

Mt. Ararat High School Extra Curricular Activities Brochure



2025-2026

All Mt. Ararat High School clubs are open to all students - we encourage you to join!

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Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Anime Club</u> TBD Room 117					
<u>Aquila</u> Jodi Crawford - Learning Commons					During Blue AST once a month
<u>Art Club</u> Ms. DelRossi - Room 115			2:30 - 4:30 every other Wed.		
<u>Big Brothers / Big Sisters</u>				2:30 - 4:30, Learning Commons	
<u>Can We? Project</u> Mr. Fitzgerald - Room 221				Thurs AST	
<u>DnD</u> Ms. Mengel - Learning Commons		2:30 - 4:30			
<u>Civil Rights and Social Justice Alliance</u> Ms. Gorey - Room 205			AST		
<u>Envirothon</u> Mr. Gibson - Room 214			2:30 - 3:30		
<u>Gay Straight Transgender Alliance</u> Ms. Stover- Room 108			Every other Wed. 2:30 - 4:20		

<u>Garden Club</u> Ms. Norklun - Room 225			2:30 - 4:00		
<u>Interact Club</u> Ms. Temple- Dining Commons					
<u>Magic: The Gathering Club</u> Mx. Swift - Room					
<u>Math Team</u> Ms. Reichert - Room 246	2:30 - 4:30				
<u>Model UN</u> Mr. Dorogi and Mx. Swift				AST	
<u>Mt. Ararat Stage Company</u> Ms. Thomas - Music Room	4:30 - 7:00 (as needed)	4:30 - 7:00 (as needed)	4:30 - 7:00 (as needed)	4:30 - 7:00 (as needed)	4:30 - 7:00 (as needed)
<u>A Novel Bunch</u> Ms. Campbell - Learning Commons		AST			
<u>Outing Club</u> TBD					
<u>PALS</u> Ms. St. Pierre-Adams - Room 221					
<u>Poetry Out Loud</u> Ms. Vail and Ms. Crawford - Room 105		In Nov - Jan			
<u>Quiz Bowl</u> Mr. Prince - Room 142	2:30 - 3:30				

<u>Science Club</u> Mr. Olivar - Room 228		SeaPerch Robotics 2:30 - 4:30		Science Bowl 2:30 - 4:30	
<u>Sources of Strength</u> TBD					
<u>Students of Color Coalition</u> Mr. Conover - Room 208					AST
<u>Student Senate</u> Ms. Fenimore - Room 111			8:00am - 8:30am, every other Wed.		
<u>Tabletop Gaming</u> Ms. Mengel - Learning Commons			2:30 - 4:30		
<u>The Talon</u> Ms. Crawford - Learning Commons	2:30-4:30 Media Maker Space				
<u>Wellness Center</u> Mr. Knickerbocker - Weight Room	2:30 - 4:00	2:30 - 4:00	2:30 - 4:00		
<u>Yearbook</u> Ms. Callahan- Room 232					

We look forward to seeing you! All MTA Clubs & Activities are open to all students!

The Importance of Extracurricular Activities for Teens

(Article from RUReady.NU.gov)

Academics are an important part of each student's high school years, especially since high school grades play an integral role in college acceptance. Parents spend a lot of time encouraging their teens to study more -- and play less -- in the pursuit of this goal. They believe that devoting a great deal of time to studying guarantees success in future college applications.

However, there is another more playful component of a well-rounded education -- outside the regular academic program -- that may positively impact students' success. Extracurricular activities, such as basketball, baseball, tennis, debating, chess clubs, student government, yearbook, drama, choir and computer clubs can round out students' academic careers to great effect.

Besides being fun and a great way to socialize with peers, extracurricular activities can enhance students' time management and stress management skills, improving overall productivity. Extracurricular activities also increase a candidate's appeal when applying to college.

"Studies show that students in extracurricular activities have higher [academic] scores. They learn to manage their time, relieve stress and learn to strive for excellence in more than one thing," says Kenny Smith, a school counselor in Thatcher, Arizona. "Students who are involved in team sports learn to work in groups. Their written and oral communication skills improve. These things cross over into 'real life.' The students who participate in extracurricular activities are held to a higher plane. There are no team breaks. The privilege [to play on a team] must meet specific requirements."

"Participation in extracurricular activities is a privilege and students may have to meet and maintain a minimum grade point average to play sports or take part in clubs." So says Parent Spot, produced by the Capital Region BOCES Community Service in Albany, N.Y.

Some extracurricular programs are designed to help at-risk teens. One program, Students Keeping Attitudes Towards Earning Rewards and Success (SKATERS), in Moreno Valley, California, involves tutoring, academics, running a food pantry, and participating in service learning activities. To make it easier for students to participate, the group meets at lunchtime rather than after school. Having started with 20 at-risk students, there are now as many as 500 participants per year.

Faye Arco is the counselor who started the SKATERS program. She says, "Participation in extracurricular and school club activities increases resiliency in youth by promoting protective factors and reducing risk factors. Data shows that participants have a higher GPA (0.98 percent), fewer suspensions (13.9 percent), and better attendance (15.8 percent) than non-participants. Counselors come from as far away as New Zealand and Poland to observe the program, which has now been implemented in many schools."

Adding extracurricular activities to an already rigorous high school schedule can be tricky. There may be times when academic requirements, family life and social activities conflict.

"For example, kids who participate in tennis must prioritize how they use their time," says Smith. He tells the story of one student who had a conflict between an algebra class and a tennis match. Being proactive, she worked out a way to attend the match and still keep up with her algebra class lectures.

Despite the time and effort involved in extracurricular activities, there are clear rewards in the form of fun and enhanced life skills. But there's also the fact that college admission officers are generally impressed by a student's extracurricular activities.

Parent Spot notes, "College admissions officers are looking for students who have applied themselves academically during the high school years and have used their free time in enriching ways... A roster of extracurricular activities lets colleges know that teens have made a meaningful contribution to something larger than themselves, can maintain long-term commitments and can juggle their priorities successfully."

How do colleges view the extracurricular activities chosen by a high school student? The activities offer colleges a snapshot of a student's personality and interests. Parent Spot notes, "The activities that teens choose to take part in outside of the classroom tell prospective schools much more than grades on paper."

Overall, students who participate in extracurricular activities will likely see an improvement in their academic and life skills, including discipline, goal-setting, teamwork, accountability and responsibility. They will also find themselves better prepared for post-secondary education. Ultimately, students may even discover that the lessons they learned outside the classroom, in basketball or chess club, help them cope with future challenges in the workplace.

Anime Club

Advisor:

TBD

Purpose of Club:

The Anime Club provides a place for Anime lovers to gather to watch and discuss Anime, read and discuss Manga, and play games influenced by Anime, Manga and Japanese culture.

Activities & Pursuits:

Besides the aforementioned activities, our culminating activity is to attend Anime Boston. Anime Boston is a large Anime conference held each spring in Boston, MA, almost always in the Hynes Convention Center in the Prudential Building.

Meeting Times and Location:

TBD

Other Information:

While students are encouraged to attend regularly, Anime club is open and welcomes students at any time, though to attend Anime Boston, students must be regular members throughout the year.

Aquila

Advisor:

TBD

Purpose of Club:

Aquila is a literary and art magazine that celebrates the creativity and diversity of Mt. Ararat students. The magazine, made of paintings, drawings, photography, poetry, stories and essays is both edited and published by club members, and is available for sale each spring.

Activities & Pursuits:

Aquila is Mt. Ararat High School's literary and art magazine. The Aquila staff meets 1-2 times a week, working on the spring production of the magazine. Some of the tasks include: marketing, analyzing submissions, selecting submissions, editing, graphic design and computer layout. Some staff members handle many roles, while other members are specialists. The Aquila staff is always looking for new members.

Meeting Times and Location:

TBD

Other Information:

Joining Aquila is a great way for students who are considering a future in editing, publishing, writing, or graphic design to gain experience and explore possibilities in those fields.

Art Club

Advisor:

Christine DelRossi (delrossic@link75.org)

Purpose of Club:

The Art Club is for students who wish to pursue activities in the visual arts for exploring ideas and media, personal growth, and school/community service beyond the classroom. Art Club offers a studio environment that encourages cooperation and invention. The Art Club is open to all students, even those not currently in an art class.

Activities & Pursuits:

Students may sign up to participate in club/group projects that will be scheduled and listed outside the art room. This will ensure interest and the amount of supplies needed for the activity. A student may elect to work on personal sketch books or projects from a visual arts course that they are enrolled in. Activities change each week.

Meeting Times and Location:

Every other Wednesday from 2:30 - 4:00 in Ms. DelRossi's classroom, 115

Other Information:

Due to the popularity of Art Club, we request students sign up with a limit of 30 students for any given activity.

Big Brothers / Big Sisters

Advisor:

TBD

Purpose of Club:

Activities & Pursuits:

Meeting Times and Location:

Thursdays, 2:30 - 4:30, Learning Commons

Other Information:

Can We? Project

Advisor:

Reilly Fitzgerald (fitzgeraldr@link75.org)

Purpose of Club:

"An experiment in revitalizing democracy centered on developing the capacity of high school students to engage in dialogue across differences." - Can We? Project

Activities & Pursuits:

The Can We? Project involves three Retreat Days; two at MTA, and one mass gathering in Augusta, in December, with all Can We? Project participants across the state of Maine.

Meeting Times and Location:

Retreat Days 1 and 3 are TBD; Retreat Day 2 is in Augusta in December.

Other Information:

We are looking to primarily work with sophomores and juniors as The Can We? Project involves a two-year cycle of participation. Potential for ELO/Elective credit(s) for some participants.

DnD

Advisor:

Deb Mengel (mengeld@link75.org)

Purpose of Club:

The purpose of this club is to engage in the exciting world of tabletop gaming, including Dungeons and Dragons! Students will have ample opportunity to learn the rules, gather with like minded individuals that enjoy tabletop games, and play very exciting games.

Activities and Pursuits:

Activities include DnD, and various board games.

Meeting Times and Location:

Tuesdays after school from 2:30 - 4:30 in the Learning Commons

Other Information:

This is a club that began again a few years ago, and we're looking to continue! Contact Ms. Mengel in the Learning Commons if you are interested.

Civil Rights and Social Justice Alliance

Advisor:

Nathalie Gorey (goreyn@link75.org)

Purpose of Club:

We are very interested in building a community together. We want to make our school a safe and welcoming place for all students regardless of race, color, religion, ancestry, national origin, gender, physical or mental disability, or sexual orientation.

Activities & Pursuits:

Our group provides educational opportunities for the school community to better understand the impact that our words and actions have on others with the goal of creating a safe, civil and tolerant community. We are involved in a number of activities throughout the year which include: sponsoring field trips, giving homeroom presentations, bringing in guest speakers, creating display projects, offering film viewings, and fundraising. Our most important goals are to provide support to students who are working to end harassment in our school and to promote a civil and caring community.

Meeting Times and Location:

Every Wednesday during AST time, and sometimes also after school in Ms. Gorey's classroom, 205

Other Information:

Students are invited to attend our meetings and share ideas that support our goals. Members are encouraged to attend as frequently as possible, and to contribute to the group's initiatives.

Debate Team

Advisor: Sean Lent (lents@link75.org)

Purpose of Club: The Debate Team engages in a wide variety of topics across political, social, economic, and philosophical spectrums. Additionally, team members hone their critical thinking, research, and argumentative skills while building confidence and developing beliefs and values - skills that can translate to the classroom and to life. It truly can be a life-changing activity in many ways.

Activities & Pursuits: Students will prepare in a variety of ways to compete against debaters from schools across Maine at tournaments across the state, with the opportunity to compete against students from around the country through regional and district qualifying events.

Meeting Times and Location: Meetings will typically occur during AST on either Tuesday or Thursday (announced via the team Google Classroom page) in Room 147, and occasionally optional evening Google Meets will be held, with times to be determined as needed.

Other Information: All are welcome. Attendance is not always mandatory, but it definitely is an activity that will reward you in proportion to what you put into it!

Envirothon

Advisor:

Daniel Gibson (gibsond@link75.org)

Purpose of Club:

The Envirothon Team has the main goal to compete in the Envirothon Competition each Spring. This competition is a hands-on series of events that include topics in wildlife, forestry, aquatics, soils, and a current issue event involving a student presentation. The depth and breadth of information is similar to that of an introductory Environmental Science course at the university level. The challenge is for students to find the connections between these topic areas and to understand how natural systems function.

Activities & Pursuits:

Fall Field Day - Sebago Lake State Park

Regional Envirothon Competition

State Envirothon Competition

Meeting Times and Location:

Wednesdays 2:30 - 3:30

Other Information:

Students meet weekly to discuss environmental topics and concerns. There is some field work and work with industry professionals that will occur throughout the school year.

Gay Straight Transgender Alliance

Advisor:

Susan Stover (stovers@linnk75.org)

Purpose of Club:

The Gay Straight Transgender Alliance (GSTA) is a student directed organization that offers a safe and comfortable venue in which students of all sexual orientations and gender identification/expression are able to share events and concerns of their lives and their community. The Alliance works throughout the academic year to educate members of our school population about issues of every student's civil rights, the need for equality and respect for individuals of every sexual orientation and gender identification.

Activities & Pursuits:

Weekly meetings; workshops and movies that deal with issues related to gender identification and orientation; discussion groups; opportunities to travel to area presentations. Collaborates with other MTA Activity Groups to further our experience and reach.

Meeting Times and Location:

Room 108; Every other Wednesday; 2:30 - 4:20 pm.

Other Information:

There are monthly meetings of all GSTA student organizations in our region to which our students are welcome. The GSTA also has a working relationship with other organizations such as the MTA Civil Rights Team, Art Club, OUT Maine, the Center for the Prevention of Hate Violence, and GLSEN, the Gay, Lesbian and Straight Education Network. We work with them to educate the community as advocates for justice and equality, particularly for students in their high school years.

Interact Club

Advisor:

Andrea Temple (templea@link75.org)

Purpose of Club:

Interact is a service club for young people ages 14 – 18 sponsored by the local Brunswick Rotary Club. Interact stands for “International Action,” developing and supporting local and international service projects is the goal. Interact exists in over 110 countries and promotes active service at home and abroad, expanding students’ understanding of the world while promoting goodwill is the key.

Activities & Pursuits:

We participate in “Cram the Van” to support MidCoast Hunger Prevention Programs, assist with the Salvation Army Red Kettle Campaign, provide community support during the holidays and with American Cancer Association, Barbara Bush Children's Hospital, Pennies for Peace, The Alzheimer's Association, muscular dystrophy. We also participate in PumpkinFest to support Camp Sunshine, Farm Camp at Wolfe’s Neck Farm and many more. Come with your ideas!

Meeting Times and Location:

Meeting dates and times will vary based on club input.

Other Information:

Interact is a great way to make new friends while volunteering, working on activities and fundraising to give back to the community. It provides the opportunity to learn basic fundraising techniques, qualify for a scholarship, and attend a summer leadership camp.

Magic: The Gathering Club

Advisor:

Lauren Swift (swiftl@link75.org)

Purpose of Club:

The Magic: The Gathering (MTG) Club is a space for students and staff alike to play one of the original and most influential Trading Card Games. While veterans of the game are encouraged to test their mettle, we are excited to help newcomers learn the ropes. No experience or deck required!

Activities & Pursuits:

The Club mostly plays Commander, Standard and maybe Pauper this year. You can test your best deck or bring your jankiest one. Games range from low key to competitive depending on the crowd and can last between 20 minutes to 2 hours.

While the current club is focused on MTG, you're welcome to join us if you have a group of people interested in playing another TCG like Yu-Gi-Oh! or Pokémon.

Meeting Times and Location:

Fridays after school from 2:30-4:30 in the Dining Commons

Other Information:

Don't be the Bolas.

Math Team

Advisors/Team Coaches:

Carmen Palmer (palmerc@link75.org)

Courtney Reichert (reichertc@link75.org)

Purpose of Club:

The purpose of the math team is to provide interested students with the opportunity to sharpen their math skills, strengthen their problem-solving abilities and broaden their understanding of advanced mathematical concepts.

Activities and Pursuits:

In addition to weekly practices, the team competes against other schools in five meets during the school year followed by a statewide competition in April. These meets test students' skills and understanding of various math topics in advanced geometry, algebra, trigonometry and precalculus.

Meeting Times and Location:

Monday afternoons from 2:30-4:30 in Ms. Reichert's classroom, 245 to practice
Regional meets are held on Wednesday afternoons

Other Information:

While team members are usually enrolled in an advanced level math course, the Math Team is open to all interested students.

Model UN

Advisor:

Lou Dorogi (dorogil@link75.org)

Lauren Swift (swiftl@link75.org)

Purpose of Club:

Model UN is a club in which students engage with global issues, develop leadership skills, and understand the workings of international diplomacy. The purpose of the Model UN club is to foster a deeper understanding of world affairs and the importance of cooperation among nations. It is a platform for students to think critically, practice public speaking, learn how to negotiate, and hone their research skills. The club participates in one major multischool conference, which allows students to meet peers from other schools and broaden their social and intellectual horizons. Ultimately, Model UN prepares students to be informed, active citizens who are equipped to contribute thoughtfully to the world around them.

Activities & Pursuits:

For the majority of the year, students learn how to navigate the world of international diplomacy. Students are introduced to parliamentary procedure and learn how to collaboratively draft resolutions to achieve their goals. Students use these skills to role play as UN delegates from various countries during multischool conferences that simulate United Nations meetings. In these conferences, students debate pressing global challenges such as climate change, human rights, and international security.

Meeting Times and Location:

Thursday AST

Other Information:

We attend the 3-day MeMUN Conference, which is usually held on the first weekend in May. While the Club will work on fundraising for the cost of the conference, students may be asked to contribute to some of the cost. Additionally, students taking AP exams should work with their guidance counselors and AP teachers to ensure well in advance to plan around the dates of the conference. While attendance at the conference is not required, it is highly recommended and has been a very positive experience for previous attendees.

Mt. Ararat Stage Company

Advisor:

Kristen Thomas (thomask@link75.org)

Purpose of Club:

The Mt. Ararat Stage Company welcomes all students interested in theatrical arts. We typically produce two shows every year, an evening of one-act plays in the fall and a musical in the spring. Company members have the opportunity to work on all aspects of theatrical production – including costumes, sets, lights, stage management, publicity, and performance.

Activities & Pursuits:

Our main focus is the rehearsal, production, and performance of a drama in the fall and a musical in the spring. This involves daily after-school rehearsals, building sets, designing costumes, hanging lights, and teaching and running the shows. Depending on time and interest, the Company may also organize a staged reading and/or a field trip to the Maine Drama Competition.

Meeting Times and Location:

Auditions for the fall production, which performs in November, are usually held during the first full week of school in September. We rehearse as needed after school from 4:30 – 7:00. Company members may be called to rehearsal at different times. Auditions for the spring show, which goes up in March, are typically held in December.

Book of Will Auditions

September 8th & 9th at 2:30pm

Once Upon a Mattress Auditions

November 3rd & 5th at 2:30pm

Other Information:

Anyone is welcome to join.

National Honor Society

Advisor:

Robert Messier (messierr@link75.org)

Purpose of Club:

The National Honor Society (NHS) is the nation's premier organization established to recognize outstanding high school students. More than just an honor roll, NHS serves to honor those students who have demonstrated excellence in the areas of scholarship, leadership, service, and character.

Activities & Pursuits:

NHS is a service organization. It participates in activities that promote scholarship, affords members to serve in a leadership capacity, provides service to the community, and models positive ethical and civic standards. Specific activities have included fundraising to support academic scholarships, supporting local food pantries, support for shut-ins and the elderly, tutoring services, talent reviews, and other civic- and community-oriented activities.

Meeting Times and Location:

Meetings will be scheduled throughout the year by NHS officers.

Other Information:

Juniors and seniors who have met high academic standards will be invited to submit an application for admission. The Faculty Council, appointed by the Principal, selects new membership. Mt. Ararat NHS is governed by the rules and regulations established by the National Council of National Honor Societies under the auspices of the National Association of Secondary School Principals. More information about NHS bylaws and selection can be found at: <http://mtanhhs.weebly.com/>

A Novel Bunch

Student Book Discussion Group

Advisor:

Jodi Crawford (crawfordj@link75.org) and Cat Campbell (campbelc@link75.org)

Purpose of Club:

The purpose of this club is to provide students with an opportunity to meet and discuss books they choose to read together.

Activities & Pursuits:

Students vote on books they would like to read together. Then meet weekly or biweekly to discuss their reading.

Meeting Times and Location:

Tuesdays during AST in the Learning Commons

Other Information:

Copies of books chosen by the group are provided to each student by the Learning Commons. Contact Mrs. Crawford in the Learning Commons, if you are interested.

Outing Club

Advisor:

TBD

Purpose of Club:

Our mission is to promote an appreciation for the environment through outdoor activities. These experiences will allow students to gain respect, trust, and confidence for themselves and their peers, as well as a love for the wonderful possibilities that the great state of Maine has to offer.

Activities & Pursuits:

Students will receive the opportunity to go hiking, camping, canoeing, snowshoeing, rock climbing, and much more. Students will participate in team building exercises. They will learn how to plan a trip, maintain trails, handle equipment, and be safe outdoors. Not only will each student develop individual leadership skills - they will also build relationships for their peers who share a similar love for the outdoors. We hope to work alongside Teens to Trails and contact speakers and mentors from local organizations such as other outing clubs. There is no prior outdoor experience needed! All are welcome throughout the year!

Meeting Times and Location:

TBD

Other Information:

There will be planned monthly day trips throughout the state and 2 - 3 overnight adventures annually.

PALS

(Peers Assisting and Listening to Students)

Advisor:

Julie St. Pierre-Adams (stpierrej@link75.org)

Purpose of Club:

Leadership, service and mentor club that participates in school and community activities.

Activities & Pursuits:

PALS members participate in a variety of activities both at Mt. Ararat and in the community. Leadership and mentoring are big parts of our organization. Trainings in leadership and mentoring are among the objectives throughout the year. Helping freshmen, new students, transfer students and exchange students transition to our high school environment is an ongoing focus throughout the year. Greetings and assisting on the first day, escorting, Step-Up Day in the spring, Parent/Teacher Conferences, Senior Project Legacy, and lunch pals are some of the responsibilities of PALS. Mental Health Awareness and Unity Day are priorities in building student culture and relationships.

Community service is also a commitment that PALS members make. Volunteering at events that are selected each year by members may include CREA, Midcoast Hunger Prevention, Camp Sunshine, Valentines for Vets, Coats for Kids, Mitten Drive with CMP, Community clean up, Pancreatic Cancer Research and Habitat for Humanity. We are always looking for new ways to help others.

Meeting Times:

P.A.L.S. representatives meet regularly before school.

All PALS member meeting days vary depending on availability of students and upcoming events.

Other Information:

PALS Selects Office Members through an application process (President, Vice President, Secretary, Treasurer and Fundraising).

PALS recruits new members in the spring and fall and welcomes new interests all the time.

Poetry Out Loud

Advisors:

Emily Vail (vaile@link75.org)

Jodi Crawford (crawfordj@link75.org)

Purpose of Club:

Poetry Out Loud is a national contest that offers students the opportunity to celebrate poetry through the art of recitation. Poetry recitation as a competitive event is as old as the Olympic Games. Along with wrestling, long-distance running, and the javelin toss, the ancient Olympics included contests in music and poetry. Poetry Out Loud seeks to restore the true spirit of poetry through recitation and performance.

Activities & Pursuits:

In the most recent school year, more than 365,000 students from 1,500 high schools participated nationwide, and champions from 50 states, the District of Columbia, and the U.S. Virgin Islands competed at the National Finals in Washington, DC.

Meeting Times and Location:

November-January at times TBA

Other Information:

Poetry Out Loud typically begins in the English classroom. Participating teachers hold class competitions, and winners advance to a school-wide competition, then to a regional or state competition, and ultimately to the National Finals. Those students who aren't participating in the classroom pursue Poetry Out Loud as an extracurricular activity. You will work with Ms. Vail and Mrs. Crawford, the Poetry Out Loud coordinators, to memorize two poems from the Poetry Out Loud website (www.poetryoutloud.org) in preparation for the school-wide competition in December. More information about Poetry Out Loud will be announced in the fall. Please see your English teacher, Ms. Vail, or Mrs. Crawford in the Learning Commons if you have any questions.

Garden Club

Advisor:

Rebecca Norklun (norklunr@link75.org)

Purpose of Club:

Garden Club is our collaborative school garden program. We work outside in good weather to grow food for the school. Come join us to move your body, breathe the fresh air, and learn how to garden! In the winter months we will do indoor activities and plan for the spring.

Activities and Pursuits:

Dig in the dirt

Plant and harvest vegetables

Visit a local farm

Meeting Times and Location:

Every other Wednesday 2:30-4:00 in room 225

Other Information:

Anyone is welcome to use the garden, regardless of garden club involvement!

Quiz Bowl

Advisor:

Jason Prince (princej@link75.org)

Purpose of Club:

Quiz Bowl is a trivia club for students who want to expand and show off their knowledge of history, academia and assorted hodge-podge.

Activities & Pursuits:

Participants will practice solo and team trivia games at regular after-school meetings. Participants will be invited to try out for several competitive Quiz Bowl competitions throughout the state, including MPBNs *High School Quiz Show, Maine*.

Meeting Times and Location:

Mondays, Room 142 from 2:30- 4:30.

Other Information:

Quiz Bowl meeting times may change, depending on the availability of the participants.

Science Club

Advisor:

Jordan Olivar (olivarg@link75.org)

Purpose of Club:

Science Club provides interested students time after school to sharpen their science knowledge, problem solving, and engineering skills as they prepare for state competitions.

Activities & Pursuits:

Students can choose to prepare for either the Science Bowl State Competition, SeaPerch State Competition, or both. Science Bowl uses a quiz show format to test student knowledge and problem solving in various areas of science and math. SeaPerch challenges students to design and construct an aquatic remotely operated vehicle (underwater drone) that completes various tasks.

Meeting Times and Location:

After school in the science department. Exact meeting times vary by event, but are typically two hours per week for each event. Science Bowl State Competition is in early March. SeaPerch State Competition is in early April.

Other Information:

Science Club is a great way to explore science topics beyond what is covered in the classroom while interacting with other like-minded students. The Mt. Ararat Science Bowl and Seaperch teams are both competitive and do well every year in their respective competitions.

Sources of Strength

Advisors:

Alicia Lockwood (lockwooda@link75.org)

Purpose of Club:

“The mission of Sources of Strength is to prevent adverse outcomes by increasing wellbeing, help-seeking, resiliency, healthy coping, and belonging” at MTA.

Activities and Pursuits:

We will meet every month and plan quarterly school-wide projects to spread hope and resilience and to educate students about their own Sources of Strength. The SOS team of students will get to choose which projects they create with the help of trained staff.

Meeting Times and Location:

TBD

Other Information:

TBD

Students of Color Coalition

Advisor:

Max Conover (conoverm@link75.org)

Purpose of Club:

The Students of Color Coalition allows students to gather and connect in a safe space.

Activities and Pursuits:

We aim to foster a sense of belonging, allow every voice to be heard, and have a positive impact at MTA. We celebrate our varying cultures, go on field trips, and learn together.

Meeting Times and Location:

Friday during AST in Mr. Conover's classroom, 208

Other Information:

This group will meet with support from Bowdoin College students occasionally.

Student Senate

Advisor:

Lianna Fenimore (fenimorel@link75.org)

Purpose of Club:

Student Senate is the forum in which the elected class officers from all four grades come together to discuss school-wide activities, fundraisers, policies and ideas for building community within the student body. We inform the administration of student views on various school issues, and coordinate many school-wide events.

Activities & Pursuits:

We are not a fundraising group, but we nominate student representatives to the school board, support the senior class officers in organizing Homecoming week, and take an active role in communicating about student views on school issues and providing student representation on committees.

Meeting Times and Location:

Once a month on late-start Wednesday mornings, in addition to optional meetings as needed for various events and purposes. Meetings will take place in Mrs. Fenimore's classroom, 111.

Other Information:

Student Senate meetings are required for all class officers, but we welcome any member of the student body to join us. Please reach out to Mrs. Fenimore or one of your class officers if you have interest in attending a meeting.

Tabletop Gaming

Advisor:

Deb Mengel (mengeld@link75.org)

Purpose of Club:

The purpose of this club is to engage in the exciting world of tabletop gaming. Students will have ample opportunity to learn the rules, gather with like minded individuals that enjoy tabletop games, and play very exciting games.

Activities and Pursuits:

Various board games.

Meeting Times and Location:

Wednesdays after school from 2:30 - 4:30 in the Learning Commons

Other Information:

This is a club that began again a few years ago, and we're looking to continue! Contact Ms. Mengel in the Learning Commons if you are interested.

The Talon

Student Video News Program

Advisor:

Jodi Crawford (crawfordj@link75.org)

Purpose of Club:

The purpose of this club is to provide students with an opportunity to create a video news program to share with MTA staff and students. The goal of The Talon is to promote spirit, interest, and pride in Mt. Ararat activities and student life.

Activities & Pursuits:

Students plan, create, and record MTA news features of interest to be distributed for all MTA staff and students to watch during Advisory. Students work with Learning Commons staff to set a schedule and plan episodes with appropriate topics and ideas.

Meeting Times and Location:

TBD...Weekly during AST, and sometimes after school, in the Learning Commons

Other Information:

Contact Mrs. Crawford in the Learning Commons if you are interested.

Wellness Center

Advisor:

Christopher Knickerbocker (knickerbockerc@link75.org)

Purpose of Club:

To provide students with an opportunity to work their personal fitness goals after school.

Activities & Pursuits:

We have lots of free weight lifting equipment including two bench press stations, two squat racks, a Smith machine, lots of plate loaded and selectorized cable machines pieces, barbells, adjustable benches, and dumbbells from 5 - 80 pounds. We also have stability balls, treadmills, bikes, an elliptical, as well as foam rollers and mats for stretching and core work. Most students do their own workout programs, but Mr. Knickerbocker is available to answer any fitness related questions, provide instruction on how to use equipment, and can provide help in creating or changing your fitness program.

Meeting Times and Location:

Monday, Tuesday, & Wednesday from 2:30 – 4:00 in the Mt. Ararat Wellness Center

Other Information: Appropriate workout clothes including clean sneakers is required. Cell phone use is permitted, but no pictures or video recordings are permitted. Drinks in sealed containers are permitted, but food is not permitted in the weight room. See other posted rules.

Yearbook

Advisors:

TBD, Layout Design Advisor

Peggy Callahan, Business Advisor (callahanp@link75.org)

Purpose of Club:

To plan, create, sell and distribute the Aerie, Mt. Ararat's student run yearbook.

Activities & Pursuits:

We'll begin to plan and create the yearbook in early September. We need students who are interested in graphic arts, photography, design and creative thinking. In addition we need students who would like to help with the business aspects of the yearbook such as scheduling, sales and coordinating distribution.

Meeting Times and Location:

TBD

Other Information:

TBD

