

What to Expect Before During and After LASIK



If you're considering LASIK, one of the best ways to calm your nerves is to know exactly what to expect—before, during, and after the procedure. At Lucent Vision in Fountain Valley, CA, we believe informed patients are empowered patients. That's why we walk you through every step of the LASIK journey, so there are no surprises—just clear vision and confidence.

This comprehensive guide explains the LASIK process from consultation to recovery, so you can make your decision with peace of mind.

Before LASIK: How to Prepare for Surgery

Step 1: The Consultation

Your LASIK journey starts with a thorough evaluation at Lucent Vision. This is not a quick glance at your prescription—it's a deep dive into your eye health.

We'll assess:

- Corneal thickness and curvature
- Tear film quality
- Pupil size
- Refractive error (nearsightedness, farsightedness, astigmatism)
- Eye pressure and general ocular health

You'll meet directly with our board-certified ophthalmologist, who will determine whether you're a good candidate for LASIK or if another procedure—like PRK or EVO ICL—might suit you better.

Step 2: Stop Wearing Contacts

If you wear contact lenses, you'll need to switch to glasses for:

- **2 weeks (soft lenses)**
- **3–4 weeks (hard or gas-permeable lenses)**

Contacts can temporarily reshape your cornea, which may affect the accuracy of your LASIK measurements.

Step 3: Day-Before Guidelines

- Do not wear eye makeup, lotion, or perfume
- Arrange for someone to drive you home
- Get a good night's sleep—rested eyes heal better

The Day of LASIK: What Happens During the Procedure

You've arrived. It's time to say goodbye to blurry vision. Here's what happens next:

Step 1: Numbing and Preparation

We'll place numbing drops in your eyes so you don't feel a thing. You'll remain awake but relaxed, and a mild sedative may be offered if you're nervous.

Step 2: Creating the Flap

Using a femtosecond laser (not a blade), we gently create a thin flap on the surface of your cornea. This flap is lifted to expose the inner corneal tissue.

Step 3: Reshaping the Cornea

Next, an excimer laser reshapes the cornea to correct your specific vision problem. This step takes less than 30 seconds per eye.

Step 4: Replacing the Flap

The flap is gently repositioned, where it adheres naturally without stitches. The entire procedure usually takes **10–15 minutes** total for both eyes.

You're Done!

You'll rest in a recovery room for a short time, then head home the same day with post-op instructions and eye protection.

After LASIK: Recovery and Healing Timeline

Most patients are amazed by how fast they begin to see clearly. Here's what to expect in the hours and days after surgery.

First 24 Hours

- **Vision** may be hazy or fluctuate—this is normal
- **Discomfort** may feel like mild dryness or grittiness
- **Rest** is the best medicine—avoid screens and bright lights
- **Eye shields** should be worn while sleeping to protect your healing eyes

 Do not rub your eyes!

Days 2–7

- Vision sharpens noticeably

- You may return to work or school within a day or two
- Avoid heavy lifting, dusty environments, and eye makeup
- Continue using prescribed eye drops to prevent infection and inflammation

Weeks 2–4

- Resume most activities, including exercise
- Night vision may still include halos or glare—this improves with time
- Dryness may persist but improves with artificial tears

1–3 Months

- Vision stabilizes and reaches full clarity for most patients
- Final follow-ups confirm your results

Long-Term Results: How Long Does LASIK Last?

LASIK is considered permanent vision correction, especially when done after your prescription has stabilized (usually after age 18–21). Most patients enjoy 20/20 or better vision for decades.

Some people may experience age-related changes, such as presbyopia (trouble reading up close) in their 40s or 50s—but this is unrelated to the success of your LASIK procedure.

Tips for a Smooth LASIK Experience

- ✓ Follow all pre- and post-op instructions
- ✓ Don't miss your follow-up appointments
- ✓ Use drops exactly as prescribed
- ✓ Call us if you notice anything unusual

At Lucent Vision, your safety and satisfaction are our highest priorities. We're here to answer your questions—even after you've gone home.

Why Patients Trust Lucent Vision for LASIK in Fountain Valley, CA

Our reputation is built on results and relationships. When you choose Lucent Vision, you benefit from:

-  Board-certified ophthalmologist with advanced laser expertise
-  Cutting-edge technology for precision and safety
-  Clear, compassionate communication at every step
-  Tailored treatment plan that fits your unique eyes
-  Proven outcomes and patient satisfaction

From consultation to clear vision, we're with you every step of the way.

Ready to Start Your LASIK Journey?

Your vision goals are within reach. The first step is a personalized LASIK consultation at Lucent Vision in Fountain Valley, CA.

Company Description

Lucent Vision offers LASIK, Refractive Lens Exchange, Refractive Cataract Surgery, SMILE, and EVO ICL in Long Beach and Fountain Valley, CA.

Contact Details

Lucent Vision

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(562) 431-2748

Website: <https://lucentvision2020.com/fountain-valley/>

Google Site: <https://sites.google.com/view/lucentvision/lasik-surgeon-fountain-valley/>

Google Folder: https://drive.google.com/drive/folders/1XAfWRmVamnHbcApBpnPVwwp6J16A1vS4?usp=drive_open

Recommended Resources

<https://mgyb.co/s/rpGiV>

<https://mgyb.co/s/ANoDt>

<https://mgyb.co/s/EktDS>

<https://mgyb.co/s/tCypd>

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Recommended Profiles

<https://lucentvision2020.com/lasik-fountain-valley/>
<https://pressadvantage.com/organization/lucent-vision-fountain-valley>

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