# Anti-Discrimination Resources for D203 Families

## Compilations of Children's and Young Adult Books Featuring Characters of Color

- http://www.ala.org/rt/emiert/cskbookawards
- http://scholasticbookaward.asia/SABA/2018-winners.html
- https://aalbc.com/books/naacp-list.php
- https://ailanet.org/activities/american-indian-youth-literature-award/
- https://www.education.txstate.edu/ci/riverabookaward/book-award-winners.html
- http://www.apalaweb.org/awards/literature-awards/
- http://grassrootscommunityfoundation.org/1000-black-girl-books-resource-guide/
- https://www.businessinsider.com/kids-books-about-diversity-and-acceptance?op=1
- https://cupofjo.com/2016/10/childrens-books-featuring-kids-of-color/
- https://bookshop.org/shop/hereweeread
- https://www.commonsensemedia.org/lists/books-with-characters-of-color
- https://medium.com/@noramay/childrens-books-featuring-kids-of-color-being-themselves-because-that-s-enough-36aa15c94d44
- https://www.idealbookshelf.com/pages/ideal-bookshelf-1163-antiracist-kids-booklist?fbclid=IwAR1hTCfJ_yVrOOnAmKB3Rzy33k5K9Qu8qj7VhAS_ZSUaIakdCLOaapmoB88

---

## Videos/TV/Film

### Ages 2-4:

1. Sesame Street: Color of Me Song
2. Sesame Street: We're Different, We're the Same | Read Along Series
3. DANIEL TIGER'S NEIGHBORHOOD | Friends are Different and the Same | PBS KIDS
4. Everybody is different | English | Pipalupa
5. Sesame Street: Lupita Nyong'o Loves Her Skin
6. we all sing with the same voice - HoopFor Hope
7. Sesame Street: Song -- I Love My Hair
8. Being Different is Beautiful by LittleSikhs.com (Diversity Video for Children, Kids, & Schools) Little Sikhs
9. Sesame Street: Mark Ruffalo: Empathy Sesame Street
10. Small Talk | Helping | CBC Kids

### Ages 5-7:

1. Let's Talk about Race
2. Stand Up for You (Music Video) GRAMMY-nominated #RiseShineWoke
3. Sometimes you're a caterpillar
4. Dad and Son Discuss Growing Up Black In Mississippi | #WhoWeAre
5. Being Different is Beautiful by LittleSikhs.com (Diversity Video for Children, Kids, & Schools)
6. Kid President Asks "What Makes an Awesome Leader?"

### Ages 8-12:

1. Discrimination Explained for Kids | Pop'n'Olly | Olly Pike
2. The Day You Begin - Read Aloud Picture Book | Brightly Storytime
3. A Kids Book About Racism by Jelani Memory
4. Want to be a youth activist? Here are some tips | CBC Kids News
5. Athletes and Politics | CBC Kids News
6. Prejudice and Discrimination: Crash Course Psychology #39
7. Civil Rights Act of 1964 | Montgomery Bus Boycott for Kids | Rosa Parks and Martin Luther King Kids Academy

## Talking Points and Guides for Parents

- Center for Racial Justice Organization - Guide for talking about race, racism, and racialized violence.
- The National Museum of African American History and Culture - Tools and guidance
- The Conscious Kid - Books, talking guides and more. [Patreon subscription from $1+ a month]
- Your kids aren't too young to talk about race by Katrina Michie
- Embrace Race - Articles, webinars, action guides, and book recommendations for how to raise anti-racists, founded by a Black couple in 2016.
- Talking To Kids About Race - This article written by editor and writer Heather Greenwood Davis for The National Geographic covers why it is important to have conversations about race starting at a young age and how to answer difficult questions.
- How To Talk To Kids About Race And Racism - This article brings in experts from various fields to break down the nuances of having race conversations with young children.

- Teaching Your Child About Black History - This article by parenting trainer Nefertiti Austin discusses how to start race conversations at home, focusing on the need to educate yourself first, in order to have helpful and honest conversations.
- Resources For Addressing Race and Racism With Young Children - This article offers a variety of resources on how to talk to children about race, racial incidents and racial inequality.
- Sesame Street & CNN hosted a Town Hall for families on Sat 6/6/20 at 10 am ET. Here is the recording.
- YouTube playlist with resources on starting the conversation on race for families.
- The Anti Defamation League (ADF) has anti-bias training materials that include tools and classroom materials for K-12, the selection is focused on racism.
- Media Smarts, a Canadian non-profit has a two-page guide on media literacy to help parents engage their children in discussing racial stereotypes.
- Education with an Apron has a guide for white families to talk about racism.
- Parents magazine has a short and general age-by-age guide on how to talk to kids about fighting hate.

**Articles**

- Age-related Reactions to Traumatic Events
- 10 Things a School-aged Child with Traumatic Grief Wants You to Know and How to Help
- The history of tensions — and solidarity — between Black and Asian American communities, explained
- Ignoring The History Of Anti-Asian Racism Is Another Form Of Violence
- What is the Model Minority Myth
- Covid-19 Fueling Anti-Asian Racism and Xenophobia Worldwide
- Anti-Asian racism and COVID-19
- Asian Americans report rise in racist attacks amid pandemic
- Countering Coronavirus Stigma and Racism
- Study Shows Islamophobia Is Growing In The U.S. Some Say It's Rising In Chicago, Too
- Islamophobia: Understanding Anti-Muslim Sentiment in the West
- Research publications about Islamophobia
- Smithsonian Magazine compiled 158 resources including *articles, videos, podcasts and websites* to help readers understand racism in America and foster an equitable society, encourage commitment to unbiased choices and promote antiracism in all aspects of life.

**Podcasts**

- Nice White Parents - A five-part series from Serial Productions, a New York Times Company. Hosted by Chana Joffe-Walt.

**Empirical Research (Academic)**

- "Promoting Learning for Students Experiencing Adversity and Trauma" by Jessica Koslouski and Kristabel Stark in Elementary School Journal, March 2021 (Vol. 121, #3, pp. 430-453); the authors can be reached at jkos@bu.edu and krstark@bu.edu.
- Learning (Not) to talk About Race: When Older Children Underperform in Social Categorization - Older children (10-11 years) underperform relative to younger children (8-9 years) in a "Guess Who?" type game because older children have learned to avoid talking about race.
- Exploring How Conversations about Race Influence Children's Implicit Biases- White children (8-12 years old) showed less implicit bias against Black people after semi-structured discussions about racism with a parent, even when their parent showed behavioral signs of nervousness.
- The Development of Implicit Attitudes: Evidence of Race Evaluations From Ages 6 and 10 and Adulthood - A comparison of White Americans' attitudes towards Blacks among 6 year olds, 10 year olds, and adults found that White Americans' *self-reported attitudes* become more egalitarian as they age. However, their *implicit attitudes* show similar levels of pro-White bias regardless of age.
- Racial/Ethnic Socialization for White Youth: What We Know and Future Directions - A summary of empirical research on teaching and talking about race with children and adults, broken down into categories: early childhood (age 3-8), middle childhood (age 9-11), adolescence (12-18), and young adulthood (18-25).
- Interracial Roommate Relationships: An Experimental Field Test of the Contact Hypothesis - White college freshmen were randomly assigned to live with a White or Black dorm roommate. At the end of the quarter, although White students reported feeling more satisfied if they had a same-race roommate, those in an interracial roommate relationship saw a reduction in their implicit racial biases.
- Two Strikes: Race and the Disciplining of Young Students - K-12 teachers reported a repeated offense as being more severe if the offender was a Black student instead of a White student. In addition, they were more likely to label the Black student as a troublemaker and see the behavior as indicative of an ongoing pattern, which in turn led to harsher disciplinary actions against Black students.
- Do Differences Make a Difference? The Effects of Diversity on Learning, Intergroup Outcomes, and Civic Engagement - Although interactions with diverse others initially tend to feel more effortful than interactions with similar others, increased exposure to dissimilar others (e.g., race, socioeconomic background) are associated with beneficial outcomes in terms of learning, attitudes/stereotypes, and civic engagement.

## En Español

- Recursos antirracistas en español

  Esta lista incluye recursos del contexto estadounidense, latinoamericano y español ya que el racismo es un tema global y no exclusivo a los Estados Unidos. Estos recursos incluyen temas sobre las comunidades negras y los pueblos originarios.

  Esta lista no es exhaustiva y continuaré agregando más recursos con el paso del tiempo. ¡Gracias por difundir esta información y gracias a todas las personas que desarrollaron todo el contenido de esta lista!

  Lista recopilada por Dra. Gabriela Kovats Sánchez

  (IG: @profekovats / Twitter: @KovatsSanchez)

  Últimа actualización: 12 de diciembre, 2024

- Recursos para tener conversaciones con hispanohablantes sobre la lucha contra del racismo hacia los negros