



Fall Sports Tryouts Schedule

Participation Requirements for All Athletes

- Create a profile at [ATHLETIC CLEARANCE](#).
- All our athletic forms are paperless
- You can download all forms if you like, once you are logged into [Athletic Clearance](#)
- You will need to be cleared to try out AND play sports.
- Make an appointment with your doctor to get a sports physical ASAP - Don't Wait!

CHECK BACK often for updates and information

GIRLS

Flag Football	Coach J. Ames - amesj@esuhsd.org Wednesday, 8/13 to Friday, 8/15. 6:30-8pm Lower Field First practice will be on Monday, 8/18
Volleyball	Coach D. Aguinaldo - dio@stingrayvbc.com
Water Polo	VARSITY COACH: Coach Carolyn Ngo-Bell, cngo.pamph@gmail.com JV COACH: Dillon Tran 2025 Tryouts Schedule <u>Tryouts August 4th - 6th:</u> <ul style="list-style-type: none">- August 4th through 7th: 10AM - 12PM <u>Tryouts August 7th - 15th:</u> <ul style="list-style-type: none">- Mondays: 5:15 - 7:15 PM- Tuesday/Thursday: 5:30 - 7:30 PM- Wednesday/Friday: 4:30 - 6:30 PM 2025 Practice Schedule <u>August 18th through the end of the season:</u> <i>Varsity Girls</i> <ul style="list-style-type: none">- Mondays: 5:45 - 7:45 PM- Tuesdays/Thursdays: 6 - 8 PM- Wednesdays/Fridays: 5 - 7 PM- Saturdays: 8:30 - 10:30 AM <i>JV Girls</i> <ul style="list-style-type: none">- Mondays: 5:15 - 7:15 PM- Tuesdays/Thursdays: 5:30 - 7:30 PM- Wednesdays/Fridays: 4:30-6:30 PM- Saturdays: 8:30 - 10:30 AM
Tennis	Coach: Joe Song joesong916@gmail.com Players must be cleared through athletic clearance to try out.

Golf	Tryouts are on Monday, August 12 at 4:30pm at the Villages. Please see Coach Hanson to get security clearance passes. COACH: Mr. Hanson - Hansonb@esuhsd.org
Cheer	COACH: D. Randazzo - evhs.spirit@gmail.com
BOYS	
Football	Varsity COACH: L. Olmscheid olmscheidl@esuhsd.org
Water Polo	JV BOYS: Coach Geldert - bgeldert@gmail.com Varsity BOYS: Coach Butler - butlerwarren7@yahoo.com 2025 Tryouts and Practice Schedule: August 4th - 6th: 8 AM to 10 AM August 7th - 8th 3:45 PM to 5:15 PM Starting August 11th through the end of the season: Varsity Boys Monday - 3:45 PM to 5:45 PM Tuesday - 4 PM to 6 PM Wednesday - 3 PM to 5 PM Thursday - 4 PM to 6 PM Friday - 3 PM to 5 PM JV Boys Monday - 3:45 PM to 5:00 PM Tuesday - 4 PM to 5:30 PM Wednesday - 3 PM to 5 PM Thursday - 4 PM to 5:30 PM Friday - 3 PM to 5 PM
Cross Country Boys and Girls	Coach Pacheco - pachecoa@esuhsd.org Coach Solis - solisad@esuhsd.org Tryouts are Monday August 11th until Friday August 22nd right after school (4:00PM) near the EVHS Track.