



Cosmetic Bilateral Lower Blepharoplasty Consent Form

Orbital fat impacts appearance

As we age, a structure in the lower eyelid (orbital septum) becomes weak and stretches out, and fat in the eye socket shifts forward and creates puffy eyelids. In some patients, the eyelid may also lose elasticity which can lead to the appearance of extra skin and possibly a loose, sagging eyelid. Some may refer to these changes as "bags" under the eyes. Many people think these bags look unattractive and make them seem older or tired. In some cases, patients are born with under eye bags.

Lower blepharoplasty can help

Lower blepharoplasty is a surgery in which the fat can be removed through an incision on the inside of the eyelid. The lower eyelid may also be tightened in some patients. Rarely, a small amount of skin is also excised. Dr. Mettu customizes a surgical plan for you to achieve the best possible results. The goal of surgery is to enhance appearance in a way that looks natural.

Anesthesia

While there are several options for anesthesia generally speaking, Dr. Mettu performs lower blepharoplasty under general anesthesia in the operating room. This helps ensure that you are comfortable throughout the procedure so Dr. Mettu can focus on helping you obtain the best possible results.

Lower blepharoplasty is an elective surgical procedure

Here are some other options:

- You may decide to do nothing.
- There are other treatments and procedures that may help improve the appearance of lower eyelids in some patients. For example, a small number of patients are candidates for tear trough filler injections.

As with all procedures, there are risks associated with lower blepharoplasty

Here are some of the risks:

- Bleeding
- Loss of vision
- Infection
- Numbness
- Suboptimal cosmetic results
- Inability to fully close the eyelids
- Lower eyelid retraction
- Tearing
- Dry eye
- Double vision
- Anesthesia problems: general anesthesia has its own risks that you may further discuss with the anesthesiology team. However, general anesthesia is generally well tolerated. Problems from local anesthetic injections that are given by Dr. Mettu during the surgery are possible but are also rare.
- Need for additional surgery/procedures to address post operative issues such as those listed above

Consent

By signing below, I agree that:

- I have reviewed and understand this informed consent form.
- Dr. Mettu has answered my questions about lower blepharoplasty surgery to my satisfaction.

I consent to have Pradeep Mettu, MD perform **BILATERAL LOWER BLEPHAROPLASTY** on me.

Patient