

LIST OF PHOBIAS

List of fear of different things or objects

The English suffixes *-phobia*, *-phobic*, *-phobe* (from Greek φόβος *phobos*, "fear") occur in technical usage in psychiatry to construct words that describe irrational, abnormal, unwarranted, persistent, or disabling fear as a mental disorder (e.g. **agoraphobia**), in chemistry to describe chemical aversions (e.g. **hydrophobic**), in biology to describe organisms that dislike certain conditions (e.g. **acidophobia**), and in medicine to describe hypersensitivity to a stimulus, usually sensory (e.g. **photophobia**). In common usage, they also form words that describe dislike or hatred of a particular thing or subject (e.g. **homophobia**). The suffix is antonymic to *-phil-*.

For more information on the psychiatric side, including how psychiatry groups phobias such as **agoraphobia**, **social phobia**, or **simple phobia**, see **phobia**. The following lists include words ending in *-phobia*, and include fears that have acquired names. In some cases, the naming of phobias has become a word game, of notable example being a 1998 humorous article published by BBC News. In some cases, a word ending in *-phobia* may have an antonym with the suffix *-phil-*, e.g. **Germanophobe/Germanophile**.

Many *-phobia* lists circulate on the Internet, with words collected from indiscriminate sources, often copying each other. Also, a number of psychiatric websites exist that at the first glance cover a huge number of phobias, but in fact use a standard text to fit any phobia and reuse it for all unusual phobias by merely changing the name. Sometimes it leads to bizarre results, such as suggestions to cure "**prostitute phobia**". Such practice is known as content spamming and is used to attract search engines.

An article published in 1897 in *American Journal of Psychology* noted "the absurd tendency to give Greek names to objects feared (which, as Arndt says, would give us such terms as **klopsophobia** – fear of thieves, **triakaidekaphobia** [sic] – fear of the number 13....)".

Psychological conditions

Specialists may prefer to avoid the suffix *-phobia* and use more descriptive terms such as personality disorders, anxiety disorders, and avoidant personality disorder. Terms should strictly have a Greek prefix although many are irregularly formed with Latin or even English prefixes. Many use inaccurate or imprecise prefixes, such as **aerophobia** (fear of air) for fear of flying.

Phobia	Condition
Achluophobia	fear of darkness
Acousticophobia	fear of noise – a branch of phonophobia
Acrophobia	fear of heights
Aerophobia	fear of aircraft or flying
Agoraphobia	fear of certain inescapable/unsafe situations

<i>Agyrophobia</i>	<i>fear of crossing streets</i>
<i>Aichmophobia</i>	<i>fear of sharp or pointed objects such as a needle or knife</i>
<i>Ailurophobia</i>	<i>fear/dislike of cats, a zoophobia</i>
<i>Alektorophobia</i>	<i>fear/dislike of chickens, a zoophobia</i>
<i>Anatidaephobia</i>	<i>fear/dislike of ducks, a zoophobia</i>
<i>Algophobia</i>	<i>fear of pain</i>
<i>Alliumphobia</i>	<i>fear/dislike of Allium plants, including garlic, onions, chives, and shallots</i>
<i>Ancraophobia</i>	<i>fear of wind or drafts</i>
<i>Androphobia</i>	<i>fear of adult men</i>
<i>Anthropophobia</i>	<i>fear of human beings</i>
<i>Apeiophobia</i>	<i>excessive fear of infinity, eternity, and the uncountable</i>
<i>Aphenphosmophobia</i>	<i>fear of being touched</i>
<i>Apiphobia</i>	<i>fear of bees, a zoophobia</i>
<i>Apotemnophobia</i>	<i>fear of amputees, and/or of becoming an amputee</i>
<i>Aquaphobia</i>	<i>fear of water. Distinct from hydrophobia, a scientific property that makes chemicals averse to interaction with water, as well as an archaic name for rabies.</i>
<i>Arachnophobia</i>	<i>fear of spiders and other arachnids such as scorpions, a zoophobia</i>
<i>Astraphobia</i>	<i>fear of thunder and lightning</i>
<i>Atelophobia</i>	<i>fear of imperfection; a synonym of perfectionism</i>
<i>Athazagoraphobia</i>	<i>fear of forgetting, forgetfulness and/or being forgotten</i>
<i>Atychiphobia</i>	<i>fear of failure or negative evaluations of others</i>
<i>Autophobia</i>	<i>fear of isolation</i>
B	
<i>Bacteriophobia</i>	<i>fear of bacteria</i>
<i>Basophobia, basiphobia</i>	<i>fear associated with astasia-abasia (fear of walking/standing erect) and a fear of falling</i>
<i>Batrachophobia</i>	<i>fear/dislike of frogs and other amphibians, a zoophobia</i>
<i>Belonephobia</i>	<i>fear of needles or pins</i>

<i>Bibliophobia</i>	<i>fear of books</i>
<i>Blood-injection-injury type phobia</i>	<i>a DSM-IV subtype of specific phobias</i>
<i>C</i>	
<i>Cacophobia, aschimophobia</i>	<i>fear of ugliness</i>
<i>Carcinophobia</i>	<i>fear of cancer</i>
<i>Catoptrophobia</i>	<i>fear of mirrors</i>
<i>Cephalalgiaophobia</i>	<i>fear of headaches</i>
<i>Chemophobia</i>	<i>fear of chemicals</i>
<i>Cherophobia</i>	<i>fear of happiness</i>
<i>Chionophobia</i>	<i>fear of snow</i>
<i>Chiroptophobia</i>	<i>fear/dislike of bats, a zoophobia</i>
<i>Chromophobia, chromatophobia</i>	<i>fear of colors</i>
<i>Chronophobia</i>	<i>fear of time and time moving forward</i>
<i>Chronomentrophobia</i>	<i>fear of clocks</i>
<i>Cibophobia, sitophobia</i>	<i>aversion to food, synonymous with anorexia nervosa</i>
<i>Claustrophobia</i>	<i>fear of having no escape and being closed in</i>
<i>Coimetrophobia</i>	<i>fear of cemeteries</i>
<i>Coprophobia</i>	<i>fear of feces or defecation</i>
<i>Coulrophobia</i>	<i>fear of clowns</i>
<i>Cyberphobia</i>	<i>fear of computers</i>
<i>Cynophobia</i>	<i>fear/dislike of dogs, a zoophobia</i>
<i>D</i>	
<i>Dendrophobia</i>	<i>fear of trees</i>
<i>Dental fear, odontophobia</i>	<i>fear of dentists and dental procedures</i>
<i>Dentophobia</i>	<i>fear of dentists</i>
<i>Diagraphophobia</i>	<i>fear of deleting files or an extreme fear of losing your computer data.</i>
<i>Domatophobia</i>	<i>fear of houses</i>

<i>Driving phobia, driving anxiety</i>	<i>fear of driving</i>
<i>Dysmorphophobia, body dysmorphic disorder</i>	<i>a phobic obsession with a real or imaginary body defect</i>
<i>Dystichiphobia</i>	<i>fear of being involved in an accident</i>
<i>E</i>	
<i>Ecophobia</i>	<i>fear of cataclysmic environmental change</i>
<i>Eisoptrophobia</i>	<i>fear of mirrors or seeing one's reflection in a mirror</i>
<i>Emetophobia</i>	<i>fear of vomiting</i>
<i>Enochlophobia</i>	<i>fear of crowds</i>
<i>Entomophobia</i>	<i>fear/dislike of insects, a zoophobia</i>
<i>Ephebiphobia</i>	<i>fear of youth; inaccurate, exaggerated and sensational characterization of young people</i>
<i>Equinophobia</i>	<i>fear of horses</i>
<i>Ergophobia, ergasiophobia</i>	<i>fear of work or functioning, or a surgeon's fear of operating</i>
<i>Erotophobia</i>	<i>fear of sexual love or sexual abuse</i>
<i>Erythrophobia, erytophobia, ereuthophobia</i>	<i>fear of the color red, or fear of blushing</i>
<i>Eurotophobia</i>	<i>aversion to female genitals</i>
<i>F</i>	
<i>Frigophobia</i>	<i>fear of becoming too cold</i>
<i>G</i>	
<i>Galeophobia</i>	<i>fear of sharks</i>
<i>Gamophobia</i>	<i>fear of marriage</i>
<i>Gelotophobia</i>	<i>fear of being laughed at</i>
<i>Gephyrophobia</i>	<i>fear of bridges</i>
<i>Genophobia, coitophobia</i>	<i>fear of sexual intercourse</i>
<i>Genuphobia</i>	<i>fear of knees or the act of kneeling</i>
<i>Gerascophobia</i>	<i>fear of growing old or aging</i>
<i>Gerontophobia</i>	<i>fear of growing old, or a hatred or fear of the elderly</i>
<i>Globophobia</i>	<i>fear of balloons</i>

<i>Glossophobia</i>	<i>fear of speaking in public or of trying to speak</i>
<i>Gymnophobia</i>	<i>fear of nudity</i>
<i>Gynophobia</i>	<i>fear of adult women</i>
<i>H</i>	
<i>Halitophobia</i>	<i>fear of bad breath</i>
<i>Haphephobia</i>	<i>fear of being touched</i>
<i>Heptadekaphobia, heptadecaphobia</i>	<i>fear of the number 17</i>
<i>Hedonophobia</i>	<i>fear of obtaining pleasure</i>
<i>Heliophobia</i>	<i>fear of the sun or sunlight</i>
<i>Helminthophobia, scoleciphobia, vermiphobia</i>	<i>fear of worms, a zoophobia</i>
<i>Hemophobia, haemophobia</i>	<i>fear of blood</i>
<i>Herpetophobia</i>	<i>fear/dislike of reptiles or amphibians, a zoophobia</i>
<i>Hexakosioihexekontahexaphobia</i>	<i>fear of the number 666</i>
<i>Hippophobia</i>	<i>fear/dislike of horses, a zoophobia</i>
<i>Hodophobia</i>	<i>fear of travel</i>
<i>Hypnophobia, somniphobia</i>	<i>fear of sleep or nightmares</i>
<i>Hypochondria</i>	<i>fear of illness</i>
<i>Hydrophobia</i>	<i>fear of water, see aquaphobia</i>
<i>I</i>	
<i>Ichthyophobia</i>	<i>fear of fish, including fear of eating fish, or fear of dead fish, a zoophobia</i>
<i>Insectophobia</i>	<i>fear of insects, a zoophobia</i>
<i>K</i>	
<i>Koumpounophobia</i>	<i>fear of buttons on clothing</i>
<i>L</i>	
<i>Lilapsophobia</i>	<i>fear of tornadoes or hurricanes</i>
<i>Lepidopterophobia</i>	<i>fear of butterflies and moths, a zoophobia</i>
<i>M</i>	

<i>Mageiricophobia</i>	<i>fear of cooking</i>
<i>Masklophobia</i>	<i>fear of people in masks, costumes and mascots</i>
<i>Megalophobia</i>	<i>fear of large objects</i>
<i>Melanophobia</i>	<i>fear of the color black</i>
<i>Melissophobia, apiphobia</i>	<i>fear/dislike of bees, a zoophobia</i>
<i>Monophobia</i>	<i>fear of being alone or isolated or of one's self</i>
<i>Musophobia, murophobia, suriphobia</i>	<i>fear/dislike of mice or rats, a zoophobia</i>
<i>Mycophobia</i>	<i>fear of mushrooms</i>
<i>Myrmecophobia</i>	<i>fear of ants, a zoophobia</i>
<i>Mysophobia, germophobia</i>	<i>fear of germs, contamination or dirt</i>
<i>N</i>	
<i>Necrophobia</i>	<i>fear of corpses or things associated with death (not to be confused with death anxiety)</i>
<i>Neophobia, cainophobia, cainotophobia, centophobia, kainolophobia, kainophobia, metathesiophobia, prosophobia</i>	<i>fear of newness, novelty, change or progress</i>
<i>Noctiphobia</i>	<i>fear of the night</i>
<i>Nomophobia</i>	<i>fear of being out of mobile phone contact</i>
<i>Nosocomephobia</i>	<i>fear of hospitals</i>
<i>Nosophobia</i>	<i>fear of contracting a disease</i>
<i>Nostophobia, ecophobia</i>	<i>fear of returning home</i>
<i>Numerophobia</i>	<i>fear of numbers</i>
<i>Nyctophobia, achluophobia, lygophobia, scotophobia</i>	<i>fear of darkness</i>
<i>O</i>	
<i>Obesophobia</i>	<i>fear of gaining weight</i>
<i>Oikophobia</i>	<i>fear of home surroundings and household appliances</i>
<i>Odontophobia</i>	<i>dental fear</i>

<i>Ommetaphobia</i>	<i>fear of eyes</i>
<i>Oneirophobia</i>	<i>fear of dreams</i>
<i>Ophidiophobia</i>	<i>fear/dislike of snakes, a zoophobia</i>
<i>Ophthalmophobia</i>	<i>fear of being stared at</i>
<i>Ornithophobia</i>	<i>fear/dislike of birds, a zoophobia</i>
<i>Osmophobia, olfactophobia</i>	<i>fear of odors</i>
<i>Ostraconophobia</i>	<i>fear/dislike of shellfish, a zoophobia</i>
P	
<i>Panphobia</i>	<i>fear of everything or constant generalised fear of an unknown cause</i>
<i>Pedophobia, paedophobia, pediaphobia</i>	<i>fear of babies and children</i>
<i>Phagophobia</i>	<i>fear of swallowing</i>
<i>Phallophobia</i>	<i>fear of erections or penises</i>
<i>Pharmacophobia</i>	<i>fear of medications</i>
<i>Phasmophobia</i>	<i>fear of ghosts or phantoms</i>
<i>Philophobia</i>	<i>fear of love</i>
<i>Phyllophobia</i>	<i>fear of leaves</i>
<i>Phobophobia</i>	<i>fear of fear itself or of having a phobia</i>
<i>Phonophobia</i>	<i>fear of loud sounds or voices</i>
<i>Pogonophobia</i>	<i>fear of beards</i>
<i>Pornophobia</i>	<i>dislike or fear of pornography; may be used in reference to the opposition to visual nudity</i>
<i>Porphyrophobia</i>	<i>fear of the color purple</i>
<i>Pteromerhanophobia</i>	<i>fear of flying</i>
<i>Pyrophobia</i>	<i>fear of fire</i>
R	
<i>Radiophobia</i>	<i>fear of radioactivity or X-rays</i>
<i>Ranidaphobia</i>	<i>fear/dislike of frogs, a zoophobia</i>
S	

<i>Scopophobia</i>	<i>fear of being looked at or stared at</i>
<i>Sexophobia</i>	<i>fear of sexual organs or sexual activities</i>
<i>Siderodromophobia</i>	<i>fear of trains or railroads</i>
<i>Social phobia</i>	<i>fear of people or social situations</i>
<i>Somniphobia</i>	<i>fear of sleep</i>
<i>Spectrophobia</i>	<i>fear of mirrors</i>
<i>Spheksophobia</i>	<i>fear of wasps, a zoophobia</i>
<i>Stasiphobia</i>	<i>fear of standing or walking</i>
<i>Submechanophobia</i>	<i>fear of partially or fully submerged man-made objects</i>
<i>T</i>	
<i>Taphophobia, taphephobia</i>	<i>fear of graves, or fear of being placed in a grave while still alive</i>
<i>Technophobia</i>	<i>fear of advanced technology (see also Luddite)</i>
<i>Telephone phobia</i>	<i>fear or reluctance of making or taking telephone calls</i>
<i>Teratophobia</i>	<i>fear of giving birth to a monster or a disfigured foetus</i>
<i>Tetraphobia</i>	<i>fear of the number 4</i>
<i>Thalassophobia</i>	<i>fear of the sea, or fear of being in the ocean</i>
<i>Thanatophobia</i>	<i>fear of dying</i>
<i>Thermophobia</i>	<i>fear of intolerance to high temperatures</i>
<i>Tokophobia</i>	<i>fear of childbirth or pregnancy</i>
<i>Tomophobia</i>	<i>fear of invasive medical procedure</i>
<i>Tonitrophobia</i>	<i>fear of thunder</i>
<i>Toxiphobia</i>	<i>fear of being poisoned</i>
<i>Traumatophobia</i>	<i>a synonym for injury phobia: fear of having an injury</i>
<i>Trichophobia</i>	<i>delusional fear of something in the roots of the hair that stops it from growing, or fear of hair loss</i>
<i>Triskaidekaphobia, terdekaphobia</i>	<i>fear of the number</i>
<i>Trypanophobia, belonephobia, enetophobia</i>	<i>fear of needles or injections</i>
<i>Trypophobia</i>	<i>fear of holes or textures with a pattern of holes</i>

<i>V</i>	
<i>Vehophobia</i>	<i>fear of driving</i>
<i>Veloxrotaphobia</i>	<i>fear of roller coasters</i>
<i>Verminophobia</i>	<i>fear of germs</i>
<i>W</i>	
<i>Workplace phobia</i>	<i>fear of the workplace, a subset of ergophobia</i>
<i>X</i>	
<i>Xanthophobia</i>	<i>fear of the color yellow</i>
<i>Z</i>	
<i>Zoophobia</i>	<i>fear of animals</i>

Medical conditions

- | | Phobia | Condition |
|------|--------------------|--|
| I. | Osmophobia | <i>:- hypersensitivity to smells causing aversion to odors</i> |
| II. | Phonophobia | <i>:- hypersensitivity to sound causing aversion to sounds</i> |
| III. | Photophobia | <i>:- hypersensitivity to light causing aversion to light.</i> |

Jocular and fictional phobias

- I. **Aibohphobia** – a humorous term for the fear of palindromes, which is a palindrome itself. The term is a piece of computer humor entered into the 1981 *The Devil's DP Dictionary*.
- II. **Anatidaephobia** – the fictional fear that one is being watched by a duck. The word comes from the name of the family Anatidae, and was used in Gary Larson's *The Far Side*.
- III. **Anoraknophobia** – a portmanteau of "anorak" and "arachnophobia". It was used in the Wallace and Gromit comic book *Anoraknophobia*. Also the title of an album by Marillion.
- IV. **Arachibutyrophobia** – fear of peanut butter sticking to the roof of the mouth, from Latin *arachis* "peanut" and *butyrum* "butter". The word is used by Charles M. Schulz in a 1982 installment of his *Peanuts* comic strip, and by Peter O'Donnell in his 1985 Modesty Blaise adventure novel *Dead Man's Handle*.
- V. **Charlophobia** – the fictional fear of any person named Charlotte or Charlie, mentioned in the comedic book *A Duck is Watching Me: Strange and Unusual Phobias* (2014), by Bernie Hobbs. The phobia was created to mock name bias, a form of discrimination studied by researchers at the University of California, Berkeley and the University of Chicago.
- VI. **Hippopotomonstrosesquipedaliophobia** – fear of long words, from the root word *sesquipedalophobia* combined with *monstrum* and *hippopotamus*. This was mentioned on the first episode of *Brainiac Series Five* as a Tickle's Teaser.

- VII. **Keanuphobia** – fear of Keanu Reeves, portrayed in the Dean Koontz book, *False Memory*, where a woman has an irrational fear of Reeves and has to see her psychiatrist, Mark Ahriman, each week, unaware that she only has the fear in the first place because Ahriman implanted it via hypnotic suggestion to amuse himself. He calls her "Keanuphobe" in his head.
- VIII. **Luposlipaphobia** – fear of being pursued by timber wolves around a kitchen table while wearing socks on a newly waxed floor. Coined humorously by cartoonist Gary Larson for his comic *The Far Side*.
- IX. **Nihilophobia** – fear of nothingness, from Latin nihil and "nothing, none", as described by the Doctor in the *Star Trek: Voyager* episode "Night". Voyager's morale officer and chef Neelix has this condition, having panic attacks while the ship was traversing a dark expanse of space known as the Void. It is also the title of a 2008 album by Neuronium.
- X. **Robophobia** – irrational fear of robots and/or androids, also known as "Grimwade's Syndrome". It was first used in "The Robots of Death", the fifth serial of the 14th season of the British science fiction television series *Doctor Who*.
- XI. **Semaphobia** – fear of average web developers to use Semantic Web technologies.
- XII. **Venustraphobia** – fear of beautiful women, according to a 1998 humorous article published by BBC News.

Related Extensions

- *List of paraphilias*
- *List of manias*
- *Childhood phobia*
- *Specific phobia*