## The Philosophers' Yard Meet-Up

on the topic of Logic and Intuition

Please take a moment to reflect on the questions below. If any of them resonate with you, feel free to spend some time thinking about it and if you feel at ease, try sharing the question with another participant at this event. Questions can be skipped.

- 1. Can you recall a time when you trusted your intuition, and it paid off?
- 2. What's a decision you've made recently using mostly logic?
- 3. Which one do you prefer between the two? Why and when? Which one do you think is more important in everyday life?
- 4. How does intellectual intuition work—can we really 'just know' some truths, like 2+2=4, or even more complex ideas, without needing to reason them out?
- 5. Can complex understanding become intuitive over time, how does that happen?

## Questions to consider following the talk:

- 6. When do you notice yourself getting stuck in a rabbit hole of overthinking? What helps you step back?
- 7. What does being in a flow state feel like for you, and how do you get there?
- 8. How do feelings of depression or anxiety shift your ability to access logic or intuition? What patterns do you see?



