

3rd-5th Grade Health Literacy Rubric

Student Name:

Date:

Teacher Name:

Health Literacy Skill

**Almost
Never
1**

Rarely
2

Occasionally
3

Frequently
4

**Almost
Always
5**

Essential Concept and/or Skill: *Obtains, interprets, understands and uses basic health concepts to enhance personal, family, and community health. (21.3-5.HL.1)*

1. Knows and uses concepts related to health promotion and disease prevention.
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- a. Describes the influence of risk and protective factors.

b.	Identifies examples of physical, emotional, intellectual, environmental, social, sexual and spiritual wellness during childhood.
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c.	Analyzes how heredity, environment and personal health are related.
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d.	Explains proper prevention/management of health crises.
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e.	Identifies where to find help with health care when needed.
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f.	Describes the impact of personal health behaviors on the functioning of body systems.
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g.	Identifies how personal choices impact health and disease prevention.
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h.	Describes preventive physical and mental health measures, including proper diet, nutrition, exercise, risk avoidance and stress reduction.
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2. Analyzes influencing factors on health enhancing behaviors.
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a.	Describes how diverse families, peers, cultural practices and attitudes influence health related decisions.
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<p>b. Describes how media, technology, research and medical advances impact health.</p>

c.	Recognizes how national and international public health and safety issues affect personal and family health status.
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Essential Concept and/or Skill: *Utilizes interactive literacy and social skills to establish personal family, and community health goals. (21.3-5.HL.2)*

1. Demonstrates social and communication skills that enhance health and increase safety.

a.	Demonstrates appropriate verbal and nonverbal communication skills to enhance health of self and others.
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b. Practices strategies to manage or resolve conflict.
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c. States methods of obtaining help for self and others.
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d.	Demonstrates ways to communicate care, consideration, empathy and respect for self and others.
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2. Advocates for personal, family and community health.

a.	Identifies personal, family and community health needs.
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<p>b. Demonstrates how to influence and support others to make positive health choices.</p>

c.	Describes ways to improve family and community health.
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[illegible]

Rating Descriptors Operationally Defined:

Almost Never – grade level essential concept or skill is demonstrated/observed very little or not at all (with appropriate accommodations) with no generalization of skill across days and novel situations.

Rarely – grade level essential concept or skill is demonstrated/observed infrequently (with appropriate accommodations) with little or no generalization of skill across days and novel situations; teacher prompting does not always result in demonstration of skill.

Occasionally – grade level essential concept or skill is demonstrated/observed periodically (with appropriate accommodations) with inconsistent generalization across days and novel situations; teacher prompting is often necessary for skill to be generalized.

Frequently – grade level essential standard or skill is demonstrated/observed often (with appropriate accommodations) with consistent generalization of skill across days and novel situations; occasional teacher prompting is necessary for skill to be generalized.

Almost Always – grade level essential standard or skill is demonstrated/observed most of the time (with appropriate accommodations) with consistent and independent generalization of skill across days and novel situations.

Place calendar date next to the numeral to signify date of data summary, and a listing of utilized data sources, summary and next steps in the appropriate spaces

Date #1:	Baseline Data Sources
Date #2:	Data Sources:
<i>Summary</i>	
<i>Next Steps:</i>	
Date #3:	Data Sources:
<i>Summary:</i>	
<i>Next Steps:</i>	
Date #4:	Data Sources:
<i>Summary</i>	
<i>Next Steps:</i>	
Date #5:	Data Sources:
<i>Summary:</i>	
<i>Next Steps:</i>	
Date #6:	Data Sources:
<i>Summary</i>	
<i>Next Steps:</i>	
Date #7:	Data Sources:
<i>Summary:</i>	
<i>Next Steps:</i>	
Date #8:	Data Sources:
<i>Summary</i>	
<i>Next Steps:</i>	
Date #9:	Data Sources:
<i>Summary:</i>	
<i>Next Steps:</i>	
Date #10:	Data Sources:
<i>Summary</i>	
<i>Next Steps:</i>	
Date #11:	Data Sources:
<i>Summary:</i>	
<i>Next Steps:</i>	
Date #12:	Data Sources:
<i>Summary</i>	
<i>Next Steps:</i>	
Date #13:	Data Sources:
<i>Summary:</i>	
<i>Next Steps:</i>	
Date #14:	Data Sources:
<i>Summary</i>	
<i>Next Steps:</i>	
Date #15:	Data Sources:
<i>Summary:</i>	
<i>Next Steps:</i>	
Date #16:	Data Sources:
<i>Summary</i>	
<i>Next Steps:</i>	
Date #17:	Data Sources:
<i>Summary:</i>	
<i>Next Steps:</i>	
Date #18:	Data Sources:
<i>Summary</i>	
<i>Next Steps:</i>	