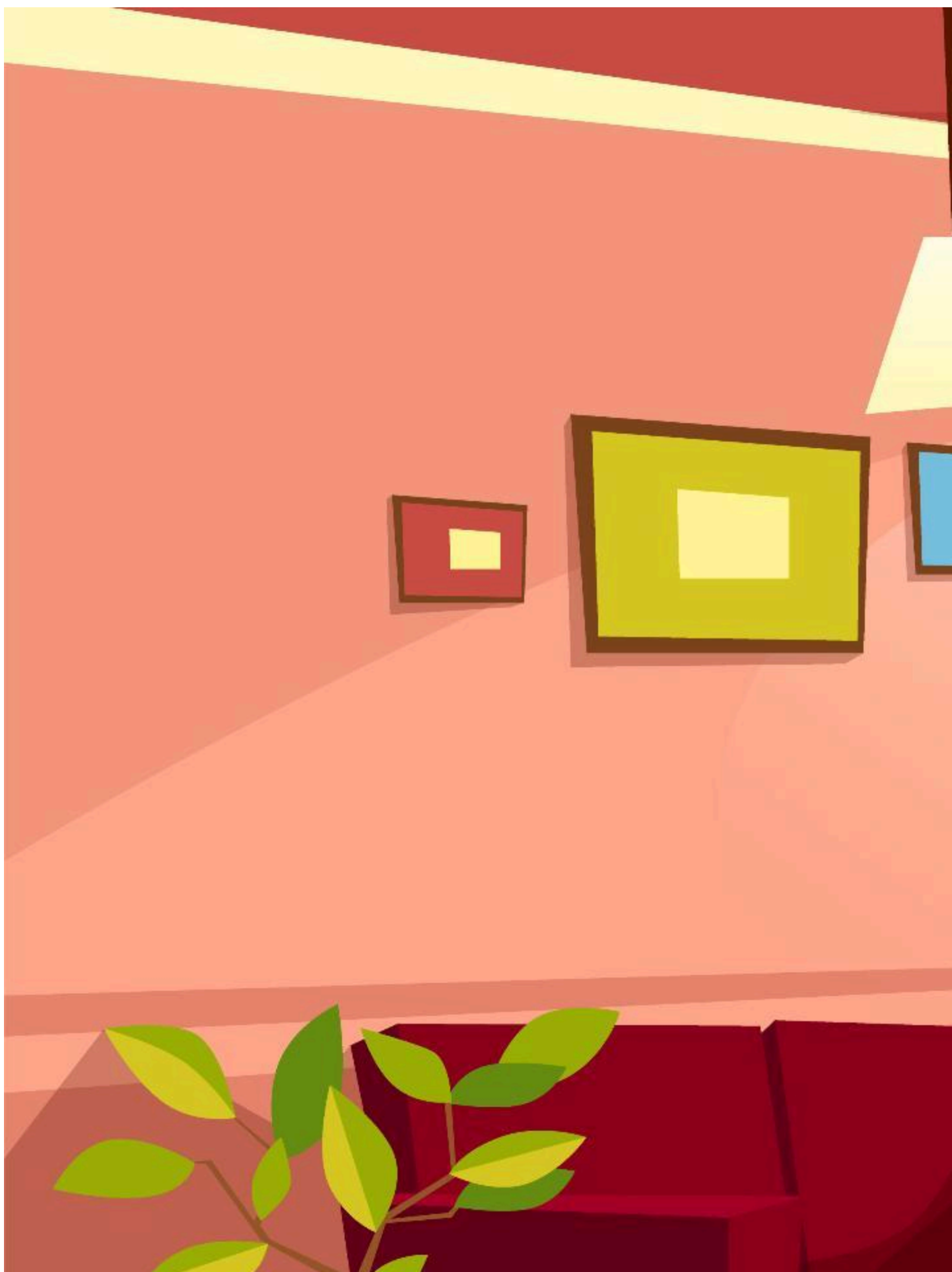


Why Do You Need Home Diffuser?

As we live in a busy world, day by day our life faces hassle and gets stress. We lose our energy, feeling overwhelmed and get our mind crazy.

If you're looking for peace and want to get repose at the end of your busy day, a home diffuser helps you to get tranquility, remove all stress and help you to get a sound sleep.

Actually these little handy devices are great and you can consider it for daily uses to boost your mind and energy.



Beyond adding an aroma to a room, [essential oils](#) provide many diverse benefits.

Using a diffuser is an easy way to disperse them so that their scent can fill a room with the oil's natural fragrance.

Among their many benefits, these oils can help energize or relax you, provide sinus and allergy relief and provide a safer alternative to [candles](#) and incense, and even get rid of bugs.

Do you love having a fresh scent in your home but dislike the strong smell of an artificial [air freshener](#)? An essential oil diffuser is a great way to freshen up your home without overpowering the senses. As an added bonus, it does not rely on harmful chemicals.

Bamboo essential oil diffuser

Our new Bamboo Essential Oil Diffuser is the perfect product to bring the many benefits of essential oils into your home.

Simply add water and oils to your diffuser to produce a superfine mist that adds a refreshing scent to any room in your house.



The bamboo and glass design provides an elegant touch, and the color-changing LED light illuminates the water with soothing colors blue, green, and red.

The diffuser automatically shuts off when the water level becomes too low. Continue reading to see [how an essential oil diffuser improves your health](#).

You may need to pay \$15 to \$50 for store-bought diffuser that are full of chemicals. Here we discuss about how you can make homemade diffuser easily.

What You Need

Glass or ceramic container (glazed inside, so it doesn't leak) with a narrow opening at the top. I decided to try this beautiful [vase](#) a friend bought for me, since it's already in my bedroom and it has been deemed completely uninteresting to the felines.

Essential oils of your choice. I have lavender and eucalyptus.

I've heard of using mineral oil as your "base," but I wanted to avoid petroleum-based products. Sweet almond oil or safflower oil are other options.

But I was intrigued when I read about using vodka and water, mostly because I have some in the freezer, it's not my favorite libation, and it won't leave a greasy mess if it does get knocked over. Though I've also read that vodka will evaporate more quickly than something totally oil-based. It's your call.

Reeds or bamboo skewers. You can find [reed diffuser](#) sticks online pretty inexpensively, but if you have bamboo skewers in the kitchen or craft room, just trim off the pointy ends before use. [SEE FULL INSTRUCTIONS](#)

Want to try? Take a quick guide with this video- [How to Use Your Young Living Home Diffuser](#)

Recommended Resources:

[10 Reasons every home should have an essential oil diffuser](#)
[How to use the young living home diffuser](#)
[Young living's dewdrop diffuser](#)

via The Gift of Scent <https://ift.tt/2NWp6kA>

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