



ROYAL VALLEY ATHLETICS EVENT NOTIFICATION

#ONERV

TO: Track Coaches & Athletic Directors

RE: 1A & 3A Participants

Welcome Letter:

On behalf of Royal Valley High School and our entire community, it is our pleasure to welcome you to the 2025 KSHSAA 1A & 3A Regional Track and Field meet. We are honored to serve as this year's host and look forward to providing your athletes with a positive, competitive, and well-organized event.

Enclosed you will find important meet information, including the schedule of events, parking instructions, facility layout, and basic details. Please share this information with your teams and patrons.

I have invited food & beverage vendors to attend this event to help accommodate the number of people. The Royal Valley Booster Club will be providing a hospitality room for coaches, administrators, workers, and bus drivers. **Please let me know how many from your school will be eating.** Your help is greatly appreciated!

To accommodate parking, we will have buses park in the Elementary parking lot on the West side of the building. Patrons can park in the East parking lot and west field (weather permitting). Side streets will be available for parking and we will run a shuttle to and from the city park. (Please see attached maps)

If you have any questions leading up to the meet, please do not hesitate to reach out. We wish all participants the best of luck and look forward to seeing great performances throughout the day.

Entries: Regional entries will be submitted through MileSplit. Entries open at 8:00 AM on Monday, May 12th and are due by noon Monday, May 19th. Once completed, please print a copy for your records. Scratch meetings/questions ([pg. 21](#))

- [Additional Qualifiers](#)

Scoring: Seven athletes score at regionals in all events. 10-8-6-4-3-2-1. Eight will advance to finals in field events except for pole vault and high jump where there is no traditional final.

Awards: Medals awarded to top 3

Field Events: Each competitor will get 3 jumps/throws - Top 8 will advance to finals and receive an additional 3 jumps/throws.

Starting Blocks: Starting blocks will be provided.

Track: Our track is a Polyurethane track and has 8 lanes. Runways and all approach areas, including javelin, are Polyurethane. Please wear only ¼ inch spikes or shorter. Disc & Shot are cement.

Coaches meeting: Coaches meeting will take place at 11:30 AM in the High School lunchroom.

Starters: Van Schaffer and Scott Henderson

Coaches:

- Please familiarise yourself with the new state qualifying standards if you haven't already. Top three in each event automatically qualify for state. Then, the next four best performances across your class and gender qualify at-large.

- **HJ & PV language:** High jump must start at an even height and the bar moves on two-inch increments. Same in the Pole Vault - it has to be on an exact foot or half foot.
- **Infield Access:** Only athletes warming up for an upcoming event should be on the infield. Once the Boys' Javelin event is complete, the area will be available for warm-ups.
- **Spectator Guidelines:** Patrons are not permitted inside the fenced area. A designated viewing section will be provided near Pole Vault, and we will have a few portable bleachers available. Parents are encouraged to bring lawn chairs.
- Team camps will be marked - No team camps allowed in the bleachers.
- **Running Events:** First race on the track will be the 1A Girls 3200 meter finals starting at 3:30 PM. Followed by 1A Boys 3200 - followed by the prelims.
- [KSHSAA Track & Field Manual](#)

Inclement Weather: In the case of inclement weather, we will move teams and patrons inside the school. **Rain date** is Friday, May 23rd.

Regional T-Shirts: Please click the [link](#) to purchase regional t-shirts. Orders are due by May 9th to guarantee your size. We will have a small amount on hand to purchase.

Admission: Adults: \$8.00 / K-12: \$6.00 - Pre-K and under are free.

Only KSHSAA passes accepted

Online tickets: <https://gofan.co/event/3589797?schoolId=KS24343>

*We will also sell paper tickets at the gate.

Weigh in: All throwing implements must be weighed and marked for competition.

*Weigh in will be held in the Maintenance shed starting at 11:15 am.

KSHSAA 1A & 3A Regionals

Field Events - 12:30 PM



Girls Shot Put (1A followed by 3A)	(West Ring)
Girls Discus (3A followed by 1A)	(South Ring)
Boys Shot (3A followed by 1A)	(East Ring)
Boys Discus (3A followed by 1A)	(North Ring)
Girls Javelin (1A followed by 3A)	(South field)
Boys Javelin (1A followed by 3A)	(West field)
Girls High Jump (1A followed by 3A)	(North Mat)
Girls Long Jump (1A followed by 3A)	(Southwest Pit)
Boys Long Jump (1A followed by 3A)	(Southeast Pit)
Boys Triple Jump (3A followed by 1A)	(NorthEast Pit)
Girls Triple Jump (3A followed by 1A)	(Northwest Pit)
Boys High Jump (1A followed by 3A)	(South Mat)
Pole Vault (3A Boys, 3A Girls, 1A Boys, 1A Girls)	(South or North Pit)

KSHSAA 1A & 3A Regionals

Order of events:

1A Girls, 3A Girls, 1A Boys, 3A Boys

Unless noted

Preliminary Events: 3:30 PM

***1A Girls' 3200 M Run *Final**

***1A Boys' 3200 M Run *Final**

Girls' 100 M High Hurdles (33") (Yellow Marks)

Boys' 110 M High Hurdles (39") (Blue Marks)

Girls' 100 M Dash

Boys' 100 M Dash

Girls' 200 M Dash

Boys' 200 M Dash

Girls' 4 X 800 M (two-mile) Relay (Exchange Zone is Blue) *Final

Boys' 4 X 800 M (two-mile) Relay (Exchange Zone is Blue) *Final

Mandatory 30 minute break

Finals:

Girls' 100 M High Hurdles (33") (Yellow Marks)

Boys' 110 M High Hurdles (39") (Blue Marks)

Girls' 100 M Dash

Boys' 100 M Dash

Girls' 1600 M Run

Boys' 1600 M Run

Girls' 4 X 100 M Relay (Exchange Zone is Yellow)

Boys' 4 X 100 M Relay (Exchange Zone is Yellow)

Girls' 400 M Dash

Boys' 400 M Dash

Girls' 300 M Low Hurdles (30") (Green Marks, No Holes Showing)

Boys' 300 M Low Hurdles (36") (Green Marks Two Holes Showing)

Girls' 800 M Run

Boys' 800 M Run

Girls' 200 M Dash

Boys' 200 M Dash

***3A Girls' 3200 M Run**

***3A Boys' 3200 M Run**

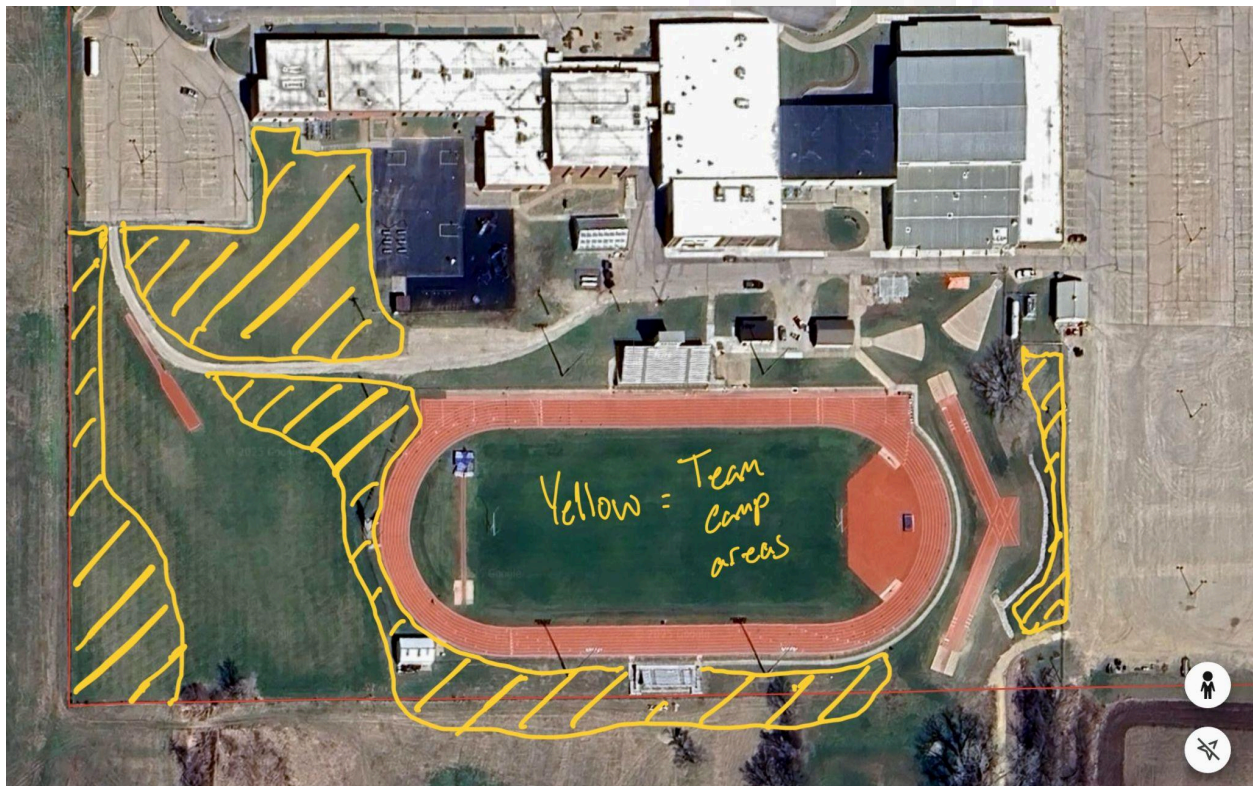
Girls' 4 X 400 M Relay (Exchange Zone is Blue)

Boys' 4 X 400 M Relay (Exchange Zone is Blue)

Parking Map:



Team Camps:



Pole Vault Spectator Area will be marked



Throws Spectator areas:

