

Support Groups/Group Therapy/Social Meet-ups

Group	Contact Information	Time & Location
2E Parent Support Group	Successfully Social Breann Colpitts, ED.S CLYL 303-809-2909 breann@successfullysocial.co.com	3rd Thursdays, 6:30-8:00 pm 855 Inca St., Ste 2B Denver 80204 Arts District
ACES	https://www.acesaba.com/year-round-group-programming/	Various groups for kids through young adults.
Actors Workshop Group Wendy Henderson-Bullock, MA, R-DM'T, LPC Aurora	https://mail.google.com/mail/u/0/#inbox/FMfcgzGxRdxBnfVvFxlcskKswMZptgCS?projector=1&messagePartId=0.1 720-696-0268	Suitable for ND teens ages 10-15 (ASD-1.)
All Minds Counseling -Multiple Groups Emily Schleich, LMFT Ashlyn King, MFT-C Liz Cason, LPCC Denver	https://allmindscounseling.com/about-us (720) 465- 2023	Groups offerings vary- contact for current options. Takes Medicaid and Kaiser
Autism Society of Boulder County-Multiple Groups	https://autismboulder.org/support-groups/	Boulder County
Autism Society of Colorado - multiple groups	https://www.autismcolorado.org/support-groups	Denver

Coffee With Inclusion On Purpose Gather and Grow Therapy Services	Kaite@inclusiononpurpose.org	1st Wed of every month, 10:30-11:30 am. Superior Community Ctr 1500 Coalton Rd Superior, CO 80027
Connected Roots Boulder Group practice	Connected Roots	ND-affirming practice with group, couple's and individual therapy options. Also offers Coaching and Sex therapy. LGBTQ+ Takes Insurance and Medicaid
Dad's Support Group Meetup - Louisville Mark Reinfeld - organizer	markreinfeld@yahoo.com Call/text: 808-652-5904	Casa Allegre Restaurant Louisville
Garden, Inc.	https://gardenautism.org/adult-programming	Variety of groups and programs.
<u>Gather and Grow Therapy:</u> Dating and Sexuality Group for ND Young Adults Dungeons and Dragons Inclusion with Purpose	Gather and Grow Therapy Inclusion on Purpose Colorado	Skills-based groups for young adults interested in relationships, variety of social groups for children and adults, summer camps, D&D. Offerings change over time. Check website.
Grasp	https://grasp.org/membershipsupportgroups/	On-line and In-person support groups.
Grief Support Group for Caregivers who have Lost a Child with Special Needs Sarah McSwegin	720-777-6869 sarah.mcswegin@childrenscolorado.org https://mail.google.com/mail/u/0/#inbox/FMfcgzGsnLMCnjtqWWhBMTkzLRVWntMT?com	Monthly meetings, often on the second Saturday from 10am-11am MT via Zoom.

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Guiding Bright Minds Teen Night Out Games, music and socializing for ND Teens	tiffanyf@guidingbrightmind...	4th Thurs each month from 5:30 to 7:00. CLE Denver, 1391 Speer Blvd, Suite 400
HealthPro Pediatrics	Colorado Groups + Classes - HealthPRO Pediatrics	Variety of groups for children and adolescents
Dr. Lorna Hecker	Group Coaching	Online groups for ND Professionals
Kimel And Associates	www.kimelpsych.com	Groups for Teens including DBT
Knippenberg, Patterson, Langley & Associates 2650 S. Eudora St. Denver, CO 80222	Craig Knippenberg m: (303) 918-6135	Groups and camps offered for neurodivergent children, teens, and young adults. Some groups are formed around specific topics, i.e. Eating issues, anxiety etc.
The Living Spectrum for Dads Moderated by Troy Gooch	Joining the Facebook group is the easiest way to get connected. You can find that here: https://www.facebook.com/groups/563759883957055 Troy Gooch 303-913-1131.	In-person meetups and a moderated Facebook group
The Living Spectrum for Moms:	The Living Spectrum for Moms	In-person meetups and a moderated Facebook group

Neurodiversity Community Center Lafayette	https://www.neurodiversitycc.org/	A space for ND individuals to find safety, connection, belonging and empowerment.
PEERS Denver	PEERS® Denver	Individual Therapy and Social skills groups for teens and young adults. Dating etiquette, conversation skills, conflict resolution, etc.
REVEL (Real Experiences Vital For Enhancing Life)	Main Line: 720-502-4927 www.revelinlife.org REVEL LinkedIn	Social groups on evenings and weekends
Hannah Rose Therapy	Hannahrosetherapy.com	Exploring Neurodivergent Identity ND-Affirming Social Connection Group Adults 19+ ZOOM \$30/session Limit 8
Social Bloom/Love Bloom Lisa Shanken	Social Bloom: Nurturing New Friendships And Relationships For A Healthier You Love Bloom: Speed Dating With Support For Neurodivergent Adults	Social Groups and dating support for neurodiverse individuals. Also provides wellness coaching and executive function support.
Spectrum Solutions	Spectrum's services - Austin	Social Skills and Recreational groups
Successfully Social Denver	Successfully Social	Offers a variety of social groups and supports for ND/2E population.
Thrive Autism Coaching	Neurodivergent Adults Support Group Thrive Autism Coaching	Free moderated FB groups for ND adults, and for parents of ND children.

Un/Masked: A Therapy Group for Neurodivergent Adults Dreaming Pines Therapy	https://www.dreamingpinestherapy.com/groups	Adult therapy group using IFS-informed communication model.
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