

Sun Care Policy

At Braemar Nursery we want all children and staff to enjoy their spending time outside safely without the risk of the harmful effects of the sun. We work with staff, children and parents to achieve this through a variety of ways.

- Parents will be asked to provide a labelled sunscreen for their child/children and this must remain in their child's bag.
- Staff will be responsible for their own skin care protection and must be direct should they require time out of the sun. At this point staff will be required to supervise different areas.
- Nursery will purchase factor 50+ water resistant sun cream every year, date when opened and ensure parents are aware this spare tube is available. This sun cream must be accessible to parents but remain out of reach at all times, to any child.
- Sunscreen should be applied 30 minutes prior to going out and the label should have the letters "UVA" in a circle logo and at least 4 -star UVA protection.
- Sunscreen must be at least SPF15 to protect against UVB
- **The responsibility of applying sun cream will remain with every parent/ carer.** Sun cream ideally must be applied prior to arriving at nursery and must be applied to all areas that may be exposed, outside, should a child remove their cardigan etc.
- Whilst staff do not anticipate the need to re-apply sun cream, to any child, if they feel this is necessary, your child will be supported by the staff within nursery. (This is supportive of when your child enters Primary School.)
- Your child must wear suitable clothing, preferable long sleeved tops. Children should be dressed in cotton clothing that is loose. We would discourage vest tops or a sundress as shoulders and necks will burn easily.
- All children must be encouraged to wear a hat when outdoors. Nursery has a supply of sun hats, that the children can borrow if they forget their own one. The nursery staff will ensure that the hats are washed after each use.
- Staff will be aware that any activities set up outdoors should be kept in the shade where possible and children will be encouraged to use the shaded areas.
- Should staff feel that there is not adequate shade in the nursery garden, outdoor play must be moved, if deemed safe to the areas under the trees within the school grounds or indoor play.
- All children should wear sunscreen, if they are playing outside. Parents whose children are allergic to sunscreen should discuss this with their key worker, either try to find an alternative or ensure that their child is adequately covered with long sleeved, long legged clothing.
- All children must have a labelled water bottle and this will be accessible and fluids will be encouraged hourly throughout the session.
- To ensure effective communication, sun glasses must be removed during any conversations, both by the adults and the children.
- As part of our risk assessment to trips out-with the setting, staff will consider whether the area they are travelling to has sufficient shade, for the children.
- Children will be involved in discussions surrounding the need for sun protection and its importance.

