Bayou Chicken and Sausage Stew

from Cooking Club of America
printed from Smells Like in Here

6 bone-in skin-on chicken thighs (about 2 1/2 lb.)

1/4 tsp salt

1 tbsp peanut oil

6 oz. andouille sausage (2 links), sliced (1 inch)

2 red bell peppers, cut into 1-inch pieces

1 large onion, chopped

3 tbsp all-purpose flour

14-oz. chicken broth (from Better Than Bouillon)

1 (14.5-oz.) can <u>fire-roasted diced tomatoes</u>

1 tsp dried thyme

1 small yellow summer squash or zucchini, cut into 1-inch pieces

Pat chicken dry; sprinkle with salt.

Heat a large skillet over medium-high heat until hot. Add oil; heat until hot. Cook chicken in two batches, skin-side down, 10 to 12 minutes or until golden brown, turning once.

Place browned chicken in Dutch oven.

Drain all but 2 tablespoons of drippings from skillet. Add sausage; cook over medium-high heat 3 to 4 minutes, turning to brown all sides. Add to Dutch oven.

Cook bell peppers and onion in skillet 3 to 4 minutes or until vegetables start to soften. Sprinkle with flour; cook and stir 1 minute.

Stir in broth until blended. Stir in tomatoes and thyme. Pour over chicken.

Bring chicken mixture to a boil over medium heat. Reduce heat to low; simmer, partially covered, 30 minutes.

Add zucchini; cook 15 to 20 minutes or until chicken is no longer pink in center and vegetables are tender.