

## **Resources to be an Ally to the Black community by**

### **ASUW Director of Diversity Effort**

George Floyd, Ahmaud Arbery, Breonna Taylor and Tony McDade; these are 4 lives we've recently lost to racism and police brutality. There have been hundreds and thousands of lives that have been taken before them, so many of which we haven't heard about. This situation is not something new and did not recently start. Anti-Blackness and the killing of Black bodies has been happening for centuries.

This is a message to everyone who is staying silent, for the white women who go to the women's march but stayed at home for the BLM movement, for the non-Black POC who continue to appropriate Black culture and say the N-word and think they're not part of this because they have their own oppressions. You ARE part of the problem. Staying silent, staying neutral means being complicit. Being complicit means you are siding with the oppressors. This movement is about Black lives. not POC lives. not Black & Brown. Not all lives. BLACK LIVES!

Remember that you can voice your support for the Black Lives Matter moment without sharing videos of people being murdered. Share this document with people that you know, educate those around you, and confront oppression and racism. You do not need to perpetuate trauma to make your point. I've included many things in this document, with places you can donate too, educational resources for white and non-Black POC to read, watch and listen to.

If you have other resources and want to include more to this doc please don't hesitate to contact me:

[asuwbddv@uw.edu](mailto:asuwbddv@uw.edu) or [smibra97@gmail.com](mailto:smibra97@gmail.com)

**\*Note, I am constantly adding to this document**

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### **How Can I Help? Allyship against injustice towards the Black Community by Osman**

Salahuddin (insta: @osmansalahuddin)

1. Educate yourself on the issue
  - a. Learn about the racial injustice that is rooted in the framework of this country.  
This education needs to be done by you. Don't expect others to do it for you,  
ESPECIALLY Black people.
2. Recognize your Privilege

- a. We all have privileges, or special advantages that are available to particular people. Make sure to identify all of your privileges. In this situation, unless you are Black, you have privilege.
- 3. Donate
  - a. There are so many places that you can donate to if you are financially able. Visit [Blacklivesmatters.carrd.co](https://blacklivesmatters.carrd.co) for a full list !!
    - i. This is particularly important for those who are unable to protest
- 4. Sign petitions
  - a. Signing petitions is a good way to show support for an issue, and your support indicated to a decision maker that a cause is important to your community.
    - i. [Blacklivesmatters.carrd.co](https://blacklivesmatters.carrd.co) (once again here is a link to that)
- 5. Speak Up and Speak Out
  - a. We can no longer be silent. Talk about the issue, share resources with your friends and be vocal about how you feel. To turn a blind eye to this blatant racism and remain silent is inexcusable.
- 6. Amplify Black Voices
  - a. Whenever you can, amplify the voices of Black people. Cite their work, share their posts and articles, and listen to their perspectives concerning this issue. DO NOT speak for Black people.
- 7. Learn your history with the issue
  - a. Essentially all communities in the country are tied to the issue of racial injustice. For instance, if your family immigrated to America after 1965, you owe that to the Civil Rights Movement \*
    - i. \*From @Southasiansmh
- 8. Learn how to be Anti-Racist
  - a. Even if you do not have the malicious intent of being racist, we must be actively anti-racist. Listen, Learn, take action, and fail forward, all while checking yourself, and those around you (INCLUDING FAMILY MEMBERS!)

**Places to donate:**

- Seattle: <http://nwcombailfund.org> <https://blacklivesseattle.org/bail-fund/>
- LGBTQ Freedom Fund: <https://lgbtqfund.org>
- George Floyd Memorial Fund: [www.Gofundme.com/f/georgefloyd](http://www.Gofundme.com/f/georgefloyd)
- Minnesota Freedom Fund: <https://minnesotafreedomfund.org>
- Black Visions Collective: [bit.ly/DEFUNDMPD](http://bit.ly/DEFUNDMPD)
- Reclaim the Block: <https://www.reclaimtheblock.org/home>
- Campaign Zero: <https://www.joincampaignzero.org>
- Unicorn Riot: <https://unicornriot.ninja>
- Portland: <https://www.gofundme.com/f/pdx-protest-bail-fund>
- LA: <https://gofundme.com/f/peoples-city-council-ticket-fund>
- Houston: <https://restoringjustice.org/bail>
- Dallas: <https://faithintx.org/bailfund/>
- Colorado: <https://fundly.com/coloradofreedom>
- Massachusetts: <https://massbailfund.org>
- Toronto: <https://www.gofundme.com/f/toronto-protestor-bail-fund>
- New York: <https://libertyfund.nyc>
- Philly: <https://phillybailfund.org>
- Chicago: <https://chicagobond.org>
- Minneapolis: <https://minnesotafreedomfund.org/donate>
- Atlanta: <https://actionnetwork.org/fundraising/support-justiceforgeorgefloyd-protesters-in-atlanta>
- Columbus: <https://paypal.me/columbusfreedomfund>
- Brooklyn: <https://brooklynbailfund.org/donation-form>
- Austin: <https://reparation.atlas.thrinacia.com/campaign/24/400-1-bail-fund>
- Nashville: <https://nashvillebailfund.org>
- Baltimore: <https://www.baltimoreactionlegal.org/community-bail-fund>
- Detroit: [https://www.gofundme.com/f/detroits-bail-fund?utm\\_medium=sms&utm\\_source=product&utm\\_campaign=p\\_susi-sms-welcome](https://www.gofundme.com/f/detroits-bail-fund?utm_medium=sms&utm_source=product&utm_campaign=p_susi-sms-welcome)

- Louisville: <https://actionnetwork.org/fundraising/louisville-community-bail-fund?source=twitter&>
  - **FOR MORE PLACES TO DONATE AND PETITIONS TO SIGN PLEASE VISIT:**
    - [Blacklivesmatters.carrd.co](https://blacklivesmatters.carrd.co)
    - [https://secure.actblue.com/donate/bail\\_funds\\_george\\_floyd](https://secure.actblue.com/donate/bail_funds_george_floyd)
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### **How to educate yourselves: (Books to Read)**

- The New Jim Crow by Michelle Alexander
- White Fragility by Robin Diangelo
- Why I'm no longer talking to white people about race by Reni Eddo-Lodge
- When they call you a terrorist: A Black Lives Matter Memoir by Patrisse Khan-cullors & Asha Bandele
- Mindful of Race by Ruth King
- An indigenous peoples' History of the United States by Roxanne Dunbar-ortiz
- Why are all the Black kids sitting together in the cafeteria by Beverly Daniel Tatum
- Tears we cannot stop: A sermon to white america by Michael Eric Dyson
- This Book is Anti-Racist by Tiffany Jewwell and Aurelia Durand
- Have Black Lives Ever Mattered? by Mumia Abu-Jamal
- I'm still here by Austin Channing Brown
- So you want to talk about race by Ijeoma Oluo
- Me and White Supremacy by Layla Saad
- Just Mercy by Bryan Stevenson
- How to be an Antiracist by Ibram X. Kendi
- The fire next time by James Baldwin
- Minor Feelings by Cathy Park Hong

### **How to educate yourselves: (Podcast to listen too) available on iphone and android**

- Code switch
- About Race with Reni Eddo-Lodge
- The Stoop The chicken and Jollof Rice show
- The Nod
- GirlsLikeMe
- Identity Politics
- Uncivil
- Seeing white Series

### **Things to Watch:**

- [Slavery by Another Name](#) (PBS Documentary)
- 13th Directed by Ava DuVernay (can be found on Netflix)
- When They See Us (can be found on Netflix)
- Just Mercy (Available free on all streaming platforms)

### **Tools Specifically to educate white people:**

- Racial Identity Caucusing: A Strategy for Building Anti-Racist Collectives by Crossroads
- Caucus and Affinity Groups from Racial Equity Tools
- Principles for White Affinity Study Groups
- Tools for White Anti-Racist Organizing by the Catalyst Project
- White Awake Manual—a set of educational resources for guiding white affinity processes
- SURJ Political Education Site
- Vital critique: Whites Only: SURJ And The Caucasian Invasion Of Racial Justice Spaces by DiDi Delgado, Black Lives Matter-Cambridge

**MORE ANTI-RACISM RESOURCES:** <https://bit.ly/2zUssiG>

## Resources for Black Mental health:

- “The Safe Place” - App geared towards Black community
- <https://www.melaninandmentalhealth.com> - podcasts, articles, therapist search
- <https://therapyforblackgirls.com> - geared towards Black Womxn
- <https://www.nami.org/support-education/diverse-communities/african-american-mental-health> - additional resources
- <https://www.nqtcn.com> -geared towards queer & trans people of color
- <https://blackmentalhealth.com> - additional resources

## Facilitation Resources:

- Anti-Oppressive Facilitation by AORTA Collective
- Facilitation Tools for Meetings and Workshops by Seeds for Change
- Social Justice Toolbox
- Notes about Theatre of the Oppressed and Forum Theatre

## EMAIL THE SEATTLE MAYOR AND COUNCIL MEMBERS!

- [council@seattle.gov](mailto:council@seattle.gov)
- [jenny.durkan@seattle.gov](mailto:jenny.durkan@seattle.gov)
- Here is a template!
  - “Mayor Durkan’s suggestions for the direction of the BLM movement came from a place of high privilege and discredits the active threat of our racist institutions to Black communities. Comparing BLM to the Womxn’s March and Pride Parade is actively ignorant: Pride is a celebratory parade, and the Womxn’s March typically overlooks the intersectional identities and issues it was built on. As a constituent, I am horrified that those remarks were made and i am asking for a public apology to Black communities for this blatantly racist attempt to disparage an activist

movement that calls attention to police brutality and legitimized state murder. I look forward to hearing a rectification of these demeaning comments”

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**Everything below is University of Washington Related Resources or Petitions!**

**UW Specific Resources for all Students:**

- [UW Counseling Center](#) (Student Support via secure Zoom Session, by appointment)
- [Let's Talk](#) (Student Support via Zoom, no appointment necessary)
- [Samuel E. Kelly Ethnic Cultural Center](#) (Student Resources and Opportunities)
- [SafeCampus](#) (Student & Employee 24 Hour Hotline Support)
- [Bias Incident Reporting Tool](#) (Student & Employee Resources and Incident Report Form)
- [CareLink](#) (Employee Resources)

**IMPORTANT UW RELATED PETITIONS TO SIGN!**

- **!!!!!!!!!!!!!! Please note that Decriminalize UW is Co-opted work by [Decolonize UW](#) and that these demands were first requested by Black students during 2016. It is important that you all recognize that Black students put in time and labor for these demands, that it has been 5 years and [these demands were never met](#).**
  - **DECRIMINALIZE UW :** *To sign on to this letter as an **individual** with ties to UW:* <https://bit.ly/DecrimUWind>
- **UW: Reallocate graduation requirements to emphasize the importance of Diversity Courses:**
  - [tinyurl.com/UWDivCredit](https://tinyurl.com/UWDivCredit)
  - “Currently, as listed on the University of Washington Undergraduate Advising website, the University of Washington "requires all undergraduates to take a minimum of 3 credits, approved by the appropriate school or college, that focus

on the socio-cultural, political, and/or economic diversity of the human experience at local, regional, or global levels." This amounts to just one course out of the 36 classes (assuming a BA degree that divides up credit requirements to 15 per quarter) a student will take during their time at the University of Washington.

- However, it has become abundantly clear that just one class out of the myriad of important classes offered by DIV departments (American Ethnic Studies, Gender, Women, and Sexuality Studies, American Indian Studies, International Studies, and more) is not enough. Students in the United States NEED to learn about systems of oppression, specifically those that have disproportionately affected BIPOC.
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- *Demand* a lasting change that will impact how students at the University of Washington learn in the future. This is long overdue--DIV classes ought to be treated as equally as important as I&S, VLPA, NW, and QSR classes in our education. “
- **UW: Give Black Students Accommodation For Finals!** <http://chng.it/4XyDfyYs>
  - “The University of Washington has sent out a mass email to students about the current events involving Black Lives Matter. The email addresses the most recent murders of George Floyd, Ahmaud Arbery, and Breonna Taylor and how UW acknowledges the deep-seated pain and extra trauma this has caused us in the Black community. It goes on to say "many of us were already struggling to deal with the shift to emergency remote learning, financial hardships, family health issues, and the emotional strain related to the pandemic" then ends by saying "We have no answers in this message".

Well, we have one for you: give Black students a break! We are already DISPROPORTIONATELY impacted by this pandemic in terms of health care



access and financial hardship. Now add state-sanctioned violence, how do you expect us to enter finals in this headspace?!

We are tired of empty words and promises. We are tired of sentimental emails that do not materialize. Give us equitable responses that meet our needs now! *You need to encourage and demand professors to accommodate their black students during this time.* If UW truly understands our pain, UW will be a part of alleviating it.

We can't sit back and watch as injustices unfold before our eyes. We don't have the privilege that white and non-black students do to ignore what's happening and stay at home to study for finals. We are busy fighting for our rights and for the rights of future black children and students to sit down and study. The least UW could do is demand professors to accommodate us during this time. “

- Below is a template to reach out to your professors and urge them to make accommodations for your Black peers!

Dear Professor,

I am writing to you to ask for accommodations for my Black peers in this class during the end of this class and finals.

As you know, the murders of black Americans George Floyd, Breonna Taylor, and Ahmaud Arbery are igniting nationwide protests and once again sparking conversations about the structural racism in our justice system and at every level of existence for black people in the United States. Black people are already being disproportionately harmed by the COVID-19 pandemic, and now are facing the trauma of state-sanctioned murders and racist public discourse.

The University of Washington has acknowledged the stress on black students right now through a campus-wide email by Vice President for Minority Affairs & Diversity Rickey Hall stating “For members of the Black community, we see you, and we acknowledge the deep pain, anguish and extra trauma you are carrying right now due to this senseless loss of life. In the midst of these challenging times, when the pressures stemming from our history of racial violence and ensuing trauma feel heavy and unyielding, please know that we are here to uplift

you, and we are in community with you.” Many black students are not just using this time to cope emotionally, but to fight on the front lines of these protests and actively work and take action on what has been happening to the black community. Now is the time for faculty like you to demonstrate what uplifting black students during a time of anguish and resistance really means.

As a UW professor with the power over grading and deadlines for your students, I am asking you to do your part to support black students in your class taking time to protest and experiencing grief, stress, and exhaustion while trying to get through finals at the end of this quarter. Notify your entire class that you are willing to work with black students individually to come up with a plan that best fits their needs alongside the demands of your class. This may entail anything from granting deadline extensions on assignments, to waving a grade on assignments altogether, to giving a student the option to keep the grade they have already earned in a class if they should so wish and forego grades on further assignments. Please honor the call of the Vice President for Minority Affairs & Diversity Rickey Hall and examine the ways you can support your black students struggling during this time.

Sincerely,  
Your Student