

MAIN SEGMENT: EAST DIVISION

- Boston Bruins:

- Must be the favorite for the division?
- Brad Marchand (26.0) still falling to the third despite likely not missing very much time.
- David Pastrnak (43.8) is a steal anywhere after the late second. Might miss a month but who cares
- Charlie McAvoy (110.5) has incredible upside if he gets PP1. Getting nearly half a point per game at evens is good news
- Patrice Bergeron (41.2) rounds out nicely and for once feels like he's got a correct ADP. Still nearly a point per game player w/ PPP and shots upside
- Not in love with anyone else. Could try DeBrusk or Kase late if they get RW1/PP1. Grzelcyk also an option if he gets PP1
- Tuukka Rask (35.9) vs Jaroslav Halak (147.9) is an interesting one as I expect Halak to get decent 1B starts. Maybe worth letting Rask go and getting Halak or targeting a tandem

- Buffalo Sabres:

- Loving Taylor Hall at 53.1. Could be due for a great rebound season around point per game with solid peripherals
- Jack Eichel is a good late first option and should improve with Hall as a linemate
- Sam Reinhart, Dylan Cozens, Victor Olofsson all gonna fight for the top RW
- Really want to see more shots from Rasmus Dahlin at 75.1. Has OK hits but doesn't get enough points to justify his peripherals

- Ristolainen seeing less ice time is going to continue to decrease his peripherals. Still a good hitter, but shots and blocks are dipping
- Not in love with either goalie

- New Jersey Devils:

- It is a wasteland over here, unfortunately.
- Kyle Palmieri is probably the best player to target? I just don't know. 116 ADP on Yahoo vs 176 on ESPN. Interesting.
- I honestly wouldn't draft anyone on this team.
- Maybe Damon Severson very late with a short leash for PP1 stuff. Same with Subban, but I don't trust either.
- Blackwood is a reasonable late goalie, but he's gonna get a lot of losses and may split time w/ Crawford.

- New York Islanders:

- Another rough team for fantasy. Except for the goalies! Why are Varlamov and Sorokin going so late?
- Barzal sitting at ~70 ADP feels a little high. His lack of peripherals and PPP makes him tough to recommend anywhere near that in cats leagues
- Anders Lee fills cats nicely, but also struggles on PP and point scoring. Someone to watch or draft very late.
- Ryan Pullock is the D to target, likely to get PP1 (for whatever that matters), good shots, hits, and blocks
- Nobody else really matters, Eberle and Beauvillier should be on watch lists

- New York Rangers:

- Weird team. Pretty good top 6, pretty bad bottom 6, pretty good middle pairing, pretty bad other pairings, good goalies?
- Panarin should have a good season but going 5th or so is too high for what could be a tough division to score in

- Zibanejad should be in for another good season, but I wouldn't expect him to score a goal in more than half of the games. Sh% was way too high (20% vs 11% avg)
- Beyond these two, it's hard to say where to go. Chris Kreider is very similar to Anders Lee with a higher floor and lower ceiling.
- Could take a late stab on Laf, but it needs to be late, 13th+ round probably
- Would not take Shesterkin as G1 at his ADP (40.4). May not get huge volume, may not get many wins
- Tony DeAngelo at 98.3 is a little early. Would like him if I knew he'd get PP1 the entire season, but he gives very few peripherals and has a very low floor if moved off.
- Trouba provides great value in banger leagues at his ADP (139.7)
- Adam Fox is being overdrafted at 113.9. Better options around that area.
- Shesterkin is also way too high at 40.4. Talked about him on busts
- Philadelphia Flyers:
 - Giroux could have a bounce back season, but I'd probably just take Couturier over him if given the option. Would be targeting both sometime after the 5th round depending on my team comp
 - I worry about Konecny's weak shots (just over 2 per game), and sh% (17% compared to 13% avg) but PP usage looks good. We def need regular season Konecny and not playoffs Konecny though (7 points in 16, 0 PPP)
 - Voracek is declining year over year, someone to watch but not to draft
 - Provorov finally could be worth his ADP at about 100. If he keeps top PP he's decent for cats leagues. Needs to shoot more though.

- Carter Hart is my 3rd favorite goalie in most formats this season. Strong team in front, strong defense, decent division

- Pittsburgh Penguins:

- Malkin, Crosby, and Letang are all excellent values at their respective ADPs. Malkin especially for PIM leagues. Forwards should both be point per game or better with Letang being less risky than last season w/ no Schultz
- Guentzel is a fantastic third round grab. Point per game-ish with good peripherals
- I'm a little wary on Jarry. 70.1 feels a bit high, but he could have a strong season. I'd look his way if he falls a bit further than that.
- Either Rust or Zucker is the late round grab, with my money on Rust (esp because peripherals)

- Washington Capitals:

- Interesting that such a good team has so few fantasy relevant players
- Ovi is still borderline 10A in hits and shots leagues.
- Kuznetsov was in busts for a reason, don't take him earlier than like the 10th
- Don't take Backstrom at all unless its a points league or something
- Vrana will only matter if he nudges his way into PP1 and gets more minutes. Worth a late round flyer, but his ADP is too high (102)
- Oshie is probably to be avoided, hopefully he passes the PP1 torch to Vrana
- Tom Wilson makes an excellent peripheral play especially in PIM leagues, but expect a drop in points, probably a ~30-35 point pace this season

- o There is only John Carlson here and he is likely to lead D in points again. Also excellent blocker. ADP feels right (20.2)
- o Ilya Samsonov's floor is a little scary for me given his ADP (46.6), but high upside with big time win potential