

J. L. Mann High School Weekly Lesson Plans 2025-2026

Teacher's Name: Jameena "Chrissy" Anderson

Course: Health Science 2 Honors

Dates: February 17-20, 2026

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------|--|--|---|---|
| STANDARDS | STANDARDS | STANDARDS | STANDARDS | STANDARDS |
| PRESIDENT'S DAY! | Standard 8.1 | Standard 8.1 | Standard 8.1 | Standard 8.1 |
| LEARNING TARGET | LEARNING TARGET | LEARNING TARGET | LEARNING TARGET | LEARNING TARGET |
| PRESIDENT'S DAY! | I can demonstrate procedures for measuring and recording vital signs in both normal and abnormal ranges - Temperature. | I can demonstrate procedures for measuring and recording vital signs in both normal and abnormal ranges - Pulse. | I can demonstrate procedures for measuring and recording vital signs in both normal and abnormal ranges - Respirations and O2 Saturation. | I can demonstrate procedures for measuring and recording vital signs in both normal and abnormal ranges - Blood Pressure. |
| ACTIVATING STRATEGY | ACTIVATING STRATEGY | ACTIVATING STRATEGY | ACTIVATING STRATEGY | ACTIVATING STRATEGY |
| PRESIDENT'S DAY! | <ol style="list-style-type: none"> 1. Explain why inaccurate height or weight measurements could affect medication dosing. 2. Describe how you would measure the height of a patient who cannot stand independently. | <ol style="list-style-type: none"> 1. Explain why it is important to test each eye separately when assessing visual acuity. 2. A patient reports blurred vision but passes the Snellen test. What additional assessments or questions might you consider? | <ol style="list-style-type: none"> 1. How might a patient's circadian rhythm affect temperature readings? 2. A patient has a bounding pulse. List at least three possible clinical causes. | <ol style="list-style-type: none"> 1. How can body position affect both respiration rate and oxygen saturation readings? 2. A patient is breathing rapidly but their SpO₂ is 98%. What might explain this discrepancy? |
| LESSON ACTIVITIES | LESSON ACTIVITIES | LESSON ACTIVITIES | LESSON ACTIVITIES | LESSON ACTIVITIES |
| PRESIDENT'S DAY! | <ol style="list-style-type: none"> 1. Notes (Vision) 2. Vision Lab 3. Vision Worksheet 4. BLS Checkoffs | <ol style="list-style-type: none"> 1. Notes (Temperature and Pulse) 2. Temperature Lab 3. Temperature Worksheet 4. Pulse Lab 5. Pulse Worksheet 6. BLS Checkoffs | <ol style="list-style-type: none"> 1. Notes (Respirations and O2 Saturation) 2. Respirations and O2 Saturation Lab 3. Respirations and O2 Saturation Worksheet 4. BLS Checkoffs | <ol style="list-style-type: none"> 1. Notes (Blood Pressure) 2. Blood Pressure Lab 3. Blood Pressure Worksheet 4. BLS Checkoffs |

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| CLOSURE | CLOSURE | CLOSURE | CLOSURE | CLOSURE |
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| PRESIDENT'S DAY! | <p><u>Terminology Tuesday:</u> The word root for joint is arthr/o. Common suffixes are:</p> <ul style="list-style-type: none"> -osis: disease condition -itis: inflammation -ectomy: surgical removal -kinetic: relating to motion/movement <p>Based on the information above, provide the meaning for the following terms:</p> <p style="text-align: center;">Arthritis Arthrosis Arthrokinetic Arthrectomy</p> | <p><u>Under the Weather Wednesday:</u></p> <p>In this medical emergency, it is important to get help right away in order to reduce brain damage and other complications. Some symptoms include trouble speaking, numbness, weakness, or paralysis on one side of the body, vision problems, headache, or trouble walking. Risk factors include being overweight, being over the age of 55, having hypertension, having sleep apnea, high cholesterol, and smoking. What is this medical emergency?</p> | <p><u>Think About It Thursday:</u></p> <p>The human eye can distinguish about 10 million different colors. How do you think this ability impacts our daily lives and survival?</p> | <p><u>Flashback Friday:</u> <i>Invention of the Stethoscope</i></p> <p>In 30 words or less, describe the invention of the stethoscope - who, what, where, when, and how.</p> |
| PRESIDENT'S DAY! | <p>Important Due Dates: 1. Height and Weight Worksheet (start of class)</p> | <p>Important Due Dates: 1. Vision Worksheet (start of class)</p> | <p>Important Due Dates: 1. Temperature and Pulse Worksheet (start of class)</p> | <p>Important Due Dates: 1. Respirations and O2 Saturation Worksheet (start of class)</p> <p><i>Notebook #7 due Sunday (2/22/26) at 11:59pm</i></p> |

How are you utilizing UDL learning guidelines and strategies within your weekly lessons? Check the boxes or highlight :)

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| <p>REPRESENTATION options for presenting content</p> | <p>ENGAGEMENT options for engaging student interest</p> | <p>EXPRESSION options for students to demonstrate learning</p> | <p>CULTURAL CONSIDERATIONS</p> | <p>ASSESSMENTS</p> |
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|--|--|---|--|--|
| <input type="checkbox"/> Artifacts <input type="checkbox"/> Pictures <input type="checkbox"/> Graphic Organizers <input type="checkbox"/> Video Clips <input type="checkbox"/> Audio Recordings <input type="checkbox"/> Lab <input type="checkbox"/> Lecture <input type="checkbox"/> Other: | <input type="checkbox"/> Cooperative Work <input type="checkbox"/> Partner Work <input type="checkbox"/> Manipulatives <input type="checkbox"/> Movement <input type="checkbox"/> Debates <input type="checkbox"/> Role Plays or Simulations <input type="checkbox"/> Other: | <input type="checkbox"/> Written Response <input type="checkbox"/> Illustrated Response <input type="checkbox"/> Oral Response <input type="checkbox"/> Model Creation <input type="checkbox"/> Construction <input type="checkbox"/> Other: | <input type="checkbox"/> Nature of content & ethnicity and/or culture of students <input type="checkbox"/> Other: | <input type="checkbox"/> Class Work <input type="checkbox"/> Journals <input type="checkbox"/> Group Discussion <input type="checkbox"/> Individual Participation <input type="checkbox"/> Quiz / Test <input type="checkbox"/> Project <input type="checkbox"/> Conference <input type="checkbox"/> Essay <input type="checkbox"/> Other: |
|--|--|---|--|--|

*All adjustments to the teacher's lesson plans will be communicated to the students.