



How to apply for a trial

29 Sep 2025 Update

☐ Step 1

Please select the class you wish to trial from the '[Class](#)' list.

☐ Step 2

Please select the day you would like to attend as a trial from the days marked 'Available days' in the 'Trial/Enrolment' column of the '[Class schedule](#)' file.

☐ Step 3

Please see '[New Member Acceptance Status](#)' and fill in the 'Trial Application Form'.
(If your preferred class is temporarily closed to new members, please fill in the 'Waiting Registration Form').

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- After registering the trial application form, you will receive an email with "Detailed information on trial day" at least two days before the registered desired trial date.
 - Information on how to enrol after the trial and how to change the desired trial date will be included in the 'Detailed information on trial day' email.

1. Class

April 2025 to March 2026

- Classes are generally held three times a month, two of which are practices at the following venue dates and times, and one of which is a match at a different venue. See '3. Class schedule' for more details. (However, this is subject to ground conditions, weather and match arrangements. A defined number of classes per season will be conducted. There is no make-up system for absences for personal reasons.)
- In accordance with the rules of the Japan Rugby Football Union, members may not belong to classes other than those divided according to date of birth. (This is primarily for safety reasons and also because it is not possible to play in matches outside the defined classes. We ask for your understanding).

(1) Timetable

Sunday Classes

Showa Women's University Campus_Sunday

Time	South Ground	Leo Ground	Showa Primary School
9:00-10:30	Super Ninja [U4-6] 10:00-10:30 Free Time	Ninja [U7]	Junior Samurai [U9-10]
10:30-12:00	Reds [U9-12 Girls]	Shuriken [U8]	Samurai [U11-12]
12:00-13:30	Shogun [U13-15]	(Shogun)	Colts [U16-18]

Azabudai Hills Campus_Sunday

Time	Sports pitch
9:15-10:45	Godzillas [U9-10]
10:45-12:15	Dragons [U7-8]
12:15-13:45	Unicorns [U4-6]

Saturday Class

Azabudai Hills Campus_Saturday

Time	Sports pitch
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13:00-14:30

(TBD)

Thursday Classes

Azabudai Hills Campus_Thursday

	Sports pitch
18:00-19:15 17:30-18:00 Free Time	Kids Touch Rugby Kids Class [U9-15]
19:15-20:30	Adult Touch
<Adult Touch Rugby Class> All individuals aged U16 and above are welcome to join, including Colts members, friends, parents, siblings, SIRC alumni, and those on leave. Come and visit the Azabudai Hills Campus after school or work to enjoy the view of Tokyo Tower whilst playing touch rugby. If you are interested, please see the information for “Adult Class_U16 and above” at the link for “Adult Touch” above.	

(2) Category

Mixed-gender Class【Tag rugby, Mini rugby, and Junior rugby】

Category	Grade	Date of birth					Class Class Name / Venue / Time	Notes
Tag Rugby Class	U4	2021	2 April	~	2022	1 April	Super Ninja SWU 9:00-10:30 (Sun.) *10:00-10:30 is free time	It is not possible to attend classes at both the Showa Women's University Campus (SWU) and the Azabudai Campus. Please choose one of the classes. Some classes may stop accepting applications when they reach capacity, so please check '3. New Member Acceptance Status '.
		* Minimum age 4 years old up						
	U5	2020	2 April	~	2021	1 April	Unicorns Azabudai 12:15-13:45 (Sun.)	
	U6	2019	2 April	~	2020	1 April		
	U7	2018	2 April	~	2019	1 April	Ninja SWU	

							10:30-12:00 (Sun.) Dragons Azabudai 10:45-12:15 (Sun.)	
	U8	2017	2 April	~	2018	1 April	Shuriken SWU 9:00-10:30 (Sun.) Dragons Azabudai 10:45-12:15 (Sun.)	
Mini Rugby Class	U9	2016	2 April	~	2017	1 April	Junior Samurai SWU 9:00-10:30 (Sun.) 	Sunday classes in Azabudai are currently for U4-U10. U11s and above are asked to attend the Showa Women's University Campus classes or Azabudai's Thursday Touch and Saturday Girls classes.
	U10	2015	2 April	~	2016	1 April	Godzillas Azabudai 9:15-10:45 (Sun.)	
	U11	2014	2 April	~	2015	1 April	Samurai SWU 10:30-12:00 (Sun.)	
	U12	2013	2 April	~	2014	1 April		
Junior Rugby Class	U13	2012	2 April	~	2013	1 April	Shogun SWU 12:00-13:30 (Sun.)	For U13-U15 players who are members of their school rugby club and wish to participate in SIRC as a sub-registrant, please see section "4. Other notes".
	U14	2011	2 April	~	2012	1 April		
	U15	* U15s will be classified as Colts from November each year.						

Boys' Class【 Rugby 】

Category	Grade	Date of birth	Class Class Name / Venue / Time	Notes
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Rugby Class	U16	2009	2 April	~	2010	1 April	Colts SWU 12:00-13:30 (Sun.)	Colts is a team for high school students who do not have a rugby club at the high school they attend or are not part of their school rugby club.
	U17	2008	2 April	~	2009	1 April		
	U18	2007	2 April	~	2008	1 April		

Girls' Class【Mini rugby】

A special trial period is running throughout October 2025!

Normally limited to one trial session, you may join any and all classes during October free of charge as a trial (please note that insurance cover is not included).

Rugby Category	Rugby Grade	Date of birth					Classes available Class Name / Venue / Time	Notes
Mini Rugby Class	U9	2016	2 April	~	2017	1 April	Reds SWU 10:30-12:00 (Sun.)	Reds class members can also join mixed-gender classes for the relevant age group after enrolment. (In case of overlapping class times, priority is given to training in the Reds class)
	U10	2015	2 April	~	2016	1 April		
	U11	2014	2 April	~	2015	1 April		
	U12	2013	2 April	~	2014	1 April		

Mixed gender class【Touch rugby】

Rugby Category	Rugby Grade	Date of birth					Classes available Class Name / Venue / Time	Notes
Touch Rugby Class	U9	2016	2 April	~	2017	1 April	Kids Class Azabudai 18:00-19:15 (Thu.) *17:30-18:00 is free time	The touch rugby class is currently running a trial campaign until the end of May 2024. Details will be provided to trial applicants. Touch rugby for adults (including high school students) aged 16 and over is also offered. Further information:
	U10	2015	2 April	~	2016	1 April		
	U11	2014	2 April	~	2015	1 April		
	U12	2013	2 April	~	2014	1 April		
	U13	2012	2 April	~	2013	1 April		
	U14	2011	2 April	~	2012	1 April		

	U15	2010	2 April	~	2011	1 April		 E_Touch Rugby Applicatio...
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- On game days, the team will travel to BST Nagasawa Sports Ground, as well as to opponents' grounds and event venues. The frequency of games is approximately once a month.
- If you wish to join SIRC temporarily for up to two months while in Japan, please see [4. Others.](#)
-   **E- Class Groups 2025**

2. Trial participation request date

- Please select the day you would like to attend as a trial from the days marked 'Available days' in the 'Trial/Enrolment' column of the class schedule file.
- Please note that it is not possible to attend trials on game days/event days. (Observation is possible, if you wish, please let us know in the inquiry box on the application form).

AZABUDAI

Class	Schedule	Venue
Unicorns	[Azabudai] Class Schedule	Azabudai (on BST Azabudai Hills Campus) Sports pitches on the ground floor  BST Azabudai Campus
Dragons	[Azabudai] Class Schedule	
Godzillas	[Azabudai] Class Schedule	
Touch Rugby Kids	Touch rugby class schedule	
Reds	Reds class schedule	

SWU

Class	Schedule	Venue
Super Ninja	[SWU] Class schedule	Three grounds on the Showa Women's University(SWU) campus

Ninja	[SWU] Class schedule	 Showa Women's Univ...
Shuriken	[SWU] Class schedule	
Junior Samurai	[SWU] Class schedule	
Samurai	[SWU] Class schedule	
Shogun	[SWU] Class schedule	
Colts	[SWU] Class schedule	

Notes

- We plan to hold classes at least 10 times in spring (April to July), at least 10 times in autumn (September to December), and at least 9 times in winter (January to March).
- Anything not listed is being adjusted. Once everything is confirmed the above-mentioned SIRC Schedule will be updated.
- Events or match dates may be added. Rain or other cancellations will be rescheduled. Event dates and times may change due to unavoidable circumstances like ground conditions.
- In the event of an unavoidable cancellation, this will be posted on the SIRC website calendar at least two hours before the scheduled start time of the class.

If there is no notice of a change of schedule, please understand that the class will remain on schedule.

The decision to cancel in the event of rain will be based on the following criteria and discussed by the coaches, taking into account the age of members in each class, ground conditions, etc.

[Remarks]

For your information, our current criteria for cancelling classes due to bad weather is 70%+ precipitation probability, 2mm+ per hour estimated rainfall and a temperature of 20°C or less in the area of the venue.

3. New Member Acceptance Status

(There will be no classes held in August.)

- Once you have decided on the class and date you wish to attend, please let us know how you would like to attend using the application form in the application method section below.
- Please register 'at least 3 days before' the date you wish to participate.
- For classes that are currently open, please register using the 'Trial Application Form'; for classes that have reached capacity, please register using the 'Waiting List Registration Form'.

- We will notify those on the waiting list when recruitment resumes as soon as seats become available. We are unable to provide an estimated date for when recruitment will resume, but we appreciate your understanding.

April 2025 - July 2025				
New Member Acceptance Status	Class		Venue	Application method
New members accepted	Sunday	• Unicorns • Dragons • Godzillas	Azabudai	Trial application form
	Sunday	• Super Ninja • Ninja • Shuriken • Junior Samurai • Samurai • Reds • Shogun • Colts	SWU	
Recruitment is currently on hold	Thursday	• Touch Rugby Kids	Azabudai	Trial and waiting lists are currently closed.
	Touch Rugby class is currently at full capacity, so we have paused all new registrations. As we do not expect to reopen registration in the near future, the waiting list has also been temporarily closed. We will make an announcement if and when we are able to accept new participants again. Thank you for your understanding.			

4. Other Notes

For other details, see the '[Rules of Participation](#)'.

(1) For those wishing to participate within 3 months

- Visitor membership is available for temporary participants of less than three months, such as those living outside Japan who wish to participate during their temporary stay in Japan. Please apply using the [Visitor Membership Application Form](#).
- (If you wish to participate for more than 4 months, please apply using the [trial application form](#) for regular members.)
- Please check the dates marked as 'Available' in the 'Join / Trial' section of the 'Class Schedule' and select the date you wish to join for the first/last time.
- Membership fees are charged monthly. Further information will be provided on an individual basis depending on the status of your application.
- You must apply for Visitor Membership using the [Visitor Membership Application Form](#) for each period of Visitor participation. (If the number of visitor periods exceeds a certain number, you will need to apply for full membership, which will be communicated to you on a case-by-case basis, taking into account the club's holiday periods, e.g. in August.)

(2) U13-U15 players who are members of a school rugby club and wish to participate in SIRC as a sub-registrant.

- Please check the dates marked as 'Available' in the 'Join / Trial' section of the 'Class Schedule' and select the date you wish to join for the first/last time.
- Please apply using the 「[School club member_Trial Application Form](#)」

(3) Wednesday Rugby Academy (U9-U15)

A Wednesday Rugby Academy is also held for members of the Shibuya International Rugby Club (SIRC) for the purpose of improving their skills.

Only SIRC members are accepted, so you must be a full member on Sunday, Saturday or Thursday to attend.

Dom's Rugby Academy

- Venue: BST South Ground on the Showa Women's University campus
- Day of the week: Wednesday
- Time: 5:45pm - 7:10 pm
- Day of the week: Wednesday
- Eligible classes: U9 to U15 (Junior Samurai/Samurai/Shogun/Reds)
- Autumn season start date: Wednesday 28 August

- Further information:
 - https://domrug.sakura.ne.jp/dom_academy/



If you have any questions, please contact us [using this form.](#)

Shibuya International Rugby Club