Goshen – What to Bring

- Appropriate dress for work - short sleeve shirts (cotton or wicked) light material pants. Jeans are hot, stick to your skin and take two days to dry here (no dryers). But loose-fitting clothes work well. Dress or skirt at or below the knee. Long shorts and capri's work well. Don't over pack.
- Hat if you need sun protection. Remember hats hold in the body heat.
- Mosquito wipes. Only Deet products are available here and are expensive.
- Sunscreen stick- the lotions take up room in your liquid bag.
- Shoes - Think about one closed toe like a sneaker and slip-on sandal or sturdy flip flop or teva/chacos. Asians take their shoes off before entering a house. 99% wear flip flips for shoes
- Light jacket - it is usually 80-95 F here with humidity of 90+. If you climb a mountain or take a boat ride it is cool (Cool is a relative term! 😉)
- Special small gifts for host family like magnet of a USA place or handmade item from the USA.
- Electricity plug and adapters, chargers. Indonesia is 220 volts. Some hair dryers and curling irons with US plugs will burn up. Plus usually are a power drain on the electricity in a house.
- Personal medication: If you have medications, you need to bring them. Over the counter medications are available but specialty prescriptions can be hard to find.
- For ladies- feminine products you like. We have only three options here. Two are pads and 1 tampon
- Hair and makeup- General rule: 'Most days makeup is a waste of time.' Remember it is hot here and make up drips off and your hair frizzes
- Re-fillable Water bottle
- Jewelry is wonderful but Asians do not wear a lot. One ring and one pair of earrings is great. If you always wear a jewelry item, then of course wear it.
- Backpacks, cross bags, and waist backs work well. Males also wear cross bags and man purses.
- WhatsApp is the primary way people communicate in Indonesia. You may want to download the app before departure.

Prior to going to the airport

All these items should be done BEFORE you go to the airport.

- Print a copy of your visa.
- Print a copy of your flight itinerary
- Print a copy of your quarantine hotel reservations
- Print a copy of your official vaccination record showing 3 shots.
- Print a copy of your negative PCR test.
- Download the Peduli Lindungi application.
- Fill out the EHAC on the Peduli Lindungi form BEFORE you go to the airport. *You may not be allowed to board the airplane unless this is filled out. Some airlines are extremely strict with this requirement.*
- Once you have filled out the EHAC take a screen shot of the completed form AND QR code. (Just in case you do not have data or Wi-Fi in Bali airport.
- Take photos of your documents and place in a file on your phone.

Air Travel

Put your clock on the WITA (Bali) time zone and try to follow the time according to the Indonesian time zone. I.e., if it is daytime hours in Bali, try to stay awake on the plane during that time. If it is nighttime in Bali try to rest/sleep during that time. This can help shorten your jet lag and transition time.

Arrival at Bali Airport

First Stop: Health Check and Document Review

- Be sure to have your Peduli application open to the Ehac QR code. They will scan your code and check your documentation regarding negative PCR test and vaccination status.
- Have your passport, printed PCR results, and vaccination papers ready to hand to them if asked.
- Have your quarantine hotel information ready in case they ask for it.
- You may have to get your first Covid test at this time.

Second Stop: Immigration

- Give them your passport
- Have the copy of your visa ready (they may not need it but have it ready just in case)
- You may be asked some questions by the immigration officer when you arrive. This is normal so do not be nervous. If you are asked questions:

  Be confident, polite, smile and greet them in Indonesian (Selamat pagi, siang, sore, malam)

  Answer **only** the questions they ask without a lot of detail. Examples...

- Why are you or what is your purpose for coming to Indonesia? *To survey opportunities, meet with potential partners for educational and cultural learning programs.*
- How long you will stay in Indonesia? *until April* 22
- Where will you stay in Indonesia? name and address of quarantine hotel
- Do you have any relatives here? *No*
- Who is your sponsor? *Pulangi Nusantara, Salatiga Ibu Haran (Marni), +62 812 1554 0704*

Third Stop: Luggage Collection

- Collect your luggage
- Be sure you have your luggage receipt. They will sometimes check to be sure it matches the tag on your luggage

Fourth Stop: Quarantine Transfer Section (you can usually follow the crowd to find this.)

- Have your hotel quarantine hotel document ready

- Find your hotel quarantine personwith a sign and they will arrange the transfer to the hotel

Fifth Stop: Quarantine Hotel

- The protocol is different with each hotel. Follow their lead.
- Enjoy your ‘warm up vacation’

Quarantine Period:

You will be tired and want to go to bed when you arrive at the hotel. DO YOUR BEST NOT TO GO TO SLEEP BEFORE A NORMAL BEDTIME. It will make your jet lag and transition last longer if you sleep during the day.

Enjoy your ‘warmup vacation’!