## 2024-2025 Section VI Indoor Track & Field

# NYSPHSAA/Federation Championships Qualifier

**Saturday, March 1st, 2025 at Houghton University's Kerr-Pegula Field House**

## Competition Information

- **Online entries due Thursday, Feb. 27th no later than 9:00 PM** for those eligible competitors who have met or exceeded the Section VI Indoor Track and Field State Championships Qualifier Standards. **Section 6 Indoor Track & Field Meet Entry Rules**
- One male and one female "wild card" entry will also be allowed based on the Section VI Indoor Track and Field "Wild Card" Criteria. The "Wild Card" entries will also be submitted online via Milesplit.
- Spectator Admission $**7.00** per GOFAN Tickets **Ticket QR Code link** (children 5 & under free)
- **Non-competitors are strictly prohibited from being in competition areas!**
- Maximum ¼" pyramid spiked shoes can be utilized in all non-throwing events
- Starting blocks, batons, implements, tape measures, and the like are not provided
- The Jury of Appeals includes all members of the Section VI Indoor Track and Field Committee (unless a Committee member has brought the appeal) and a lead official
- The Section VI Indoor Track and Field Chairpersons, in conjunction with the officials groups, will assign event judges, supervisors, and workers, who are best suited based on expertise and experience, to each event where they are necessary
- Preparation routines for field events after the start of the overall competition may occur for up to one half an hour as pre-determined by the event supervisors and the Section VI Indoor Track and Field Chairpersons
- Carefully review the applicable portions of the Section VI Indoor Track and Field General Competition Guidelines and Policies while considering this CHAMPIONSHIP competition

- A final event call will be announced before final event seeding is applied. There will be no additions allowed at this State Championships Qualifier and the most updated Qualifier Lists will be checked for all entries. Any removals or absences from an event after the event is officially seeded and/or loaded onto the track, runway, circle, or apron will result in the disqualification of that student athlete or relay from the remainder of the competition.
- Heat, section, flight, and lane assignments as well as advancement criteria will be dependent on the event and number of entries based on best protocols. These details will be determined after the final event call is announced. Semi-finals may be eliminated in any such event where the number of entries supports this supposition.
- There will be assigned flights in the horizontal jumps and the throwing events. There will be no more than twelve (12) competitors in the top flight. Three (3) preliminary attempts will be allowed in each of these events with the top eight (8) performances allowing those respective competitors to advance to a final three (3) attempts. Any valid attempt can represent a best performance regardless of the occurrence during a preliminary or final round of competition.

- ★ Official Section VI "Shield" patches will be awarded to the competitors/relay members whose final official performance(s) ranks them in the top four (4) overall in any event.
- ★ The competitors whose performance(s) ranks them in the top two (2) in any individual event will earn a berth to the NYSPHSAA/Federation Indoor Track and Field Championships in that/those event(s) representing their school communities and Section VI. Four (4) or five (5) members of their overall victorious relay will also earn a berth to the NYSPHSAA/Federation Indoor Track and Field Championships in that relay event(s). In addition, competitors whose performances ranks them third (3rd) overall in either the 300 meter Dash, 600 meter Run, 1000 meter Run, or the 1500 meter (Girls)/1600 meter (Boys) Run will be qualified to participate in the Intersectional Medley Relay (1000m-200m for 300m qualifier-600m-1600m) representing their school communities and Section VI at the NYSPHSAA/Federation Indoor Track and Field Championships as well. Finally, there are State Championship Qualification standards that can be met or exceeded where the competitor whose performance ranks them third (3rd) or the relay whose performance ranks them second (2nd) can also qualify them to advance to the NYSPHSAA/Federation Indoor Track and Field Championships in that relay event and/or individual event(s) representing their school communities and Section VI.
- ★ Final decisions regarding advancement to the NYSPHSAA/Federation Indoor Track and Field Championships should be finalized prior to departing from the Section VI Indoor Track and Field State Championships Qualifier. Please be sure to directly contact a Section VI Chairperson prior to the conclusion of the Section VI Indoor Track and Field State Championships Qualifier if there are any potential issues. **Section 6 NYS Champs Travel Opt-Out Form**
- ★ A school board approved coach is required to accompany their respective qualifier(s) to the NYSPHSAA/Federation Indoor Track and Field Championships per Section VI policy. Please directly contact a Section VI Chairperson if there are any potential issues. In the event a program has a significant number of athletes qualify, an additional coach MAY be invited to also accompany and travel with the program's qualifiers on the Section VI Bus.

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## Order of Events

**COACHES AND MANAGEMENT MEETING: 8:15 AM**
**TEAM CHAMPIONSHIPS MVP RECOGNITION: 8:30 AM**
**National Anthem (or Pledge of Allegiance) RECOGNITION: 8:55 AM**

**TRACK EVENTS** (**9:15 AM** start)

| | |
|---|---|
| **55**m **Hurdles** (Semi-Final heats) | Girls, then Boys |
| **55**m **Dash** (Semi-Final heats) | |
| **3000**m **Run** (Final sections) | Girls |
| **3200**m **Run** (Final sections) | Boys |
| **55**m **Hurdles** (Final heats) | Boys, then Girls |
| **55**m **Dash** (Final heats) | Girls, then Boys |
| **1000**m **Run** (Final sections) | Girls, then Boys |
| **Girls 1500**m **Race Walk** (Final sections) | Girls |
| **600**m **Run** (Final sections) | Girls, then Boys |
| **1500**m **Run** (Final sections) | Girls |
| **1600**m **Run** (Final sections) | Boys |
| **300**m **Dash** (Final heats) | Girls, then Boys |
| ***~20 minute recess*** **TEAM CHAMPS COACHES RECOGNITION** | |
| **4** by **800**m **Relay** (Final sections) | Refer to Relays Order Breakdown (on the right) |
| **4** by **400**m **Relay** (Final sections) | |
| **4** by **200**m **Relay** (Final sections) | |

**FIELD EVENTS** (**9:00 AM** start)

| | |
|---|---|
| **Triple Jump** followed by... | Simultaneous |
| **Long Jump** | |
| **High Jump** | Boys, then Girls |
| **Shot Put** | |
| **Pole Vault** | Girls, then Boys |
| **Weight Throw** | |

**Bar Progression**

**Boys HJ**: 5'4", +2" to 6'0", +1" through conclusion
**Girls HJ**: 4'6", +2" to 5'0", +1" through conclusion

**Boys PV**: 9'6", +6" to 12'0", +3" through conclusion
**Girls PV**: 7'0", +6" to 9'0", +3" through conclusion

**Relays Order Breakdown**

***Division I: 600+/Division II: 599-1**

Girls 3200m Relay Divisions 1 & 2 Combined Final
Boys 3200m Relay Divisions 1 & 2 Combined Final
Girls 1600m Relay Division 1 Final
Girls 1600m Relay Division 2 Final
Boys 1600m Relay Division 1 Final
Boys 1600m Relay Division 2 Final
Girls 800m Relay Division 1 Final
Girls 800m Relay Division 2 Final
Boys 800m Relay Division 1 Final
Boys 800m Relay Division 2 Final

**Sprint Event Advancement Format**

*41 to 48 entrants = 6 semi-finals - Winner and next two (2) fastest finishers advance

*33 to 40 entrants = 5 semi-finals - Winner and next three (3) fastest finishers advance

*25 to 32 entrants = 4 semi-finals - Winner and next four (4) fastest finishers advance

*17 to 24 entrants = 3 semi-finals - Top two (2) and next two (2) fastest finishers advance

*9 to 16 entrants = 2 semi-finals - Top two (2) and next four (4) fastest finishers advance

*8 or less entrants = Timed final in the finals time slot on order of events

# 2024-2025 NYS Section VI
# State Championship Qualifier Minimum Standards

| Event | GIRLS | BOYS |
|---|---|---|
| **55**m **Dash** | :07.80 | :06.95 |
| **55**m **Hurdles** | :09.84 | :09.24 |
| **300**m **Dash** | :45.24 | :39.00 |
| **600**m **Run** | 1:48.74 | 1:32.24 |
| **1000**m **Run** | 3:20.24 | 2:50.74 |
| **1500**m **Race Walk** | 9:30.00 | not applicable |
| **1500**m **Run** | 5:20.00 | not applicable |
| **1600**m **Run** | not applicable | 4:56.00 |
| **3000**m **Run** | 11:45.00 | not applicable |
| **3200**m **Run** | not applicable | 10:44.00 |
| **ALL Relays** | no performance standard - one (1) per gender allowed | |
| **Long Jump** | 15' 6" | 19' 0" |
| **Triple Jump** | 32' 6" | 37' 6" |
| **High Jump** | 4' 8" | 5' 4" |
| **Pole Vault** | 7' 9" | 9' 9" |
| **Shot Put** | 28' 6" | 36' 9" |
| **Weight Throw** | 31' 0" | 39' 0" |

## Section VI Indoor Track and Field "Wild Card" Criteria

**NOTE**: All individual event "Wild Card" entries must adhere to the following minimum entry standards regardless of gender since this is our ultimate Championship competition for Section VI Indoor Track and Field.

*__55 meter Dash__ and __Hurdles__ within 0.5 seconds of State Championships Qualifier standard
*__300 meter Dash__ within one (:01) second of State Championships Qualifier standard
*__600 meter Run__ within two (:02) seconds of State Championships Qualifier standard
*__1000 meter Run__ within five (:05) seconds of State Championships Qualifier standard
*__15/1600 meter Run__ within five (:05) seconds of State Championships Qualifier standard
*__30/3200 meter Run__ and __Race Walk__ within ten (:10) seconds of State Championships Qualifier standard
*__Long Jump__ and __Pole Vault__ within six (6") inches of State Championships Qualifier standard
*__Throwing__ events within two (2') feet of State Championships Qualifier standard
*__Triple Jump__ within one (1') foot of State Championships Qualifier standard
*__High Jump__ within four (4") inches of State Championships Qualifier standard