

Please practice **Power Pedal** with your child.

- One foot on the ground. One foot on the pedal, at a 2 o'clock or 10 o'clock position
- The kids should NOT sit on their seats.
 - Why not?
 - Because it slows them down when they get going
 - Why is it important that they get going fast?
 - Because we need to get through stop signs quickly
 - Why is it so important we move quickly?
 - Because we stop individually, one by one, foot down, all the way at the white or yellow line. That takes a while
 - Why do we stop individually?
 - Because if we cross two or three or four at a time, we are not riding predictably to motorists and other riders. They will have to guess the size of the next group crossing the line. They will not focus on traffic. **We ride predictably.**