

Concert Band Practice Log

What is this?

This is your weekly practice log. It's purpose is simple.... to follow what progress you are making throughout the school year. Our goal, is that you will practice a minimum of 100 minutes per week. That may seem like a lot, but in reality it comes down to just 15 minutes per day!

What do I do?

1. Practice a little bit every day. Our band can only be as good as you are willing to make it.
2. After you practice, take a moment to write what you practiced in your practice log.
3. At the end of the week, write your weekly reflection. (What did you accomplish? What could you do better?)
4. Be sure to sign and date the bottom of your Practice Log.
5. Turn your Practice Log in on Day A.

Weekly Reflections

You will be expected to write a reflection on what you accomplished each week. Your reflection should discuss what you accomplished over the course of the week, and should explain what you need to continue working towards. For example, if you are having trouble with your District Band audition music, I'd expect you to describe what you've practiced, and what is giving you trouble in that music. Write your reflections honestly, because it will help you to get the most out of your instrument. Your reflections will allow us to address issues that are facing you and your fellow band members.

Grading

Your Practice Logs will be worth 10% of your total grade, and will be graded based on the total number of minutes practiced (per week). Only fully completed Practice Logs will be accepted. Incomplete logs will receive zero points.

A = 90 - 100 minutes

B = 80 - 89 minutes

C = 70 - 79 minutes

D = 60 - 69 minutes

F = 0 - 59 minutes

It's important that you are honest about your practice log. Any attempt to falsify this document, will be met with serious consequences, that could include a zero for that grade, removal from a band leadership position, suspension from band activities, etc...

Name: _____

What have you practiced? (In the chart below, please fill in how many minutes you practiced.)

MON	TUE	WED	THUR	FRI	SAT	SUN	TOTAL
10	40	5	15	5	20	15	105

Self Evaluation: (Rate your success this week in the following areas, by circling one)

Self Motivation: **Low** Medium High

Effort: Low **Medium** High

Reflection:

I'm good at the song "Yesterday" but I can't practice Jupiter because I haven't been able to practice on the timpanis.

Signature: _____ Christie Rutledge _____

Date: _____