Understanding Diversity ● Booklist: 13 Children’s Books About Race & Diversity (from PBS Parents) ● Guide: Guide for Selecting Anti-Bias Children’s Books (from Social Justice Books) ● Article: 8 Tips for Choosing “Good” Picture Books Featuring Diverse, BIPOC Characters (from EmbraceRace.org)
Families	<ul style="list-style-type: none"> ● Song: Family (from Sesame Street) ● Article: Talking to Kids: Families Come in All Shapes and Sizes (from PBS Parents) ● Activity: Celebrate Family Diversity (from PBS Parents) ● Video: Family Time (from KET’s Everyday Learning Collection on PBS LearningMedia) ● Activity: Family Relationships (from Arthur)
Feelings &	<ul style="list-style-type: none"> ● Article: Creating an Emotionally Supportive Home Environment (from PBS Parents)



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Emotions	<ul style="list-style-type: none"> • Video: Offering Comfort in Stressful Times (from Sesame Street in Communities) • Song: Exploring Big Feelings (from Sesame Street in Communities) • Videos: Feelings Have Names (from Sesame Street in Communities) • Videos: Expressing Emotions (from Sesame Street in Communities) • Videos: Naming Feelings (from Sesame Street in Communities) • Activity: Drawing Your Feelings (from Sesame Street in Communities) • Video: Talking About “Big Feelings” (from Sesame Street in Communities) • Song: Revealing Emotions (from Sesame Street)
Talking about the News (& Other Scary Experiences)	<ul style="list-style-type: none"> • Guide: Explaining the News to Our Kids (from Common Sense Media) • Article: Helping Children with Tragic Events in the News (from PBS Parents) • Article: How to Talk to Kids about Terrible Things (from NPR) • Article: Helping Kids Navigate Scary News Stories (from PBS Parents) • Guide: When Something Scary Happens (from PBS KIDS)
Community Violence	<ul style="list-style-type: none"> • Guide: Community Violence: Age-by-Age Strategies (from Sesame Street in Communities) • Guide: 15 Tips for Talking with Children About Violence (from Colorin Colorado)
Same & Different	<ul style="list-style-type: none"> • Video: Same/Different with Abby & Elmo • Videos + Activities: Alike & Different (from Daniel Tiger’s Life’s Little Lessons PBS LearningMedia Media Gallery) • Booklist: 6 Books to Read with Your Kids That Celebrate Differences and Diversity (from PBS NewsHour)



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	<ul style="list-style-type: none"> • Video: We are All Different (from Meet the Helpers)
Being Inclusive & Empathetic	<ul style="list-style-type: none"> • Article: How to Teach Your Child to Be An “Includer” (from PBS Parents) • Article: Play Pretend: How to Include Others (from PBS Parents) • Booklist: Books That Encourage Kids of All Colors to be Inclusive and Empathetic (From EmbraceRace) • Article: 7 Ways for Kids to Learn Empathy Through Acting • Video: How Others Feel (from Sesame Street in Communities)
Each Person is Special	<ul style="list-style-type: none"> • Song: Count Me In (from Sesame Street) • Song: What I Am (from Sesame Street) • Song: You Are Special (from Daniel Tiger’s Neighborhood) • Video: O is Special (from Daniel Tiger’s Neighborhood) • Song: It’s You I Like (from Daniel Tiger’s Neighborhood) • Song: I Am Special (from Sesame Street) • Song: I Love My Hair & I Love My Hair (with Mando) (from Sesame Street) • Song: Happy to Be Me (from Sesame Street)
Resilience	<ul style="list-style-type: none"> • Booklist: Books That Inspire Resilience in Kids of Color (from EmbraceRace) • Sesame Street in Communities Resilience hub • Resilience Tips for Grown-Ups (from Arthur) • Article: How to Raise an Emotionally Resilient Child (from PBS Parents)



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Standing Up for Yourself (or Others)	<ul style="list-style-type: none"> • Arthur: Civics: Making a Difference • Booklist: Books That Animate Kids to be Racial Justice Advocates for All Children (from EmbraceRace.org) • Video: Speaking Out Against Unfairness (from Meet the Helpers)
Race	<ul style="list-style-type: none"> • Video: It's Never too Early to Talk to Your Kids About Race (from The Talk) • Video: How One Parent Talks to His Biracial Kids About Race (from The Talk) • Article: Talking Race with Young Children (from NPR) • Guide: Teaching Young Children About Race (from Social Justice Books)
Racism & Anti-Racism	<ul style="list-style-type: none"> • Listen: Kojo for Kids: Jason Reynolds Talks Racism and the Protests (from The Kojo Nnamdi Show) • Watch: Coming Together: Standing Up to Racism A Townhall (from CNN & Sesame Street) • Listen: Talking Race with Young Children (from NPR) • Listen: How to Talk to Your Kids About Race, Racism, and Police Violence (from WBUR) • Guide: How White Parents Can Talk to Their Kids About Race (from NPR) • Article: How White Parents Can Use Media to Raise Anti-Racist Kids (from Common Sense Media) • Booklist: Books that Support Kids to Think Critically About Racial Inequity (from EmbraceRace) • Article: These Books Can Help You Explain Racism and Protest to Your Kids (from the New York Times) • Guide: Racism and Violence: Using Your Voice as a Parent to Support Children Aged 2 to 5 (from Zero to Three)



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	<ul style="list-style-type: none"> ● Guide: Becoming Upended: Teaching and Learning about Race and Racism with Young Children and Their Families (from National Association for the Education of Young Children) ● Booklist: 31 Children’s Books to Support Conversations on Race, Racism, and Resistance (from EmbraceRace) ● Guide: 10 Tips for Teaching and Talking to Kids About Race (from EmbraceRace) ● Guide: Beyond the Golden Rule: A Parent’s Guide to Preventing Responding to Prejudice (from Teaching Tolerance)
<p>Black History & Culture</p>	<ul style="list-style-type: none"> ● Celebrating and Learning Beyond Black History Month (from Reading Rockets) ● Booklist: Children’s Books to Celebrate Black Culture (from Reading Rockets) ● Article: How Black Art Can Spark Conversations with Children (from PBS Parents) ● Booklist: Children’s Books Featuring Kids of Color Being Themselves. That’s Enough! (from EmbraceRace.org) ● Booklist: Black Books Matter: Children’s Books Celebrating Black Boys (from The Conscious Kid)
<p>Resources for Adults Working with Young Children</p>	<ul style="list-style-type: none"> ● PBS LearningMedia (<i>professional learning tools for educators</i>) <ul style="list-style-type: none"> ○ Developing Cultural Awareness Learning with Littles ○ Demonstrating Empathy and Perseverance Learning with Littles ○ Culturally Responsive Teaching with Molly of Denali ○ Exploring the Community Cultivating Good Neighbor Skills ○ Building Relationships Cultivating Good Neighbor Skills



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| | <ul style="list-style-type: none">• WXXI's Curated List of PBS LearningMedia Resources on Race, Racism, and more.(for middle and high school students, as well as adults) |
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