



Dear Families,

Next week, our school will focus on the character strength of **Open-Mindedness**. This means being willing to consider new ideas and try new things. It involves looking at situations from all sides and not jumping to conclusions.

Open-mindedness is about seeking out and fairly weighing evidence, even if it goes against our own opinions or goals. Open-minded people listen to different viewpoints, including those that are less popular. They are often good listeners and provide balanced advice, which makes them great friends and confidants. This strength helps individuals form meaningful and lasting relationships.

To practice and encourage the character strength of open-mindedness at home, please visit The Positivity Project's mobile-friendly P2 for Families (available in [English](#) and [Spanish](#)), where you will watch a video together and discuss a quote and three questions. Below are links to this week's P2 for Families lessons. Click on the grade level that best meets your child's needs.

|                         |                            |                            |                            |                             |
|-------------------------|----------------------------|----------------------------|----------------------------|-----------------------------|
| <a href="#">Pre-K-K</a> | <a href="#">Grades 1-2</a> | <a href="#">Grades 3-5</a> | <a href="#">Grades 6-8</a> | <a href="#">Grades 9-12</a> |
|-------------------------|----------------------------|----------------------------|----------------------------|-----------------------------|

Thank you for your support!