## **Garden Preserved Minestrone Soup**

by Angie Ouellette-Tower <a href="http://godsgrowinggarden.blogspot.com/">http://godsgrowinggarden.blogspot.com/</a>

- 1 large onion (peeled and chopped)
- 1 large carrot (peeled and chopped)
- 1 large stalk of celery (washed and chopped)
- 1 quart of <u>Homemade Tomato Sauce</u> (NOTE: my homemade sauce is full of vegetables like green peppers, carrots, zucchini, spicy peppers etc......therefore, if you are using store bought sauce then you will need to buy a chunky variety full of vegetables).
- 4 cups of **Homemade Chicken Stock** (or store bought is fine) (beef broth works well also) (**Vegetarians: use vegetable broth**)
- 1 cup <u>Home-frozen Corn</u> (store bought frozen is fine also)
- 1 cup Home-frozen green beans (store bought frozen is fine also)
- 1 tablespoon **Home-dried Basil** (store bought is fine also)
- 1 cup noodles (I use a Macaroni noodle but any noodle is fine) ground black pepper to taste
- 1 tablespoon of butter or olive oil
- 1. Prepare the ingredients as listed above.
- 2. In a large stock pot saute the onion, carrot and celery in the butter or olive oil for about 5 minutes.
- 3. Add the Chicken broth.
- 4. Add the Tomato Sauce, Basil and pepper to taste.
- 5. Add the corn and green beans and bring to a boil and then simmer for 15 minutes.
- 6. Now add the noodles and cook until the noodles are all dente.

(C)

Serve immediately and ENJOY!!