

Park View 2025 Track Meets

- 3:45 start time / our goal is to be done by 6:00 on our 6 lane asphalt track
- **EVENT ORDER**
 - ◆ Hurdles / 100 / Mile / 800 relay / 400 / 400 Relay / 800 / 200 / Mile relay
 - ◆ Open pit until 5:15-5:30 for the shot / disc / long jump / triple jump (3 attempts for each)
 - ◆ **HIGH JUMP GIRLS**- they will go first / 3' 6" / 3' 9" / 4' 0" / 4' 2" / 4' 4" etc.
 - ◆ **HIGH JUMP BOYS**- 3' 8" / 3' 11" / 4' 2" / 4' 4" / 4' 6" etc.
- Grade & gender order- 7th girls / 8th girls / 7th boys / 8th boys
- Athletes can be in three events, no more than two running events
- **The only event we ask you to limit the number of athletes is the HIGH JUMP / 4-5 per team...please email me those competing in the high jump the day before the date of the meet**
- We will plan on running ONE heat of the mile and see how many 800 runners there are before making a decision on that race
- **RELAYS**- if you have more than one for a particular team; please be sure that they know which one is the "fast" one as we may need to run multiple heats; **LIMIT- 2 teams / gender / grade**
- No assigned "heats" as we will simply call for 3 Park View runners and 3 runners from opposing school (2 each for a triangular) to fill the six lanes
- We will not be keeping an overall score or writing down times or distances; we will tell athletes what their time/distance was and they should go to their designated coach and tell them
- **We will need one coach to run the LONG, TRIPLE and HIGH jumps**
- **BLEACHERS**- we do not have any; please advise those attending that if they want to have a seat, that they will need to bring their own chairs etc.
- There are two porta-potties outside and restrooms available through one of our school entrances (Door #12)
- **CONCESSIONS**- an outside group MAY have limited items available for sale (drinks & snacks)
- **WEATHER**- we want track to be a positive experience, for which most are beginners, and attempting to compete in suboptimal weather conditions does not make it positive; so...our general rule of thumb in the past has been that the "feels like" temps need to be a minimum of 50 degrees throughout the course of a small dual/tri meet. If we cancel due to weather conditions, we would do so by 1:00 the day of the meet.