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## Assessing Personality

**STEP 1:** Take *at least two* of the personality tests mentioned in this module and listed below (or other legitimate tests).

1. [Big Five personality test](#)
2. [Kiersey Temperament Sorter](#). This test is very similar to the Myers-Briggs Type Indicator.
3. [Another Myers-Briggs type test](#).
4. [Cattell's 16PF questionnaire](#).
5. [Basic version of the color personality test](#).

**STEP 2:** Analyze your results. Discuss the results with at least one other person who knows you (preferably someone who knows you well) and decide if you believe the results accurately describe who you are. Write a short essay (150-250 words) describing the tests and analyzing both their validity and reliability.

Sample Grading Rubric

Criteria	Proficient	Developing	Not Evident	P o i n t s
Takes 2 personality tests	Takes and shares the results of at least two personality tests and analyzes the personal results	Takes the tests but does not describe or analyze the results or takes only one test	Does not take two personality tests or analyze the results	— / 1 0
Validity and Reliability	Uses appropriate detail and vocabulary to analyze the validity and reliability of the tests	Analyzes the validity and reliability of the tests	Does not analyze the validity and reliability of the tests	— / 1 0
Total:				— / 2 0