# – "28 Days To A Client" –

## The Real War Mode Day Plan + Report.

| | Priority Level | Task List For The Day (Set Tasks That Make Progress Towards MY Goals) |
|---|---|---|
| 1. ✅/❌ | 1 ▾ | **Worship god 4 times** |
| 2. ✅/❌ | 1 ▾ | **90-minute deep work sessions 5-10 minute breaks in between** |
| 3. ✅/❌ | 1 ▾ | **Research 3 prospects pains/desires us e chat gpt to help** |
| 4. ✅/❌ | 1 ▾ | **Break down/review copy from Hu and swipe file** |
| 5. ✅/❌ | 1 ▾ | **Practice copywriting skills** |
| 6. ✅/❌ | 1 ▾ | **200 pushups a day** |
| 7. ✅/❌ | 1 ▾ | **Take Arno's business lessons and Andrews's mind/ creativity lessons** |
| 8. ✅/❌ | 1 ▾ | **Write free value for prospects** |
| 9. ✅/❌ | 2 ▾ | **Morning power-up call take notes** |
| 10. ✅/❌ | 2 ▾ | **Stay hydrated** |
| 11. ✅/❌ | 2 ▾ | **Eat healthy meals** |
| 12. ✅/❌ | 2 ▾ | **Find 10 good prospects** |
| 13. ✅/❌ | 2 ▾ | **Send out 3 outreaches before you sned them out sit down and analyze why thother ones di not get a response and use chat gpt to help give you an idea** |
| 14. ✅/❌ | 3 ▾ | **Be less distracted by my phone, video games, tv, and social media** |
| 15. ✅/❌ | 3 ▾ | **Help mom** |
| 16. ✅/❌ | 3 ▾ | **Take a cold shower** |
| 17. ✅/❌ | 3 ▾ | **Go to school** |
| 18. ✅/❌ | 3 ▾ | |
| 19. ✅/❌ | 3 ▾ | |
| 20. ✅/❌ | 3 ▾ | |

## *Day Number:*

## *Date:*

## *Start Of The Day – Time:*

| 🤲 | 🙏 3 Things That I Am Excited To Have In The Future? 🙏 |
|---|---|
| 1. | To get closer to the lord |
| 2. | to be financially free |
| 3. | to be masculine |

# ⏳ Hour-By-Hour Tracking: ⏳

## [Track+Measure=Improve]

| 💲 Task: | 💲 Task = Set The Task That I Intend To Complete This Hour? |
|---|---|
| 🔔 Intention: | 🔔 Intention = What Is My Plan Of Action To Complete This Task For This Hour? |
| 🖊️ Reflection: | 🖊️ Reflection = Did I Complete This Task For This Hour? If Not, Then Why? |

## My War Mode Words:

### 1. I Am Acting With No Limits To My Abilities!

### 2. I Am Being All That I Can Be, Every Hour And Every Day!

### 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

### 4. I Am Being Enthusiastic About Completing Each Task!

## 5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before The Time That You Start Your Day In Your Own Copy)**

| 💲 12 am: Task 💲 | go to work with my dad |
|---|---|
| 🔔 Intention 🔔 | to produce a source of income to pay for Hu |
| ✏️ Reflection ✏️ | |

| 💲 6 pm: Task 💲 | Do Arno's business course and andrews mind and creativity course and do 100 pushups also watch morning power up call in a 60 minute deep work session |
|---|---|
| 🔔 Intention 🔔 | improve business and marketing IQ |
| ✏️ Reflection ✏️ | Work went longer did not complete |

| 💲 7 pm: Task 💲 | Start 60 minute deep work session on Breaking down and reviewing copy from HU and swipe file 5-10 minute breaks do 50 pushups |
|---|---|
| 🔔 Intention 🔔 | need to do this to improve copywriting |
| ✏️ Reflection ✏️ | Same here |

| $ 8 pm: Task $ | read the Bible pray and Practice copy for 60 minutes for today we practice facebook ads do 50 pushups |
|---|---|
| 🔔 Intention 🔔 | |
| ✏️ Reflection ✏️ | Same here |

| $ 9 pm: Task $ | find 3 prospects use chat got it help you and do 50 pushups |
|---|---|
| 🔔 Intention 🔔 | |
| ✏️ Reflection ✏️ | Same here |

| $ 10 pm: Task $ | Start another 90-minute deep work session. Write free value and send out 4 outreaches for prospects<br><br>Use chat GPT to write blogs, youtube video scripts and Instagram scripts just any free value and before you send outreach Use chat gpt to find ways to improve and make sure it<br><br>is unique and sounds good do sit down and analyze it before you send it always use youtube if you can for compliments also send a 2 follow-ups<br><br>Send 2 quality emails and 1 Instagram dm also do 50 pushups |
|---|---|
| 🔔 Intention 🔔 | try and find a client |
| ✏️ Reflection ✏️ | Same here |

| 💲 11 pm: Task 💲 | Take and hour to plan for the next day |
|---|---|
| 🔔 Intention 🔔 | need to know what I do tomorrow |
| 🖊 Reflection 🖊 | Same here |

| 💲 12 pm: Task 💲 | post on all of my social platforms |
|---|---|
| 🔔 Intention 🔔 | try to earn commissions |
| 🖊 Reflection 🖊 | Was relly tired juts went to sleepn |

# 🌆 End-Of-The-Day Report: 🌆

| 🧠 What Did I Learn Today? 🧠 |
|---|
| That i should not of went to work |

| 🆕 What Do I Plan To Do Differently Tomorrow? 🆕 |
|---|
| Say no to people who mess up my schedule |

| 🆕 What Do I Plan To Do The Same Tomorrow? 🆕 |
|---|
| Some of the tasks |

| 📱 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧 |
|---|

## Brain Dump: