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Pediatric Referral for Medical Nutrition Therapy (MNT)/ Nutrition Counseling

Please fax this sheet with the following information to (478) 200-9588
(Demographic/Insurance Information recent office notes, current labs, and medication list)

Patient Name: _____ DOB: ____/____/____

Parent/Caregiver Name: _____

Preferred phone #: _____ Alt. phone #: _____

Insurance: _____ Type: HMO/PPO/Medicaid

Above is referred for medical nutrition therapy as a necessary part of
medical treatment and prevention of complications for diagnoses listed below.

Referral Needs: ☐ New Dx/Referral ☐ Change in Status/New Complication

Check all diagnoses that apply to this referral:

Pediatric Obesity/Weight Management

- ☐ E66.3 Overweight
Z68.53 BMI 85th% - < 95th% for age
- ☐ E66.9 Obesity, unspecified
Z68.54 BMI > 95th% for age
- ☐ E66.01 Morbid (severe) obesity
BMI > 99% for age

Eating Problems/Underweight

- ☐ R63.3 Feeding difficulties
- ☐ R63.4 Abnormal weight loss
- ☐ R63.6 Underweight/
Z68.51 BMI < 5% for age
- ☐ Eating disorder (specify code) _____

Cardiovascular/Metabolic/Endocrine Diseases

- ☐ I10 Hypertension
- ☐ E78.0 Pure Hypercholesterolemia
- ☐ E78.1 Hypertriglyceridemia
- ☐ E78.5 Hyperlipidemia
- ☐ R73.03 Prediabetes
- ☐ E10.9 Type 1 Diabetes
- ☐ E11.9 Type 2 Diabetes
- ☐ E28.2 PCOS

Preventive/Other

- ☐ Z71.3 Dietary Counseling and Surveillance
- ☐ ICD code/Dx _____
- ☐ ICD code/Dx _____

Provider Signature: _____ Date: _____ NPI: _____

Provider Name: _____ Phone: _____ Fax: _____

The information requested above is Protected Health Information (PHI), and is the minimum necessary to execute the delivery of patient services. Please understand as a link in the "Chain of Trust," all PHI will remain confidential as mandated by the Treatment, Payments and Healthcare Operation Laws mandated by HIPAA.